

# Michelle L Segar

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5832248/publications.pdf>

Version: 2024-02-01

23  
papers

730  
citations

686830

13  
h-index

676716

22  
g-index

23  
all docs

23  
docs citations

23  
times ranked

942  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | Social Environments and Physical Activity Among Active Black Women. <i>American Journal of Health Promotion</i> , 2022, , 089011712211021.  | 0.9 | 0         |
| 2  | Everything counts in sending the right message: science-based messaging implications from the 2020 WHO guidelines on physical activity and sedentary behaviour. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 135. | 2.0 | 17        |
| 3  | “Keep it Realistic” Reactions to and Recommendations for Physical Activity Promotion Messages From Focus Groups of Women. <i>American Journal of Health Promotion</i> , 2019, 33, 903-911.  | 0.9 | 6         |
| 4  | Physical Activity Communication: A Scoping Review of the Literature. <i>Health Promotion Practice</i> , 2019, 20, 344-353.  | 0.9 | 28        |
| 5  | Characterizing Employees’ Preferences for Incentives for Healthy Behaviors: Examples to Improve Interest in Wellness Programs. <i>Health Promotion Practice</i> , 2019, 20, 880-889.  | 0.9 | 2         |
| 6  | Positive Outliers Among African American Women and the Factors Associated with Long-Term Physical Activity Maintenance. <i>Journal of Racial and Ethnic Health Disparities</i> , 2019, 6, 603-617.  | 1.8 | 8         |
| 7  | Goals Matter: Exercising for Well-Being But Not Health or Appearance Predicts Future Exercise Among Parents. <i>Journal of Physical Activity and Health</i> , 2018, 15, 857-865.  | 1.0 | 13        |
| 8  | Delivery of Health Coaching by Medical Assistants in Primary Care. <i>Journal of the American Board of Family Medicine</i> , 2017, 30, 362-370.   | 0.8 | 17        |
| 9  | Rethinking physical activity communication: using focus groups to understand women’s goals, values, and beliefs to improve public health. <i>BMC Public Health</i> , 2017, 17, 462.   | 1.2 | 47        |
| 10 | ACTIVITY TRACKING + MOTIVATION SCIENCE. <i>ACSM's Health and Fitness Journal</i> , 2017, 21, 8-17.  | 0.3 | 9         |
| 11 | Moving Towards Wellness: Physical activity practices, perspectives, and preferences of users of outpatient mental health service. <i>General Hospital Psychiatry</i> , 2017, 49, 63-66.   | 1.2 | 7         |
| 12 | Comparative Effectiveness of Wellness Programs: Impact of Incentives on Healthcare Costs for Obese Enrollees. <i>American Journal of Preventive Medicine</i> , 2017, 52, 347-352.   | 1.6 | 4         |
| 13 | What walking means to moms: Insights from a national sample to frame walking in compelling ways to low-income urban mothers. <i>Journal of Transport and Health</i> , 2017, 5, 5-15.  | 1.1 | 11        |
| 14 | Words matter: Reframing exercise is medicine for the general population to optimize motivation and create sustainable behaviour change. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 1212-1215.  | 0.9 | 13        |
| 15 | From a Vital Sign to Vitality: Selling Exercise So Patients Want to Buy It. <i>Current Sports Medicine Reports</i> , 2016, 15, 276-281.   | 0.5 | 33        |
| 16 | Prescribing Pleasure and Meaning. <i>American Journal of Preventive Medicine</i> , 2014, 47, 838-841.   | 1.6 | 41        |
| 17 | Physical Activity Advertisements That Feature Daily Well-Being Improve Autonomy and Body Image in Overweight Women but Not Men. <i>Journal of Obesity</i> , 2012, 2012, 1-19.   | 1.1 | 19        |
| 18 | Rebranding exercise: closing the gap between values and behavior. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 94.   | 2.0 | 64        |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 19 | Internet-enhanced management of fibromyalgia: A randomized controlled trial. <i>Pain</i> , 2010, 151, 694-702.   | 2.0 | 181       |
| 20 | Type of Physical Activity Goal Influences Participation in Healthy Midlife Women. <i>Women's Health Issues</i> , 2008, 18, 281-291.                    | 0.9 | 71        |
| 21 | Midlife Women's Physical Activity Goals: Sociocultural Influences and Effects on Behavioral Regulation. <i>Sex Roles</i> , 2007, 57, 837-849.          | 1.4 | 25        |
| 22 | Go Figure? Body-Shape Motives are Associated with Decreased Physical Activity Participation Among Midlife Women. <i>Sex Roles</i> , 2006, 54, 175-187. | 1.4 | 47        |
| 23 | Fitting fitness into women's lives: effects of a gender-tailored physical activity intervention. <i>Women's Health Issues</i> , 2002, 12, 338-347.     | 0.9 | 67        |