

Michelle L Segar

List of Publications by Year in descending order

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Version: 2024-02-01

23
papers

730
citations

687363
13
h-index

677142
22
g-index

23
all docs

23
docs citations

23
times ranked

942
citing authors

#	ARTICLE	IF	CITATIONS
1	Social Environments and Physical Activity Among Active Black Women. American Journal of Health Promotion, 2022, , 089011712211021.	1.7	0
2	Everything counts in sending the right message: science-based messaging implications from the 2020 WHO guidelines on physical activity and sedentary behaviour. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 135.	4.6	17
3	“Keep it Realistic”: Reactions to and Recommendations for Physical Activity Promotion Messages From Focus Groups of Women. American Journal of Health Promotion, 2019, 33, 903-911.	1.7	6
4	Physical Activity Communication: A Scoping Review of the Literature. Health Promotion Practice, 2019, 20, 344-353.	1.6	28
5	Characterizing Employees’ Preferences for Incentives for Healthy Behaviors: Examples to Improve Interest in Wellness Programs. Health Promotion Practice, 2019, 20, 880-889.	1.6	2
6	Positive Outliers Among African American Women and the Factors Associated with Long-Term Physical Activity Maintenance. Journal of Racial and Ethnic Health Disparities, 2019, 6, 603-617.	3.2	8
7	Goals Matter: Exercising for Well-Being But Not Health or Appearance Predicts Future Exercise Among Parents. Journal of Physical Activity and Health, 2018, 15, 857-865.	2.0	13
8	Delivery of Health Coaching by Medical Assistants in Primary Care. Journal of the American Board of Family Medicine, 2017, 30, 362-370.	1.5	17
9	Rethinking physical activity communication: using focus groups to understand women’s goals, values, and beliefs to improve public health. BMC Public Health, 2017, 17, 462.	2.9	47
10	ACTIVITY TRACKING + MOTIVATION SCIENCE. ACSM's Health and Fitness Journal, 2017, 21, 8-17.	0.6	9
11	Moving Towards Wellness: Physical activity practices, perspectives, and preferences of users of outpatient mental health service. General Hospital Psychiatry, 2017, 49, 63-66.	2.4	7
12	Comparative Effectiveness of Wellness Programs: Impact of Incentives on Healthcare Costs for Obese Enrollees. American Journal of Preventive Medicine, 2017, 52, 347-352.	3.0	4
13	What walking means to moms: Insights from a national sample to frame walking in compelling ways to low-income urban mothers. Journal of Transport and Health, 2017, 5, 5-15.	2.2	11
14	Words matter: Reframing exercise is medicine for the general population to optimize motivation and create sustainable behaviour change. Applied Physiology, Nutrition and Metabolism, 2016, 41, 1212-1215.	1.9	13
15	From a Vital Sign to Vitality: Selling Exercise So Patients Want to Buy It. Current Sports Medicine Reports, 2016, 15, 276-281.	1.2	33
16	Prescribing Pleasure and Meaning. American Journal of Preventive Medicine, 2014, 47, 838-841.	3.0	41
17	Physical Activity Advertisements That Feature Daily Well-Being Improve Autonomy and Body Image in Overweight Women but Not Men. Journal of Obesity, 2012, 2012, 1-19.	2.7	19
18	Rebranding exercise: closing the gap between values and behavior. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 94.	4.6	64

#	ARTICLE	IF	CITATIONS
19	Internet-enhanced management of fibromyalgia: A randomized controlled trial. Pain, 2010, 151, 694-702.	4.2	181
20	Type of Physical Activity Goal Influences Participation in Healthy Midlife Women. Women's Health Issues, 2008, 18, 281-291.	2.0	71
21	Midlife Women's Physical Activity Goals: Sociocultural Influences and Effects on Behavioral Regulation. Sex Roles, 2007, 57, 837-849.	2.4	25
22	Go Figure? Body-Shape Motives are Associated with Decreased Physical Activity Participation Among Midlife Women. Sex Roles, 2006, 54, 175-187.	2.4	47
23	Fitting fitness into women's lives: effects of a gender-tailored physical activity intervention. Women's Health Issues, 2002, 12, 338-347.	2.0	67