

Michelle L Segar

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5832248/publications.pdf>

Version: 2024-02-01

23
papers

730
citations

686830

13
h-index

676716

22
g-index

23
all docs

23
docs citations

23
times ranked

942
citing authors

#	ARTICLE	IF	CITATIONS
1	Internet-enhanced management of fibromyalgia: A randomized controlled trial. <i>Pain</i> , 2010, 151, 694-702.	2.0	181
2	Type of Physical Activity Goal Influences Participation in Healthy Midlife Women. <i>Women's Health Issues</i> , 2008, 18, 281-291.	0.9	71
3	Fitting fitness into women's lives: effects of a gender-tailored physical activity intervention. <i>Women's Health Issues</i> , 2002, 12, 338-347.	0.9	67
4	Rebranding exercise: closing the gap between values and behavior. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 94.	2.0	64
5	Go Figure? Body-Shape Motives are Associated with Decreased Physical Activity Participation Among Midlife Women. <i>Sex Roles</i> , 2006, 54, 175-187.	1.4	47
6	Rethinking physical activity communication: using focus groups to understand women's goals, values, and beliefs to improve public health. <i>BMC Public Health</i> , 2017, 17, 462.	1.2	47
7	Prescribing Pleasure and Meaning. <i>American Journal of Preventive Medicine</i> , 2014, 47, 838-841.	1.6	41
8	From a Vital Sign to Vitality: Selling Exercise So Patients Want to Buy It. <i>Current Sports Medicine Reports</i> , 2016, 15, 276-281.	0.5	33
9	Physical Activity Communication: A Scoping Review of the Literature. <i>Health Promotion Practice</i> , 2019, 20, 344-353.	0.9	28
10	Midlife Women's Physical Activity Goals: Sociocultural Influences and Effects on Behavioral Regulation. <i>Sex Roles</i> , 2007, 57, 837-849.	1.4	25
11	Physical Activity Advertisements That Feature Daily Well-Being Improve Autonomy and Body Image in Overweight Women but Not Men. <i>Journal of Obesity</i> , 2012, 2012, 1-19.	1.1	19
12	Delivery of Health Coaching by Medical Assistants in Primary Care. <i>Journal of the American Board of Family Medicine</i> , 2017, 30, 362-370.	0.8	17
13	Everything counts in sending the right message: science-based messaging implications from the 2020 WHO guidelines on physical activity and sedentary behaviour. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 135.	2.0	17
14	Words matter: Reframing exercise is medicine for the general population to optimize motivation and create sustainable behaviour change. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 1212-1215.	0.9	13
15	Goals Matter: Exercising for Well-Being But Not Health or Appearance Predicts Future Exercise Among Parents. <i>Journal of Physical Activity and Health</i> , 2018, 15, 857-865.	1.0	13
16	What walking means to moms: Insights from a national sample to frame walking in compelling ways to low-income urban mothers. <i>Journal of Transport and Health</i> , 2017, 5, 5-15.	1.1	11
17	ACTIVITY TRACKING + MOTIVATION SCIENCE. <i>ACSM's Health and Fitness Journal</i> , 2017, 21, 8-17.	0.3	9
18	Positive Outliers Among African American Women and the Factors Associated with Long-Term Physical Activity Maintenance. <i>Journal of Racial and Ethnic Health Disparities</i> , 2019, 6, 603-617.	1.8	8

#	ARTICLE	IF	CITATIONS
19	Moving Towards Wellness: Physical activity practices, perspectives, and preferences of users of outpatient mental health service. <i>General Hospital Psychiatry</i> , 2017, 49, 63-66.	1.2	7
20	“Keep it Realistic” Reactions to and Recommendations for Physical Activity Promotion Messages From Focus Groups of Women. <i>American Journal of Health Promotion</i> , 2019, 33, 903-911.	0.9	6
21	Comparative Effectiveness of Wellness Programs: Impact of Incentives on Healthcare Costs for Obese Enrollees. <i>American Journal of Preventive Medicine</i> , 2017, 52, 347-352.	1.6	4
22	Characterizing Employees’ Preferences for Incentives for Healthy Behaviors: Examples to Improve Interest in Wellness Programs. <i>Health Promotion Practice</i> , 2019, 20, 880-889.	0.9	2
23	Social Environments and Physical Activity Among Active Black Women. <i>American Journal of Health Promotion</i> , 2022, , 089011712211021.	0.9	0