

John E Blundell

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

157 papers	8,944 citations	52 h-index	91 g-index
166 ext. papers	10,309 ext. citations	5.4 avg, IF	6.26 L-index

#	Paper	IF	Citations
157	Effects of targeted delivery of propionate to the human colon on appetite regulation, body weight maintenance and adiposity in overweight adults. <i>Gut</i> , 2015 , 64, 1744-54	19.2	654
156	Assessing dietary intake: Who, what and why of under-reporting. <i>Nutrition Research Reviews</i> , 1998 , 11, 231-53	7	388
155	Food craving, dietary restraint and mood. <i>Appetite</i> , 1991 , 17, 187-97	4.5	263
154	Liking vs. wanting food: importance for human appetite control and weight regulation. <i>Neuroscience and Biobehavioral Reviews</i> , 2007 , 31, 987-1002	9	246
153	Is it possible to dissociate 'liking' and 'wanting' for foods in humans? A novel experimental procedure. <i>Physiology and Behavior</i> , 2007 , 90, 36-42	3.5	218
152	Metabolic and behavioral compensatory responses to exercise interventions: barriers to weight loss. <i>Obesity</i> , 2007 , 15, 1373-83	8	214
151	The role of implicit wanting in relation to explicit liking and wanting for food: implications for appetite control. <i>Appetite</i> , 2008 , 50, 120-7	4.5	213
150	Pharmacological approaches to appetite suppression. <i>Trends in Pharmacological Sciences</i> , 1991 , 12, 147-53	5.2	208
149	Eating behavior dimensions. Associations with energy intake and body weight. A review. <i>Appetite</i> , 2012 , 59, 541-9	4.5	207
148	Palatability: response to nutritional need or need-free stimulation of appetite?. <i>British Journal of Nutrition</i> , 2004 , 92 Suppl 1, S3-14	3.6	200
147	Hunger and palatability: tracking ratings of subjective experience before, during and after the consumption of preferred and less preferred food. <i>Appetite</i> , 1984 , 5, 361-71	4.5	195
146	Uncoupling sweet taste and calories: comparison of the effects of glucose and three intense sweeteners on hunger and food intake. <i>Physiology and Behavior</i> , 1988 , 43, 547-52	3.5	171
145	Appetite sensations and satiety quotient: predictors of energy intake and weight loss. <i>Appetite</i> , 2007 , 48, 159-66	4.5	152
144	Control of food intake in the obese. <i>Obesity</i> , 2001 , 9 Suppl 4, 263S-270S		148
143	Separating the actions of sweetness and calories: effects of saccharin and carbohydrates on hunger and food intake in human subjects. <i>Physiology and Behavior</i> , 1989 , 45, 1093-9	3.5	148
142	Separate systems for serotonin and leptin in appetite control. <i>Annals of Medicine</i> , 2000 , 32, 222-32	1.5	140
141	Dual-process action of exercise on appetite control: increase in orexigenic drive but improvement in meal-induced satiety. <i>American Journal of Clinical Nutrition</i> , 2009 , 90, 921-7	7	139

140	Effects of once-weekly semaglutide on appetite, energy intake, control of eating, food preference and body weight in subjects with obesity. <i>Diabetes, Obesity and Metabolism</i> , 2017 , 19, 1242-1251	6.7	137
139	The degree of saturation of fatty acids influences post-ingestive satiety*. <i>British Journal of Nutrition</i> , 2000 , 83, 473-482	3.6	136
138	Body composition and appetite: fat-free mass (but not fat mass or BMI) is positively associated with self-determined meal size and daily energy intake in humans. <i>British Journal of Nutrition</i> , 2012 , 107, 445-9	3.6	126
137	Is susceptibility to weight gain characterized by homeostatic or hedonic risk factors for overconsumption?. <i>Physiology and Behavior</i> , 2004 , 82, 21-5	3.5	123
136	Role of resting metabolic rate and energy expenditure in hunger and appetite control: a new formulation. <i>DMM Disease Models and Mechanisms</i> , 2012 , 5, 608-13	4.1	116
135	The effect of an incremental increase in exercise on appetite, eating behaviour and energy balance in lean men and women feeding ad libitum. <i>British Journal of Nutrition</i> , 2008 , 100, 1109-15	3.6	113
134	A decrease in physical activity affects appetite, energy, and nutrient balance in lean men feeding ad libitum. <i>American Journal of Clinical Nutrition</i> , 2004 , 79, 62-9	7	113
133	Comparison of postprandial profiles of ghrelin, active GLP-1, and total PYY to meals varying in fat and carbohydrate and their association with hunger and the phases of satiety. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2013 , 98, E847-55	5.6	109
132	Beyond BMI--phenotyping the obesities. <i>Obesity Facts</i> , 2014 , 7, 322-8	5.1	99
131	Routes to obesity: phenotypes, food choices and activity. <i>British Journal of Nutrition</i> , 2000 , 83 Suppl 1, S33-8	3.6	99
130	Pharmacological management of appetite expression in obesity. <i>Nature Reviews Endocrinology</i> , 2010 , 6, 255-69	15.2	98
129	Pramlintide treatment reduces 24-h caloric intake and meal sizes and improves control of eating in obese subjects: a 6-wk translational research study. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2007 , 293, E620-7	6	97
128	Resting metabolic rate is associated with hunger, self-determined meal size, and daily energy intake and may represent a marker for appetite. <i>American Journal of Clinical Nutrition</i> , 2013 , 97, 7-14	7	95
127	Passive overconsumption. Fat intake and short-term energy balance. <i>Annals of the New York Academy of Sciences</i> , 1997 , 827, 392-407	6.5	95
126	Energy balance, body composition, sedentariness and appetite regulation: pathways to obesity. <i>Clinical Science</i> , 2016 , 130, 1615-28	6.5	94
125	Reproducibility and power of ad libitum energy intake assessed by repeated single meals. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 1277-81	7	92
124	Serotonin, eating behavior, and fat intake. <i>Obesity</i> , 1995 , 3 Suppl 4, 471S-476S		89
123	Appetite sensations as a marker of overall intake. <i>British Journal of Nutrition</i> , 2005 , 93, 273-80	3.6	87

122	Does Habitual Physical Activity Increase the Sensitivity of the Appetite Control System? A Systematic Review. <i>Sports Medicine</i> , 2016 , 46, 1897-1919	10.6	86
121	Measuring food reward and the transfer effect of sensory specific satiety. <i>Appetite</i> , 2010 , 55, 648-55	4.5	84
120	Low levels of physical activity are associated with dysregulation of energy intake and fat mass gain over 1 year. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 1332-8	7	82
119	Food commercials increase preference for energy-dense foods, particularly in children who watch more television. <i>Pediatrics</i> , 2011 , 128, e93-100	7.4	82
118	Dieting concerns of 10-year-old girls and their mothers. <i>British Journal of Clinical Psychology</i> , 1990 , 29, 346-8	3.6	79
117	Pharmacology of appetite suppression. <i>Progress in Drug Research Fortschritte Der Arzneimittelforschung Progres Des Recherches Pharmaceutiques</i> , 2000 , 54, 25-58		77
116	Umami and appetite: effects of monosodium glutamate on hunger and food intake in human subjects. <i>Physiology and Behavior</i> , 1990 , 48, 801-4	3.5	75
115	Semaglutide improves postprandial glucose and lipid metabolism, and delays first-hour gastric emptying in subjects with obesity. <i>Diabetes, Obesity and Metabolism</i> , 2018 , 20, 610-619	6.7	69
114	Biological control of appetite: A daunting complexity. <i>Obesity</i> , 2017 , 25 Suppl 1, S8-S16	8	66
113	Effects of anorexia drugs on food intake, food selection and preferences and hunger motivation and subjective experiences. <i>Appetite</i> , 1980 , 1, 151-165	4.5	62
112	Implicit wanting and explicit liking are markers for trait binge eating. A susceptible phenotype for overeating. <i>Appetite</i> , 2011 , 57, 722-8	4.5	61
111	Serotonin and Appetite Regulation. <i>CNS Drugs</i> , 1998 , 9, 473-495	6.7	55
110	Associations among sedentary and active behaviours, body fat and appetite dysregulation: investigating the myth of physical inactivity and obesity. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1540-1544	10.3	53
109	Low fat loss response after medium-term supervised exercise in obese is associated with exercise-induced increase in food reward. <i>Journal of Obesity</i> , 2011 , 2011,	3.7	53
108	Functional foods: psychological and behavioural functions. <i>British Journal of Nutrition</i> , 2002 , 88 Suppl 2, S187-211	3.6	53
107	Questionnaire and laboratory measures of eating behavior. Associations with energy intake and BMI in a community sample of working adults. <i>Appetite</i> , 2014 , 72, 50-8	4.5	52
106	Effect of BMI and binge eating on food reward and energy intake: further evidence for a binge eating subtype of obesity. <i>Obesity Facts</i> , 2013 , 6, 348-59	5.1	51
105	Making claims: functional foods for managing appetite and weight. <i>Nature Reviews Endocrinology</i> , 2010 , 6, 53-6	15.2	50

104	Effects of sweetness and energy in drinks on food intake following exercise. <i>Physiology and Behavior</i> , 1999 , 66, 375-9	3.5	50
103	No sex difference in body fat in response to supervised and measured exercise. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 351-8	1.2	49
102	Variations in the Prevalence of Obesity Among European Countries, and a Consideration of Possible Causes. <i>Obesity Facts</i> , 2017 , 10, 25-37	5.1	48
101	Metabolic Phenotyping Guidelines: studying eating behaviour in humans. <i>Journal of Endocrinology</i> , 2014 , 222, G1-12	4.7	48
100	Aspartame ingested without tasting inhibits hunger and food intake. <i>Physiology and Behavior</i> , 1990 , 47, 1239-43	3.5	48
99	Homeostatic and non-homeostatic appetite control along the spectrum of physical activity levels: An updated perspective. <i>Physiology and Behavior</i> , 2018 , 192, 23-29	3.5	47
98	Fasting for 24 hours heightens reward from food and food-related cues. <i>PLoS ONE</i> , 2014 , 9, e85970	3.7	47
97	Appetite control and energy (fuel) balance. <i>Nutrition Research Reviews</i> , 1995 , 8, 225-42	7	46
96	No energy compensation at the meal following exercise in dietary restrained and unrestrained women. <i>British Journal of Nutrition</i> , 2000 , 84, 219-225	3.6	44
95	Issues in Measuring and Interpreting Human Appetite (Satiety/Satiation) and Its Contribution to Obesity. <i>Current Obesity Reports</i> , 2019 , 8, 77-87	8.4	41
94	Effect of chronic exercise on appetite control in overweight and obese individuals. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 805-12	1.2	40
93	Validation of a new hand-held electronic data capture method for continuous monitoring of subjective appetite sensations. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011 , 8, 57	8.4	40
92	Serotonergic manipulation, meal-induced satiety and eating pattern: effect of fluoxetine in obese female subjects. <i>Obesity</i> , 1995 , 3, 345-56		40
91	Susceptibility to overeating affects the impact of savory or sweet drinks on satiation, reward, and food intake in nonobese women. <i>Journal of Nutrition</i> , 2012 , 142, 125-30	4.1	39
90	Perspective on the central control of appetite. <i>Obesity</i> , 2006 , 14 Suppl 4, 160S-163S	8	39
89	A medium-term intervention study on the impact of high- and low-fat snacks varying in sweetness and fat content: large shifts in daily fat intake but good compensation for daily energy intake. <i>British Journal of Nutrition</i> , 1998 , 80, 149-61	3.6	38
88	The relationship between substrate metabolism, exercise and appetite control: does glycogen availability influence the motivation to eat, energy intake or food choice?. <i>Sports Medicine</i> , 2011 , 41, 507-21	10.6	37
87	Semaglutide as a promising antiobesity drug. <i>Obesity Reviews</i> , 2019 , 20, 805-815	10.6	33

86	Greater overall olfactory performance, explicit wanting for high fat foods and lipid intake during the mid-luteal phase of the menstrual cycle. <i>Physiology and Behavior</i> , 2013 , 112-113, 84-9	3.5	32
85	Impact of physical activity level and dietary fat content on passive overconsumption of energy in non-obese adults. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 14	8.4	32
84	Biphasic action of a 5-hydroxytryptamine inhibitor on fenfluramine-induced anorexia. <i>Journal of Pharmacy and Pharmacology</i> , 1973 , 25, 492-4	4.8	32
83	The influence of physical activity on appetite control: an experimental system to understand the relationship between exercise-induced energy expenditure and energy intake. <i>Proceedings of the Nutrition Society</i> , 2011 , 70, 171-80	2.9	32
82	Fat substitution and food intake: effect of replacing fat with sucrose polyester at lunch or evening meals. <i>British Journal of Nutrition</i> , 1996 , 75, 545-56	3.6	32
81	Disturbed Appetite Patterns and Nutrient Intake in Peritoneal Dialysis Patients. <i>Peritoneal Dialysis International</i> , 2003 , 23, 550-556	2.8	31
80	Examination of food reward and energy intake under laboratory and free-living conditions in a trait binge eating subtype of obesity. <i>Frontiers in Psychology</i> , 2013 , 4, 757	3.4	29
79	Effects of a healthy meal course on spontaneous energy intake, satiety and palatability. <i>British Journal of Nutrition</i> , 2007 , 97, 584-90	3.6	29
78	Food texture influences on satiety: systematic review and meta-analysis. <i>Scientific Reports</i> , 2020 , 10, 12929	4.9	29
77	Appetite disturbance and the problems of overweight. <i>Drugs</i> , 1990 , 39 Suppl 3, 1-19	12.1	28
76	The case of GWAS of obesity: does body weight control play by the rules?. <i>International Journal of Obesity</i> , 2018 , 42, 1395-1405	5.5	28
75	The drive to eat in homo sapiens: Energy expenditure drives energy intake. <i>Physiology and Behavior</i> , 2020 , 219, 112846	3.5	26
74	Appetite, energy intake and food reward responses to an acute High Intensity Interval Exercise in adolescents with obesity. <i>Physiology and Behavior</i> , 2018 , 195, 90-97	3.5	25
73	Weak Satiety Responsiveness Is a Reliable Trait Associated with Hedonic Risk Factors for Overeating among Women. <i>Nutrients</i> , 2015 , 7, 7421-36	6.7	25
72	High-fat and low-fat (behavioural) phenotypes: biology or environment?. <i>Proceedings of the Nutrition Society</i> , 1999 , 58, 773-7	2.9	25
71	Postprandial profiles of CCK after high fat and high carbohydrate meals and the relationship to satiety in humans. <i>Peptides</i> , 2016 , 77, 3-8	3.8	24
70	Biological and psychological mediators of the relationships between fat mass, fat-free mass and energy intake. <i>International Journal of Obesity</i> , 2019 , 43, 233-242	5.5	24
69	Energy depletion by diet or aerobic exercise alone: impact of energy deficit modality on appetite parameters. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 1008-16	7	23

68	Relationships among tonic and episodic aspects of motivation to eat, gut peptides, and weight before and after bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , 2013 , 9, 802-8	3	23
67	Effects of an acute alpha-lactalbumin manipulation on mood and food hedonics in high- and low-trait anxiety individuals. <i>British Journal of Nutrition</i> , 2010 , 104, 595-602	3.6	23
66	Matched Weight Loss Through Intermittent or Continuous Energy Restriction Does Not Lead To Compensatory Increases in Appetite and Eating Behavior in a Randomized Controlled Trial in Women with Overweight and Obesity. <i>Journal of Nutrition</i> , 2020 , 150, 623-633	4.1	21
65	Measuring food preference and reward: Application and cross-cultural adaptation of the Leeds Food Preference Questionnaire in human experimental research. <i>Food Quality and Preference</i> , 2020 , 80, 103824	5.8	21
64	Dietary restraint in young adolescent girls: a functional analysis. <i>British Journal of Clinical Psychology</i> , 1989 , 28, 165-76	3.6	20
63	The Role of Episodic Postprandial Peptides in Exercise-Induced Compensatory Eating. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017 , 102, 4051-4059	5.6	19
62	Exercise and weight loss: no sex differences in body weight response to exercise. <i>Exercise and Sport Sciences Reviews</i> , 2014 , 42, 92-101	6.7	19
61	Food addiction not helpful: the hedonic component - implicit wanting - is important. <i>Addiction</i> , 2011 , 106, 1216-8; discussion 1219-20	4.6	19
60	Differing effects of high-fat or high-carbohydrate meals on food hedonics in overweight and obese individuals. <i>British Journal of Nutrition</i> , 2016 , 115, 1875-84	3.6	19
59	Activity energy expenditure is an independent predictor of energy intake in humans. <i>International Journal of Obesity</i> , 2019 , 43, 1466-1474	5.5	18
58	Sustained post-ingestive action of dietary fibre: effects of a sugar-beet-fibre-supplemented breakfast on satiety. <i>Journal of Human Nutrition and Dietetics</i> , 1993 , 6, 253-260	3.1	18
57	Impact of a non-restrictive satiating diet on anthropometrics, satiety responsiveness and eating behaviour traits in obese men displaying a high or a low satiety phenotype. <i>British Journal of Nutrition</i> , 2017 , 118, 750-760	3.6	17
56	Effect of exercise training on weight loss, body composition changes, and weight maintenance in adults with overweight or obesity: An overview of 12 systematic reviews and 149 studies. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13256	10.6	17
55	Structured, aerobic exercise reduces fat mass and is partially compensated through energy intake but not energy expenditure in women. <i>Physiology and Behavior</i> , 2019 , 199, 56-65	3.5	17
54	Weight loss decreases self-reported appetite and alters food preferences in overweight and obese adults: Observational data from the DiOGenes study. <i>Appetite</i> , 2018 , 125, 314-322	4.5	16
53	Energy depletion by 24-h fast leads to compensatory appetite responses compared with matched energy depletion by exercise in healthy young males. <i>British Journal of Nutrition</i> , 2018 , 120, 583-592	3.6	16
52	A Low Energy-Dense Diet in the Context of a Weight-Management Program Affects Appetite Control in Overweight and Obese Women. <i>Journal of Nutrition</i> , 2018 , 148, 798-806	4.1	16
51	Fasting Leptin Is a Metabolic Determinant of Food Reward in Overweight and Obese Individuals during Chronic Aerobic Exercise Training. <i>International Journal of Endocrinology</i> , 2014 , 2014, 323728	2.7	16

50	Appetite Control Is Improved by Acute Increases in Energy Turnover at Different Levels of Energy Balance. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2019 , 104, 4481-4491	5.6	15
49	Possible mechanism for the effect of anorexic agents on feeding and hoarding behaviour in rats. <i>Psychopharmacology</i> , 1971 , 22, 224-9	4.7	14
48	Cross-sectional and longitudinal associations between different exercise types and food cravings in free-living healthy young adults. <i>Appetite</i> , 2017 , 118, 82-89	4.5	13
47	Effects of oral semaglutide on energy intake, food preference, appetite, control of eating and body weight in subjects with type 2 diabetes. <i>Diabetes, Obesity and Metabolism</i> , 2021 , 23, 581-588	6.7	13
46	Overconsumption as a cause of weight gain: behavioural-physiological interactions in the control of food intake (appetite). <i>Novartis Foundation Symposium</i> , 1996 , 201, 138-54; discussion 154-8, 188-93		13
45	Mechanisms responsible for homeostatic appetite control: theoretical advances and practical implications. <i>Expert Review of Endocrinology and Metabolism</i> , 2017 , 12, 401-415	4.1	12
44	Postprandial glycaemic dips predict appetite and energy intake in healthy individuals. <i>Nature Metabolism</i> , 2021 , 3, 523-529	14.6	12
43	Is reducing appetite beneficial for body weight management in the context of overweight and obesity? A systematic review and meta-analysis from clinical trials assessing body weight management after exposure to satiety enhancing and/or hunger reducing products. <i>Obesity Reviews</i> , 2019 , 20, 383-397	10.6	11
42	Exercise Training Reduces Reward for High-Fat Food in Adults with Overweight/Obesity. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 900-908	1.2	11
41	Associations between nutritional properties of food and consumer perceptions related to weight management. <i>Food Quality and Preference</i> , 2015 , 45, 18-25	5.8	10
40	A novel integrative procedure for identifying and integrating three-dimensions of objectively measured free-living sedentary behaviour. <i>BMC Public Health</i> , 2017 , 17, 979	4.1	9
39	Energy Compensation Following a Supervised Exercise Intervention in Women Living With Overweight/Obesity Is Accompanied by an Early and Sustained Decrease in Non-structured Physical Activity. <i>Frontiers in Physiology</i> , 2019 , 10, 1048	4.6	9
38	Is reduction in appetite beneficial for body weight management in the context of overweight and obesity? Yes, according to the SATIN (Satiety Innovation) study. <i>Journal of Nutritional Science</i> , 2019 , 8, e39	2.7	9
37	Brown adipose tissue volume and 18F-fluorodeoxyglucose uptake are not associated with energy intake in young human adults. <i>American Journal of Clinical Nutrition</i> , 2020 , 111, 329-339	7	9
36	Effect of exercise on cardiometabolic health of adults with overweight or obesity: Focus on blood pressure, insulin resistance, and intrahepatic fat-A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13269	10.6	9
35	Effect of exercise training before and after bariatric surgery: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13296	10.6	9
34	Evaluation of the Influence of Raw Almonds on Appetite Control: Satiating, Satiety, Hedonics and Consumer Perceptions. <i>Nutrients</i> , 2019 , 11,	6.7	8
33	Effective behavior change techniques to promote physical activity in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13258	10.6	8

32	Women with a low-satiety phenotype show impaired appetite control and greater resistance to weight loss. <i>British Journal of Nutrition</i> , 2019 , 122, 951-959	3.6	7
31	Exercise training in the management of overweight and obesity in adults: Synthesis of the evidence and recommendations from the European Association for the Study of Obesity Physical Activity Working Group. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13273	10.6	7
30	Diet, behaviour and cognitive functions: a psychobiological view. <i>Scandinavian Journal of Nutrition</i> , 2003 , 47, 85-91		5
29	Validation of the Activity Preference Assessment: a tool for quantifying children's implicit preferences for sedentary and physical activities. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 108	8.4	5
28	Effect of different types of regular exercise on physical fitness in adults with overweight or obesity: Systematic review and meta-analyses. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13239	10.6	5
27	Effect of exercise training on psychological outcomes in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13261	10.6	5
26	Effect of exercise training interventions on energy intake and appetite control in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2021 , 22 Suppl 4, e13251	10.6	4
25	The Psychobiology of Hunger [A Scientific Perspective. <i>Topoi</i> , 2021 , 40, 565-574	0.8	4
24	The "drive to eat" hypothesis: energy expenditure and fat-free mass but not adiposity are associated with milk intake and energy intake in 12 week infants. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 505-514	7	3
23	Behaviour, energy balance, obesity and capitalism. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1305-1309	3.3	3
22	Appetite Control: Biological and Psychological Factors 2019 , 17-22		2
21	Low-calorie sweeteners: more complicated than sweetness without calories. <i>American Journal of Clinical Nutrition</i> , 2019 , 109, 1237-1238	7	2
20	Characterizing the Homeostatic and Hedonic Markers of the Susceptible Phenotype 2010 , 231-240		2
19	Le rôle du sucre dans le contrôle de l'appétit. <i>Cahiers De Nutrition Et De Dietetique</i> , 2008 , 43, 2S42-2S46	0.2	2
18	Eating Behavior, Physical Activity and Exercise Training: A Randomized Controlled Trial in Young Healthy Adults. <i>Nutrients</i> , 2020 , 12,	6.7	2
17	Effects of oral lubrication on satiety, satiation and salivary biomarkers in model foods: A pilot study. <i>Appetite</i> , 2021 , 165, 105427	4.5	2
16	Food Liking but Not Wanting Decreases after Controlled Intermittent or Continuous Energy Restriction to 8% Weight Loss in Women with Overweight/Obesity. <i>Nutrients</i> , 2021 , 13,	6.7	2
15	Disentangling the relationship between sedentariness and obesity: Activity intensity, but not sitting posture, is associated with adiposity in women. <i>Physiology and Behavior</i> , 2018 , 194, 113-119	3.5	1

14	Biopsychology of human appetite Understanding the excitatory and inhibitory mechanisms of homeostatic control. <i>Current Opinion in Physiology</i> , 2019 , 12, 33-38	2.6	1
13	The compensatory effect of exercise on physical activity and energy intake in young men with overweight: The EFACT randomised controlled trial. <i>Physiology and Behavior</i> , 2021 , 229, 113249	3.5	1
12	Body Fatness Influences Associations of Body Composition and Energy Expenditure with Energy Intake in Healthy Women. <i>Obesity</i> , 2021 , 29, 125-132	8	1
11	Circulating Metabolites Associated with Postprandial Satiety in Overweight/Obese Participants: The SATIN Study. <i>Nutrients</i> , 2021 , 13,	6.7	1
10	Free-Living Energy Balance Behaviors Are Associated With Greater Weight Loss During a Weight Loss Program. <i>Frontiers in Nutrition</i> , 2021 , 8, 688295	6.2	1
9	Viscosity of food influences perceived satiety: A video based online survey. <i>Food Quality and Preference</i> , 2022 , 99, 104565	5.8	1
8	Increases in physical activity are associated with a faster rate of weight loss during dietary energy restriction in women with overweight and obesity.. <i>British Journal of Nutrition</i> , 2022 , 1-28	3.6	0
7	Quantifying Appetite and Satiety 2019 , 121-140		
6	Aetiology of obesity in adults 2017 , 85-137		
5	ECO 2013 Report. <i>Expert Review of Endocrinology and Metabolism</i> , 2013 , 8, 435-437	4.1	
4	Nutrition and appetite control: implications for the regulation of body weight. <i>International Journal of Risk and Safety in Medicine</i> , 1995 , 7, 135-45	1.6	
3	Thanks for opening an overdue discussion on GWAS of BMI: a reply to Prof. Speakman et al. <i>International Journal of Obesity</i> , 2019 , 43, 217-218	5.5	
2	Psychobiology of Obesity 2022 , 99-112		
1	Associations between high-metabolic rate organ masses and fasting hunger: A study using whole-body magnetic resonance imaging in healthy males.. <i>Physiology and Behavior</i> , 2022 , 250, 113796	3.5	