Craig Pickering

List of Publications by Year
in descending order

37 papers	1,253 citations	430874 18 h-index	377865 34 g-index
37 all docs	37 docs citations	37 times ranked	1273 citing authors

#	Article	IF	Citations
1	Can taste be ergogenic?. European Journal of Nutrition, 2021, 60, 45-54.	3.9	29
2	A time and a place: A framework for caffeine periodization throughout the sporting year. Nutrition, 2021, 82, 111046.	2.4	4
3	The frequency of, and attitudes towards, genetic testing amongst athletes and support staff. Performance Enhancement and Health, 2021, 8, 100184.	1.6	3
4	CYP1A2 genotype and acute ergogenic effects of caffeine intake on exercise performance: a systematic review. European Journal of Nutrition, 2021, 60, 1181-1195.	3.9	20
5	Can Genetic Testing Predict Talent? A Case Study of 5 Elite Athletes. International Journal of Sports Physiology and Performance, 2021, 16, 429-434.	2.3	8
6	FABP2 Ala54Thr Polymorphism and Post-Training Changes of Body Composition and Biochemical Parameters in Caucasian Women. Genes, 2021, 12, 954.	2.4	5
7	Why Are Masters Sprinters Slower Than Their Younger Counterparts? Physiological, Biomechanical, and Motor Control Related Implications for Training Program Design. Journal of Aging and Physical Activity, 2021, 29, 708-719.	1.0	1
8	Wake up and smell the coffee: caffeine supplementation and exercise performanceâ€"an umbrella review of 21 published meta-analyses. British Journal of Sports Medicine, 2020, 54, 681-688.	6.7	192
9	Infographic. Wake up and smell the coffee: caffeine supplementation and exercise performance. British Journal of Sports Medicine, 2020, 54, 304-305.	6.7	3
10	Isolated effects of caffeine and sodium bicarbonate ingestion on performance in the Yo-Yo test: A systematic review and meta-analysis. Journal of Science and Medicine in Sport, 2020, 23, 41-47.	1.3	22
11	ADORA2A C Allele Carriers Exhibit Ergogenic Responses to Caffeine Supplementation. Nutrients, 2020, 12, 741.	4.1	29
12	The Effects of Caffeine Ingestion on Measures of Rowing Performance: A Systematic Review and Meta-Analysis. Nutrients, 2020, 12, 434.	4.1	16
13	Authorsâ€™ Reply to Painelli et al.: Comment on â€œCaffeine and Exercise: What Next?â€. Sports Medicine, 2020, 50, 1219-1221.	6.5	1
14	CYP1A2 genotype and acute effects of caffeine on resistance exercise, jumping, and sprinting performance. Journal of the International Society of Sports Nutrition, 2020, 17, 21.	3.9	27
15	What Dose of Caffeine to Use: Acute Effects of 3 Doses of Caffeine on Muscle Endurance and Strength. International Journal of Sports Physiology and Performance, 2020, 15, 470-477.	2.3	23
16	Are caffeineâ€™s performance-enhancing effects partially driven by its bitter taste?. Medical Hypotheses, 2019, 131, 109301.	1.5	23
17	Are low doses of caffeine as ergogenic as higher doses? A critical review highlighting the need for comparison with current best practice in caffeine research. Nutrition, 2019, 67-68, 110535.	2.4	21
18	The Development of a Personalised Training Framework: Implementation of Emerging Technologies for Performance. Journal of Functional Morphology and Kinesiology, 2019, 4, 25.	2.4	14

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19	Comment on â€œBiological Background of Block Periodized Endurance Training: A Reviewâ€. Sports Medicine, 2019, 49, 1475-1477.	6.5	7
20	Caffeine and Exercise: What Next?. Sports Medicine, 2019, 49, 1007-1030.	6.5	100
21	Can Genetic Testing Identify Talent for Sport?. Genes, 2019, 10, 972.	2.4	42
22	A Genome-Wide Association Study of Sprint Performance in Elite Youth Football Players. Journal of Strength and Conditioning Research, 2019, 33, 2344-2351.	2.1	47
23	What Should We Do About Habitual Caffeine Use in Athletes?. Sports Medicine, 2019, 49, 833-842.	6.5	64
24	The effects of caffeine ingestion on isokinetic muscular strength: A meta-analysis. Journal of Science and Medicine in Sport, 2019, 22, 353-360.	1.3	58
25	Do Non-Responders to Exercise Existâ€”and If So, What Should We Do About Them?. Sports Medicine, 2019, 49, 1-7.	6.5	114
26	Caffeine, CYP1A2 genotype, and sports performance: is timing important?. Irish Journal of Medical Science, 2019, 188, 349-350.	1.5	21
27	Are the Current Guidelines on Caffeine Use in Sport Optimal for Everyone? Inter-individual Variation in Caffeine Ergogenicity, and a Move Towards Personalised Sports Nutrition. Sports Medicine, 2018, 48, 7-16.	6.5	144
28	Letter to the editor. Metabolism: Clinical and Experimental, 2018, 83, e1.	3.4	1
29	Exercise Response Efficiency: A Novel Way to Enhance Population Health?. Lifestyle Genomics, 2018, 11, 129-135.	1.7	6
30	The magnitude of Yo-Yo test improvements following an aerobic training intervention are associated with total genotype score. PLoS ONE, 2018, 13, e0207597.	2.5	13
31	Hamstring injury prevention: A role for genetic information?. Medical Hypotheses, 2018, 119, 58-62.	1.5	3
32	Exercise genetics: seeking clarity from noise. BMJ Open Sport and Exercise Medicine, 2017, 3, e000309.	2.9	9
33	ACTN3: More than Just a Gene for Speed. Frontiers in Physiology, 2017, 8, 1080.	2.8	77
34	A response to letter to the editor: A genetic-based algorithm for personalized resistance training. Biology of Sport, 2017, 1, 35-37.	3.2	2
35	Can the ability to adapt to exercise be considered a talentâ€”and if so, can we test for it?. Sports Medicine - Open, 2017, 3, 43.	3.1	9
36	Understanding Personalized Training Responses: Can Genetic Assessment Help?. The Open Sports Sciences Journal, 2017, 10, 191-213.	0.4	17

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37	A genetic-based algorithm for personalized resistance-training. Biology of Sport, 2016, 33, 117-126.	3.2	78