

Anna Tresserra-Rimbau

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

51
papers

1,756
citations

21
h-index

41
g-index

60
ext. papers

2,196
ext. citations

5.3
avg, IF

4.71
L-index

#	Paper	IF	Citations
51	Inverse association between habitual polyphenol intake and incidence of cardiovascular events in the PREDIMED study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014 , 24, 639-47	4.5	199
50	Dietary intake and major food sources of polyphenols in a Spanish population at high cardiovascular risk: the PREDIMED study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2013 , 23, 953-9	4.5	174
49	Health Effects of Resveratrol: Results from Human Intervention Trials. <i>Nutrients</i> , 2018 , 10,	6.7	134
48	Polyphenol intake and mortality risk: a re-analysis of the PREDIMED trial. <i>BMC Medicine</i> , 2014 , 12, 77	11.4	128
47	Effects of total dietary polyphenols on plasma nitric oxide and blood pressure in a high cardiovascular risk cohort. The PREDIMED randomized trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 60-7	4.5	126
46	Polyphenols, food and pharma. Current knowledge and directions for future research. <i>Biochemical Pharmacology</i> , 2018 , 156, 186-195	6	119
45	Phenolic profiling of the skin, pulp and seeds of Albariño grapes using hybrid quadrupole time-of-flight and triple-quadrupole mass spectrometry. <i>Food Chemistry</i> , 2014 , 145, 874-82	8.5	89
44	Legume consumption is inversely associated with type 2 diabetes incidence in adults: A prospective assessment from the PREDIMED study. <i>Clinical Nutrition</i> , 2018 , 37, 906-913	5.9	71
43	Intake of Total Polyphenols and Some Classes of Polyphenols Is Inversely Associated with Diabetes in Elderly People at High Cardiovascular Disease Risk. <i>Journal of Nutrition</i> , 2015 , 146, 767-777	4.1	62
42	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019 , 38, 1221-1231	5.9	55
41	Effects of Polyphenol, Measured by a Biomarker of Total Polyphenols in Urine, on Cardiovascular Risk Factors After a Long-Term Follow-Up in the PREDIMED Study. <i>Oxidative Medicine and Cellular Longevity</i> , 2016 , 2016, 2572606	6.7	50
40	Dietary Polyphenols in the Prevention of Stroke. <i>Oxidative Medicine and Cellular Longevity</i> , 2017 , 2017, 7467962	6.7	45
39	Moderate red wine consumption is associated with a lower prevalence of the metabolic syndrome in the PREDIMED population. <i>British Journal of Nutrition</i> , 2015 , 113 Suppl 2, S121-30	3.6	44
38	Organic food and the impact on human health. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 704-714	11.5	36
37	Polyphenol Levels Are Inversely Correlated with Body Weight and Obesity in an Elderly Population after 5 Years of Follow Up (The Randomised PREDIMED Study). <i>Nutrients</i> , 2017 , 9,	6.7	34
36	Dietary Polyphenol Intake is Associated with HDL-Cholesterol and A Better Profile of other Components of the Metabolic Syndrome: A PREDIMED-Plus Sub-Study. <i>Nutrients</i> , 2020 , 12,	6.7	33
35	The effect of polyphenol consumption on blood pressure. <i>Mini-Reviews in Medicinal Chemistry</i> , 2013 , 13, 1137-49	3.2	33

34	Dietary total antioxidant capacity and mortality in the PREDIMED study. <i>European Journal of Nutrition</i> , 2016 , 55, 227-36	5.2	32
33	Effects of Dietary Phytoestrogens on Hormones throughout a Human Lifespan: A Review. <i>Nutrients</i> , 2020 , 12,	6.7	32
32	A low-protein diet induces body weight loss and browning of subcutaneous white adipose tissue through enhanced expression of hepatic fibroblast growth factor 21 (FGF21). <i>Molecular Nutrition and Food Research</i> , 2017 , 61, 1600725	5.9	29
31	Microbial Phenolic Metabolites: Which Molecules Actually Have an Effect on Human Health?. <i>Nutrients</i> , 2019 , 11,	6.7	23
30	Effects of Organic and Conventional Growing Systems on the Phenolic Profile of Extra-Virgin Olive Oil. <i>Molecules</i> , 2019 , 24,	4.8	21
29	Polyphenols excreted in urine as biomarkers of total polyphenol intake. <i>Bioanalysis</i> , 2012 , 4, 2705-13	2.1	18
28	Associations between Dietary Polyphenols and Type 2 Diabetes in a Cross-Sectional Analysis of the PREDIMED-Plus Trial: Role of Body Mass Index and Sex. <i>Antioxidants</i> , 2019 , 8,	7.1	17
27	Rationale and design of the school-based SI! Program to face obesity and promote health among Spanish adolescents: A cluster-randomized controlled trial. <i>American Heart Journal</i> , 2019 , 215, 27-40	4.9	14
26	Glycemic index, glycemic load and invasive breast cancer incidence in postmenopausal women: The PREDIMED study. <i>European Journal of Cancer Prevention</i> , 2016 , 25, 524-32	2	13
25	NMR spectroscopy: a powerful tool for the analysis of polyphenols in extra virgin olive oil. <i>Journal of the Science of Food and Agriculture</i> , 2020 , 100, 1842-1851	4.3	12
24	Changing to a Low-Polyphenol Diet Alters Vascular Biomarkers in Healthy Men after Only Two Weeks. <i>Nutrients</i> , 2018 , 10,	6.7	12
23	Beer Polyphenols and Menopause: Effects and Mechanisms-A Review of Current Knowledge. <i>Oxidative Medicine and Cellular Longevity</i> , 2017 , 2017, 4749131	6.7	11
22	A review of factors that affect carotenoid concentrations in human plasma: differences between Mediterranean and Northern diets. <i>European Journal of Clinical Nutrition</i> , 2019 , 72, 18-25	5.2	10
21	Associations between Both Lignan and Yogurt Consumption and Cardiovascular Risk Parameters in an Elderly Population: Observations from a Cross-Sectional Approach in the PREDIMED Study. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2017 , 117, 609-622.e1	3.9	6
20	Mediterranean Diet and Atherothrombosis Biomarkers: A Randomized Controlled Trial. <i>Molecular Nutrition and Food Research</i> , 2020 , 64, e2000350	5.9	6
19	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 1702-1713	4.5	6
18	Dietary Patterns and Cardiovascular Risk Factors in Spanish Adolescents: A Cross-Sectional Analysis of the SI! Program for Health Promotion in Secondary Schools. <i>Nutrients</i> , 2019 , 11,	6.7	5
17	Polyphenol Consumption and Blood Pressure 2014 , 971-987		4

16	Effects of the Non-Alcoholic Fraction of Beer on Abdominal Fat, Osteoporosis, and Body Hydration in Women. <i>Molecules</i> , 2020 , 25,	4.8	4
15	Mediterranean Diet and White Blood Cell Count-A Randomized Controlled Trial. <i>Foods</i> , 2021 , 10,	4.9	4
14	Coffee Polyphenols and High Cardiovascular Risk Parameters 2015 , 387-394		3
13	Optimizing the Malaxation Conditions to Produce an Arbequina EVOO with High Content of Bioactive Compounds. <i>Antioxidants</i> , 2021 , 10,	7.1	3
12	Mediterranean Diet Decreases the Initiation of Use of Vitamin K Epoxide Reductase Inhibitors and Their Associated Cardiovascular Risk: A Randomized Controlled Trial. <i>Nutrients</i> , 2020 , 12,	6.7	3
11	Urinary Tartaric Acid, a Biomarker of Wine Intake, Correlates with Lower Total and LDL Cholesterol. <i>Nutrients</i> , 2021 , 13,	6.7	3
10	Increase of 4-Hydroxybenzoic, a Bioactive Phenolic Compound, after an Organic Intervention Diet. <i>Antioxidants</i> , 2019 , 8,	7.1	2
9	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. <i>Antioxidants</i> , 2021 , 10,	7.1	2
8	Moderate Consumption of Beer (with and without Ethanol) and Menopausal Symptoms: Results from a Parallel Clinical Trial in Postmenopausal Women. <i>Nutrients</i> , 2021 , 13,	6.7	2
7	Olives and Olive Oil: A Mediterranean Source of Polyphenols 2017 , 417-434		1
6	Fruit and Vegetable Polyphenol Consumption Decreases Blood Pressure. <i>ACS Symposium Series</i> , 2012 , 443-461	0.4	1
5	Prevalence and correlates of cardiovascular health among early adolescents enrolled in the SI! Program in Spain: a cross-sectional analysis. <i>European Journal of Preventive Cardiology</i> , 2020 ,	3.9	1
4	Polyphenols in Urine and Cardiovascular Risk Factors: A Cross-Sectional Analysis Reveals Gender Differences in Spanish Adolescents from the SI! Program. <i>Antioxidants</i> , 2020 , 9,	7.1	1
3	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , 2021 , 65, e2100363	5.9	1
2	Mediterranean Diet Maintained Platelet Count within a Healthy Range and Decreased Thrombocytopenia-Related Mortality Risk: A Randomized Controlled Trial. <i>Nutrients</i> , 2021 , 13,	6.7	1
1	Changes in plasma total saturated fatty acids and palmitic acid are related to pro-inflammatory molecule IL-6 concentrations after nutritional intervention for one year.. <i>Biomedicine and Pharmacotherapy</i> , 2022 , 150, 113028	7.5	0