

Claudia Ferreira

List of Publications by Year in descending order

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Version: 2024-02-01

123
papers

2,255
citations

279798

23
h-index

289244

40
g-index

131
all docs

131
docs citations

131
times ranked

1732
citing authors

#	ARTICLE	IF	CITATIONS
1	Validation of the Psychometric Properties of the Self-Compassion Scale. Testing the Factorial Validity and Factorial Invariance of the Measure among Borderline Personality Disorder, Anxiety Disorder, Eating Disorder and General Populations. <i>Clinical Psychology and Psychotherapy</i> , 2016, 23, 460-468.	2.7	196
2	Self-compassion in the face of shame and body image dissatisfaction: Implications for eating disorders. <i>Eating Behaviors</i> , 2013, 14, 207-210.	2.0	193
3	Expanding binge eating assessment: Validity and screening value of the Binge Eating Scale in women from the general population. <i>Eating Behaviors</i> , 2015, 18, 41-47.	2.0	95
4	Thinness in the Pursuit for Social Safeness: An Integrative Model of Social Rank Mentality to Explain Eating Psychopathology. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 154-165.	2.7	90
5	Escaping from body image shame and harsh self-criticism: Exploration of underlying mechanisms of binge eating. <i>Eating Behaviors</i> , 2014, 15, 638-643.	2.0	79
6	Body Image as a Source of Shame: A New Measure for the Assessment of the Multifaceted Nature of Body Image Shame. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 656-666.	2.7	78
7	Physical appearance as a measure of social ranking: The role of a new scale to understand the relationship between weight and dieting. <i>Clinical Psychology and Psychotherapy</i> , 2013, 20, 55-66.	2.7	60
8	Shame Memories and Eating Psychopathology: The Buffering Effect of Self-Compassion. <i>European Eating Disorders Review</i> , 2014, 22, 487-494.	4.1	56
9	Body image and college women's quality of life: The importance of being self-compassionate. <i>Journal of Health Psychology</i> , 2015, 20, 754-764.	2.3	52
10	At the core of eating disorders: Overvaluation, social rank, self-criticism and shame in anorexia, bulimia and binge eating disorder. <i>Comprehensive Psychiatry</i> , 2016, 66, 123-131.	3.1	52
11	The impact of body image-related cognitive fusion on eating psychopathology. <i>Eating Behaviors</i> , 2014, 15, 72-75.	2.0	47
12	Ashamed and Fused with Body Image and Eating: Binge Eating as an Avoidance Strategy. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 195-202.	2.7	41
13	The buffer role of psychological flexibility against the impact of major life events on depression symptoms. <i>Clinical Psychologist</i> , 2020, 24, 82-90.	0.8	36
14	Turning eating psychopathology risk factors into action. The pervasive effect of body image-related cognitive fusion. <i>Appetite</i> , 2014, 80, 137-142.	3.7	34
15	BEfree: A new psychological program for binge eating that integrates psychoeducation, mindfulness, and compassion. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1090-1098.	2.7	33
16	What makes dietary restraint problematic? Development and validation of the Inflexible Eating Questionnaire. <i>Appetite</i> , 2017, 114, 146-154.	3.7	33
17	Exploring the effect of external shame on body appreciation among Portuguese young adults: The role of self-compassion. <i>Eating Behaviors</i> , 2016, 23, 174-179.	2.0	30
18	A new measure to assess external and internal shame: development, factor structure and psychometric properties of the External and Internal Shame Scale. <i>Current Psychology</i> , 2022, 41, 1892-1901.	2.8	30

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19	Clarity of Personal Values and Committed Action: Development of a Shorter Engaged Living Scale. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2016, 38, 258-265.	1.2	28
20	The impact of illness-related shame on psychological health and social relationships: Testing a mediational model in students with chronic illness. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, 408-414.	2.7	28
21	Incorporating psychoeducation, mindfulness and self-compassion in a new programme for binge eating (BEfree): Exploring processes of change. <i>Journal of Health Psychology</i> , 2019, 24, 466-479.	2.3	28
22	Shame and emotion regulation in inflammatory bowel disease: Effects on psychosocial functioning. <i>Journal of Health Psychology</i> , 2020, 25, 511-521.	2.3	28
23	Eating disorders: When social rank perceptions are shaped by early shame experiences. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 38-53.	2.5	27
24	Explaining rigid dieting in normal-weight women: the key role of body image inflexibility. <i>Eating and Weight Disorders</i> , 2016, 21, 49-56.	2.5	26
25	Chronic Illness-Related Shame: Development of a New Scale and Novel Approach for IBD Patients' Depressive Symptomatology. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 255-263.	2.7	26
26	Influence of fears of compassion on body image shame and disordered eating. <i>Eating and Weight Disorders</i> , 2020, 25, 99-106.	2.5	26
27	The effects of body image impairment on the quality of life of non-operated Portuguese female IBD patients. <i>Quality of Life Research</i> , 2017, 26, 429-436.	3.1	24
28	Getting entangled with body image: Development and validation of a new measure. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 304-316.	2.5	23
29	The longitudinal effects of emotion regulation on physical and psychological health: A latent growth analysis exploring the role of cognitive fusion in inflammatory bowel disease. <i>British Journal of Health Psychology</i> , 2018, 23, 171-185.	3.5	22
30	To further understand orthorexia nervosa: DOS validity for the Portuguese population and its relationship with psychological indicators, sex, BMI and dietary pattern. <i>Eating and Weight Disorders</i> , 2020, 26, 2127-2134.	2.5	22
31	Shame and eating psychopathology in Portuguese women: Exploring the roles of self-judgment and fears of receiving compassion. <i>Appetite</i> , 2017, 110, 80-85.	3.7	21
32	Normative body dissatisfaction and eating psychopathology in teenage girls: the impact of inflexible eating rules. <i>Eating and Weight Disorders</i> , 2016, 21, 41-48.	2.5	20
33	Chronic illness-related cognitive fusion explains the impact of body dissatisfaction and shame on depression symptoms in breast cancer patients. <i>Clinical Psychology and Psychotherapy</i> , 2018, 25, 886-893.	2.7	19
34	Inflammatory bowel disease: The harmful mechanism of experiential avoidance for patients' quality of life. <i>Journal of Health Psychology</i> , 2016, 21, 2882-2892.	2.3	18
35	The buffer effect of body compassion on the association between shame and body and eating difficulties. <i>Appetite</i> , 2018, 125, 118-123.	3.7	18
36	Experiential avoidance versus decentering abilities: the role of different emotional processes on disordered eating. <i>Eating and Weight Disorders</i> , 2017, 22, 467-474.	2.5	17

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37	An 18-month study of the effects of IBD symptomatology and emotion regulation on depressed mood. International Journal of Colorectal Disease, 2017, 32, 651-660.	2.2	17
38	Steps toward understanding the impact of early emotional experiences on disordered eating: The role of self-criticism, shame, and body image shame. Appetite, 2018, 125, 10-17.	3.7	16
39	Going beyond social support: Fear of receiving compassion from others predicts depression symptoms in breast cancer patients. Journal of Psychosocial Oncology, 2018, 36, 520-528.	1.2	16
40	Developments on committed action: Validity of the CAQ and analysis of committed action's role in depressive symptomatology in breast cancer patients and healthy individuals. Clinical Psychology and Psychotherapy, 2018, 25, e42-e50.	2.7	16
41	Behind women's body image-focused shame: Exploring the role of fears of compassion and self-criticism. Eating Behaviors, 2019, 32, 12-17.	2.0	16
42	Body image-related cognitive fusion as a main mediational process between body-related experiences and women's quality of life. Eating and Weight Disorders, 2015, 20, 91-97.	2.5	15
43	Negative and positive affect and disordered eating: The adaptive role of intuitive eating and body image flexibility. Clinical Psychologist, 2020, 24, 176-185.	0.8	15
44	Exploring Drive for Thinness as a Perfectionistic Strategy to Escape from Shame Experiences. Spanish Journal of Psychology, 2015, 18, E29.	2.1	14
45	Acceptability and preliminary test of efficacy of the Mind programme in women with breast cancer: An acceptance, mindfulness, and compassion-based intervention. Journal of Contextual Behavioral Science, 2020, 15, 162-171.	2.6	14
46	Caught in the struggle with food craving: Development and validation of a new cognitive fusion measure. Appetite, 2016, 101, 146-155.	3.7	13
47	Self-compassion: An adaptive link between early memories and women's quality of life. Journal of Health Psychology, 2018, 23, 929-938.	2.3	13
48	The link between external and internal shame and binge eating: the mediating role of body image-related shame and cognitive fusion. Eating and Weight Disorders, 2020, 25, 1703-1710.	2.5	13
49	Making the leap from healthy to disordered eating: the role of intuitive and inflexible eating attitudes in orthorexic behaviours among women. Eating and Weight Disorders, 2021, 26, 1793-1800.	2.5	13
50	Early Parental Eating Messages and Disordered Eating: The Role of Body Shame and Inflexible Eating. Journal of Psychology: Interdisciplinary and Applied, 2019, 153, 615-627.	1.6	12
51	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. Journal of Medical Internet Research, 2021, 23, e25305.	4.3	12
52	Seeking a perfect body look: feeding the pathogenic impact of shame?. Eating and Weight Disorders, 2016, 21, 477-485.	2.5	10
53	How can the recall of early affiliative memories with peers influence on disordered eating behaviours?. Eating and Weight Disorders, 2017, 22, 133-139.	2.5	10
54	Social safeness and disordered eating: Exploring underlying mechanisms of body appreciation and inflexible eating. Eating and Weight Disorders, 2017, 22, 303-309.	2.5	10

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55	Assessment of Chronic Illness-Related Cognitive Fusion: Preliminary Development and Validation of a New Scale with an IBD Sample. <i>Journal of Clinical Psychology in Medical Settings</i> , 2018, 25, 356-366.	1.4	10
56	The Need to Present a Perfect Body Image: Development of a New Measure of Perfectionistic Self-Presentation. <i>Current Psychology</i> , 2018, 37, 559-567.	2.8	10
57	Turning self-compassionate engagement into action: Impact on body appreciation among Portuguese women. <i>Journal of Contextual Behavioral Science</i> , 2019, 11, 21-26.	2.6	10
58	Self-to-others and self-to-self relationships: paths to understanding the valence of body image and eating attitudes in emerging adult women. <i>Eating and Weight Disorders</i> , 2020, 25, 399-406.	2.5	10
59	Does the recall of caregiver eating messages exacerbate the pathogenic impact of shame on eating and weight-related difficulties?. <i>Eating and Weight Disorders</i> , 2020, 25, 471-480.	2.5	10
60	The Link Between Major Life Events and Quality of Life: The Role of Compassionate Abilities. <i>Community Mental Health Journal</i> , 2021, 57, 219-227.	2.0	10
61	Ulcerative Colitis Symptomatology and Depression: The Exacerbator Role of Maladaptive Psychological Processes. <i>Digestive Diseases and Sciences</i> , 2015, 60, 3756-3763.	2.3	9
62	How do warmth, safeness and connectedness-related memories and experiences explain disordered eating?. <i>Eating and Weight Disorders</i> , 2018, 23, 629-636.	2.5	9
63	Potential contributing roles of early affiliative memories, social safeness and body appreciation to adolescents'™ well-being. <i>Journal of Health Psychology</i> , 2022, 27, 445-455.	2.3	9
64	Socioeconomic inequalities in children's health-related quality of life according to weight status. <i>American Journal of Human Biology</i> , 2021, 33, e23453.	1.6	9
65	Exploring the paths between self-compassionate attributes and actions, body compassion and disordered eating. <i>Eating and Weight Disorders</i> , 2020, 25, 291-297.	2.5	8
66	Experiential avoidance, committed action and quality of life: Differences between college students with and without chronic illness. <i>Journal of Health Psychology</i> , 2021, 26, 1035-1045.	2.3	8
67	The compassionate coach scale as perceived by the athlete: development and initial validation in Portuguese athletes. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 794-812.	2.1	8
68	The LIFEwithIBD Intervention: Study Protocol for a Randomized Controlled Trial of a Face-to-Face Acceptance and Commitment Therapy and Compassion-Based Intervention Tailored to People With Inflammatory Bowel Disease. <i>Frontiers in Psychiatry</i> , 2021, 12, 699367.	2.6	8
69	How Compassionate Abilities Influence the Experience of Loneliness and Quality of Life of People with and without Chronic Physical Disease?. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2021, 155, 679-694.	1.6	8
70	Falling in the traps of your thoughts: The impact of body image-related cognitive fusion on inflexible eating. <i>Eating Behaviors</i> , 2015, 19, 49-52.	2.0	7
71	Defensive Responses to Early Memories with Peers: a Possible Pathway to Disordered Eating. <i>Spanish Journal of Psychology</i> , 2016, 19, E45.	2.1	7
72	The relation of early positive emotional memories to women's™ social safeness: The role of shame and fear of receiving compassion. <i>Women and Health</i> , 2019, 59, 420-432.	1.0	7

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73	A social rank approach to disordered eating: Exploring relationships between shame, fears of compassion, striving, and body shame. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2020, 93, 490-502.	2.5	7
74	Self-reported symptoms of depression, anxiety and stress in Portuguese primary school-aged children. <i>BMC Psychiatry</i> , 2020, 20, 87.	2.6	7
75	Development and initial validation of athletes'™ perceptions of coach-related critical attitudes scale. <i>Current Psychology</i> , 2022, 41, 7512-7521.	2.8	7
76	Early memories of warmth and safeness and eating psychopathology: The mediating role of social safeness and body appreciation. <i>Psychologica</i> , 2017, 59, 45-60.	0.6	7
77	Do shame and perfectionistic self-presentation explain the link between early affiliative memories and eating psychopathology?. <i>Psychology, Health and Medicine</i> , 2018, 23, 628-634.	2.4	6
78	Development of a measure for the assessment of peer-related positive emotional memories. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2018, 91, 79-94.	2.5	6
79	Body compassion safeguards against the impact of major life events on binge eating. <i>Appetite</i> , 2019, 134, 34-39.	3.7	6
80	Exploring eating and exercise-related indicators during COVID-19 quarantine in Portugal: concerns and routine changes in women with different BMI. <i>Eating and Weight Disorders</i> , 2022, 27, 225-232.	2.5	6
81	Measuring Shame in Adolescents: Validation Studies of the External and Internal Shame Scale in a Community Sample. <i>Child and Youth Care Forum</i> , 2021, 50, 971-989.	1.6	6
82	A necessidade de competir para evitar a inferioridade: Estudos de validação da versão portuguesa da SAIS. <i>Psychologica</i> , 2011, , 5-34.	0.6	6
83	Can the impact of body dissatisfaction on disordered eating be weakened by one's decentering abilities?. <i>Eating Behaviors</i> , 2014, 15, 392-396.	2.0	5
84	When thought suppression backfires: its moderator effect on eating psychopathology. <i>Eating and Weight Disorders</i> , 2015, 20, 355-362.	2.5	5
85	Understanding the Role of Self-Judgment in the Association between Body Dissatisfaction and Quality of Life on Normal-Weight and Overweight Portuguese Women. <i>Spanish Journal of Psychology</i> , 2016, 19, E15.	2.1	5
86	Explaining male body attitudes: the role of early peer emotional experiences and shame. <i>Eating and Weight Disorders</i> , 2018, 23, 807-815.	2.5	5
87	The influence of self-criticism on depression symptoms among ambulatory patients with inflammatory bowel disease. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 743-750.	2.7	5
88	Gender differences in inflammatory bowel disease: Explaining body image dissatisfaction. <i>Journal of Health Psychology</i> , 2019, 24, 847-856.	2.3	5
89	Striving as a paradoxical strategy to deal with fears of compassion: impact on disordered eating. <i>Eating and Weight Disorders</i> , 2020, 25, 983-990.	2.5	5
90	Compassionate Coach and Psychological Quality of Life in Portuguese Athletes: Effect of Mediating Variables. <i>Journal of Clinical Sport Psychology</i> , 2022, 16, 182-198.	1.0	5

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91	The powerful effect of body image inflexibility on the explanation of eating psychopathology severity. <i>Eating and Weight Disorders</i> , 2021, , 1.	2.5	5
92	How psychological inflexibility mediates the association between general feelings of shame with body image-related shame and eating psychopathology severity?. <i>Appetite</i> , 2021, 163, 105228.	3.7	5
93	The roles of self-compassion and psychological flexibility in the psychological well-being of adolescent girls. <i>Current Psychology</i> , 0, , 1.	2.8	5
94	Assessing positive emotional memories with peers: The Early Memories of Warmth and Safeness with Peers Scale for adolescents. <i>Journal of Adolescence</i> , 2017, 54, 73-81.	2.4	4
95	Roles of body image-related experiential avoidance and uncommitted living in the link between body image and women's quality of life. <i>Women and Health</i> , 2018, 58, 38-50.	1.0	4
96	The central role of self-reassurance to explain body and eating attitudes. <i>Eating and Weight Disorders</i> , 2019, 24, 861-868.	2.5	4
97	The soothing-affiliation system and body appreciation: recollected and present affect. <i>Women and Health</i> , 2020, 60, 547-558.	1.0	4
98	A comprehensive model of disordered eating among aesthetic athletic girls: Exploring the role of body image-related cognitive fusion and perfectionistic self- presentation. <i>Current Psychology</i> , 2021, 40, 5727-5734.	2.8	4
99	Kindness toward One's Self and Body: Exploring Mediation Pathways between Early Memories and Disordered Eating. <i>Spanish Journal of Psychology</i> , 2017, 20, E47.	2.1	3
100	Measuring structural model invariance across internet-recruited and hospital-recruited IBD patients: Experiential avoidance's effect on psychopathological symptoms. <i>Current Psychology</i> , 2019, 40, 3459.	2.8	3
101	Insecure striving as an exacerbator of the toxic effect of shame feelings on disordered eating. <i>Eating and Weight Disorders</i> , 2020, 25, 659-666.	2.5	3
102	Further validation of the cognitive fusion questionnaire " chronic illness (CFQ-CI) in different health condition samples. <i>Journal of Contextual Behavioral Science</i> , 2020, 16, 45-48.	2.6	3
103	A longitudinal preliminary analysis on the role of experiential avoidance in breast cancer patients' reported health outcomes. <i>Psycho-Oncology</i> , 2020, 29, 812-814.	2.3	3
104	Regula��o emocional e comportamento alimentar perturbado: O impacto distinto da fus��o cognitiva e de uma atitude de apre��so em rela��o � imagem corporal. <i>Psychologica</i> , 2017, 60, 11-25.	0.6	3
105	Challenges, burden and emotional impact on Portuguese athletes during COVID-19 pandemic. <i>Cuadernos De Psicolog��a Del Deporte</i> , 2022, 22, 44-56.	0.4	3
106	Can the lack of early memories of warmth and safeness explain loneliness and quality of life? A community sample study on young and middle-aged Portuguese adults. <i>Current Psychology</i> , 0, , 1.	2.8	2
107	Adolescent girls' body appreciation: influences of compassion and social safeness, and association with disordered eating. <i>Eating and Weight Disorders</i> , 2022, 27, 1359-1366.	2.5	2
108	Measuring shame across five countries: dimensionality and measurement invariance of the external and internal shame scale. <i>Current Psychology</i> , 0, , 1.	2.8	2

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109	The mediating role of shame and fear of compassion on the relationship between major life events and depressive symptoms. <i>Current Psychology</i> , 2019, 40, 4553.	2.8	1
110	Can body appreciation buffer the association between external and internal shame experiences with eating psychopathology?. <i>Clinical Psychologist</i> , 2022, 26, 53-62.	0.8	1
111	Early emotional memories and well-being in adolescence: The roles of shame and self-critical attitudes. <i>Journal of Child and Family Studies</i> , 0, , 1.	1.3	1
112	Affiliative interactions and body and eating-related difficulties in adolescent girls: The effects of fears of compassion and feelings of social safeness. <i>Appetite</i> , 2022, 168, 105715.	3.7	1
113	How do ACT core processes underlie loneliness and psychological health? A study among people with and without physical chronic disease. <i>Clinical Psychologist</i> , 2021, 25, 329-338.	0.8	1
114	O Traço de Mindfulness como Protector nos Comportamentos Bulâmicos. <i>Psychologica</i> , 2010, , 401-422.	0.6	1
115	Desenvolvimento de uma Escala de Comparação Social através da Aparência Física: Estudo exploratório da estrutura factorial e das propriedades psicométricas numa amostra feminina da população geral. <i>Psychologica</i> , 2011, , 309-330.	0.6	1
116	Internal and External Shame in Healthy and Chronically Ill Samples: Exploring Links to Psychological Health. <i>Journal of Clinical Psychology in Medical Settings</i> , 2022, , 1.	1.4	1
117	Assessing Psychological Inflexibility in Adolescents: A Validation Study of the Portuguese Short Version of the Avoidance and Fusion Questionnaire for Youth. <i>Child and Youth Care Forum</i> , 0, , 1.	1.6	1
118	Understanding the omnivore, vegetarian, vegan, and paleo dietary patterns: How they differ in disordered eating indicators. <i>Revista Portuguesa De Investigaçao Comportamental E Social</i> , 2021, 7, .	0.1	0
119	Comportamentos ortoróticos e experiências de vergonha: A sua relação e impacto no comportamento alimentar perturbado. <i>Revista Portuguesa De Investigaçao Comportamental E Social</i> , 2020, 6, 39-55.	0.1	0
120	A vergonha e o bem-estar psicológico dos adolescentes: O medo de receber compaixão e os sentimentos de segurança e ligação aos outros como processos mediadores. <i>Revista Portuguesa De Investigaçao Comportamental E Social</i> , 2020, 6, 56-68.	0.1	0
121	What Is Behind Disordered Eating Behaviors? An Exploratory Study With Female Adolescents From Individual Esthetic and Nonesthetic Sports. <i>Journal of Clinical Sport Psychology</i> , 2023, 17, 290-305.	1.0	0
122	How athletes' perception of coach-related critical attitudes affect their mental health? The role of self-criticism. <i>Current Psychology</i> , 0, , 1.	2.8	0
123	Early memories of warmth and safeness, and current social safeness: Longitudinal contributions for girls' body appreciation. <i>Current Psychology</i> , 0, , .	2.8	0