

Elisa A Marques

List of Publications by Year in descending order

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Version: 2024-02-01

40
papers

1,231
citations

430442

18
h-index

377514

34
g-index

41
all docs

41
docs citations

41
times ranked

2121
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise effects on bone mineral density in older adults: a meta-analysis of randomized controlled trials. <i>Age</i> , 2012, 34, 1493-1515.	3.0	200
2	Training and Detraining Effects on Functional Fitness after a Multicomponent Training in Older Women. <i>Gerontology</i> , 2009, 55, 41-48.	1.4	107
3	Effects of resistance and aerobic exercise on physical function, bone mineral density, OPG and RANKL in older women. <i>Experimental Gerontology</i> , 2011, 46, 524-532.	1.2	94
4	Multicomponent Training Program with Weight-Bearing Exercises Elicits Favorable Bone Density, Muscle Strength, and Balance Adaptations in Older Women. <i>Calcified Tissue International</i> , 2011, 88, 117-129.	1.5	73
5	Frailty and Risk of Cardiovascular Diseases in Older Persons: The Age, Gene/Environment Susceptibility-Reykjavik Study. <i>Rejuvenation Research</i> , 2017, 20, 517-524.	0.9	69
6	Effects of resistance and multicomponent exercise on lipid profiles of older women. <i>Maturitas</i> , 2009, 63, 84-88.	1.0	61
7	Normative Functional Fitness Standards and Trends of Portuguese Older Adults: Cross-Cultural Comparisons. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 126-137.	0.5	55
8	Response of bone mineral density, inflammatory cytokines, and biochemical bone markers to a 32-week combined loading exercise programme in older men and women. <i>Archives of Gerontology and Geriatrics</i> , 2013, 57, 226-233.	1.4	50
9	Risk for losing physical independence in older adults: The role of sedentary time, light, and moderate to vigorous physical activity. <i>Maturitas</i> , 2014, 79, 91-95.	1.0	45
10	Parental physical activity, safety perceptions and children's independent mobility. <i>BMC Public Health</i> , 2013, 13, 584.	1.2	38
11	Association of bone turnover markers with volumetric bone loss, periosteal apposition, and fracture risk in older men and women: the AGES-Reykjavik longitudinal study. <i>Osteoporosis International</i> , 2016, 27, 3485-3494.	1.3	35
12	Changes in Contributions of Swimming, Cycling, and Running Performances on Overall Triathlon Performance Over a 26-Year Period. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2406-2415.	1.0	32
13	Physical fitness in institutionalized older adults with dementia: association with cognition, functional capacity and quality of life. <i>Aging Clinical and Experimental Research</i> , 2020, 32, 2329-2338.	1.4	31
14	Association between physical activity and mortality in end-stage kidney disease: a systematic review of observational studies. <i>BMC Nephrology</i> , 2021, 22, 227.	0.8	31
15	Are resistance and aerobic exercise training equally effective at improving knee muscle strength and balance in older women?. <i>Archives of Gerontology and Geriatrics</i> , 2017, 68, 106-112.	1.4	29
16	Criterion-referenced fitness standards for predicting physical independence into later life. <i>Experimental Gerontology</i> , 2015, 61, 142-146.	1.2	25
17	Impact of physical activity and exercise on bone health in patients with chronic kidney disease: a systematic review of observational and experimental studies. <i>BMC Nephrology</i> , 2020, 21, 334.	0.8	24
18	Effects of a multicomponent exercise program in institutionalized elders with Alzheimer's disease. <i>Dementia</i> , 2019, 18, 417-431.	1.0	23

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19	Accuracy of Siri and Brozek equations in the percent body fat estimation in older adults. <i>Journal of Nutrition, Health and Aging</i> , 2010, 14, 744-748.	1.5	21
20	Anatomical location for waist circumference measurement in older adults: a preliminary study. <i>Nutricion Hospitalaria</i> , 2012, 27, 1554-61.	0.2	20
21	Total and regional bone mineral and tissue composition in female adolescent athletes: comparison between volleyball players and swimmers. <i>BMC Pediatrics</i> , 2018, 18, 212.	0.7	18
22	Are bone turnover markers associated with volumetric bone density, size, and strength in older men and women? The AGES-“Reykjavik study. <i>Osteoporosis International</i> , 2016, 27, 1765-1776.	1.3	17
23	Benefits of aquatic exercise in adults with and without chronic disease-“A systematic review with meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 465-486.	1.3	17
24	Sex differences in the spatial distribution of bone in relation to incident hip fracture: Findings from the AGES-Reykjavik study. <i>Bone</i> , 2018, 114, 72-80.	1.4	13
25	Associations of 24-hour sleep duration and CT-derived measurements of muscle and bone: The AGES-Reykjavik Study. <i>Experimental Gerontology</i> , 2017, 93, 1-6.	1.2	12
26	Cigarette smoking and hip volumetric bone mineral density and cortical volume loss in older adults: The AGES-Reykjavik study. <i>Bone</i> , 2018, 108, 186-192.	1.4	11
27	Proximal Femur Volumetric Bone Mineral Density and Mortality: 13 Years of Follow-Up of the AGES-“Reykjavik Study. <i>Journal of Bone and Mineral Research</i> , 2017, 32, 1237-1242.	3.1	10
28	Modifiable lifestyle behavior patterns, sedentary time and physical activity contexts: A cluster analysis among middle school boys and girls in the SALTA study. <i>Preventive Medicine</i> , 2013, 56, 413-415.	1.6	9
29	Inverted BMI rather than BMI is a better predictor of DEXA determined body fatness in children. <i>European Journal of Clinical Nutrition</i> , 2014, 68, 638-640.	1.3	9
30	Independent Mobility and its Relationship With Moderate-to-Vigorous Physical Activity in Middle-School Portuguese Boys and Girls. <i>Journal of Physical Activity and Health</i> , 2014, 11, 1640-1643.	1.0	9
31	Prognostic factors for recovery in Portuguese patients with Bell-“s palsy. <i>Neurological Research</i> , 2016, 38, 851-856.	0.6	9
32	Appendicular fat mass is positively associated with femoral neck bone mineral density in older women. <i>Menopause</i> , 2012, 19, 311-318.	0.8	8
33	Additive Effects of Intermittent Hypobaric Hypoxia and Endurance Training on Bodyweight, Food Intake, and Oxygen Consumption in Rats. <i>High Altitude Medicine and Biology</i> , 2018, 19, 278-285.	0.5	8
34	Computed tomography-based skeletal muscle and adipose tissue attenuation: Variations by age, sex, and muscle. <i>Experimental Gerontology</i> , 2021, 149, 111306.	1.2	8
35	Cigarette Smoking Is Associated With Lower Quadriceps Cross-sectional Area and Attenuation in Older Adults. <i>Nicotine and Tobacco Research</i> , 2020, 22, 935-941.	1.4	7
36	Are corticosteroids useful in all degrees of severity and rapid recovery of Bell-“s palsy?. <i>Acta Oto-Laryngologica</i> , 2016, 136, 736-741.	0.3	2

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37	Cardiovascular demands and training load during a Zumba Â® session in healthy adult women. Science and Sports, 2017, 32, e235-e243.	0.2	1
38	Accelerated decline in quadriceps area and Timed Up and Go test performance are associated with hip fracture risk in older adults with impaired kidney function. Experimental Gerontology, 2021, 149, 111314.	1.2	0
39	Efeitos de um programa de exercÃcio multicomponente na flexibilidade de mulheres idosas. Revista Portuguesa De CiÃncias Do Desporto, 2011, 11, 90-103.	0.0	0
40	INCREASED TRABECULAR AND CORTICAL BONE LOSS IN CURRENT OLDER ADULT SMOKERS: THE AGES-REYKJAVIK STUDY. Innovation in Aging, 2017, 1, 583-584.	0.0	0