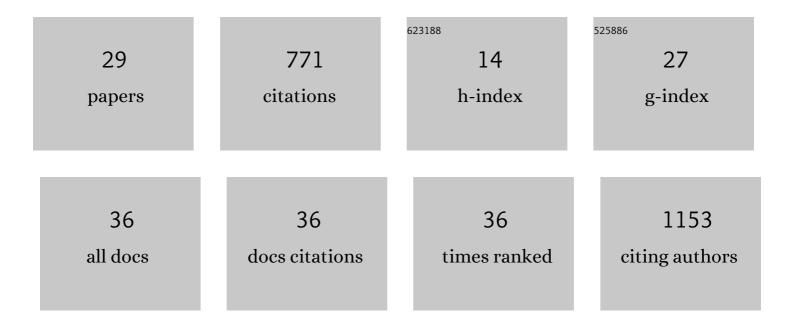
Hayley A Young

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/5723929/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Weaker connectivity in resting state networks is associated with disinhibited eating in older adults. International Journal of Obesity, 2022, 46, 859-865.	1.6	2
2	Glycaemic load and cognition: comments concerning Marchand <i>et al.</i> . British Journal of Nutrition, 2021, 125, 101-102.	1.2	0
3	A Pragmatic Study of the Impact of a Brief Mindfulness Intervention on Prisoners and Staff in a Category B Prison and Men Subject to Community-Based Probation Supervision. International Journal of Offender Therapy and Comparative Criminology, 2021, 65, 136-156.	0.8	9
4	Individual differences in sensory and expectation driven interoceptive processes: a novel paradigm with implications for alexithymia, disordered eating and obesity. Scientific Reports, 2021, 11, 10065.	1.6	5
5	Nonsuicidal Self-Injury Is Associated With Attenuated Interoceptive Responses to Self-Critical Rumination. Behavior Therapy, 2021, 52, 1123-1136.	1.3	13
6	Manipulating the sensation of feeling fat: The role of alexithymia, interoceptive sensibility and perfectionism. Physiology and Behavior, 2021, 239, 113501.	1.0	9
7	Using engagement in sustainable construction to improve mental health and social connection in disadvantaged and hard to reach groups: a new green care approach. Journal of Mental Health, 2020, 29, 350-357.	1.0	7
8	The Effect of Hypo-Hydration on Mood and Cognition Is Influenced by Electrolyte in a Drink and Its Colour: A Randomised Trial. Nutrients, 2019, 11, 2002.	1.7	2
9	Autonomic adaptations mediate the effect of hydration on brain functioning and mood: Evidence from two randomized controlled trials. Scientific Reports, 2019, 9, 16412.	1.6	15
10	Water: The Cinderella Nutrient. Journal of Nutrition, 2019, 149, 2081-2082.	1.3	3
11	Role of fruit juice in achieving the 5-a-day recommendation for fruit and vegetable intake. Nutrition Reviews, 2019, 77, 829-843.	2.6	39
12	Interoceptive accuracy moderates the response to a glucose load: a test of the predictive coding framework. Proceedings of the Royal Society B: Biological Sciences, 2019, 286, 20190244.	1.2	19
13	Immediate biomechanical, systemic, and interoceptive effects of myofascial release on the thoracic spine: A randomised controlled trial. Journal of Bodywork and Movement Therapies, 2019, 23, 74-81.	0.5	21
14	Heart-rate variability: a biomarker to study the influence of nutrition on physiological and psychological health?. Behavioural Pharmacology, 2018, 29, 140-151.	0.8	140
15	Acute and repetitive fronto-cerebellar tDCS stimulation improves mood in non-depressed participants. Experimental Brain Research, 2018, 236, 83-97.	0.7	16
16	The Immediate Effect of Therapeutic Touch and Deep Touch Pressure on Range of Motion, Interoceptive Accuracy and Heart Rate Variability: A Randomized Controlled Trial With Moderation Analysis. Frontiers in Integrative Neuroscience, 2018, 12, 41.	1.0	37
17	Is the link between depressed mood and heart rate variability explained by disinhibited eating and diet?. Biological Psychology, 2017, 123, 94-102.	1.1	25
18	Reducing Calorie Intake May Not Help You Lose Body Weight. Perspectives on Psychological Science, 2017, 12, 703-714.	5.2	82

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#	Article	IF	CITATIONS
19	Getting to the heart of the matter: Does aberrant interoceptive processing contribute towards emotional eating?. PLoS ONE, 2017, 12, e0186312.	1.1	47
20	Eating disinhibition and vagal tone moderate the postprandial response to glycemic load: a randomised controlled trial. Scientific Reports, 2016, 6, 35740.	1.6	14
21	Minor degree of hypohydration adversely influences cognition: a mediator analysis. American Journal of Clinical Nutrition, 2016, 104, 603-612.	2.2	32
22	The use of moderated mediated analysis to study the influence of hypo-hydration on working memory. Nutricion Hospitalaria, 2016, 33, 320.	0.2	5
23	We should be using nonlinear indices when relating heart-rate dynamics to cognition and mood. Scientific Reports, 2015, 5, 16619.	1.6	66
24	The Effect of Chicken Extract on Mood, Cognition and Heart Rate Variability. Nutrients, 2015, 7, 887-904.	1.7	20
25	Do small differences in hydration status affect mood and mental performance?. Nutrition Reviews, 2015, 73, 83-96.	2.6	96
26	The development of the predisposition to dehydration questionnaire. Appetite, 2015, 87, 76-80.	1.8	2
27	The effect of using isomaltulose (Palatinoseâ,,¢) to modulate the glycaemic properties of breakfast on the cognitive performance of children. European Journal of Nutrition, 2015, 54, 1013-1020.	1.8	21
28	The glycemic load of meals, cognition and mood in middle and older aged adults with differences in glucose tolerance: A randomized trial. E-SPEN Journal, 2014, 9, e147-e154.	0.5	17
29	The nature of the control of blood glucose in those with poorer glucose tolerance influences mood and cognition. Metabolic Brain Disease, 2014, 29, 721-728.	1.4	5