

# Josep Antoni Tur

## List of Publications by Year in Descending Order

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**Version:** 2024-04-25

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

284  
papers

6,170  
citations

40  
h-index

63  
g-index

324  
ext. papers

7,955  
ext. citations

4.6  
avg, IF

5.88  
L-index

#	Paper	IF	Citations
284	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF).. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2022</b> , 19, 6	8.4	
283	Adaption and reliability of the Nutrition Environment Measures for stores (NEMS-S) instrument for use in urban areas of Chile.. <i>BMC Public Health</i> , <b>2022</b> , 22, 224	4.1	1
282	Prospective associations between a priori dietary patterns adherence and kidney function in an elderly Mediterranean population at high cardiovascular risk.. <i>European Journal of Nutrition</i> , <b>2022</b> , 1	5.2	0
281	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study.. <i>PLoS ONE</i> , <b>2022</b> , 17, e0265079	3.7	0
280	Effect of a Six-Month Lifestyle Intervention on the Physical Activity and Fitness Status of Adults with NAFLD and Metabolic Syndrome.. <i>Nutrients</i> , <b>2022</b> , 14,	6.7	3
279	Inflammatory and Oxidative Stress Markers Related to Adherence to the Mediterranean Diet in Patients with Metabolic Syndrome. <i>Antioxidants</i> , <b>2022</b> , 11, 901	7.1	0
278	Design and Validation of a Scale of Knowledge of Cardiovascular Risk Factors and Lifestyle after Coronary Event. <i>Journal of Clinical Medicine</i> , <b>2022</b> , 11, 2773	5.1	
277	Health-Related Quality of Life in Spanish Schoolchildren and Its Association with the Fitness Status and Adherence to the Mediterranean Diet. <i>Nutrients</i> , <b>2022</b> , 14, 2322	6.7	3
276	Effect of Dietary and Lifestyle Interventions on the Amelioration of NAFLD in Patients with Metabolic Syndrome: The FLIPAN Study. <i>Nutrients</i> , <b>2022</b> , 14, 2223	6.7	2
275	Association between ankle-brachial index and cognitive function in participants in the PREDIMED-Plus study: cross-sectional assessment. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2021</b> , 74, 846-853	0.7	0
274	Guide and advances on childhood obesity determinants: Setting the research agenda. <i>Obesity Reviews</i> , <b>2021</b> ,	10.6	1
273	Low birth weight and small for gestational age are associated with complications of childhood and adolescence obesity: Systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2021</b> , e13380	10.6	4
272	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , <b>2021</b> , 1	5.2	0
271	Position guidelines and evidence base concerning determinants of childhood obesity with a European perspective. <i>Obesity Reviews</i> , <b>2021</b> , e13391	10.6	
270	Glycemic Dysregulations Are Associated With Worsening Cognitive Function in Older Participants at High Risk of Cardiovascular Disease: Two-Year Follow-up in the PREDIMED-Plus Study. <i>Frontiers in Endocrinology</i> , <b>2021</b> , 12, 754347	5.7	1
269	Association between coffee consumption and total dietary caffeine intake with cognitive functioning: cross-sectional assessment in an elderly Mediterranean population. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 2381-2396	5.2	8
268	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. <i>Antioxidants</i> , <b>2021</b> , 10,	7.1	2

267	Milk and Dairy Products Intake Is Related to Cognitive Impairment at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , <b>2021</b> , 65, e2000728	5.9	1
266	Effects of two personalized dietary strategies during a 2-year intervention in subjects with nonalcoholic fatty liver disease: A randomized trial. <i>Liver International</i> , <b>2021</b> , 41, 1532-1544	7.9	5
265	Consumption of caffeinated beverages and kidney function decline in an elderly Mediterranean population with metabolic syndrome. <i>Scientific Reports</i> , <b>2021</b> , 11, 8719	4.9	3
264	Non-Alcoholic Fatty Liver Disease Is Associated with Kidney Glomerular Hyperfiltration in Adults with Metabolic Syndrome. <i>Journal of Clinical Medicine</i> , <b>2021</b> , 10,	5.1	3
263	Adherence to Mediterranean Diet among Lebanese University Students. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	3
262	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 1510-1518	5.9	10
261	Lifestyle and Treatment Adherence Intervention after a Coronary Event Based on an Interactive Web Application (EVITE): Randomized Controlled Clinical Trial Protocol. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1
260	Peripheral Blood Mononuclear Cells Oxidative Stress and Plasma Inflammatory Biomarkers in Adults with Normal Weight, Overweight and Obesity. <i>Antioxidants</i> , <b>2021</b> , 10,	7.1	4
259	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 2825-2836	5.9	3
258	Ex Vivo Study on the Antioxidant Activity of a Winemaking By-Product Polyphenolic Extract (Taurisolo) on Human Neutrophils. <i>Antioxidants</i> , <b>2021</b> , 10,	7.1	1
257	Fruit consumption and cardiometabolic risk in the PREDIMED-plus study: A cross-sectional analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2021</b> , 31, 1702-1713	4.5	6
256	Baseline drinking water consumption and changes in body weight and waist circumference at 2-years of follow-up in a senior Mediterranean population. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 3982-3991	5.9	2
255	Dietary Sodium Nitrate Activates Antioxidant and Mitochondrial Dynamics Genes after Moderate Intensity Acute Exercise in Metabolic Syndrome Patients. <i>Journal of Clinical Medicine</i> , <b>2021</b> , 10,	5.1	1
254	Use of Different Food Classification Systems to Assess the Association between Ultra-Processed Food Consumption and Cardiometabolic Health in an Elderly Population with Metabolic Syndrome (PREDIMED-Plus Cohort). <i>Nutrients</i> , <b>2021</b> , 13,	6.7	9
253	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , <b>2021</b> , 65, e2100363	5.9	1
252	Dietary folate intake and metabolic syndrome in participants of PREDIMED-Plus study: a cross-sectional study. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 1125-1136	5.2	3
251	Dietary intake of specific amino acids and liver status in subjects with nonalcoholic fatty liver disease: fatty liver in obesity (FLiO) study. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 1769-1780	5.2	6
250	Patterns of Change in Dietary Habits and Physical Activity during Lockdown in Spain Due to the COVID-19 Pandemic. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	43

249	Differential response to a 6-month energy-restricted treatment depending on SH2B1 rs7359397 variant in NAFLD subjects: Fatty Liver in Obesity (FLiO) Study. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 3043-3057	5.2	0
248	Screen Time and Parents' Education Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , <b>2021</b> , 10,	5.1	6
247	Energy Expenditure Improved Risk Factors Associated with Renal Function Loss in NAFLD and MetS Patients. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	4
246	Anthropometric Variables as Mediators of the Association of Changes in Diet and Physical Activity With Inflammatory Profile. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2021</b> , 76, 2021-2029	6.4	
245	Validity, reliability, and calibration of the physical activity unit 7 item screener (PAU-7S) at population scale. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2021</b> , 18, 98	8.4	1
244	Beneficial effects of dietary supplementation with olive oil, oleic acid, or hydroxytyrosol in metabolic syndrome: Systematic review and meta-analysis. <i>Free Radical Biology and Medicine</i> , <b>2021</b> , 172, 372-385	7.8	13
243	Validity of the energy-restricted Mediterranean Diet Adherence Screener. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 4971-4979	5.9	12
242	Pro-vegetarian food patterns and cardiometabolic risk in the PREDIMED-Plus study: a cross-sectional baseline analysis. <i>European Journal of Nutrition</i> , <b>2021</b> , 1	5.2	1
241	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2021</b> , 31, 2870-2886	4.5	1
240	Hepatoprotective Effects of Resveratrol in Non-Alcoholic Fatty Liver Disease. <i>Current Pharmaceutical Design</i> , <b>2021</b> , 27, 2558-2570	3.3	10
239	Natural Products Counteracting Cardiotoxicity during Cancer Chemotherapy: The Special Case of Doxorubicin, a Comprehensive Review. <i>International Journal of Molecular Sciences</i> , <b>2021</b> , 22,	6.3	2
238	Comparison between Original and Reviewed Consensus of European Working Group on Sarcopenia in Older People: A Probabilistic Cross-Sectional Survey among Community-Dwelling Older People. <i>Gerontology</i> , <b>2021</b> , 1-8	5.5	0
237	Los equipos de pediatría ante la obesidad infantil: un estudio cualitativo dentro del proyecto STOP. <i>Anales De Pediatría</i> , <b>2021</b> , 95, 174-185	0.2	2
236	Paediatric teams in front of childhood obesity: A qualitative study within the STOP project. <i>Anales De Pediatría (English Edition)</i> , <b>2021</b> , 95, 174-185	0.4	1
235	Asociación entre índice tobillo-brazo y rendimiento cognitivo en participantes del estudio PREDIMED-Plus: estudio transversal. <i>Revista Espanola De Cardiologia</i> , <b>2021</b> , 74, 846-853	1.5	
234	Impact of COVID-19 Confinement on Physical Activity and Sedentary Behaviour in Spanish University Students: Role of Gender. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	43
233	Association between Non-Alcoholic Fatty Liver Disease and Mediterranean Lifestyle: A Systematic Review.. <i>Nutrients</i> , <b>2021</b> , 14,	6.7	3
232	Mediterranean, DASH, and MIND Dietary Patterns and Cognitive Function: The 2-Year Longitudinal Changes in an Older Spanish Cohort.. <i>Frontiers in Aging Neuroscience</i> , <b>2021</b> , 13, 782067	5.3	0

231	5-Dodecanolide, a Compound Isolated from Pig Lard, Presents Powerful Anti-Inflammatory Properties. <i>Molecules</i> , <b>2021</b> , 26,	4.8	2
230	Fecal microbiota relationships with childhood obesity: A scoping comprehensive review.. <i>Obesity Reviews</i> , <b>2021</b> , e13394	10.6	1
229	Relationship of visceral adipose tissue with surrogate insulin resistance and liver markers in individuals with metabolic syndrome chronic complications. <i>Therapeutic Advances in Endocrinology and Metabolism</i> , <b>2020</b> , 11, 2042018820958298	4.5	6
228	Development and Validation of a Semiquantitative Food Frequency Questionnaire to Assess Dietary Intake in 40-65-Year-Old Mexican Women. <i>Annals of Nutrition and Metabolism</i> , <b>2020</b> , 76, 73-82	4.5	3
227	Dietary Polyphenol Intake is Associated with HDL-Cholesterol and A Better Profile of other Components of the Metabolic Syndrome: A PREDIMED-Plus Sub-Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	33
226	Association of Adherence to Specific Mediterranean Diet Components and Cardiorespiratory Fitness in Young Adults. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	5
225	Metabolic Syndrome is Associated with Oxidative Stress and Proinflammatory State. <i>Antioxidants</i> , <b>2020</b> , 9,	7.1	26
224	Effectiveness of Interventions to Promote Healthy Eating Habits in Children and Adolescents at Risk of Poverty: Systematic Review and Meta-Analysis. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	4
223	Association Between Lifestyle and Hypertriglyceridemic Waist Phenotype in the PREDIMED-Plus Study. <i>Obesity</i> , <b>2020</b> , 28, 537-543	8	10
222	Physical fitness and physical activity association with cognitive function and quality of life: baseline cross-sectional analysis of the PREDIMED-Plus trial. <i>Scientific Reports</i> , <b>2020</b> , 10, 3472	4.9	16
221	Effect of Free Fatty Acids on Inflammatory Gene Expression and Hydrogen Peroxide Production by Ex Vivo Blood Mononuclear Cells. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	7
220	Association of the rs7359397 Gene Polymorphism with Steatosis Severity in Subjects with Obesity and Non-Alcoholic Fatty Liver Disease. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	4
219	Calorie Restriction Improves Physical Performance and Modulates the Antioxidant and Inflammatory Responses to Acute Exercise. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	2
218	Efficacy of dietary intervention or in combination with exercise on primary prevention of cardiovascular disease: A systematic review. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2020</b> , 30, 1080-1093	4.5	10
217	Risk factors differentially associated with non-alcoholic fatty liver disease in males and females with metabolic syndrome. <i>Revista Espanola De Enfermedades Digestivas</i> , <b>2020</b> , 112, 94-100	0.9	1
216	The Effect of Physical Activity and High Body Mass Index on Health-Related Quality of Life in Individuals with Metabolic Syndrome. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5
215	Prospective association of physical activity and inflammatory biomarkers in older adults from the PREDIMED-Plus study with overweight or obesity and metabolic syndrome. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 3092-3098	5.9	12
214	Metabolic Syndrome Features and Excess Weight Were Inversely Associated with Nut Consumption after 1-Year Follow-Up in the PREDIMED-Plus Study. <i>Journal of Nutrition</i> , <b>2020</b> , 150, 3161-3170	4.1	7

213	Association between dairy product consumption and hyperuricemia in an elderly population with metabolic syndrome. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2020</b> , 30, 214-222	4.5	6
212	Influence of lifestyle factors and staple foods from the Mediterranean diet on non-alcoholic fatty liver disease among older individuals with metabolic syndrome features. <i>Nutrition</i> , <b>2020</b> , 71, 110620	4.8	15
211	In-hospital dietary intake and the course of mobilization among older patients with hip fracture in the post-surgical period. <i>European Geriatric Medicine</i> , <b>2020</b> , 11, 535-543	3	3
210	Total fat and fatty acid intakes and food sources in Mediterranean older adults requires education to improve health. <i>Nutrition Research</i> , <b>2020</b> , 73, 67-74	4	6
209	Carbohydrate quality changes and concurrent changes in cardiovascular risk factors: a longitudinal analysis in the PREDIMED-Plus randomized trial. <i>American Journal of Clinical Nutrition</i> , <b>2020</b> , 111, 291-306	7	22
208	Study protocol of a population-based cohort investigating Physical Activity, Sedentarism, lifestyles and Obesity in Spanish youth: the PASOS study. <i>BMJ Open</i> , <b>2020</b> , 10, e036210	3	9
207	Effects of a 6-month dietary-induced weight loss on erythrocyte membrane omega-3 fatty acids and hepatic status of subjects with nonalcoholic fatty liver disease: The Fatty Liver in Obesity study. <i>Journal of Clinical Lipidology</i> , <b>2020</b> , 14, 837-849.e2	4.9	5
206	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	1
205	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. <i>Atherosclerosis</i> , <b>2020</b> , 314, 48-57	3.1	1
204	Oral Administration of Sodium Nitrate to Metabolic Syndrome Patients Attenuates Mild Inflammatory and Oxidative Responses to Acute Exercise. <i>Antioxidants</i> , <b>2020</b> , 9,	7.1	3
203	Predictive Value of Serum Ferritin in Combination with Alanine Aminotransferase and Glucose Levels for Noninvasive Assessment of NAFLD: Fatty Liver in Obesity (FLiO) Study. <i>Diagnostics</i> , <b>2020</b> , 10,	3.8	1
202	Adherence to the Mediterranean Lifestyle and Desired Body Weight Loss in a Mediterranean Adult Population with Overweight: A PREDIMED-Plus Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	8
201	Age and gender specific cut-off points for body fat parameters among adults in Qatar. <i>Nutrition Journal</i> , <b>2020</b> , 19, 75	4.3	2
200	Depressive symptoms and liver fat in subjects with nonalcoholic fatty liver disease after 6-month weight loss intervention: The FLiO study. <i>Proceedings of the Nutrition Society</i> , <b>2020</b> , 79,	2.9	1
199	Oxidative Stress and Pro-Inflammatory Status in Patients with Non-Alcoholic Fatty Liver Disease. <i>Antioxidants</i> , <b>2020</b> , 9,	7.1	13
198	Diet quality and nutrient density in subjects with metabolic syndrome: Influence of socioeconomic status and lifestyle factors. A cross-sectional assessment in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 1161-1173	5.9	17
197	Adherence to a priori dietary indexes and baseline prevalence of cardiovascular risk factors in the PREDIMED-Plus randomised trial. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 1219-1232	5.2	12
196	High sleep variability predicts a blunted weight loss response and short sleep duration a reduced decrease in waist circumference in the PREDIMED-Plus Trial. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 330-339	5.5	10

195	Fluid and total water intake in a senior mediterranean population at high cardiovascular risk: demographic and lifestyle determinants in the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 1595-1606	5.2	3
194	Nutrient adequacy and diet quality in a Mediterranean population with metabolic syndrome: A cross-sectional study. <i>Clinical Nutrition</i> , <b>2020</b> , 39, 853-861	5.9	2
193	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 2395-2409	5.2	4
192	Response to exercise in older adults who take supplements of antioxidants and/or omega-3 polyunsaturated fatty acids: A systematic review. <i>Biochemical Pharmacology</i> , <b>2020</b> , 173, 113649	6	4
191	Cross-sectional association between non-soy legume consumption, serum uric acid and hyperuricemia: the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 2195-2206	5.2	5
190	The dietary triterpenoid 18 $\beta$ -glycyrrhetic acid protects from MMC-induced genotoxicity through the ERK/Nrf2 pathway. <i>Redox Biology</i> , <b>2020</b> , 28, 101317	11.3	19
189	Leisure-Time Physical Activity, Sedentary Behaviour and Diet Quality are Associated with Metabolic Syndrome Severity: The PREDIMED-Plus Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	10
188	Sugar-derived AGEs accelerate pharyngeal pumping rate and increase the lifespan of. <i>Free Radical Research</i> , <b>2019</b> , 53, 1056-1067	4	5
187	Leisure-Time Physical Activity and Metabolic Syndrome in Older Adults. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	6
186	Ultrasound/Elastography techniques, lipidomic and blood markers compared to Magnetic Resonance Imaging in non-alcoholic fatty liver disease adults. <i>International Journal of Medical Sciences</i> , <b>2019</b> , 16, 75-83	3.7	16
185	Personalized nutrition in ageing society: redox control of major-age related diseases through the NutRedOx Network (COST Action CA16112). <i>Free Radical Research</i> , <b>2019</b> , 53, 1163-1170	4	5
184	Antioxidative activity and health benefits of anthocyanin-rich fruit juice in healthy volunteers. <i>Free Radical Research</i> , <b>2019</b> , 53, 1045-1055	4	39
183	Effects of an Exercise Test on Inflammation and Oxidative Stress Biomarkers in Patients with Metabolic Syndrome. <i>Proceedings (mdpi)</i> , <b>2019</b> , 11, 1	0.3	2
182	Relationship between Body Image and Body Weight Control in Overweight 55-Year-Old Adults: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	19
181	Dietary Diversity and Nutritional Adequacy among an Older Spanish Population with Metabolic Syndrome in the PREDIMED-Plus Study: A Cross-Sectional Analysis. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	14
180	How efficient is resveratrol as an antioxidant of the Mediterranean diet, towards alterations during the aging process?. <i>Free Radical Research</i> , <b>2019</b> , 53, 1101-1112	4	22
179	Sleep Duration is Inversely Associated with Serum Uric Acid Concentrations and Uric Acid to Creatinine Ratio in an Elderly Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	6
178	Nut Consumptions as a Marker of Higher Diet Quality in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	9

177	Association between Sleep Disturbances and Liver Status in Obese Subjects with Nonalcoholic Fatty Liver Disease: A Comparison with Healthy Controls. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	18
176	Dietary Fat Intake and Metabolic Syndrome in Older Adults. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	11
175	Dietary fat intake and metabolic syndrome in adults: A systematic review. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2019</b> , 29, 887-905	4.5	35
174	A randomized controlled trial for overweight and obesity in preschoolers: the More and Less Europe study <sup>2</sup> - an intervention within the STOP project. <i>BMC Public Health</i> , <b>2019</b> , 19, 945	4.1	13
173	Long Daytime Napping Is Associated with Increased Adiposity and Type 2 Diabetes in an Elderly Population with Metabolic Syndrome. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	9
172	Total and Subtypes of Dietary Fat Intake and Its Association with Components of the Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Risk. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	30
171	Association between Different Animal Protein Sources and Liver Status in Obese Subjects with Non-Alcoholic Fatty Liver Disease: Fatty Liver in Obesity (FLiO) Study. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	12
170	Effect of a Nutritional and Behavioral Intervention on Energy-Reduced Mediterranean Diet Adherence Among Patients With Metabolic Syndrome: Interim Analysis of the PREDIMED-Plus Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , <b>2019</b> , 322, 1486-1499	27.4	38
169	The Metabolic and Hepatic Impact of Two Personalized Dietary Strategies in Subjects with Obesity and Nonalcoholic Fatty Liver Disease: The Fatty Liver in Obesity (FLiO) Randomized Controlled Trial. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	26
168	Cyclooxygenase-2 Inhibitors as a Therapeutic Target in Inflammatory Diseases. <i>Current Medicinal Chemistry</i> , <b>2019</b> , 26, 3225-3241	4.3	74
167	Liraglutide for the Treatment of Obesity: Analyzing Published Reviews. <i>Current Pharmaceutical Design</i> , <b>2019</b> , 25, 1783-1790	3.3	4
166	Antioxidant Supplementation and Adaptive Response to Training: A Systematic Review. <i>Current Pharmaceutical Design</i> , <b>2019</b> , 25, 1889-1912	3.3	14
165	Associations between Dietary Polyphenols and Type 2 Diabetes in a Cross-Sectional Analysis of the PREDIMED-Plus Trial: Role of Body Mass Index and Sex. <i>Antioxidants</i> , <b>2019</b> , 8,	7.1	17
164	Isotemporal substitution of inactive time with physical activity and time in bed: cross-sectional associations with cardiometabolic health in the PREDIMED-Plus study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2019</b> , 16, 137	8.4	7
163	Cohort Profile: Design and methods of the PREDIMED-Plus randomized trial. <i>International Journal of Epidemiology</i> , <b>2019</b> , 48, 387-388o	7.8	87
162	Omega-3 Fatty Acids and Epilepsy <b>2019</b> , 261-270		0
161	Dieta mediterránea hipocalórica y factores de riesgo cardiovascular: análisis transversal de PREDIMED-Plus. <i>Revista Espanola De Cardiologia</i> , <b>2019</b> , 72, 925-934	1.5	10
160	Adherence to an Energy-restricted Mediterranean Diet Score and Prevalence of Cardiovascular Risk Factors in the PREDIMED-Plus: A Cross-sectional Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2019</b> , 72, 925-934	0.7	11



159	Multiple approaches to associations of physical activity and adherence to the Mediterranean diet with all-cause mortality in older adults: the PREvenci3 con Dieta MEDiterr3nea study. <i>European Journal of Nutrition</i> , <b>2019</b> , 58, 1569-1578	5.2	12
158	Effect of a Lifestyle Intervention Program With Energy-Restricted Mediterranean Diet and Exercise on Weight Loss and Cardiovascular Risk Factors: One-Year Results of the PREDIMED-Plus Trial. <i>Diabetes Care</i> , <b>2019</b> , 42, 777-788	14.6	123
157	Erythrocytes and Skeletal Muscle Unsaturated and Omega-6 Fatty Acids Are Positively Correlated after Caloric Restriction and Exercise. <i>Annals of Nutrition and Metabolism</i> , <b>2018</b> , 72, 126-133	4.5	1
156	Calorie restriction regime enhances physical performance of trained athletes. <i>Journal of the International Society of Sports Nutrition</i> , <b>2018</b> , 15, 12	4.5	15
155	Resolvins as proresolving inflammatory mediators in cardiovascular disease. <i>European Journal of Medicinal Chemistry</i> , <b>2018</b> , 153, 123-130	6.8	25
154	Adherence to the Mediterranean Diet and Inflammatory Markers. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	92
153	Polyphenol estimated intake and dietary sources among older adults from Mallorca Island. <i>PLoS ONE</i> , <b>2018</b> , 13, e0191573	3.7	25
152	Mediterranean diet and quality of life: Baseline cross-sectional analysis of the PREDIMED-PLUS trial. <i>PLoS ONE</i> , <b>2018</b> , 13, e0198974	3.7	65
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150	Potential Anti-inflammatory Effects of Hesperidin from the Genus Citrus. <i>Current Medicinal Chemistry</i> , <b>2018</b> , 25, 4929-4945	4.3	57
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147	Effectiveness of the physical activity intervention program in the PREDIMED-Plus study: a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 110	8.4	18
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145	Association between Physical Condition and Body Composition, Nutrient Intake, Sociodemographic Characteristics, and Lifestyle Habits in Older Spanish Adults. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	9
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140	Determinants of Self-Rated Health Perception in a Sample of a Physically Active Population: PLENUFAR VI Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2018</b> , 15,	4.6	8
139	Association between blood marker analyses regarding physical fitness levels in Spanish older adults: A cross-sectional study from the PHYSMED project. <i>PLoS ONE</i> , <b>2018</b> , 13, e0206307	3.7	3
138	Type 2 diabetes and cognitive impairment in an older population with overweight or obesity and metabolic syndrome: baseline cross-sectional analysis of the PREDIMED-plus study. <i>Scientific Reports</i> , <b>2018</b> , 8, 16128	4.9	31
137	Peripheral Blood Mononuclear Cells Antioxidant Adaptations to Regular Physical Activity in Elderly People. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	12
136	Beverage Consumption among Adults in the Balearic Islands: Association with Total Water and Energy Intake. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	4
135	Body image satisfaction and weight concerns among a Mediterranean adult population. <i>BMC Public Health</i> , <b>2017</b> , 17, 39	4.1	33
134	Dietary energy density and body weight changes after 3 years in the PREDIMED study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2017</b> , 68, 865-872	3.7	11
133	Influence of Diet in Multiple Sclerosis: A Systematic Review. <i>Advances in Nutrition</i> , <b>2017</b> , 8, 463-472	10	108
132	Trace element contents in toenails are related to regular physical activity in older adults. <i>PLoS ONE</i> , <b>2017</b> , 12, e0185318	3.7	10
131	Prevalence of metabolic syndrome among elderly Mexicans. <i>Archives of Gerontology and Geriatrics</i> , <b>2017</b> , 73, 288-293	4	17
130	Training and acute exercise modulates mitochondrial dynamics in football players' blood mononuclear cells. <i>European Journal of Applied Physiology</i> , <b>2017</b> , 117, 1977-1987	3.4	22
129	Metabolic Precursors of l-Arginine Supplementation in Sports: A Focus on l-Citrulline and l-Ornithine <b>2017</b> , 311-318		1
128	Cardioprotective Effects of the Polyphenol Hydroxytyrosol from Olive Oil. <i>Current Drug Targets</i> , <b>2017</b> , 18, 1477-1486	3	37
127	Western and Mediterranean Dietary Patterns and Physical Activity and Fitness among Spanish Older Adults. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	21
126	Ten-Year Trends (1999-2010) of Adherence to the Mediterranean Diet among the Balearic Islands' Adult Population. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	11
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122	Relation between Liver Transaminases and Dyslipidaemia among 2-10 y.o. Northern Mexican Children. <i>PLoS ONE</i> , <b>2016</b> , 11, e0155994	3.7	1
121	Antioxidant Response of Chronic Wounds to Hyperbaric Oxygen Therapy. <i>PLoS ONE</i> , <b>2016</b> , 11, e0163371	3.7	35
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116	Physical Activity and Beverage Consumption among Adolescents. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	11
115	Effects of Almond- and Olive Oil-Based Docosahexaenoic- and Vitamin E-Enriched Beverage Dietary Supplementation on Inflammation Associated to Exercise and Age. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	20
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5	Diet supplementation with vitamin E, vitamin C and beta-carotene cocktail enhances basal neutrophil antioxidant enzymes in athletes. <i>Pflugers Archiv European Journal of Physiology</i> , <b>2002</b> , 443, 791-7	4.6	42
4	Vitamins in Spanish food patterns: the eVe Study. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1317-23	3.3	35
3	Effect of thyroidal state on the gastrointestinal transit and emptying of young broilers. <i>Comparative Biochemistry and Physiology A, Comparative Physiology</i> , <b>1987</b> , 87, 665-70		8
2	Gastrointestinal transit and emptying in fed and fasted chickens. <i>Comparative Biochemistry and Physiology A, Comparative Physiology</i> , <b>1985</b> , 82, 329-332		5
1	The effect of temperature and relative humidity on the gastrointestinal motility of young broile. <i>Comparative Biochemistry and Physiology A, Comparative Physiology</i> , <b>1985</b> , 80, 481-486		9