

Nagako Okuda

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

113
papers

3,086
citations

26
h-index

52
g-index

118
ext. papers

3,629
ext. citations

3.7
avg, IF

4.27
L-index

#	Paper	IF	Citations
113	Cardiovascular disease and risk factors in Asia: a selected review. <i>Circulation</i> , 2008 , 118, 2702-9	16.7	500
112	Dietary sources of sodium in China, Japan, the United Kingdom, and the United States, women and men aged 40 to 59 years: the INTERMAP study. <i>Journal of the American Dietetic Association</i> , 2010 , 110, 736-45		359
111	Nutrient intakes of middle-aged men and women in China, Japan, United Kingdom, and United States in the late 1990s: the INTERMAP study. <i>Journal of Human Hypertension</i> , 2003 , 17, 623-30	2.6	337
110	INTERMAP: the dietary data--process and quality control. <i>Journal of Human Hypertension</i> , 2003 , 17, 609-226		147
109	Differences in cardiovascular disease risk factors between Japanese in Japan and Japanese-Americans in Hawaii: the INTERLIPID study. <i>Journal of Human Hypertension</i> , 2003 , 17, 631-9	2.6	87
108	Higher blood pressure in middle-aged American adults with less education--role of multiple dietary factors: the INTERMAP study. <i>Journal of Human Hypertension</i> , 2003 , 17, 655-775	2.6	80
107	J Epidemiol 2010;20(Suppl 3):S506-S514 Integration of Data from NIPPON DATA80/90 and National Nutrition Survey in Japan: For Cohort Studies of Representative Japanese on Nutrition. <i>Journal of Epidemiology</i> , 2010 , 20, 346-346	3.4	78
106	Relation of long chain n-3 polyunsaturated fatty acid intake to serum high density lipoprotein cholesterol among Japanese men in Japan and Japanese-American men in Hawaii: the INTERLIPID study. <i>Atherosclerosis</i> , 2005 , 178, 371-9	3.1	62
105	Associations of socioeconomic status with prevalence, awareness, treatment, and control of hypertension in a general Japanese population: NIPPON DATA2010. <i>Journal of Hypertension</i> , 2017 , 35, 401-408	1.9	59
104	Dietary sodium-to-potassium ratio as a risk factor for stroke, cardiovascular disease and all-cause mortality in Japan: the NIPPON DATA80 cohort study. <i>BMJ Open</i> , 2016 , 6, e011632	3	53
103	Food and nutrient intakes and their associations with lower BMI in middle-aged US adults: the International Study of Macro-/Micronutrients and Blood Pressure (INTERMAP). <i>American Journal of Clinical Nutrition</i> , 2012 , 96, 483-91	7	53
102	Fruit and vegetable intake and mortality from cardiovascular disease in Japan: a 24-year follow-up of the NIPPON DATA80 Study. <i>European Journal of Clinical Nutrition</i> , 2015 , 69, 482-8	5.2	47
101	Enhancing data on nutrient composition of foods eaten by participants in the INTERMAP study in China, Japan, the United Kingdom, and the United States. <i>Journal of Food Composition and Analysis</i> , 2003 , 16, 395-408	4.1	46
100	Long-chain n-3 polyunsaturated fatty acids intake and cardiovascular disease mortality risk in Japanese: a 24-year follow-up of NIPPON DATA80. <i>Atherosclerosis</i> , 2014 , 232, 384-9	3.1	42
99	Consumption of dairy products and death from cardiovascular disease in the Japanese general population: the NIPPON DATA80. <i>Journal of Epidemiology</i> , 2013 , 23, 47-54	3.4	42
98	Dietary salt intake and blood pressure in a representative Japanese population: baseline analyses of NIPPON DATA80. <i>Journal of Epidemiology</i> , 2010 , 20 Suppl 3, S524-30	3.4	38
97	Individual efforts to reduce salt intake in China, Japan, UK, USA: what did people achieve? The INTERMAP Population Study. <i>Journal of Hypertension</i> , 2014 , 32, 2385-92	1.9	37

96	Salt intake and prevalence of overweight/obesity in Japan, China, the United Kingdom, and the United States: the INTERMAP Study. <i>American Journal of Clinical Nutrition</i> , 2019 , 110, 34-40	7	36
95	Having few remaining teeth is associated with a low nutrient intake and low serum albumin levels in middle-aged and older Japanese individuals: findings from the NIPPON DATA2010. <i>Environmental Health and Preventive Medicine</i> , 2019 , 24, 1	4.2	36
94	Low-carbohydrate diets and cardiovascular and total mortality in Japanese: a 29-year follow-up of NIPPON DATA80. <i>British Journal of Nutrition</i> , 2014 , 112, 916-24	3.6	35
93	Integration of data from NIPPON DATA80/90 and National Nutrition Survey in Japan: for cohort studies of representative Japanese on nutrition. <i>Journal of Epidemiology</i> , 2010 , 20 Suppl 3, S506-14	3.4	35
92	The Relationship between Very High Levels of Serum High-Density Lipoprotein Cholesterol and Cause-Specific Mortality in a 20-Year Follow-Up Study of Japanese General Population. <i>Journal of Atherosclerosis and Thrombosis</i> , 2016 , 23, 800-9	4	33
91	Secular trends of the impact of overweight and obesity on hypertension in Japan, 1980-2010. <i>Hypertension Research</i> , 2015 , 38, 790-5	4.7	32
90	Dietary glycine and blood pressure: the International Study on Macro/Micronutrients and Blood Pressure. <i>American Journal of Clinical Nutrition</i> , 2013 , 98, 136-45	7	31
89	Nutrient and food intakes of middle-aged adults at low risk of cardiovascular disease: the international study of macro-/micronutrients and blood pressure (INTERMAP). <i>European Journal of Nutrition</i> , 2012 , 51, 917-26	5.2	30
88	Association of raw fruit and fruit juice consumption with blood pressure: the INTERMAP Study. <i>American Journal of Clinical Nutrition</i> , 2013 , 97, 1083-91	7	26
87	Smoking, Smoking Cessation, and Measures of Subclinical Atherosclerosis in Multiple Vascular Beds in Japanese Men. <i>Journal of the American Heart Association</i> , 2016 , 5,	6	26
86	Risk of hypercholesterolemia for cardiovascular disease and the population attributable fraction in a 24-year Japanese cohort study. <i>Journal of Atherosclerosis and Thrombosis</i> , 2015 , 22, 95-107	4	25
85	Relationship of dietary monounsaturated fatty acids to blood pressure: the International Study of Macro/Micronutrients and Blood Pressure. <i>Journal of Hypertension</i> , 2013 , 31, 1144-50	1.9	25
84	Relation of dietary and other lifestyle traits to difference in serum adiponectin concentration of Japanese in Japan and Hawaii: the INTERLIPID Study. <i>American Journal of Clinical Nutrition</i> , 2008 , 88, 424-30	7	25
83	Long-term outcome of healthy participants with atrial premature complex: a 15-year follow-up of the NIPPON DATA 90 cohort. <i>PLoS ONE</i> , 2013 , 8, e80853	3.7	23
82	The National Integrated Project for Prospective Observation of Non-communicable Disease and its Trends in the Aged 2010 (NIPPON DATA2010): Objectives, Design, and Population Characteristics. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S2-S9	3.4	20
81	Perspective: The Application of A Priori Diet Quality Scores to Cardiovascular Disease Risk-A Critical Evaluation of Current Scoring Systems. <i>Advances in Nutrition</i> , 2020 , 11, 10-24	10	19
80	Relationship Between Socioeconomic Status and the Prevalence of Underweight, Overweight or Obesity in a General Japanese Population: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S10-S16	3.4	19
79	A validation study on food composition tables for the international cooperative INTERMAP study in Japan. <i>Environmental Health and Preventive Medicine</i> , 2005 , 10, 150-6	4.2	18

78	Food sources of dietary sodium in the Japanese adult population: the international study of macro-/micronutrients and blood pressure (INTERMAP). <i>European Journal of Nutrition</i> , 2017 , 56, 1269-1280	5.3	17
77	Dietary intake of nutrients with adequate intake values in the dietary reference intakes for Japanese. <i>Journal of Nutritional Science and Vitaminology</i> , 2013 , 59, 584-95	1.1	16
76	Relationship of the polyunsaturated to saturated fatty acid ratio to cardiovascular risk factors and metabolic syndrome in Japanese: the INTERLIPID study. <i>Journal of Atherosclerosis and Thrombosis</i> , 2010 , 17, 777-84	4	15
75	Cigarette smoking in middle age and a long-term risk of impaired activities of daily living: NIPPON DATA80. <i>Nicotine and Tobacco Research</i> , 2010 , 12, 944-9	4.9	15
74	High blood pressure in middle age is associated with a future decline in activities of daily living. NIPPON DATA80. <i>Journal of Human Hypertension</i> , 2009 , 23, 546-52	2.6	15
73	Dietary factors related to higher plasma fibrinogen levels of Japanese-americans in hawaii compared with Japanese in Japan. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2006 , 26, 1674-9	9.4	15
72	Treated and untreated hypertension, hospitalization, and medical expenditure: an epidemiological study in 314622 beneficiaries of the medical insurance system in Japan. <i>Journal of Hypertension</i> , 2013 , 31, 1032-42	1.9	14
71	Understanding of sodium content labeled on food packages by Japanese people. <i>Hypertension Research</i> , 2014 , 37, 467-71	4.7	13
70	Fatty acids intakes and serum lipid profiles: NIPPON DATA90 and the national nutrition monitoring. <i>Journal of Epidemiology</i> , 2010 , 20 Suppl 3, S544-8	3.4	13
69	Population attributable fraction of smoking and metabolic syndrome on cardiovascular disease mortality in Japan: a 15-year follow up of NIPPON DATA90. <i>BMC Public Health</i> , 2010 , 10, 306	4.1	13
68	Re-evaluation of the associations of egg intake with serum total cholesterol and cause-specific and total mortality in Japanese women. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 841-847	5.2	12
67	Cumulative impact of axial, structural, and repolarization ECG findings on long-term cardiovascular mortality among healthy individuals in Japan: National Integrated Project for Prospective Observation of Non-Communicable Disease and its Trends in the Aged, 1980 and 1990. <i>European Journal of Preventive Cardiology</i> , 2014 , 21, 1501-9	3.9	12
66	Bundle branch block and other cardiovascular disease risk factors: US-Japan comparison. <i>International Journal of Cardiology</i> , 2010 , 143, 432-40	3.2	12
65	Association of Total Energy Intake with 29-Year Mortality in the Japanese: NIPPON DATA80. <i>Journal of Atherosclerosis and Thrombosis</i> , 2016 , 23, 339-54	4	12
64	Vegetable Protein Intake was Inversely Associated with Cardiovascular Mortality in a 15-Year Follow-Up Study of the General Japanese Population. <i>Journal of Atherosclerosis and Thrombosis</i> , 2019 , 26, 198-206	4	12
63	Relation of unprocessed, processed red meat and poultry consumption to blood pressure in East Asian and Western adults. <i>Journal of Hypertension</i> , 2016 , 34, 1721-9	1.9	11
62	Macronutrient Intake and Socioeconomic Status: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S17-S22	3.4	11
61	Socioeconomic Status Associated With Urinary Sodium and Potassium Excretion in Japan: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S29-S34	3.4	11

60	Relationship of Consumption of Meals Including Grain, Fish and Meat, and Vegetable Dishes to the Prevention of Nutrient Deficiency: The INTERMAP Toyama Study. <i>Journal of Nutritional Science and Vitaminology</i> , 2016 , 62, 101-7	1.1	10
59	Prognostic values of bundle branch blocks for cardiovascular mortality in Japanese (24year follow-up of NIPPON DATA80). <i>Journal of Electrocardiology</i> , 2013 , 46, 360-5	1.4	10
58	Dietary Inflammatory Index Positively Associated With High-Sensitivity C-Reactive Protein Level in Japanese From NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2020 , 30, 98-107	3.4	10
57	Socioeconomic Inequalities in Oral Health among Middle-Aged and Elderly Japanese: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S59-S65	3.4	10
56	Associations between Socioeconomic Status and the Prevalence and Treatment of Hypercholesterolemia in a General Japanese Population: NIPPON DATA2010. <i>Journal of Atherosclerosis and Thrombosis</i> , 2018 , 25, 606-620	4	10
55	Socioeconomic and lifestyle factors associated with depressive tendencies in general Japanese men and women: NIPPON DATA2010. <i>Environmental Health and Preventive Medicine</i> , 2019 , 24, 37	4.2	9
54	Long-term outcomes associated with prolonged PR interval in the general Japanese population. <i>International Journal of Cardiology</i> , 2015 , 184, 291-293	3.2	9
53	High long-chain n-3 fatty acid intake attenuates the effect of high resting heart rate on cardiovascular mortality risk: a 24-year follow-up of Japanese general population. <i>Journal of Cardiology</i> , 2014 , 64, 218-24	3	9
52	Relation of Serum Leptin and Adiponectin Level to Serum C-Reactive Protein: The INTERLIPID Study. <i>International Journal of Vascular Medicine</i> , 2013 , 2013, 601364	1.2	9
51	Agreement between 24-h dietary recalls and 24-h urine collections for estimating sodium intake in China, Japan, UK, USA: the International Study of Macro- and Micro-nutrients and Blood Pressure. <i>Journal of Hypertension</i> , 2019 , 37, 814-819	1.9	9
50	Relationships among Socioeconomic Factors and Self-rated Health in Japanese Adults: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S66-S72	3.4	9
49	Associations of High-Density Lipoprotein Particle and High-Density Lipoprotein Cholesterol With Alcohol Intake, Smoking, and Body Mass Index - The INTERLIPID Study. <i>Circulation Journal</i> , 2018 , 82, 2557-2565 ⁹	2.9	9
48	Socioeconomic Status and Knowledge of Cardiovascular Risk Factors: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S46-S52	3.4	9
47	Does the flushing response modify the relationship between alcohol intake and hypertension in the Japanese population? NIPPON DATA2010. <i>Hypertension Research</i> , 2016 , 39, 670-9	4.7	8
46	Dietary tofu intake and long-term risk of death from stroke in a general population. <i>Clinical Nutrition</i> , 2018 , 37, 182-188	5.9	7
45	Comparison of the National Nutritional Survey in Japan estimated individual-based nutritional data and NIPPON DATA80 food frequency questionnaires. <i>Journal of Epidemiology</i> , 2010 , 20 Suppl 3, S582-6	3.4	7
44	Dietary intake of potassium and associated dietary factors among representative samples of Japanese general population: NIPPON DATA 80/90. <i>Journal of Epidemiology</i> , 2010 , 20 Suppl 3, S567-75	3.4	7
43	Food Sources of Dietary Potassium in the Adult Japanese Population: The International Study of Macro-/Micronutrients and Blood Pressure (INTERMAP). <i>Nutrients</i> , 2020 , 12,	6.7	6

42	Relationship of three different types of low-carbohydrate diet to cardiometabolic risk factors in a Japanese population: the INTERMAP/INTERLIPID Study. <i>European Journal of Nutrition</i> , 2016 , 55, 1515-24	5.2	6
41	Interaction between dietary marine-derived n-3 fatty acids intake and J-point elevation on the risk of cardiac death: a 24-year follow-up of Japanese men. <i>Heart</i> , 2013 , 99, 1024-9	5.1	6
40	Relationship of household salt intake level with long-term all-cause and cardiovascular disease mortality in Japan: NIPPON DATA80. <i>Hypertension Research</i> , 2020 , 43, 132-139	4.7	6
39	Impacts of chronic kidney disease and diabetes on cardiovascular mortality in a general Japanese population: A 20-year follow-up of the NIPPON DATA90 study. <i>European Journal of Preventive Cardiology</i> , 2017 , 24, 505-513	3.9	5
38	Cardiovascular Risk Assessment Chart by Dietary Factors in Japan - NIPPON DATA80. <i>Circulation Journal</i> , 2019 , 83, 1254-1260	2.9	5
37	Serum leptin and total dietary energy intake: the INTERLIPID Study. <i>European Journal of Nutrition</i> , 2013 , 52, 1641-8	5.2	5
36	Distribution of vitamin E intake among Japanese dietary supplement and fortified food users: a secondary analysis from the National Health and Nutrition Survey, 2003-2009. <i>Journal of Nutritional Science and Vitaminology</i> , 2013 , 59, 576-83	1.1	5
35	EGlutamyltransferase and mortality risk from heart disease and stroke in Japanese men and women: NIPPON DATA90. <i>CVD Prevention and Control</i> , 2010 , 5, 27-34		5
34	Development of a food frequency and quantity method for assessing dietary habits of Japanese individuals--comparison with results from 24hr recall dietary survey. <i>Journal of Atherosclerosis and Thrombosis</i> , 2008 , 15, 324-33	4	5
33	Relationships among Food Group Intakes, Household Expenditure, and Education Attainment in a General Japanese Population: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S23-S28	3.4	5
32	Effects of rapid aging and lower participation rate among younger adults on the short-term trend of physical activity in the National Health and Nutrition Survey, Japan. <i>Geriatrics and Gerontology International</i> , 2017 , 17, 1677-1682	2.9	4
31	Association of Work Situation With Cardiovascular Disease Mortality Risk Among Working-Age Japanese Men - A 20-Year Follow-up of NIPPON DATA90. <i>Circulation Journal</i> , 2019 , 83, 1506-1513	2.9	4
30	The Relationship of Dietary Cholesterol with Serum Low-Density Lipoprotein Cholesterol and Confounding by Reverse Causality: The INTERLIPID Study. <i>Journal of Atherosclerosis and Thrombosis</i> , 2019 , 26, 170-182	4	4
29	Relation of serum leptin to blood pressure of Japanese in Japan and Japanese-Americans in Hawaii. <i>Hypertension</i> , 2009 , 54, 1416-22	8.5	4
28	Iron intake and associated factors in general Japanese population: NIPPON DATA80, NIPPON DATA90 and national nutrition monitoring. <i>Journal of Epidemiology</i> , 2010 , 20 Suppl 3, S557-66	3.4	4
27	Risk factor effects and total mortality in older Japanese men in Japan and Hawaii. <i>Annals of Epidemiology</i> , 2008 , 18, 913-8	6.4	4
26	Relationship between carbohydrate and dietary fibre intake and the risk of cardiovascular disease mortality in Japanese: 24-year follow-up of NIPPON DATA80. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 67-76	5.2	4
25	Factors Related to Participation in Health Examinations for Japanese National Health Insurance: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S53-S58	3.4	4

24	One-year weight loss maintenance outcomes following a worksite-based weight reduction program among Japanese men with cardiovascular risk factors. <i>Journal of Occupational Health</i> , 2019 , 61, 189-196	2.3	3
23	Association of Energy Intake With the Lack of in-Person Review of Household Dietary Records: Analysis of Japan National Health and Nutrition Surveys From 1997 to 2011. <i>Journal of Epidemiology</i> , 2016 , 26, 84-91	3.4	3
22	Independent Prognostic Value of Single and Multiple Non-Specific 12-Lead Electrocardiographic Findings for Long-Term Cardiovascular Outcomes: A Prospective Cohort Study. <i>PLoS ONE</i> , 2016 , 11, e0157563	3.7	3
21	Overall nutrient and total fat intake among Japanese people: The INTERLIPID Study Japan. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017 , 26, 837-848	1	3
20	Association between socioeconomic status and prolonged television viewing time in a general Japanese population: NIPPON DATA2010. <i>Environmental Health and Preventive Medicine</i> , 2021 , 26, 57	4.2	3
19	Factors associated with intra-individual visit-to-visit variability of blood pressure in four countries: the INTERMAP study. <i>Journal of Human Hypertension</i> , 2019 , 33, 229-236	2.6	3
18	Passive Smoking at Home by Socioeconomic Factors in a Japanese Population: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S40-S45	3.4	3
17	Relationship between Dietary and Other Lifestyle Habits and Cardiometabolic Risk Factors in Men. <i>Diabetology and Metabolic Syndrome</i> , 2011 , 3, 30	5.6	2
16	Fatty Acid Intakes and Coronary Heart Disease Mortality in Japan: NIPPON DATA90, 1990-2005. <i>Current Nutrition and Food Science</i> , 2013 , 9, 26-32	0.7	2
15	Alcohol drinking and brain morphometry in apparently healthy community-dwelling Japanese men. <i>Alcohol</i> , 2021 , 90, 57-65	2.7	2
14	Differences in Lifestyle Improvements With the Intention to Prevent Cardiovascular Diseases by Socioeconomic Status in a Representative Japanese Population: NIPPON DATA2010. <i>Journal of Epidemiology</i> , 2018 , 28 Suppl 3, S35-S39	3.4	2
13	Time-Related Changes in Relationships Between the Keys Score, Dietary Lipids, and Serum Total Cholesterol in Japan - NIPPON DATA80/90/2010. <i>Circulation Journal</i> , 2018 , 83, 147-155	2.9	2
12	Association between socioeconomic status and physical inactivity in a general Japanese population: NIPPON DATA2010. <i>PLoS ONE</i> , 2021 , 16, e0254706	3.7	2
11	Alcohol consumption, hospitalization and medical expenditure: a large epidemiological study on the medical insurance system in Japan. <i>Alcohol and Alcoholism</i> , 2015 , 50, 236-43	3.5	1
10	Relation of dietary and lifestyle traits to difference in serum leptin of Japanese in Japan and Hawaii: the INTERLIPID study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2012 , 22, 14-22	4.5	1
9	Fatty Acid Intakes and Coronary Heart Disease Mortality in Japan: NIPPON DATA90, 1990-2005. <i>Current Nutrition and Food Science</i> , 2013 , 9, 26-32	0.7	1
8	Association between Milk Intake and Incident Stroke among Japanese Community Dwellers: The Iwate-KENCO Study. <i>Nutrients</i> , 2021 , 13,	6.7	1
7	Risk Factors That Most Accurately Predict Coronary Artery Disease Based on the Duration of Follow-up - NIPPON DATA80. <i>Circulation Journal</i> , 2021 , 85, 908-913	2.9	1

6	Relationship Between Calcium Intake and Impaired Activities of Daily Living in a Japanese Population: NIPPON DATA90. <i>Journal of Epidemiology</i> , 2021 , 31, 119-124	3.4	1
5	The Influence of the Japanese Nationwide Cardiovascular Prevention System Health Guidance on Smoking Cessation Among Smokers: A Propensity Score Matching Analysis. <i>Journal of Atherosclerosis and Thrombosis</i> , 2018 , 25, 323-334	4	1
4	Relationships of Alcohol Consumption with Coronary Risk Factors and Macro- and Micro-Nutrient Intake in Japanese People: The INTERLIPID Study. <i>Journal of Nutritional Science and Vitaminology</i> , 2021 , 67, 28-38	1.1	1
3	NIPPON DATA80/90 Nutrition Study: Appendix Tables. <i>Journal of Epidemiology</i> , 2010 , 20, S587-S596	3.4	0
2	Predictors of lower limb fractures in general Japanese: NIPPON DATA90.. <i>PLoS ONE</i> , 2022 , 17, e0261716	3.7	0
1	Usefulness of a Short Dietary Propensity Questionnaire in Japan. <i>Journal of Atherosclerosis and Thrombosis</i> , 2018 , 25, 430-438	4	