

Simon B Goldberg

List of Publications by Year in descending order

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Version: 2024-02-01

86
papers

5,148
citations

159525

30
h-index

102432

66
g-index

103
all docs

103
docs citations

103
times ranked

4936
citing authors

#	ARTICLE	IF	CITATIONS
1	Mindfulness-based interventions for psychiatric disorders: A systematic review and meta-analysis. <i>Clinical Psychology Review</i> , 2018, 59, 52-60.	6.0	683
2	Mindfulness Interventions with Youth: A Meta-Analysis. <i>Mindfulness</i> , 2015, 6, 290-302.	1.6	497
3	Mindfulness for Teachers: A Pilot Study to Assess Effects on Stress, Burnout, and Teaching Efficacy. <i>Mind, Brain, and Education</i> , 2013, 7, 182-195.	0.9	387
4	Promoting prosocial behavior and self-regulatory skills in preschool children through a mindfulness-based kindness curriculum.. <i>Developmental Psychology</i> , 2015, 51, 44-51.	1.2	341
5	Mindfulness Meditation and Psychopathology. <i>Annual Review of Clinical Psychology</i> , 2019, 15, 285-316.	6.3	200
6	Do psychotherapists improve with time and experience? A longitudinal analysis of outcomes in a clinical setting.. <i>Journal of Counseling Psychology</i> , 2016, 63, 1-11.	1.4	178
7	The Empirical Status of Mindfulness-Based Interventions: A Systematic Review of 44 Meta-Analyses of Randomized Controlled Trials. <i>Perspectives on Psychological Science</i> , 2022, 17, 108-130.	5.2	168
8	Psychiatric symptoms, risk, and protective factors among university students in quarantine during the COVID-19 pandemic in China. <i>Globalization and Health</i> , 2021, 17, 15.	2.4	131
9	Cognitive-behavioral therapy versus other therapies: Redux. <i>Clinical Psychology Review</i> , 2013, 33, 395-405.	6.0	108
10	Does the Five Facet Mindfulness Questionnaire measure what we think it does? Construct validity evidence from an active controlled randomized clinical trial.. <i>Psychological Assessment</i> , 2016, 28, 1009-1014.	1.2	106
11	IMPACTS OF TRADITIONAL BULLYING AND CYBERBULLYING ON THE MENTAL HEALTH OF MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS. <i>Psychology in the Schools</i> , 2015, 52, 607-617.	1.1	104
12	The experimental effects of psilocybin on symptoms of anxiety and depression: A meta-analysis. <i>Psychiatry Research</i> , 2020, 284, 112749.	1.7	104
13	Countertransference management and effective psychotherapy: Meta-analytic findings.. <i>Psychotherapy</i> , 2018, 55, 496-507.	0.7	98
14	Mobile phone-based interventions for mental health: A systematic meta-review of 14 meta-analyses of randomized controlled trials. , 2022, 1, e0000002.		96
15	In pursuit of truth: A critical examination of meta-analyses of cognitive behavior therapy. <i>Psychotherapy Research</i> , 2017, 27, 14-32.	1.1	94
16	Is mindfulness research methodology improving over time? A systematic review. <i>PLoS ONE</i> , 2017, 12, e0187298.	1.1	84
17	Randomized Trial on Mindfulness Training for Smokers Targeted to a Disadvantaged Population. <i>Substance Use and Misuse</i> , 2014, 49, 571-585.	0.7	82
18	Creating a climate for therapist improvement: A case study of an agency focused on outcomes and deliberate practice.. <i>Psychotherapy</i> , 2016, 53, 367-375.	0.7	82

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19	Mindfulness-based cognitive therapy for the treatment of current depressive symptoms: a meta-analysis. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 445-462.	1.9	81
20	Monitoring mindfulness practice quality: An important consideration in mindfulness practice. <i>Psychotherapy Research</i> , 2013, 23, 54-66.	1.1	77
21	Randomized trial comparing mindfulness training for smokers to a matched control. <i>Journal of Substance Abuse Treatment</i> , 2014, 47, 213-221.	1.5	71
22	Predicting psychotherapy outcome based on therapist interpersonal skills: A five-year longitudinal study of a therapist assessment protocol. <i>Psychotherapy Research</i> , 2017, 27, 642-652.	1.1	71
23	A mindfulness-based mobile health (mHealth) intervention among psychologically distressed university students in quarantine during the COVID-19 pandemic: A randomized controlled trial.. <i>Journal of Counseling Psychology</i> , 2022, 69, 157-171.	1.4	70
24	The secret ingredient in mindfulness interventions? A case for practice quality over quantity.. <i>Journal of Counseling Psychology</i> , 2014, 61, 491-497.	1.4	57
25	Machine learning and natural language processing in psychotherapy research: Alliance as example use case.. <i>Journal of Counseling Psychology</i> , 2020, 67, 438-448.	1.4	56
26	The relationship between mindfulness and objective measures of body awareness: A meta-analysis. <i>Scientific Reports</i> , 2019, 9, 17386.	1.6	47
27	Effects of an eight-week, online mindfulness program on anxiety and depression in university students during COVID-19: A randomized controlled trial. <i>Psychiatry Research</i> , 2021, 305, 114222.	1.7	45
28	Hair Cortisol as a Biomarker of Stress in Mindfulness Training for Smokers. <i>Journal of Alternative and Complementary Medicine</i> , 2014, 20, 630-634.	2.1	44
29	Do trauma type, stressful life events, and social support explain women veterans's high prevalence of PTSD?. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2018, 53, 943-953.	1.6	44
30	Efficacy and acceptability of interventions for co-occurring PTSD and SUD: A meta-analysis. <i>Journal of Anxiety Disorders</i> , 2021, 84, 102490.	1.5	44
31	Testing the Efficacy of a Multicomponent, Self-Guided, Smartphone-Based Meditation App: Three-Armed Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2020, 7, e23825.	1.7	42
32	Does practice quality mediate the relationship between practice time and outcome in mindfulness-based stress reduction?. <i>Journal of Counseling Psychology</i> , 2020, 67, 115-122.	1.4	36
33	The Role of Therapeutic Alliance in Mindfulness Interventions: Therapeutic alliance in Mindfulness Training for Smokers. <i>Journal of Clinical Psychology</i> , 2013, 69, 936-950.	1.0	33
34	Post-acute psychological effects of classical serotonergic psychedelics: a systematic review and meta-analysis. <i>Psychological Medicine</i> , 2020, 50, 2655-2666.	2.7	33
35	Prevalence of meditation-related adverse effects in a population-based sample in the United States. <i>Psychotherapy Research</i> , 2022, 32, 291-305.	1.1	33
36	Measuring Psychiatric Symptoms Remotely: a Systematic Review of Remote Measurement-Based Care. <i>Current Psychiatry Reports</i> , 2018, 20, 81.	2.1	31

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37	The enduring effects of psychodynamic treatments vis-à-vis alternative treatments: A multilevel longitudinal meta-analysis. <i>Clinical Psychology Review</i> , 2015, 40, 1-14.	6.0	30
38	Mindfulness training for smokers via web-based video instruction with phone support: a prospective observational study. <i>BMC Complementary and Alternative Medicine</i> , 2015, 15, 95.	3.7	26
39	Efficacy and acceptability of mindfulness-based interventions for military veterans: A systematic review and meta-analysis. <i>Journal of Psychosomatic Research</i> , 2020, 138, 110232.	1.2	25
40	What Can We Learn from Randomized Clinical Trials About the Construct Validity of Self-Report Measures of Mindfulness? A Meta-Analysis. <i>Mindfulness</i> , 2019, 10, 775-785.	1.6	24
41	Prevalence of harm in mindfulness-based stress reduction. <i>Psychological Medicine</i> , 2022, 52, 1080-1088.	2.7	24
42	Alliance With an Unguided Smartphone App: Validation of the Digital Working Alliance Inventory. <i>Assessment</i> , 2022, 29, 1331-1345.	1.9	24
43	A positive screen for military sexual trauma is associated with greater risk for substance use disorders in women veterans.. <i>Psychology of Addictive Behaviors</i> , 2019, 33, 477-483.	1.4	23
44	New Coprescription of Opioids and Benzodiazepines and Mortality Among Veteran Affairs Patients With Posttraumatic Stress Disorder. <i>Journal of Clinical Psychiatry</i> , 2019, 80, .	1.1	23
45	Racial/ethnic and gender differences in receipt of brief intervention among patients with unhealthy alcohol use in the U.S. Veterans Health Administration. <i>Journal of Substance Abuse Treatment</i> , 2020, 119, 108078.	1.5	22
46	Identifying PTSD symptom typologies: A latent class analysis. <i>Psychiatry Research</i> , 2020, 285, 112779.	1.7	22
47	Are therapists uniformly effective across patient outcome domains? A study on therapist effectiveness in two different treatment contexts.. <i>Journal of Counseling Psychology</i> , 2016, 63, 367-378.	1.4	22
48	Unpacking the therapist effect: Impact of treatment length differs for high- and low-performing therapists. <i>Psychotherapy Research</i> , 2018, 28, 532-544.	1.1	21
49	Effect of yoga-based interventions for anxiety symptoms: A meta-analysis of randomized controlled trials.. <i>Spirituality in Clinical Practice</i> , 2019, 6, 256-278.	0.5	21
50	A randomized controlled trial of a smartphone-based well-being training in public school system employees during the COVID-19 pandemic.. <i>Journal of Educational Psychology</i> , 2022, 114, 1895-1911.	2.1	21
51	Systematic Review of Symptom Assessment Measures for Use in Measurement-Based Care of Bipolar Disorders. <i>Psychiatric Services</i> , 2019, 70, 396-408.	1.1	19
52	Mental Health Treatment Delay: A Comparison Among Civilians and Veterans of Different Service Eras. <i>Psychiatric Services</i> , 2019, 70, 358-366.	1.1	19
53	Mindfulness-based interventions among people of color: A systematic review and meta-analysis. <i>Psychotherapy Research</i> , 2022, 32, 277-290.	1.1	19
54	Divergent effects of brief contemplative practices in response to an acute stressor: A randomized controlled trial of brief breath awareness, loving-kindness, gratitude or an attention control practice. <i>PLoS ONE</i> , 2018, 13, e0207765.	1.1	18

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55	The Structure of Competence: Evaluating the Factor Structure of the Cognitive Therapy Rating Scale. <i>Behavior Therapy</i> , 2020, 51, 113-122.	1.3	17
56	Can a computer detect interpersonal skills? Using machine learning to scale up the Facilitative Interpersonal Skills task. <i>Psychotherapy Research</i> , 2021, 31, 281-288.	1.1	17
57	Data Missing Not at Random in Mobile Health Research: Assessment of the Problem and a Case for Sensitivity Analyses. <i>Journal of Medical Internet Research</i> , 2021, 23, e26749.	2.1	16
58	Investigating the impact of early alliance on predicting subjective change at posttreatment: An evidence-based souvenir of overlooked clinical perspectives.. <i>Journal of Counseling Psychology</i> , 2019, 66, 613-625.	1.4	14
59	Allegiance effects in mindfulness-based interventions for psychiatric disorders: A meta-re-analysis. <i>Psychotherapy Research</i> , 2020, 30, 753-762.	1.1	13
60	Military Service and Military Health Care Coverage are Associated with Reduced Racial Disparities in Time to Mental Health Treatment Initiation. <i>Administration and Policy in Mental Health and Mental Health Services Research</i> , 2020, 47, 555-568.	1.2	13
61	Routine monitoring of therapeutic alliance to predict treatment engagement in a Veterans Affairs substance use disorders clinic.. <i>Psychological Services</i> , 2020, 17, 291-299.	0.9	13
62	Utilization and Perceived Effectiveness of Mindfulness Meditation in Veterans: Results from a National Survey. <i>Mindfulness</i> , 2019, 10, 2596-2605.	1.6	12
63	Treatment receipt patterns among individuals with co-occurring posttraumatic stress disorder (PTSD) and substance use disorders.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 1039-1051.	1.6	12
64	Parenting Influences on Latino Children's Social Competence in the First Grade: Parental Depression and Parent Involvement at Home and School. <i>Child Psychiatry and Human Development</i> , 2013, 44, 646-657.	1.1	11
65	Does mindfulness practice promote psychological functioning or is it the other way around? A daily diary study.. <i>Psychotherapy</i> , 2020, 57, 310-322.	0.7	11
66	Effects of an 8-Week Mindfulness Course on Affective Polarization. <i>Mindfulness</i> , 2022, 13, 474-483.	1.6	11
67	Mindfulness-based interventions for substance use disorders. <i>The Cochrane Library</i> , 2021, 2021, CD011723.	1.5	10
68	Linkages between Psychedelics and Meditation in a Population-Based Sample in the United States. <i>Journal of Psychoactive Drugs</i> , 2023, 55, 11-18.	1.0	10
69	Group as social microcosm: Within-group interpersonal style is congruent with outside group relational tendencies.. <i>Psychotherapy</i> , 2015, 52, 195-204.	0.7	9
70	Firearm Ownership and Capability for Suicide in Post-Deployment National Guard Service Members. <i>Suicide and Life-Threatening Behavior</i> , 2019, 49, 1668-1679.	0.9	9
71	A Prospective Longitudinal Study of Trajectories of Depressive Symptoms After Dysvascular Amputation. <i>Archives of Physical Medicine and Rehabilitation</i> , 2019, 100, 1426-1433.e1.	0.5	9
72	Patient financial distress and treatment outcomes in naturalistic psychotherapy.. <i>Journal of Counseling Psychology</i> , 2018, 65, 523-530.	1.4	8

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73	Getting a Grip on the Handgrip Task: Handgrip Duration Correlates with Neuroticism But Not Conscientiousness. <i>Frontiers in Psychology</i> , 2017, 8, 1367.	1.1	7
74	Why mindfulness belongs in counseling psychology: A synergistic clinical and research agenda. <i>Counselling Psychology Quarterly</i> , 2018, 31, 317-335.	1.5	7
75	Mindfulness practice predicts interleukin-6 responses to a mindfulness-based alcohol relapse prevention intervention. <i>Journal of Substance Abuse Treatment</i> , 2019, 105, 57-63.	1.5	7
76	The importance of problem-focused treatments: A meta-analysis of anxiety treatments.. <i>Psychotherapy</i> , 2017, 54, 321-338.	0.7	7
77	For Whom Does Cognitively Based Compassion Training (CBCT) Work? An Analysis of Predictors and Moderators among African American Suicide Attempters. <i>Mindfulness</i> , 2019, 10, 2327-2340.	1.6	5
78	Bridging the (Brexit) divide: Effects of a brief befriending meditation on affective polarization. <i>PLoS ONE</i> , 2022, 17, e0267493.	1.1	4
79	Rates of Assessment of Social Media Use in Psychiatric Interviews Prior to and During COVID-19: Needs Assessment Survey. <i>JMIR Medical Education</i> , 2021, 7, e28495.	1.2	2
80	Observational Study on a Mindfulness Training for Smokers within a Smoking Cessation Program. <i>Mindfulness</i> , 2017, 8, 1689-1698.	1.6	2
81	Still facial photographs of long-term meditators are perceived by naïve observers as less neurotic, more conscientious and more mindful than non-meditating controls. <i>PLoS ONE</i> , 2019, 14, e0221782.	1.1	1
82	Brief breath awareness training yields poorer working memory performance in the context of acute stress. <i>Cognition and Emotion</i> , 2021, 35, 1009-1017.	1.2	1
83	The zentensive: A psychodynamically oriented meditation retreat for psychotherapists.. <i>Practice Innovations (Washington, D C)</i> , 2018, 3, 18-31.	0.5	1
84	Observational Study on a Mindfulness Training for Smokers within a Smoking Cessation Program. <i>Mindfulness</i> , 2017, 8, 1698.	1.6	1
85	Postdeployment Treatment Gap: Symptoms and Treatment Utilization Among Returning National Guard Soldiers. <i>Counseling Psychologist</i> , 2022, 50, 506-535.	0.8	1
86	A further investigation of the good-enough level model across outcome domains and termination status.. <i>Psychotherapy</i> , 2019, 56, 309-317.	0.7	0