

Ebonie Rio

List of Publications by Year in descending order

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Version: 2024-02-01

64
papers

1,961
citations

430874
18
h-index

254184
43
g-index

66
all docs

66
docs citations

66
times ranked

1339
citing authors

#	ARTICLE	IF	CITATIONS
1	Revisiting the continuum model of tendon pathology: what is its merit in clinical practice and research?. British Journal of Sports Medicine, 2016, 50, 1187-1191.	6.7	280
2	Isometric exercise induces analgesia and reduces inhibition in patellar tendinopathy. British Journal of Sports Medicine, 2015, 49, 1277-1283.	6.7	234
3	The Pain of Tendinopathy: Physiological or Pathophysiological?. Sports Medicine, 2014, 44, 9-23.	6.5	221
4	Patellar Tendinopathy: Clinical Diagnosis, Load Management, and Advice for Challenging Case Presentations. Journal of Orthopaedic and Sports Physical Therapy, 2015, 45, 887-898.	3.5	212
5	Tendon neuroplastic training: changing the way we think about tendon rehabilitation: a narrative review. British Journal of Sports Medicine, 2016, 50, 209-215.	6.7	122
6	Isometric Contractions Are More Analgesic Than Isotonic Contractions for Patellar Tendon Pain. Clinical Journal of Sport Medicine, 2017, 27, 253-259.	1.8	105
7	Do isometric and isotonic exercise programs reduce pain in athletes with patellar tendinopathy in-season? A randomised clinical trial. Journal of Science and Medicine in Sport, 2016, 19, 702-706.	1.3	101
8	Rate of Improvement of Pain and Function in Mid-Portion Achilles Tendinopathy with Loading Protocols: A Systematic Review and Longitudinal Meta-Analysis. Sports Medicine, 2018, 48, 1875-1891.	6.5	73
9	At What Age Do Children and Adolescents Develop Lower Limb Tendon Pathology or Tendinopathy? A Systematic Review and Meta-analysis. Sports Medicine, 2016, 46, 545-557.	6.5	52
10	ICON PART-T 2019â€“International Scientific Tendinopathy Symposium Consensus: recommended standards for reporting participant characteristics in tendinopathy research (PART-T). British Journal of Sports Medicine, 2020, 54, 627-630.	6.7	52
11	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR SELF- REPORTED PAIN AND FUNCTION. International Journal of Sports Physical Therapy, 2018, 13, 283-292.	1.3	44
12	Elevated corticospinal excitability in patellar tendinopathy compared with other anterior knee pain or no pain. Scandinavian Journal of Medicine and Science in Sports, 2016, 26, 1072-1079.	2.9	33
13	Does the adolescent patellar tendon respond to 5 days of cumulative load during a volleyball tournament?. Scandinavian Journal of Medicine and Science in Sports, 2016, 26, 189-196.	2.9	28
14	The prevalence of Achilles and patellar tendon injuries in Australian football players beyond a timeâ€“loss definition. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 2016-2022.	2.9	25
15	Clinical Improvements Are Not Explained by Changes in Tendon Structure on Ultrasound Tissue Characterization After an Exercise Program for Patellar Tendinopathy. American Journal of Physical Medicine and Rehabilitation, 2018, 97, 708-714.	1.4	24
16	Quantification of Achilles and patellar tendon structure on imaging does not enhance ability to predict self-reported symptoms beyond grey-scale ultrasound and previous history. Journal of Science and Medicine in Sport, 2019, 22, 145-150.	1.3	22
17	Isometric Exercise to Reduce Pain in Patellar Tendinopathy In-Season: Is It Effective â€œon the Roadâ€?. Clinical Journal of Sport Medicine, 2019, 29, 188-192.	1.8	20
18	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR MUSCLE STRUCTURE AND FUNCTION, TENDON STRUCTURE, AND NEURAL AND PAIN ASSOCIATED MECHANISMS. International Journal of Sports Physical Therapy, 2018, 13, 537-551.	1.3	20

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19	What tendon pathology is seen on imaging in people who have taken fluoroquinolones? A systematic review. <i>Fundamental and Clinical Pharmacology</i> , 2017, 31, 4-16.	1.9	18
20	Self-reported jumpers' knee is common in elite basketball athletes – But is it all patellar tendinopathy?. <i>Physical Therapy in Sport</i> , 2020, 43, 58-64.	1.9	18
21	Kinesiophobia Severity Categories and Clinically Meaningful Symptom Change in Persons With Achilles Tendinopathy in a Cross-Sectional Study: Implications for Assessment and Willingness to Exercise. <i>Frontiers in Pain Research</i> , 2021, 2, 739051.	2.0	18
22	Adaptation of the pathological tendon: you cannot trade in for a new one, but perhaps you don't need to?. <i>British Journal of Sports Medicine</i> , 2018, 52, 622-623.	6.7	14
23	What is the effect of bodily illusions on corticomotoneuronal excitability? A systematic review. <i>PLoS ONE</i> , 2019, 14, e0219754.	2.5	14
24	Diagnostic accuracy of imaging modalities in the detection of clinically diagnosed de Quervain's syndrome: a systematic review. <i>Skeletal Radiology</i> , 2019, 48, 1715-1721.	2.0	13
25	Exploring the effectiveness of immersive Virtual Reality interventions in the management of musculoskeletal pain: a state-of-the-art review. <i>Physical Therapy Reviews</i> , 2021, 26, 262-275.	0.8	13
26	Pain mapping of the anterior knee: injured athletes know best. <i>Scandinavian Journal of Pain</i> , 2018, 18, 409-416.	1.3	12
27	Jump-landing mechanics in patellar tendinopathy in elite youth basketballers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 540-548.	2.9	12
28	Sensory Processing in People With and Without Tendinopathy: A Systematic Review With Meta-analysis of Local, Regional, and Remote Sites in Upper- and Lower-Limb Conditions. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 12-26.	3.5	12
29	Thirty-seven jump-landing biomechanical variables are associated with asymptomatic patellar tendon abnormality and patellar tendinopathy: A systematic review. <i>Physical Therapy in Sport</i> , 2020, 45, 38-55.	1.9	11
30	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR SELF- REPORTED PAIN AND FUNCTION. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 283-292.	1.3	11
31	Genetic variations in the VEGF pathway as prognostic factors in metastatic colorectal cancer patients treated with oxaliplatin-based chemotherapy. <i>Pharmacogenomics Journal</i> , 2015, 15, 397-404.	2.0	10
32	Nonpharmacological Management of Persistent Pain in Elite Athletes: Rationale and Recommendations. <i>Clinical Journal of Sport Medicine</i> , 2018, 28, 472-479.	1.8	10
33	Effect of Pain Education and Exercise on Pain and Function in Chronic Achilles Tendinopathy: Protocol for a Double-Blind, Placebo-Controlled Randomized Trial. <i>JMIR Research Protocols</i> , 2020, 9, e19111.	1.0	10
34	Does isometric exercise result in exercise induced hypoalgesia in people with local musculoskeletal pain? A systematic review. <i>Physical Therapy in Sport</i> , 2021, 49, 51-61.	1.9	9
35	Nearly 40% of adolescent athletes report anterior knee pain regardless of maturation status, age, sex or sport played. <i>Physical Therapy in Sport</i> , 2021, 51, 29-35.	1.9	9
36	Heel pain: a practical approach. <i>Australian Family Physician</i> , 2015, 44, 96-101.	0.5	8

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37	Reduced Levels of Aligned Fibrillar Structure Are Not Associated With Achilles and Patellar Tendon Symptoms. <i>Clinical Journal of Sport Medicine</i> , 2020, 30, 550-555.	1.8	6
38	Don't Assume the Control Group Is Normal" People with Asymptomatic Tendon Pathology Have Higher Pressure Pain Thresholds. <i>Pain Medicine</i> , 2018, 19, 2267-2273.	1.9	6
39	Proximal hamstring tendinopathy; expert physiotherapists' perspectives on diagnosis, management and prevention. <i>Physical Therapy in Sport</i> , 2021, 48, 67-75.	1.9	6
40	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR MUSCLE STRUCTURE AND FUNCTION, TENDON STRUCTURE, AND NEURAL AND PAIN ASSOCIATED MECHANISMS. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 537-551.	1.3	6
41	Explaining Variability in the Prevalence of Achilles Tendon Abnormalities: A Systematic Review With Meta-analysis of Imaging Studies in Asymptomatic Individuals. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 232-252.	3.5	5
42	The juxtaposition of science and medicine in sport. Can we all play together nicely?. <i>British Journal of Sports Medicine</i> , 2015, 49, 640-641.	6.7	4
43	The diagnostic dartboard: is the bullseye a correct pathoanatomical diagnosis or to guide treatment?. <i>British Journal of Sports Medicine</i> , 2016, 50, 959-960.	6.7	4
44	Extracorporeal Shock Wave Therapy Immediately Affects Achilles Tendon Structure and Widespread Pressure Pain Thresholds in Healthy People. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2019, 98, 806-810.	1.4	4
45	Considerations for multi-centre conditioned pain modulation (CPM) research; an investigation of the inter-rater reliability, level of agreement and confounders for the Achilles tendon and Triceps Suræ. <i>British Journal of Pain</i> , 2021, 15, 91-101.	1.5	4
46	Are you translating research into clinical practice? What to think about when it does not seem to be working. <i>British Journal of Sports Medicine</i> , 2021, 55, 652-653.	6.7	4
47	Exercise to reduce tendon pain: A comparison of isometric and isotonic muscle contractions and effects on pain, cortical inhibition and muscle strength. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, e28.	1.3	3
48	Pathophysiology of Tendinopathy. , 2017, , 23-44.		3
49	Prevalence and Pain Distribution of Anterior Knee Pain in Collegiate Basketball Players. <i>Journal of Athletic Training</i> , 2022, 57, 319-324.	1.8	3
50	Immediate Effects of two Isometric Calf Muscle Exercises on Mid-portion Achilles Tendon Pain. <i>International Journal of Sports Medicine</i> , 2021, 42, 1122-1127.	1.7	2
51	Male basketball players who report hip and groin pain perceive its negative impact both on- and off-court: A cross-sectional study. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 660-664.	1.3	2
52	The effect of combined action observation therapy and eccentric exercises in the treatment of mid-portion Achilles tendinopathy: study protocol for a feasibility pilot randomised controlled trial. <i>Pilot and Feasibility Studies</i> , 2022, 8, 30.	1.2	2
53	88...Exercise Reduces Pain Immediately And Affects Cortical Inhibition In Patellar Tendinopathy. <i>British Journal of Sports Medicine</i> , 2014, 48, A57.2-A58.	6.7	1
54	Lower limb injury: improving our translation of research into clinical practice for acute injuries and long-term sequelae. <i>British Journal of Sports Medicine</i> , 2015, 49, 635-635.	6.7	1

#	ARTICLE	IF	CITATIONS
55	What do submarines have in common with diabetes?. British Journal of Sports Medicine, 2016, 50, 955-956.	6.7	1
56	Physiotherapy Management of Patellar Tendinopathy in Tennis Players. , 2018, , 401-413.		1
57	Implicit Motor Imagery of the Foot and Hand in People with Achilles Tendinopathy: A Left Right Judgement Study. Pain Medicine, 2021, 22, 2998-3007.	1.9	1
58	Association between knee pain location and abnormal imaging or arthroscopic findings: A systematic review. Annals of Physical and Rehabilitation Medicine, 2022, 65, 101638.	2.3	1
59	Core outcome set development for proximal hamstring tendinopathy (COS-PHT): a study protocol. Physical Therapy Reviews, 2022, 27, 313-319.	0.8	1
60	The warm water in Langkawi awaits, but firstâ€¦. British Journal of Sports Medicine, 2017, 51, 1175-1175.	6.7	0
61	Management of Profound Pain and Functional Deficits From Achilles Insertional Tendinopathy. , 2019, , 259-275.		0
62	Exercise Affects Cortical Inhibition & Reduces Pain In Patellar Tendinopathy. Medicine and Science in Sports and Exercise, 2014, 46, 209-210.	0.4	0
63	Treatment preferences and use of diagnostic imaging in midportion Achilles tendinopathy by Australian allied health professionals. Physical Therapy in Sport, 2021, 53, 21-27.	1.9	0
64	Location of anterior knee pain affects load tolerance in isometric single leg knee extension. Journal of Science and Medicine in Sport, 2022, , .	1.3	0