

# Ebonie Rio

## List of Publications by Year in descending order

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Version: 2024-02-01

64  
papers

1,961  
citations

430442

18  
h-index

253896

43  
g-index

66  
all docs

66  
docs citations

66  
times ranked

1339  
citing authors

#	ARTICLE	IF	CITATIONS
1	Revisiting the continuum model of tendon pathology: what is its merit in clinical practice and research?. <i>British Journal of Sports Medicine</i> , 2016, 50, 1187-1191.	3.1	280
2	Isometric exercise induces analgesia and reduces inhibition in patellar tendinopathy. <i>British Journal of Sports Medicine</i> , 2015, 49, 1277-1283.	3.1	234
3	The Pain of Tendinopathy: Physiological or Pathophysiological?. <i>Sports Medicine</i> , 2014, 44, 9-23.	3.1	221
4	Patellar Tendinopathy: Clinical Diagnosis, Load Management, and Advice for Challenging Case Presentations. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 887-898.	1.7	212
5	Tendon neuroplastic training: changing the way we think about tendon rehabilitation: a narrative review. <i>British Journal of Sports Medicine</i> , 2016, 50, 209-215.	3.1	122
6	Isometric Contractions Are More Analgesic Than Isotonic Contractions for Patellar Tendon Pain. <i>Clinical Journal of Sport Medicine</i> , 2017, 27, 253-259.	0.9	105
7	Do isometric and isotonic exercise programs reduce pain in athletes with patellar tendinopathy in-season? A randomised clinical trial. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 702-706.	0.6	101
8	Rate of Improvement of Pain and Function in Mid-Portion Achilles Tendinopathy with Loading Protocols: A Systematic Review and Longitudinal Meta-Analysis. <i>Sports Medicine</i> , 2018, 48, 1875-1891.	3.1	73
9	At What Age Do Children and Adolescents Develop Lower Limb Tendon Pathology or Tendinopathy? A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2016, 46, 545-557.	3.1	52
10	ICON PART-T 2019â€œInternational Scientific Tendinopathy Symposium Consensus: recommended standards for reporting participant characteristics in tendinopathy research (PART-T). <i>British Journal of Sports Medicine</i> , 2020, 54, 627-630.	3.1	52
11	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR SELF- REPORTED PAIN AND FUNCTION. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 283-292.	0.5	44
12	Elevated corticospinal excitability in patellar tendinopathy compared with other anterior knee pain or no pain. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016, 26, 1072-1079.	1.3	33
13	Does the adolescent patellar tendon respond to 5 days of cumulative load during a volleyball tournament?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016, 26, 189-196.	1.3	28
14	The prevalence of Achilles and patellar tendon injuries in Australian football players beyond a timeâ€œloss definition. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 2016-2022.	1.3	25
15	Clinical Improvements Are Not Explained by Changes in Tendon Structure on Ultrasound Tissue Characterization After an Exercise Program for Patellar Tendinopathy. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2018, 97, 708-714.	0.7	24
16	Quantification of Achilles and patellar tendon structure on imaging does not enhance ability to predict self-reported symptoms beyond grey-scale ultrasound and previous history. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 145-150.	0.6	22
17	Isometric Exercise to Reduce Pain in Patellar Tendinopathy In-Season: Is It Effective â€œon the Roadâ€œ?. <i>Clinical Journal of Sport Medicine</i> , 2019, 29, 188-192.	0.9	20
18	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR MUSCLE STRUCTURE AND FUNCTION, TENDON STRUCTURE, AND NEURAL AND PAIN ASSOCIATED MECHANISMS. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 537-551.	0.5	20

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19	What tendon pathology is seen on imaging in people who have taken fluoroquinolones? A systematic review. <i>Fundamental and Clinical Pharmacology</i> , 2017, 31, 4-16.	1.0	18
20	Self-reported jumpers' knee is common in elite basketball athletes – But is it all patellar tendinopathy?. <i>Physical Therapy in Sport</i> , 2020, 43, 58-64.	0.8	18
21	Kinesiophobia Severity Categories and Clinically Meaningful Symptom Change in Persons With Achilles Tendinopathy in a Cross-Sectional Study: Implications for Assessment and Willingness to Exercise. <i>Frontiers in Pain Research</i> , 2021, 2, 739051.	0.9	18
22	Adaptation of the pathological tendon: you cannot trade in for a new one, but perhaps you don't need to?. <i>British Journal of Sports Medicine</i> , 2018, 52, 622-623.	3.1	14
23	What is the effect of bodily illusions on corticomotoneuronal excitability? A systematic review. <i>PLoS ONE</i> , 2019, 14, e0219754.	1.1	14
24	Diagnostic accuracy of imaging modalities in the detection of clinically diagnosed de Quervain's syndrome: a systematic review. <i>Skeletal Radiology</i> , 2019, 48, 1715-1721.	1.2	13
25	Exploring the effectiveness of immersive Virtual Reality interventions in the management of musculoskeletal pain: a state-of-the-art review. <i>Physical Therapy Reviews</i> , 2021, 26, 262-275.	0.3	13
26	Pain mapping of the anterior knee: injured athletes know best. <i>Scandinavian Journal of Pain</i> , 2018, 18, 409-416.	0.5	12
27	Jump-landing mechanics in patellar tendinopathy in elite youth basketballers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 540-548.	1.3	12
28	Sensory Processing in People With and Without Tendinopathy: A Systematic Review With Meta-analysis of Local, Regional, and Remote Sites in Upper- and Lower-Limb Conditions. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 12-26.	1.7	12
29	Thirty-seven jump-landing biomechanical variables are associated with asymptomatic patellar tendon abnormality and patellar tendinopathy: A systematic review. <i>Physical Therapy in Sport</i> , 2020, 45, 38-55.	0.8	11
30	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR SELF- REPORTED PAIN AND FUNCTION. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 283-292.	0.5	11
31	Genetic variations in the VEGF pathway as prognostic factors in metastatic colorectal cancer patients treated with oxaliplatin-based chemotherapy. <i>Pharmacogenomics Journal</i> , 2015, 15, 397-404.	0.9	10
32	Nonpharmacological Management of Persistent Pain in Elite Athletes: Rationale and Recommendations. <i>Clinical Journal of Sport Medicine</i> , 2018, 28, 472-479.	0.9	10
33	Effect of Pain Education and Exercise on Pain and Function in Chronic Achilles Tendinopathy: Protocol for a Double-Blind, Placebo-Controlled Randomized Trial. <i>JMIR Research Protocols</i> , 2020, 9, e19111.	0.5	10
34	Does isometric exercise result in exercise induced hypoalgesia in people with local musculoskeletal pain? A systematic review. <i>Physical Therapy in Sport</i> , 2021, 49, 51-61.	0.8	9
35	Nearly 40% of adolescent athletes report anterior knee pain regardless of maturation status, age, sex or sport played. <i>Physical Therapy in Sport</i> , 2021, 51, 29-35.	0.8	9
36	Heel pain: a practical approach. <i>Australian Family Physician</i> , 2015, 44, 96-101.	0.5	8

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37	Reduced Levels of Aligned Fibrillar Structure Are Not Associated With Achilles and Patellar Tendon Symptoms. <i>Clinical Journal of Sport Medicine</i> , 2020, 30, 550-555.	0.9	6
38	Don't Assume the Control Group Is Normal" People with Asymptomatic Tendon Pathology Have Higher Pressure Pain Thresholds. <i>Pain Medicine</i> , 2018, 19, 2267-2273.	0.9	6
39	Proximal hamstring tendinopathy; expert physiotherapists' perspectives on diagnosis, management and prevention. <i>Physical Therapy in Sport</i> , 2021, 48, 67-75.	0.8	6
40	EVALUATING THE PROGRESS OF MID-PORTION ACHILLES TENDINOPATHY DURING REHABILITATION: A REVIEW OF OUTCOME MEASURES FOR MUSCLE STRUCTURE AND FUNCTION, TENDON STRUCTURE, AND NEURAL AND PAIN ASSOCIATED MECHANISMS. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 537-551.	0.5	6
41	Explaining Variability in the Prevalence of Achilles Tendon Abnormalities: A Systematic Review With Meta-analysis of Imaging Studies in Asymptomatic Individuals. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 232-252.	1.7	5
42	The juxtaposition of science and medicine in sport. Can we all play together nicely?. <i>British Journal of Sports Medicine</i> , 2015, 49, 640-641.	3.1	4
43	The diagnostic dartboard: is the bullseye a correct pathoanatomical diagnosis or to guide treatment?. <i>British Journal of Sports Medicine</i> , 2016, 50, 959-960.	3.1	4
44	Extracorporeal Shock Wave Therapy Immediately Affects Achilles Tendon Structure and Widespread Pressure Pain Thresholds in Healthy People. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2019, 98, 806-810.	0.7	4
45	Considerations for multi-centre conditioned pain modulation (CPM) research; an investigation of the inter-rater reliability, level of agreement and confounders for the Achilles tendon and Triceps Surae. <i>British Journal of Pain</i> , 2021, 15, 91-101.	0.7	4
46	Are you translating research into clinical practice? What to think about when it does not seem to be working. <i>British Journal of Sports Medicine</i> , 2021, 55, 652-653.	3.1	4
47	Exercise to reduce tendon pain: A comparison of isometric and isotonic muscle contractions and effects on pain, cortical inhibition and muscle strength. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, e28.	0.6	3
48	Pathophysiology of Tendinopathy. , 2017, , 23-44.		3
49	Prevalence and Pain Distribution of Anterior Knee Pain in Collegiate Basketball Players. <i>Journal of Athletic Training</i> , 2022, 57, 319-324.	0.9	3
50	Immediate Effects of two Isometric Calf Muscle Exercises on Mid-portion Achilles Tendon Pain. <i>International Journal of Sports Medicine</i> , 2021, 42, 1122-1127.	0.8	2
51	Male basketball players who report hip and groin pain perceive its negative impact both on- and off-court: A cross-sectional study. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 660-664.	0.6	2
52	The effect of combined action observation therapy and eccentric exercises in the treatment of mid-portion Achilles tendinopathy: study protocol for a feasibility pilot randomised controlled trial. <i>Pilot and Feasibility Studies</i> , 2022, 8, 30.	0.5	2
53	88...Exercise Reduces Pain Immediately And Affects Cortical Inhibition In Patellar Tendinopathy. <i>British Journal of Sports Medicine</i> , 2014, 48, A57.2-A58.	3.1	1
54	Lower limb injury: improving our translation of research into clinical practice for acute injuries and long-term sequelae. <i>British Journal of Sports Medicine</i> , 2015, 49, 635-635.	3.1	1

#	ARTICLE	IF	CITATIONS
55	What do submarines have in common with diabetes?. British Journal of Sports Medicine, 2016, 50, 955-956.	3.1	1
56	Physiotherapy Management of Patellar Tendinopathy in Tennis Players. , 2018, , 401-413.		1
57	Implicit Motor Imagery of the Foot and Hand in People with Achilles Tendinopathy: A Left Right Judgement Study. Pain Medicine, 2021, 22, 2998-3007.	0.9	1
58	Association between knee pain location and abnormal imaging or arthroscopic findings: A systematic review. Annals of Physical and Rehabilitation Medicine, 2022, 65, 101638.	1.1	1
59	Core outcome set development for proximal hamstring tendinopathy (COS-PHT): a study protocol. Physical Therapy Reviews, 2022, 27, 313-319.	0.3	1
60	The warm water in Langkawi awaits, but firstâ€¦. British Journal of Sports Medicine, 2017, 51, 1175-1175.	3.1	0
61	Management of Profound Pain and Functional Deficits From Achilles Insertional Tendinopathy. , 2019, , 259-275.		0
62	Exercise Affects Cortical Inhibition & Reduces Pain In Patellar Tendinopathy. Medicine and Science in Sports and Exercise, 2014, 46, 209-210.	0.2	0
63	Treatment preferences and use of diagnostic imaging in midportion Achilles tendinopathy by Australian allied health professionals. Physical Therapy in Sport, 2021, 53, 21-27.	0.8	0
64	Location of anterior knee pain affects load tolerance in isometric single leg knee extension. Journal of Science and Medicine in Sport, 2022, , .	0.6	0