

# Caryn Zinn

## List of Publications by Year in descending order

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Version: 2024-02-01

48  
papers

852  
citations

430874

18  
h-index

501196

28  
g-index

49  
all docs

49  
docs citations

49  
times ranked

1201  
citing authors

#	ARTICLE	IF	CITATIONS
1	A Systematic Review of Dietary Protein During Caloric Restriction in Resistance Trained Lean Athletes: A Case for Higher Intakes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 127-138.	2.1	87
2	Characteristics of hypersensitivity reactions and identification of a unique 49 kd IgE-binding protein (Hal-m-1) in abalone ( <i>Haliotis midae</i> ). <i>Journal of Allergy and Clinical Immunology</i> , 1997, 100, 642-648.	2.9	62
3	Ketogenic diet benefits body composition and well-being but not performance in a pilot case study of New Zealand endurance athletes. <i>Journal of the International Society of Sports Nutrition</i> , 2017, 14, 22.	3.9	61
4	Evaluation of Iranian College Athletes' Sport Nutrition Knowledge. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2010, 20, 257-263.	2.1	55
5	Evaluation of Sports Nutrition Knowledge of New Zealand Premier Club Rugby Coaches. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2006, 16, 214-225.	2.1	49
6	Efficacy of a compulsory homework programme for increasing physical activity and healthy eating in children: the healthy homework pilot study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011, 8, 127.	4.6	43
7	Low-carbohydrate diets differing in carbohydrate restriction improve cardiometabolic and anthropometric markers in healthy adults: A randomised clinical trial. <i>PeerJ</i> , 2019, 7, e6273.	2.0	41
8	Effects of High-Intensity Interval Training on People Living with Type 2 Diabetes: A Narrative Review. <i>Canadian Journal of Diabetes</i> , 2017, 41, 536-547.	0.8	37
9	Identifying hyperinsulinaemia in the absence of impaired glucose tolerance: An examination of the Kraft database. <i>Diabetes Research and Clinical Practice</i> , 2016, 118, 50-57.	2.8	36
10	Assessing the nutrient intake of a low-carbohydrate, high-fat (LCHF) diet: a hypothetical case study design. <i>BMJ Open</i> , 2018, 8, e018846.	1.9	34
11	<p>&lt;p>Impact Of Ketogenic Diet On Athletes: Current Insights</p>. <i>Open Access Journal of Sports Medicine</i> , 2019, Volume 10, 171-183.	1.3	33
12	The consumption of processed sugar and starch-containing foods, and dental caries: a systematic review. <i>European Journal of Oral Sciences</i> , 2020, 128, 467-475.	1.5	33
13	Neighbourhoods for Active Kids: study protocol for a cross-sectional examination of neighbourhood features and children's physical activity, active travel, independent mobility and body size. <i>BMJ Open</i> , 2016, 6, e013377.	1.9	31
14	Viewing obesogenic advertising in children's neighbourhoods using Google Street View. <i>Geographical Research</i> , 2019, 57, 84-97.	1.8	25
15	High-Protein, Low-Fat, Short-Term Diet Results in Less Stress and Fatigue Than Moderate-Protein, Moderate-Fat Diet During Weight Loss in Male Weightlifters: A Pilot Study. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015, 25, 163-170.	2.1	22
16	A 12-week low-carbohydrate, high-fat diet improves metabolic health outcomes over a control diet in a randomised controlled trial with overweight defence force personnel. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 1158-1164.	1.9	22
17	Understanding children's neighbourhood destinations: presenting the Kids-PoND framework. <i>Children's Geographies</i> , 2020, 18, 420-434.	2.3	22
18	High-Intensity Interval Training Is Equivalent to Moderate-Intensity Continuous Training for Short- and Medium-Term Outcomes of Glucose Control, Cardiometabolic Risk, and Microvascular Complication Markers in Men With Type 2 Diabetes. <i>Frontiers in Endocrinology</i> , 2018, 9, 475.	3.5	20

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19	Efficacy of a compulsory homework programme for increasing physical activity and improving nutrition in children: a cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 80.	4.6	19
20	Deprivation matters: understanding associations between neighbourhood deprivation, unhealthy food outlets, unhealthy dietary behaviours and child body size using structural equation modelling. <i>Journal of Epidemiology and Community Health</i> , 2020, 74, 460-466.	3.7	15
21	A "Small-Changes" Workplace Weight Loss and Maintenance Program. <i>Journal of Occupational and Environmental Medicine</i> , 2012, 54, 1230-1238.	1.7	14
22	Management of adult overweight and obesity: Consultation characteristics and treatment approaches of private practice dietitians. <i>Nutrition and Dietetics</i> , 2013, 70, 113-119.	1.8	10
23	Low-carbohydrate, healthy-fat eating: A cost comparison with national dietary guidelines. <i>Nutrition and Dietetics</i> , 2020, 77, 283-291.	1.8	10
24	Family-centered brief intervention for reducing obesity and cardiovascular disease risk: A randomized controlled trial. <i>Obesity</i> , 2016, 24, 2311-2318.	3.0	9
25	Efficacy of a "Small-Changes" Workplace Weight Loss Initiative on Weight and Productivity Outcomes. <i>Journal of Occupational and Environmental Medicine</i> , 2012, 54, 1224-1229.	1.7	8
26	How reliable is the statistical evidence for limiting saturated fat intake? A fresh look at the influential Hooper meta-analysis. <i>Internal Medicine Journal</i> , 2019, 49, 1418-1424.	0.8	7
27	Effects of differing levels of carbohydrate restriction on mood achievement of nutritional ketosis, and symptoms of carbohydrate withdrawal in healthy adults: A randomized clinical trial. <i>Nutrition: X</i> , 2019, 67-68, 100005.	0.2	6
28	Effect of intermittent sitting time on acute postprandial lipemia in children. <i>Journal of Clinical and Translational Endocrinology</i> , 2015, 2, 72-76.	1.4	5
29	Hyperinsulinemia during pregnancy across varying degrees of glucose tolerance: An examination of the Kraft database. <i>Journal of Obstetrics and Gynaecology Research</i> , 2021, 47, 1719-1726.	1.3	5
30	Determining a diagnostic algorithm for hyperinsulinaemia. <i>Journal of Insulin Resistance</i> , 2019, 4, .	1.3	4
31	Health professionals' views and experiences around the dietary and lifestyle management of gestational diabetes in New Zealand. <i>Nutrition and Dietetics</i> , 2022, 79, 255-264.	1.8	4
32	Low Carbohydrate Diets for Diabetic Cardiomyopathy: A Hypothesis. <i>Frontiers in Nutrition</i> , 2022, 9, 865489.	3.7	4
33	Acute blood glucose, cardiovascular and exaggerated responses to HIIT and moderate-intensity continuous training in men with type 2 diabetes mellitus. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1116-1126.	0.7	3
34	Hyperinsulinemia: Best management practice. <i>Diabetes</i> , 2016, 2, .	0.1	3
35	A 12-week, whole-food carbohydrate-restricted feasibility study in overweight children. <i>Journal of Insulin Resistance</i> , 2018, 3, .	1.3	3
36	The role of maternal diet on offspring hyperinsulinaemia and adiposity after birth: a systematic review of randomised controlled trials. <i>Journal of Developmental Origins of Health and Disease</i> , 2022, 13, 527-540.	1.4	2

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37	Assessing the Nutrient Status of Low Carbohydrate, High-Fat (LCHF) Meal Plans in Children: A Hypothetical Case Study Design. <i>Nutrients</i> , 2022, 14, 1598.	4.1	2
38	Using formative work to enhance a workplace weight loss maintenance intervention: Balancing what employees want and what they need. <i>Nutrition and Dietetics</i> , 2012, 69, 265-271.	1.8	1
39	The development and validation of a new survey tool: the first step to profiling New Zealanders' eating styles and moving patterns. <i>Australian and New Zealand Journal of Public Health</i> , 2016, 40, 396-397.	1.8	1
40	Dietary guidelines are not beyond criticism. <i>Lancet, The</i> , 2017, 389, 598.	13.7	1
41	Assessing the testâ€“retest repeatability of insulin resistance measures: Homeostasis model assessment 2 and oral glucose insulin sensitivity. <i>Journal of Insulin Resistance</i> , 2016, 1, .	1.3	1
42	An Alternate Approach to Military Rations for Optimal Health and Performance. <i>Military Medicine</i> , 2023, 188, e1102-e1108.	0.8	1
43	Healthy homework pilot study: Qualitative findings from a physical activity and nutrition intervention for primary-aged children. <i>Journal of Science and Medicine in Sport</i> , 2010, 13, e12-e13.	1.3	0
44	Workplace weight-loss maintenance: A novel initiative based on a â€œsmall-changesâ€ approach. <i>Journal of Science and Medicine in Sport</i> , 2010, 13, e27-e28.	1.3	0
45	Novel Nutrition Profiling of New Zealandersâ€™ Varied Eating Patterns. <i>Nutrients</i> , 2018, 10, 30.	4.1	0
46	Repeatability characteristics of insulin response patterns and measures of insulin resistance. <i>Journal of Insulin Resistance</i> , 2019, 4, .	1.3	0
47	Healthy Food Affordability in a New Zealand Context: Perception or Reality?. <i>Journal of Hunger and Environmental Nutrition</i> , 0, , 1-13.	1.9	0
48	Hyperinsulinaemia in pregnancy and gestational outcomes: A case series. <i>Journal of Insulin Resistance</i> , 2022, 5, .	1.3	0