

Jonathan M Hodgson

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

218
papers

8,918
citations

56
h-index

86
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230
ext. papers

10,350
ext. citations

5.5
avg, IF

6.07
L-index

#	Paper	IF	Citations
218	Definition of the Mediterranean Diet; a Literature Review. <i>Nutrients</i> , 2015 , 7, 9139-53	6.7	384
217	Neglecting legumes has compromised human health and sustainable food production. <i>Nature Plants</i> , 2016 , 2, 16112	11.5	344
216	Pure dietary flavonoids quercetin and (-)-epicatechin augment nitric oxide products and reduce endothelin-1 acutely in healthy men. <i>American Journal of Clinical Nutrition</i> , 2008 , 88, 1018-25	7	281
215	Specific dietary polyphenols attenuate atherosclerosis in apolipoprotein E-knockout mice by alleviating inflammation and endothelial dysfunction. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2010 , 30, 749-57	9.4	222
214	Coenzyme Q10 improves blood pressure and glycaemic control: a controlled trial in subjects with type 2 diabetes. <i>European Journal of Clinical Nutrition</i> , 2002 , 56, 1137-42	5.2	190
213	Flavonoid-rich apples and nitrate-rich spinach augment nitric oxide status and improve endothelial function in healthy men and women: a randomized controlled trial. <i>Free Radical Biology and Medicine</i> , 2012 , 52, 95-102	7.8	186
212	Tea flavonoids and cardiovascular health. <i>Molecular Aspects of Medicine</i> , 2010 , 31, 495-502	16.7	172
211	Supplementation with isoflavonoid phytoestrogens does not alter serum lipid concentrations: a randomized controlled trial in humans. <i>Journal of Nutrition</i> , 1998 , 128, 728-32	4.1	159
210	Dietary protein and soluble fiber reduce ambulatory blood pressure in treated hypertensives. <i>Hypertension</i> , 2001 , 38, 821-6	8.5	146
209	Metabolic transformation has a profound effect on anti-inflammatory activity of flavonoids such as quercetin: lack of association between antioxidant and lipoxygenase inhibitory activity. <i>Biochemical Pharmacology</i> , 2008 , 75, 1045-53	6	126
208	Urinary 20-hydroxyeicosatetraenoic acid is associated with endothelial dysfunction in humans. <i>Circulation</i> , 2004 , 110, 438-43	16.7	125
207	A single nucleotide polymorphism in the CYP4F2 but not CYP4A11 gene is associated with increased 20-HETE excretion and blood pressure. <i>Hypertension</i> , 2008 , 51, 1393-8	8.5	124
206	Lupin-enriched bread increases satiety and reduces energy intake acutely. <i>American Journal of Clinical Nutrition</i> , 2006 , 84, 975-80	7	122
205	Red wine and beer elevate blood pressure in normotensive men. <i>Hypertension</i> , 2005 , 45, 874-9	8.5	120
204	Soybean isoflavonoids and their metabolic products inhibit in vitro lipoprotein oxidation in serum. <i>Journal of Nutritional Biochemistry</i> , 1996 , 7, 664-669	6.3	116
203	Effects on blood pressure of drinking green and black tea. <i>Journal of Hypertension</i> , 1999 , 17, 457-63	1.9	113
202	Definition of ambulatory blood pressure targets for diagnosis and treatment of hypertension in relation to clinic blood pressure: prospective cohort study. <i>BMJ, The</i> , 2010 , 340, c1104	5.9	110

201	Oxidative stress in human hypertension: association with antihypertensive treatment, gender, nutrition, and lifestyle. <i>Free Radical Biology and Medicine</i> , 2004 , 36, 226-32	7.8	108
200	Partial substitution of carbohydrate intake with protein intake from lean red meat lowers blood pressure in hypertensive persons. <i>American Journal of Clinical Nutrition</i> , 2006 , 83, 780-7	7	106
199	Effects of tea and coffee on cardiovascular disease risk. <i>Food and Function</i> , 2012 , 3, 575-91	6.1	105
198	Supplementation with grape seed polyphenols results in increased urinary excretion of 3-hydroxyphenylpropionic Acid, an important metabolite of proanthocyanidins in humans. <i>Journal of Agricultural and Food Chemistry</i> , 2004 , 52, 5545-9	5.7	102
197	Tea drinking is associated with benefits on bone density in older women. <i>American Journal of Clinical Nutrition</i> , 2007 , 86, 1243-7	7	100
196	Regular ingestion of black tea improves brachial artery vasodilator function. <i>Clinical Science</i> , 2002 , 102, 195-201	6.5	100
195	Flavonoid intake is associated with lower mortality in the Danish Diet Cancer and Health Cohort. <i>Nature Communications</i> , 2019 , 10, 3651	17.4	96
194	Dietary quercetin attenuates oxidant-induced endothelial dysfunction and atherosclerosis in apolipoprotein E knockout mice fed a high-fat diet: a critical role for heme oxygenase-1. <i>Free Radical Biology and Medicine</i> , 2013 , 65, 908-915	7.8	96
193	The effect of vitamin E on blood pressure in individuals with type 2 diabetes: a randomized, double-blind, placebo-controlled trial. <i>Journal of Hypertension</i> , 2007 , 25, 227-34	1.9	96
192	Acute effects of chlorogenic acid on nitric oxide status, endothelial function, and blood pressure in healthy volunteers: a randomized trial. <i>Journal of Agricultural and Food Chemistry</i> , 2012 , 60, 9130-6	5.7	94
191	Acute effects of ingestion of black and green tea on lipoprotein oxidation. <i>American Journal of Clinical Nutrition</i> , 2000 , 71, 1103-7	7	94
190	Flavonoid intake and all-cause mortality. <i>American Journal of Clinical Nutrition</i> , 2015 , 101, 1012-20	7	93
189	Gallic acid metabolites are markers of black tea intake in humans. <i>Journal of Agricultural and Food Chemistry</i> , 2000 , 48, 2276-80	5.7	92
188	Effects of lupin kernel flour-enriched bread on blood pressure: a controlled intervention study. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 766-72	7	88
187	Antibacterial mouthwash blunts oral nitrate reduction and increases blood pressure in treated hypertensive men and women. <i>American Journal of Hypertension</i> , 2015 , 28, 572-5	2.3	87
186	Effects of alpha-tocopherol and mixed tocopherol supplementation on markers of oxidative stress and inflammation in type 2 diabetes. <i>Clinical Chemistry</i> , 2007 , 53, 511-9	5.5	87
185	Quercetin and its metabolites improve vessel function by inducing eNOS activity via phosphorylation of AMPK. <i>Biochemical Pharmacology</i> , 2012 , 84, 1036-44	6	86
184	The combination of vitamin C and grape-seed polyphenols increases blood pressure: a randomized, double-blind, placebo-controlled trial. <i>Journal of Hypertension</i> , 2005 , 23, 427-34	1.9	86

183	Dietary flavonoids: effects on endothelial function and blood pressure. <i>Journal of the Science of Food and Agriculture</i> , 2006 , 86, 2492-2498	4.3	85
182	The cardiovascular health benefits of apples: Whole fruit vs. isolated compounds. <i>Trends in Food Science and Technology</i> , 2017 , 69, 243-256	15.3	83
181	Dietary flavonoids and nitrate: effects on nitric oxide and vascular function. <i>Nutrition Reviews</i> , 2015 , 73, 216-35	6.4	76
180	Acute effects of tea on fasting and postprandial vascular function and blood pressure in humans. <i>Journal of Hypertension</i> , 2005 , 23, 47-54	1.9	74
179	Association between yogurt, milk, and cheese consumption and common carotid artery intima-media thickness and cardiovascular disease risk factors in elderly women. <i>American Journal of Clinical Nutrition</i> , 2011 , 94, 234-9	7	72
178	A Mediterranean diet lowers blood pressure and improves endothelial function: results from the Medley randomized intervention trial. <i>American Journal of Clinical Nutrition</i> , 2017 , 105, 1305-1313	7	71
177	Regular ingestion of tea does not inhibit in vivo lipid peroxidation in humans. <i>Journal of Nutrition</i> , 2002 , 132, 55-8	4.1	71
176	Effects of black tea on blood pressure: a randomized controlled trial. <i>Archives of Internal Medicine</i> , 2012 , 172, 186-8		69
175	Skim milk compared with a fruit drink acutely reduces appetite and energy intake in overweight men and women. <i>American Journal of Clinical Nutrition</i> , 2009 , 90, 70-5	7	67
174	Regular ingestion of black tea improves brachial artery vasodilator function. <i>Clinical Science</i> , 2002 , 102, 195	6.5	67
173	Isoflavonoids do not inhibit in vivo lipid peroxidation in subjects with high-normal blood pressure. <i>Atherosclerosis</i> , 1999 , 145, 167-72	3.1	67
172	Absence of an effect of high nitrate intake from beetroot juice on blood pressure in treated hypertensive individuals: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 368-75	7	66
171	Platelet trans fatty acids in relation to angiographically assessed coronary artery disease. <i>Atherosclerosis</i> , 1996 , 120, 147-54	3.1	62
170	Supplementation of a high-fat diet with chlorogenic acid is associated with insulin resistance and hepatic lipid accumulation in mice. <i>Journal of Agricultural and Food Chemistry</i> , 2013 , 61, 4371-8	5.7	61
169	The Mediterranean Diet and Cognitive Function among Healthy Older Adults in a 6-Month Randomised Controlled Trial: The Medley Study. <i>Nutrients</i> , 2016 , 8,	6.7	61
168	A metabolite profiling approach to identify biomarkers of flavonoid intake in humans. <i>Journal of Nutrition</i> , 2009 , 139, 2309-14	4.1	60
167	Increased lean red meat intake does not elevate markers of oxidative stress and inflammation in humans. <i>Journal of Nutrition</i> , 2007 , 137, 363-7	4.1	59
166	Phenolic acid metabolites as biomarkers for tea- and coffee-derived polyphenol exposure in human subjects. <i>British Journal of Nutrition</i> , 2004 , 91, 301-6	3.6	59

165	Urinary 20-hydroxyeicosatetraenoic acid excretion is associated with oxidative stress in hypertensive subjects. <i>Free Radical Biology and Medicine</i> , 2005 , 38, 1032-6	7.8	59
164	Quercetin and its in vivo metabolites inhibit neutrophil-mediated low-density lipoprotein oxidation. <i>Journal of Agricultural and Food Chemistry</i> , 2008 , 56, 3609-15	5.7	58
163	Randomised, controlled, cross-over trial of soy protein with isoflavones on blood pressure and arterial function in hypertensive subjects. <i>Journal of the American College of Nutrition</i> , 2006 , 25, 533-40	3.5	57
162	Chlorogenic acid improves ex vivo vessel function and protects endothelial cells against HOCl-induced oxidative damage, via increased production of nitric oxide and induction of Hmox-1. <i>Journal of Nutritional Biochemistry</i> , 2016 , 27, 53-60	6.3	56
161	Effects of a nitrate-rich meal on arterial stiffness and blood pressure in healthy volunteers. <i>Nitric Oxide - Biology and Chemistry</i> , 2013 , 35, 123-30	5	54
160	Tea intake is inversely related to blood pressure in older women. <i>Journal of Nutrition</i> , 2003 , 133, 2883-6	4.1	54
159	Dietary Nitrate, Nitric Oxide, and Cardiovascular Health. <i>Critical Reviews in Food Science and Nutrition</i> , 2016 , 56, 2036-52	11.5	53
158	Mediterranean diet adherence and self-reported psychological functioning in an Australian sample. <i>Appetite</i> , 2013 , 70, 53-9	4.5	53
157	Seed coats of pulses as a food ingredient: Characterization, processing, and applications. <i>Trends in Food Science and Technology</i> , 2018 , 80, 35-42	15.3	52
156	Food variety as a quantitative descriptor of food intake. <i>Ecology of Food and Nutrition</i> , 1994 , 32, 137-148	1.9	51
155	Short-term effects of nitrate-rich green leafy vegetables on blood pressure and arterial stiffness in individuals with high-normal blood pressure. <i>Free Radical Biology and Medicine</i> , 2014 , 77, 353-62	7.8	49
154	The acute effect of flavonoid-rich apples and nitrate-rich spinach on cognitive performance and mood in healthy men and women. <i>Food and Function</i> , 2014 , 5, 849-58	6.1	47
153	Association of Vegetable Nitrate Intake With Carotid Atherosclerosis and Ischemic Cerebrovascular Disease in Older Women. <i>Stroke</i> , 2017 , 48, 1724-1729	6.7	46
152	Cardiovascular Health Benefits of Specific Vegetable Types: A Narrative Review. <i>Nutrients</i> , 2018 , 10,	6.7	46
151	Association of flavonoid-rich foods and flavonoids with risk of all-cause mortality. <i>British Journal of Nutrition</i> , 2017 , 117, 1470-1477	3.6	45
150	Soy food consumption does not lower LDL cholesterol in either equol or nonequol producers. <i>American Journal of Clinical Nutrition</i> , 2008 , 88, 298-304	7	44
149	Measurement of 20-hydroxyeicosatetraenoic acid in human urine by gas chromatography-mass spectrometry. <i>Clinical Chemistry</i> , 2004 , 50, 224-6	5.5	44
148	Flavonoid-Rich Apple Improves Endothelial Function in Individuals at Risk for Cardiovascular Disease: A Randomized Controlled Clinical Trial. <i>Molecular Nutrition and Food Research</i> , 2018 , 62, 1700674	5.9	43

147	Development of a reference database for assessing dietary nitrate in vegetables. <i>Molecular Nutrition and Food Research</i> , 2017 , 61, 1600982	5.9	39
146	Black tea lowers the rate of blood pressure variation: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2013 , 97, 943-50	7	39
145	Association of dietary nitrate with atherosclerotic vascular disease mortality: a prospective cohort study of older adult women. <i>American Journal of Clinical Nutrition</i> , 2017 , 106, 207-216	7	37
144	Is reversal of endothelial dysfunction by tea related to flavonoid metabolism?. <i>British Journal of Nutrition</i> , 2006 , 95, 14-7	3.6	37
143	Apple intake is inversely associated with all-cause and disease-specific mortality in elderly women. <i>British Journal of Nutrition</i> , 2016 , 115, 860-7	3.6	37
142	An improved mass spectrometry-based measurement of NO metabolites in biological fluids. <i>Free Radical Biology and Medicine</i> , 2013 , 56, 1-8	7.8	36
141	A randomised controlled intervention trial evaluating the efficacy of a Mediterranean dietary pattern on cognitive function and psychological wellbeing in healthy older adults: the MedLey study. <i>BMC Geriatrics</i> , 2015 , 15, 55	4.1	35
140	Sesame supplementation does not improve cardiovascular disease risk markers in overweight men and women. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2009 , 19, 774-80	4.5	35
139	Supplementation with mixed tocopherols increases serum and blood cell gamma-tocopherol but does not alter biomarkers of platelet activation in subjects with type 2 diabetes. <i>American Journal of Clinical Nutrition</i> , 2006 , 83, 95-102	7	35
138	Extrusion cooking increases soluble dietary fibre of lupin seed coat. <i>LWT - Food Science and Technology</i> , 2019 , 99, 547-554	5.4	35
137	Vegetable-derived bioactive nitrate and cardiovascular health. <i>Molecular Aspects of Medicine</i> , 2018 , 61, 83-91	16.7	34
136	Effects of black tea on body composition and metabolic outcomes related to cardiovascular disease risk: a randomized controlled trial. <i>Food and Function</i> , 2014 , 5, 1613-20	6.1	34
135	Nitrate, the oral microbiome, and cardiovascular health: a systematic literature review of human and animal studies. <i>American Journal of Clinical Nutrition</i> , 2018 , 107, 504-522	7	33
134	Comparison of the effects of black and green tea on in vitro lipoprotein oxidation in human serum. <i>Journal of the Science of Food and Agriculture</i> , 1999 , 79, 561-566	4.3	33
133	A Mediterranean diet supplemented with dairy foods improves markers of cardiovascular risk: results from the MedDairy randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2018 , 108, 1166-1182	7	33
132	Tea and non-tea flavonol intakes in relation to atherosclerotic vascular disease mortality in older women. <i>British Journal of Nutrition</i> , 2013 , 110, 1648-55	3.6	32
131	Cruciferous and Allium Vegetable Intakes are Inversely Associated With 15-Year Atherosclerotic Vascular Disease Deaths in Older Adult Women. <i>Journal of the American Heart Association</i> , 2017 , 6,	6	31
130	Can black tea influence plasma total homocysteine concentrations?. <i>American Journal of Clinical Nutrition</i> , 2003 , 77, 907-11	7	31

129	Leukocyte count and vascular function in Type 2 diabetic subjects with treated hypertension. <i>Atherosclerosis</i> , 2002 , 163, 175-81	3.1	31
128	Sarcopenia Definitions and Their Associations With Mortality in Older Australian Women. <i>Journal of the American Medical Directors Association</i> , 2019 , 20, 76-82.e2	5.9	31
127	Tea and flavonoid intake predict osteoporotic fracture risk in elderly Australian women: a prospective study. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 958-65	7	30
126	Regular ingestion of black tea improves brachial artery vasodilator function. <i>Clinical Science</i> , 2002 , 102, 195-201	6.5	30
125	Effects of vitamin E, vitamin C and polyphenols on the rate of blood pressure variation: results of two randomised controlled trials. <i>British Journal of Nutrition</i> , 2014 , 112, 1551-61	3.6	29
124	The effects of alcohol on ambulatory blood pressure and other cardiovascular risk factors in type 2 diabetes: a randomized intervention. <i>Journal of Hypertension</i> , 2016 , 34, 421-8; discussion 428	1.9	29
123	Protein, fibre and blood pressure: potential benefit of legumes. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2008 , 35, 473-6	3	28
122	An overview and update on the epidemiology of flavonoid intake and cardiovascular disease risk. <i>Food and Function</i> , 2020 , 11, 6777-6806	6.1	28
121	Inhibition of 20-hydroxyeicosatetraenoic acid synthesis using specific plant lignans: in vitro and human studies. <i>Hypertension</i> , 2009 , 54, 1151-8	8.5	27
120	Lupin and soya reduce glycaemia acutely in type 2 diabetes. <i>British Journal of Nutrition</i> , 2011 , 106, 1045-51	5.6	27
119	Acute effects of ingestion of black tea on postprandial platelet aggregation in human subjects. <i>British Journal of Nutrition</i> , 2002 , 87, 141-5	3.6	27
118	Acute effects of quercetin-3-O-glucoside on endothelial function and blood pressure: a randomized dose-response study. <i>American Journal of Clinical Nutrition</i> , 2016 , 104, 97-103	7	27
117	Short-term effects of a high nitrate diet on nitrate metabolism in healthy individuals. <i>Nutrients</i> , 2015 , 7, 1906-15	6.7	26
116	Acute effects of chlorogenic acids on endothelial function and blood pressure in healthy men and women. <i>Food and Function</i> , 2016 , 7, 2197-203	6.1	26
115	Older Australians Can Achieve High Adherence to the Mediterranean Diet during a 6 Month Randomised Intervention; Results from the Medley Study. <i>Nutrients</i> , 2017 , 9,	6.7	25
114	Association of flavonoids and flavonoid-rich foods with all-cause mortality: The Blue Mountains Eye Study. <i>Clinical Nutrition</i> , 2020 , 39, 141-150	5.9	25
113	Dietary inflammatory index in relation to sub-clinical atherosclerosis and atherosclerotic vascular disease mortality in older women. <i>British Journal of Nutrition</i> , 2017 , 117, 1577-1586	3.6	24
112	Habitual chocolate intake and vascular disease: a prospective study of clinical outcomes in older women. <i>Archives of Internal Medicine</i> , 2010 , 170, 1857-8		24

111	A Mediterranean Diet Reduces F-Isoprostanes and Triglycerides among Older Australian Men and Women after 6 Months. <i>Journal of Nutrition</i> , 2017 , 147, 1348-1355	4.1	24
110	Dietary saturated fat intake and atherosclerotic vascular disease mortality in elderly women: a prospective cohort study. <i>American Journal of Clinical Nutrition</i> , 2015 , 101, 1263-8	7	23
109	Polyphenol composition of plum selections in relation to total antioxidant capacity. <i>Journal of Agricultural and Food Chemistry</i> , 2012 , 60, 10256-62	5.7	23
108	Can coenzyme Q10 improve vascular function and blood pressure? Potential for effective therapeutic reduction in vascular oxidative stress. <i>BioFactors</i> , 2003 , 18, 129-36	6.1	23
107	A Mediterranean diet supplemented with dairy foods improves mood and processing speed in an Australian sample: results from the MedDairy randomized controlled trial. <i>Nutritional Neuroscience</i> , 2020 , 23, 646-658	3.6	23
106	Association Between Abdominal Aortic Calcification, Bone Mineral Density, and Fracture in Older Women. <i>Journal of Bone and Mineral Research</i> , 2019 , 34, 2052-2060	6.3	22
105	Brachial artery vasomotor function is inversely associated with 24-h ambulatory blood pressure. <i>Journal of Hypertension</i> , 2004 , 22, 967-72	1.9	22
104	A Mediterranean Diet with Fresh, Lean Pork Improves Processing Speed and Mood: Cognitive Findings from the MedPork Randomised Controlled Trial. <i>Nutrients</i> , 2019 , 11,	6.7	21
103	Cruciferous and Total Vegetable Intakes Are Inversely Associated With Subclinical Atherosclerosis in Older Adult Women. <i>Journal of the American Heart Association</i> , 2018 , 7,	6	20
102	Screening plant derived dietary phenolic compounds for bioactivity related to cardiovascular disease. <i>Phytotherapy</i> 2018 , 126, 22-28	3.2	20
101	The Efficacy of Quercetin in Cardiovascular Health. <i>Current Nutrition Reports</i> , 2015 , 4, 290-303	6	20
100	Nitrate-rich vegetables do not lower blood pressure in individuals with mildly elevated blood pressure: a 4-wk randomized controlled crossover trial. <i>American Journal of Clinical Nutrition</i> , 2018 , 107, 894-908	7	19
99	Nitrate causes a dose-dependent augmentation of nitric oxide status in healthy women. <i>Food and Function</i> , 2012 , 3, 522-7	6.1	19
98	Non pharmacologic therapy and lifestyle factors in hypertension. <i>Blood Pressure</i> , 2001 , 10, 352-65	1.7	19
97	Relationship of dietary nitrate intake from vegetables with cardiovascular disease mortality: a prospective study in a cohort of older Australians. <i>European Journal of Nutrition</i> , 2019 , 58, 2741-2753	5.2	19
96	Associations between habitual flavonoid intake and hospital admissions for atherosclerotic cardiovascular disease: a prospective cohort study. <i>Lancet Planetary Health, The</i> , 2019 , 3, e450-e459	9.8	18
95	Mechanisms of the protective effects of nitrate and nitrite in cardiovascular and metabolic diseases. <i>Nitric Oxide - Biology and Chemistry</i> , 2020 , 96, 35-43	5	17
94	Vegetable and Fruit Intake and Fracture-Related Hospitalisations: A Prospective Study of Older Women. <i>Nutrients</i> , 2017 , 9,	6.7	17

93	The effects of alcohol on plasma lipid mediators of inflammation resolution in patients with Type 2 diabetes mellitus. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2018 , 133, 29-34	2.8	17
92	Short-term effects of polyphenol-rich black tea on blood pressure in men and women. <i>Food and Function</i> , 2013 , 4, 111-5	6.1	17
91	Fruit Intake and Abdominal Aortic Calcification in Elderly Women: A Prospective Cohort Study. <i>Nutrients</i> , 2016 , 8, 159	6.7	17
90	Long-term effects of a protein-enriched diet on blood pressure in older women. <i>British Journal of Nutrition</i> , 2012 , 107, 1664-72	3.6	16
89	Dietary flavonoids and the prevalence and 15-y incidence of age-related macular degeneration. <i>American Journal of Clinical Nutrition</i> , 2018 , 108, 381-387	7	15
88	20-Hydroxyeicosatetraenoic acid is not associated with circulating insulin in lean to overweight humans. <i>Diabetes Research and Clinical Practice</i> , 2006 , 74, 197-200	7.4	15
87	Quantifying dietary vitamin K and its link to cardiovascular health: a narrative review. <i>Food and Function</i> , 2020 , 11, 2826-2837	6.1	14
86	A Mediterranean Diet to Improve Cardiovascular and Cognitive Health: Protocol for a Randomised Controlled Intervention Study. <i>Nutrients</i> , 2017 , 9,	6.7	14
85	Comparison of flavonoid intake assessment methods. <i>Food and Function</i> , 2016 , 7, 3748-59	6.1	14
84	Characterization of polyphenols in Australian sweet lupin (<i>Lupinus angustifolius</i>) seed coat by HPLC-DAD-ESI-MS/MS. <i>Food Research International</i> , 2019 , 116, 1153-1162	7	14
83	Vegetable and fruit intake and injurious falls risk in older women: a prospective cohort study. <i>British Journal of Nutrition</i> , 2018 , 120, 925-934	3.6	14
82	Associations of proanthocyanidin intake with renal function and clinical outcomes in elderly women. <i>PLoS ONE</i> , 2013 , 8, e71166	3.7	13
81	The effects of a lupin-enriched diet on oxidative stress and factors influencing vascular function in overweight subjects. <i>Antioxidants and Redox Signaling</i> , 2010 , 13, 1517-24	8.4	13
80	Vitamin E supplementation and hepatic drug metabolism in humans. <i>Journal of Cardiovascular Pharmacology</i> , 2009 , 54, 491-6	3.1	13
79	Enzymatically modified isoquercitrin improves endothelial function in volunteers at risk of cardiovascular disease. <i>British Journal of Nutrition</i> , 2020 , 123, 182-189	3.6	13
78	A randomised controlled intervention trial evaluating the efficacy of an Australianised Mediterranean diet compared to the habitual Australian diet on cognitive function, psychological wellbeing and cardiovascular health in healthy older adults (MedLey study): protocol paper. <i>BMC Nutrition</i> , 2015 , 1,	2.5	12
77	Chocolate consumption and bone density in older women. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 175-80	7	12
76	Prognostic Value of Abdominal Aortic Calcification: A Systematic Review and Meta-Analysis of Observational Studies. <i>Journal of the American Heart Association</i> , 2021 , 10, e017205	6	12

75	Effects of Mediterranean diet supplemented with lean pork on blood pressure and markers of cardiovascular risk: findings from the MedPork trial. <i>British Journal of Nutrition</i> , 2019 , 122, 873-883	3.6	11
74	Relationships of vascular function with measures of ambulatory blood pressure variation. <i>Atherosclerosis</i> , 2014 , 233, 48-54	3.1	11
73	The acute effect of coffee on endothelial function and glucose metabolism following a glucose load in healthy human volunteers. <i>Food and Function</i> , 2017 , 8, 3366-3373	6.1	11
72	Effect of adding milk to black tea on vascular function in healthy men and women: a randomised controlled crossover trial. <i>Food and Function</i> , 2018 , 9, 6307-6314	6.1	11
71	Dietary Nitrate and Diet Quality: An Examination of Changing Dietary Intakes within a Representative Sample of Australian Women. <i>Nutrients</i> , 2018 , 10,	6.7	10
70	Nitration of gamma-tocopherol prevents its oxidative metabolism by HepG2 cells. <i>Free Radical Biology and Medicine</i> , 2005 , 39, 483-94	7.8	9
69	Dietary nitrate intake is associated with muscle function in older women. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019 , 10, 601-610	10.3	8
68	Dietary plant and animal protein intake and decline in estimated glomerular filtration rate among elderly women: a 10-year longitudinal cohort study. <i>Nephrology Dialysis Transplantation</i> , 2021 , 36, 1640-1647	4.3	8
67	Including pork in the Mediterranean diet for an Australian population: Protocol for a randomised controlled trial assessing cardiovascular risk and cognitive function. <i>Nutrition Journal</i> , 2017 , 16, 84	4.3	8
66	Glucosinolates From Cruciferous Vegetables and Their Potential Role in Chronic Disease: Investigating the Preclinical and Clinical Evidence. <i>Frontiers in Pharmacology</i> , 2021 , 12, 767975	5.6	8
65	Vegetable nitrate intake, blood pressure and incident cardiovascular disease: Danish Diet, Cancer, and Health Study. <i>European Journal of Epidemiology</i> , 2021 , 36, 813-825	12.1	8
64	Association of Dietary Nitrate Intake with the 15-Year Incidence of Age-Related Macular Degeneration. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2018 , 118, 2311-2314	3.9	8
63	Total volume and composition of fluid intake and mortality in older women: a cohort study. <i>BMJ Open</i> , 2017 , 7, e011720	3	7
62	Simultaneous quantitative analysis of polyphenolic compounds in human plasma by liquid chromatography tandem mass spectrometry. <i>Journal of Separation Science</i> , 2019 , 42, 2909-2921	3.4	7
61	The effects of vitamin K-rich green leafy vegetables on bone metabolism: A 4-week randomised controlled trial in middle-aged and older individuals. <i>Bone Reports</i> , 2020 , 12, 100274	2.6	6
60	Acute effects of tea on fasting and non-fasting plasma total homocysteine concentrations in human subjects. <i>British Journal of Nutrition</i> , 2007 , 97, 842-6	3.6	6
59	Dietary flavonoids and cardiovascular disease: does the emperor have any clothes?. <i>Journal of Hypertension</i> , 2005 , 23, 1461-3	1.9	6
58	Identifying the metabolomic fingerprint of high and low flavonoid consumers. <i>Journal of Nutritional Science</i> , 2017 , 6, e34	2.7	6

57	Higher habitual flavonoid intakes are associated with a lower risk of peripheral artery disease hospitalizations. <i>American Journal of Clinical Nutrition</i> , 2020 ,	7	6
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