

Zenaida Vázquez

List of Publications by Year in descending order

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Version: 2024-02-01

27
papers

1,577
citations

686830

13
h-index

610482

24
g-index

27
all docs

27
docs citations

27
times ranked

2156
citing authors

#	ARTICLE	IF	CITATIONS
1	Factors associated with successful dietary changes in an energy-reduced Mediterranean diet intervention: a longitudinal analysis in the PREDIMED-Plus trial. <i>European Journal of Nutrition</i> , 2022, 61, 1457-1475.	1.8	8
2	Integrative development of a short screening questionnaire of highly processed food consumption (sQ-HPF). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, 6.	2.0	1
3	Adopting a High-Polyphenolic Diet Is Associated with an Improved Glucose Profile: Prospective Analysis within the PREDIMED-Plus Trial. <i>Antioxidants</i> , 2022, 11, 316.	2.2	5
4	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study. <i>PLoS ONE</i> , 2022, 17, e0265079.	1.1	3
5	Effect of Dietary Phenolic Compounds on Incidence of Cardiovascular Disease in the SUN Project; 10 Years of Follow-Up. <i>Antioxidants</i> , 2022, 11, 783.	2.2	12
6	Mediterranean Diet Maintained Platelet Count within a Healthy Range and Decreased Thrombocytopenia-Related Mortality Risk: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 559.	1.7	3
7	High Fruit and Vegetable Consumption and Moderate Fat Intake Are Associated with Higher Carotenoid Concentration in Human Plasma. <i>Antioxidants</i> , 2021, 10, 473.	2.2	7
8	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , 2021, 40, 1510-1518.	2.3	27
9	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021, 40, 2825-2836.	2.3	24
10	Fruit and Vegetable Consumption is Inversely Associated with Plasma Saturated Fatty Acids at Baseline in Predimed Plus Trial. <i>Molecular Nutrition and Food Research</i> , 2021, 65, 2100363.	1.5	3
11	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , 2020, 59, 2395-2409.	1.8	11
12	Hypertension and changes in cognitive function in a Mediterranean population. <i>Nutritional Neuroscience</i> , 2020, , 1-9.	1.5	2
13	Physical fitness and physical activity association with cognitive function and quality of life: baseline cross-sectional analysis of the PREDIMED-Plus trial. <i>Scientific Reports</i> , 2020, 10, 3472.	1.6	47
14	The Effect of Physical Activity and High Body Mass Index on Health-Related Quality of Life in Individuals with Metabolic Syndrome. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3728.	1.2	7
15	Lifestyle factors and visceral adipose tissue: Results from the PREDIMED-PLUS study. <i>PLoS ONE</i> , 2019, 14, e0210726.	1.1	14
16	Associations between Dietary Polyphenols and Type 2 Diabetes in a Cross-Sectional Analysis of the PREDIMED-Plus Trial: Role of Body Mass Index and Sex. <i>Antioxidants</i> , 2019, 8, 537.	2.2	31
17	Mediterranean diet and quality of life: Baseline cross-sectional analysis of the PREDIMED-PLUS trial. <i>PLoS ONE</i> , 2018, 13, e0198974.	1.1	100
18	TÍTULO: Egg consumption and dyslipidemia in a Mediterranean cohort. TÍTULO: Consumo de huevo y dislipidemia en una cohorte mediterránea. <i>Nutricion Hospitalaria</i> , 2018, 35, 153-161.	0.2	6

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19	PatrÃ³n de dieta pro-vegetariana y mortalidad general. Revista Chilena De Nutricion, 2014, 41, 367-371.	0.1	0
20	Glycemic load, glycemic index, bread and incidence of overweight/obesity in a Mediterranean cohort: the SUN project. BMC Public Health, 2014, 14, 1091.	1.2	31
21	Egg consumption and risk of cardiovascular disease in the SUN Project. European Journal of Clinical Nutrition, 2011, 65, 676-682.	1.3	43
22	Low consumption of fruit and vegetables and risk of chronic disease: a review of the epidemiological evidence and temporal trends among Spanish graduates. Public Health Nutrition, 2011, 14, 2309-2315.	1.1	46
23	Reproducibility of an FFQ validated in Spain. Public Health Nutrition, 2010, 13, 1364-1372.	1.1	314
24	Mediterranean diet and the incidence of cardiovascular disease: A Spanish cohort. Nutrition, Metabolism and Cardiovascular Diseases, 2010, 21, 237-44.	1.1	133
25	The effect of low-fat versus whole-fat dairy product intake on blood pressure and weight in young normotensive adults. Journal of Human Nutrition and Dietetics, 2009, 22, 336-342.	1.3	56
26	Adherence to Mediterranean diet and risk of developing diabetes: prospective cohort study. BMJ: British Medical Journal, 2008, 336, 1348-1351.	2.4	444
27	Cohort profile: The â€œSeguimiento Universidad de Navarraâ€™ (SUN) study. International Journal of Epidemiology, 2006, 35, 1417-1422.	0.9	199