

Robert Stanton, Aep

List of Publications by Year in descending order

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Version: 2024-02-01

120
papers

4,075
citations

257450

24
h-index

144013

57
g-index

121
all docs

121
docs citations

121
times ranked

5775
citing authors

#	ARTICLE	IF	CITATIONS
1	“If they can do it, I can do it” experiences of older women who engage in powerlifting training. <i>Journal of Women and Aging</i> , 2022, 34, 54-64.	1.0	6
2	Are acute player workloads associated with in-game performance in basketball?. <i>Biology of Sport</i> , 2022, 39, 95-100.	3.2	8
3	Immediate comfort perception of 3D-printed foot orthoses in individuals with unilateral heel pain. <i>Prosthetics and Orthotics International</i> , 2022, 46, 31-36.	1.0	5
4	Outcome assessments used in studies examining the effect of prescribed exercise interventions for people living with severe mental illness, a scoping review. <i>Mental Health and Physical Activity</i> , 2022, 22, 100438.	1.8	2
5	Pain-free grip strength in individuals with lateral elbow tendinopathy: Between- and within-session reliability of one versus three trials. <i>Physiotherapy Theory and Practice</i> , 2022, , 1-9.	1.3	2
6	The association of resilience with depression, anxiety, stress and physical activity during the COVID-19 pandemic. <i>BMC Public Health</i> , 2022, 22, 491.	2.9	26
7	Mental health consumers' perspectives of physical health interventions: An integrative review. <i>International Journal of Mental Health Nursing</i> , 2022, 31, 1046-1089.	3.8	7
8	The biomechanical effects of 3D printed and traditionally made foot orthoses in individuals with unilateral plantar fasciopathy and flat feet. <i>Gait and Posture</i> , 2022, 96, 257-264.	1.4	8
9	Redefining mental healthcare: going multidisciplinary to manage multimorbidity. <i>British Journal of Sports Medicine</i> , 2021, 55, 7-8.	6.7	11
10	Forgotten first responders: Australian surf lifesavers and lifeguards. <i>EMA - Emergency Medicine Australasia</i> , 2021, 33, 572-574.	1.1	4
11	The Association Between Sleep and In-Game Performance in Basketball Players. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 333-341.	2.3	10
12	Willingness to Vaccinate against COVID-19 Declines in Australia, Except in Lockdown Areas. <i>Vaccines</i> , 2021, 9, 479.	4.4	10
13	Associations between health behaviors and mental health in Australian nursing students. <i>Nurse Education in Practice</i> , 2021, 53, 103084.	2.6	13
14	Sedentary behaviour research in adults: A scoping review of systematic reviews and meta-analyses. <i>Journal of Sports Sciences</i> , 2021, 39, 2219-2231.	2.0	13
15	How are COVID-19 knowledge and concern associated with practising preventive behaviours in Australian adults?. <i>Australian and New Zealand Journal of Public Health</i> , 2021, 45, 523-525.	1.8	5
16	Exploring Resilience in Undergraduate and Early Career Paramedics. <i>Australasian Journal of Paramedicine</i> , 2021, 18, 1-7.	0.3	1
17	The experiences of peer-facilitators delivering a physical activity intervention for emergency service workers and their families. <i>Mental Health and Physical Activity</i> , 2021, 21, 100414.	1.8	5
18	As the Pandemic Progresses, How Does Willingness to Vaccinate against COVID-19 Evolve?. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 797.	2.6	81

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19	The Application of Accelerometer-Derived Moving Averages to Quantify Peak Demands in Basketball: A Comparison of Sample Duration, Playing Role, and Session Type. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, S58-S63.	2.1	21
20	Helping People With Parkinson Disease Build Exercise Self-Efficacy. <i>Physical Therapy</i> , 2020, 100, 205-208.	2.4	12
21	Self-reported physical activity levels of the 2017 Royal Australian and New Zealand College of Psychiatrists (RANZCP) conference delegates and their exercise referral practices. <i>Journal of Mental Health</i> , 2020, 29, 565-572.	1.9	12
22	Feeling states of people experiencing depression, anxiety, or comorbid depression and anxiety symptoms during a multi-day charity cycling ride: An ecological momentary assessment study. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101489.	2.1	1
23	Insufficient Sleep in Young Athletes? Causes, Consequences, and Potential Treatments. <i>Sports Medicine</i> , 2020, 50, 461-470.	6.5	44
24	Australian exercise physiology student attitudes and knowledge towards people living with mental illness. <i>Journal of Mental Health Training, Education and Practice</i> , 2020, 15, 193-205.	0.7	2
25	Therapeutic tape use for lateral elbow tendinopathy: A survey of Australian healthcare practitioners. <i>Musculoskeletal Science and Practice</i> , 2020, 48, 102160.	1.3	2
26	Depression, Anxiety and Stress during COVID-19: Associations with Changes in Physical Activity, Sleep, Tobacco and Alcohol Use in Australian Adults. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4065.	2.6	939
27	A Structured E-Investigation Into the Prevalence and Acceptance of Smartphone Applications by Exercise Professionals. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1330-1339.	2.1	3
28	Supporting better mental health services for rural Australians: Secondary analysis from the Australian National Social Survey. <i>Australian Journal of Rural Health</i> , 2020, 28, 122-123.	1.5	2
29	Do exercise trials for adults with depression account for comorbid anxiety? A systematic review. <i>Mental Health and Physical Activity</i> , 2020, 18, 100320.	1.8	8
30	Exercise prescription for people with mental illness: an evaluation of mental health professionals' knowledge, beliefs, barriers, and behaviors. <i>Revista Brasileira De Psiquiatria</i> , 2020, 42, 271-277.	1.7	12
31	Prevalence of Chronic Health Conditions in Australian Adults with Depression and/or Anxiety. <i>Issues in Mental Health Nursing</i> , 2019, 40, 902-907.	1.2	12
32	A quantitative assessment of the views of mental health professionals on exercise for people with mental illness: perspectives from a low-resource setting. <i>African Health Sciences</i> , 2019, 19, 2172.	0.7	9
33	Temporal trends in exercise physiology services in Australia—Implications for rural and remote service provision. <i>Australian Journal of Rural Health</i> , 2019, 27, 514-519.	1.5	0
34	External Activity Demands Differ Between Referees and Players During a Sub-Elite, Men's Basketball Match. <i>Research Quarterly for Exercise and Sport</i> , 2019, 90, 720-725.	1.4	13
35	Sticking to the facts: A systematic review of the effects of therapeutic tape in lateral epicondylalgia. <i>Physical Therapy in Sport</i> , 2019, 40, 117-127.	1.9	19
36	Embedding an exercise professional within an inpatient mental health service: A qualitative study. <i>Mental Health and Physical Activity</i> , 2019, 17, 100300.	1.8	5

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37	Developing an Evidence-Based Specialist Nursing Role to Improve the Physical Health Care of People with Mental Illness. <i>Issues in Mental Health Nursing</i> , 2019, 40, 832-838.	1.2	10
38	Validity of the Polar Team Pro Sensor for measuring speed and distance indoors. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 1260-1265.	1.3	26
39	Working Overtime: The Effects of Overtime Periods on Game Demands in Basketball Players. <i>International Journal of Sports Physiology and Performance</i> , 2019, 14, 1331-1337.	2.3	18
40	Individualized and Fixed Thresholds to Demarcate PlayerLoad Intensity Zones Produce Different Outcomes. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, 2046-2052.	2.1	3
41	Associations between ability to recognise a mental health disorder and lived experience of mental illness in an Australian sample. <i>Psychiatry Research</i> , 2019, 272, 206-208.	3.3	9
42	Exercise and mental health literacy in an Australian adult population. <i>Depression and Anxiety</i> , 2019, 36, 465-472.	4.1	8
43	Validity of a contact mat and accelerometric system to assess countermovement jump from flight time. <i>Measurement in Physical Education and Exercise Science</i> , 2019, 23, 39-46.	1.8	8
44	Consumers at the centre: interprofessional solutions for meeting mental health consumers' physical health needs. <i>Journal of Interprofessional Care</i> , 2019, 33, 226-234.	1.7	13
45	Effects of Combined Strength and Sprint Training on Lean Mass, Strength, Power, and Sprint Performance in Masters Road Cyclists. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 66-79.	2.1	10
46	Incorporating Exercise Professionals in Mental Health Settings: An Australian Perspective. <i>Bioengineered</i> , 2019, 8, 21-25.	3.2	13
47	A novel approach to standardizing landing and balancing tasks in netball using single-leg horizontal jumps. <i>Measurement in Physical Education and Exercise Science</i> , 2018, 22, 294-302.	1.8	1
48	A Comparison of Training and Competition Demands in Semiprofessional Male Basketball Players. <i>Research Quarterly for Exercise and Sport</i> , 2018, 89, 103-111.	1.4	87
49	PT and OT Helper Golf Elbow: a mobile app user guide for getting a grip on medial epicondylalgia. <i>British Journal of Sports Medicine</i> , 2018, 52, e9-e9.	6.7	1
50	Decrements in knee extensor and flexor strength are associated with performance fatigue during simulated basketball game-play in adolescent, male players. <i>Journal of Sports Sciences</i> , 2018, 36, 852-860.	2.0	7
51	Implementation in action: how Australian Exercise Physiologists approach exercise prescription for people with mental illness. <i>Journal of Mental Health</i> , 2018, 27, 150-156.	1.9	22
52	The prevalence and performance of resistance exercise training activities in an Australian population in relation to health authority guidelines. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 616-620.	1.3	12
53	Influence of Different Methods to Determine Maximum Heart Rate on Training Load Outcomes in Basketball Players. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 3177-3185.	2.1	24
54	Here if you need me exploring peer support to enhance access to physical health care. <i>Journal of Mental Health</i> , 2018, 27, 329-335.	1.9	11

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55	The Association Between Training Load and Performance in Team Sports: A Systematic Review. <i>Sports Medicine</i> , 2018, 48, 2743-2774.	6.5	76
56	Improving the cardiometabolic health of people with psychosis: A protocol for a randomised controlled trial of the Physical Health Nurse Consultant service. <i>Contemporary Clinical Trials</i> , 2018, 73, 75-80.	1.8	5
57	Integration of the Exercise Professional Within the Mental Health Multidisciplinary Team. , 2018, , 243-263.		2
58	The Role of Sport, Exercise, and Physical Activity in Closing the Life Expectancy Gap for People with Mental Illness: An International Consensus Statement by Exercise and Sports Science Australia, American College of Sports Medicine, British Association of Sport and Exercise Science, and Sport and Exercise Science New Zealand. <i>Translational Journal of the American College of Sports Medicine</i> , 2018, 3, 72-73.	0.6	27
59	Physical health and mental illness: listening to the voice of carers. <i>Journal of Mental Health</i> , 2017, 26, 127-133.	1.9	39
60	A Review of Player Monitoring Approaches in Basketball: Current Trends and Future Directions. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2021-2029.	2.1	109
61	Embedding exercise interventions as routine mental health care: implementation strategies in residential, inpatient and community settings. <i>Australasian Psychiatry</i> , 2017, 25, 451-455.	0.7	61
62	Filling the gaps and finding our way: family carers navigating the healthcare system to access physical health services for the people they care for. <i>Journal of Clinical Nursing</i> , 2017, 26, 1917-1926.	3.0	15
63	Social and material aspects of life and their impact on the physical health of people diagnosed with mental illness. <i>Health Expectations</i> , 2017, 20, 984-991.	2.6	17
64	Validity and intra-rater reliability of MyJump app on iPhone 6s in jump performance. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 518-523.	1.3	46
65	The need for waist circumference as a criterion for metabolic syndrome in people with mental illness. <i>Collegian</i> , 2017, 24, 387-390.	1.3	4
66	Validity of a Smartphone-Based Application for Determining Sprinting Performance. Hindawi Publishing Corporation, 2016, 2016, 1-5.	1.1	13
67	â€˜That red flag on your fileâ€™: misinterpreting physical symptoms as mental illness. <i>Journal of Clinical Nursing</i> , 2016, 25, 2933-2942.	3.0	33
68	Embedding a physical health nurse consultant within mental health services: Consumersâ€™ perspectives. <i>International Journal of Mental Health Nursing</i> , 2016, 25, 377-384.	3.8	14
69	How can we increase physical activity and exercise among youth experiencing firstâ€‘episode psychosis? A systematic review of intervention variables. <i>Microbial Biotechnology</i> , 2016, 10, 435-440.	1.7	22
70	Participative mental health consumer research for improving physical health care: An integrative review. <i>International Journal of Mental Health Nursing</i> , 2016, 25, 399-408.	3.8	19
71	Mental Health Consumer Experiences and Strategies When Seeking Physical Health Care. <i>Global Qualitative Nursing Research</i> , 2016, 3, 233339361663167.	1.4	33
72	Low knowledge of physical health behaviours is associated with poor diet and chronic illness in adults. <i>Australian Journal of Primary Health</i> , 2016, 22, 226.	0.9	5

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73	Screening for Metabolic Syndrome in Mental Health Consumers Using an Electronic Metabolic Monitoring Form. <i>Issues in Mental Health Nursing</i> , 2016, 37, 239-244.	1.2	6
74	Participation in and Satisfaction With an Exercise Program for Inpatient Mental Health Consumers. <i>Perspectives in Psychiatric Care</i> , 2016, 52, 62-67.	1.9	14
75	What Physical Health Means to Me: Perspectives of People with Mental Illness. <i>Issues in Mental Health Nursing</i> , 2016, 37, 934-941.	1.2	15
76	The Effect of Acute Exercise on Affect and Arousal in Inpatient Mental Health Consumers. <i>Journal of Nervous and Mental Disease</i> , 2016, 204, 658-664.	1.0	12
77	Use of an electronic metabolic monitoring form in a mental health service – a retrospective file audit. <i>BMC Psychiatry</i> , 2016, 16, 109.	2.6	15
78	Agreement between activPAL3c accelerometers placed at different thigh positions. <i>Gait and Posture</i> , 2016, 48, 230-236.	1.4	3
79	Addressing the physical health of people with serious mental illness: A potential solution for an enduring problem. <i>International Journal of Social Psychiatry</i> , 2016, 62, 201-202.	3.1	11
80	Physical health nurse consultant role to improve physical health in mental health services: A carer's perspective. <i>International Journal of Mental Health Nursing</i> , 2016, 25, 243-250.	3.8	10
81	Quality of Life Outcomes in Community-based Mental Health Consumers: Comparisons with Population Norms and Changes over Time. <i>Issues in Mental Health Nursing</i> , 2016, 37, 146-152.	1.2	3
82	The Relationship Between Exercise Intensity and Sleep Quality in People Hospitalised Due to Affective Disorders: A Pilot Study. <i>Issues in Mental Health Nursing</i> , 2016, 37, 70-74.	1.2	5
83	Consensus statement on the role of Accredited Exercise Physiologists within the treatment of mental disorders: a guide for mental health professionals. <i>Australasian Psychiatry</i> , 2016, 24, 347-351.	0.7	49
84	Implementing evidence-based physical activity interventions for people with mental illness: an Australian perspective. <i>Australasian Psychiatry</i> , 2016, 24, 49-54.	0.7	61
85	Fitness Test Pro: a one-stop application to assess cardiorespiratory fitness. <i>British Journal of Sports Medicine</i> , 2016, 50, 379-380.	6.7	0
86	Confusion surrounds physical activity prescription for pregnant women. <i>Health Promotion Journal of Australia</i> , 2015, 26, 163-164.	1.2	0
87	A call to action: exercise as treatment for patients with mental illness. <i>Australian Journal of Primary Health</i> , 2015, 21, 120.	0.9	26
88	An exploratory study examining the core affect hypothesis of the anti-depressive and anxiolytic effects of physical activity. <i>Mental Health and Physical Activity</i> , 2015, 9, 55-58.	1.8	10
89	Physical activity screening to recruit inactive randomized controlled trial participants: how much is too much?. <i>Trials</i> , 2015, 16, 446.	1.6	10
90	Lessons Learned From the Trial of a Cardiometabolic Health Nurse. <i>Perspectives in Psychiatric Care</i> , 2015, 51, 268-276.	1.9	3

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91	Predictors of Nurse Support for the Introduction of the Cardiometabolic Health Nurse in the Australian Mental Health Sector. <i>Perspectives in Psychiatric Care</i> , 2015, 51, 162-170.	1.9	5
92	A Pilot Study of the Views of General Practitioners Regarding Exercise for the Treatment of Depression. <i>Perspectives in Psychiatric Care</i> , 2015, 51, 253-259.	1.9	27
93	Scoping review of research in Australia on the co-occurrence of physical and serious mental illness and integrated care. <i>International Journal of Mental Health Nursing</i> , 2015, 24, 421-438.	3.8	15
94	Barriers to exercise prescription and participation in people with mental illness: the perspectives of nurses working in mental health. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2015, 22, 440-448.	2.1	34
95	Investigating the exercise prescription practices of nurses working in inpatient mental health settings. <i>International Journal of Mental Health Nursing</i> , 2015, 24, 112-120.	3.8	44
96	Applying the World Health Organization Mental Health Action Plan to evaluate policy on addressing co-occurrence of physical and mental illnesses in Australia. <i>Australian Health Review</i> , 2015, 39, 370.	1.1	13
97	<i>My Jump</i> for vertical jump assessment. <i>British Journal of Sports Medicine</i> , 2015, 49, 1157-1158.	6.7	28
98	Exploring the Views of Nurses on the Cardiometabolic Health Nurse in Mental Health Services in Australia. <i>Issues in Mental Health Nursing</i> , 2015, 36, 135-144.	1.2	13
99	A meta-meta-analysis of the effect of physical activity on depression and anxiety in non-clinical adult populations. <i>Health Psychology Review</i> , 2015, 9, 366-378.	8.6	745
100	Reduced Ambivalence to the Role of the Cardiometabolic Health Nurse Following a 6-Month Trial. <i>Perspectives in Psychiatric Care</i> , 2015, 51, 80-85.	1.9	6
101	Utilization of a Cardiometabolic Health Nurse – a Novel Strategy to Manage Comorbid Physical and Mental Illness. <i>Journal of Comorbidity</i> , 2014, 4, 22-28.	3.9	9
102	Exercise Interventions for the Treatment of Affective Disorders – Research to Practice. <i>Frontiers in Psychiatry</i> , 2014, 5, 46.	2.6	13
103	Cardiometabolic Health Nursing to Improve Health and Primary Care Access in Community Mental Health Consumers: Baseline Physical Health Outcomes from a Randomised Controlled Trial. <i>Issues in Mental Health Nursing</i> , 2014, 35, 114-121.	1.2	21
104	The Cardiometabolic Health Nurse: Physical Health Behaviour Outcomes from a Randomised Controlled Trial. <i>Issues in Mental Health Nursing</i> , 2014, 35, 768-775.	1.2	11
105	Exercise for mental illness: A systematic review of inpatient studies. <i>International Journal of Mental Health Nursing</i> , 2014, 23, 232-242.	3.8	54
106	Self-Reported Health, Health Behaviors, Attitudes, and Beliefs of Regional Mental Health Consumers. <i>Perspectives in Psychiatric Care</i> , 2014, 50, 193-200.	1.9	6
107	A Systematic Review of the Aerobic Exercise Program Variables for People with Schizophrenia. <i>Current Sports Medicine Reports</i> , 2014, 13, 260-266.	1.2	38
108	Interdevice baseline signal magnitude variability of the ActivPAL3 activity monitor. <i>Gait and Posture</i> , 2014, 39, 618-620.	1.4	1

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109	Exercise and the treatment of depression: A review of the exercise program variables. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 177-182.	1.3	276
110	Knowing is not doing: The relationship between health behaviour knowledge and actual health behaviours in people with serious mental illness. <i>Mental Health and Physical Activity</i> , 2014, 7, 198-204.	1.8	18
111	Validation of a pouch-mounted activPAL3 accelerometer. <i>Gait and Posture</i> , 2014, 40, 688-693.	1.4	13
112	The development of a questionnaire to investigate the views of health professionals regarding exercise for the treatment of mental illness. <i>Mental Health and Physical Activity</i> , 2014, 7, 177-182.	1.8	22
113	The effectiveness of specialist roles in mental health metabolic monitoring: a retrospective cross-sectional comparison study. <i>BMC Psychiatry</i> , 2014, 14, 234.	2.6	37
114	Development, Validation and Initial Outcomes of a Questionnaire to Investigate the Views of Nurses Working in a Mental Health Setting Regarding a Cardiometabolic Health Nursing Role. <i>Archives of Psychiatric Nursing</i> , 2014, 28, 123-127.	1.4	5
115	Cardiometabolic health nursing to improve health and primary care access in community mental health consumers: Protocol for a randomised controlled trial. <i>International Journal of Nursing Studies</i> , 2014, 51, 236-242.	5.6	11
116	An Exercise Prescription Primer for People with Depression. <i>Issues in Mental Health Nursing</i> , 2013, 34, 626-630.	1.2	12
117	Is Cardiovascular or Resistance Exercise Better to Treat Patients With Depression? A Narrative Review. <i>Issues in Mental Health Nursing</i> , 2013, 34, 531-538.	1.2	21
118	The Effect of Short-Term Swiss Ball Training on Core Stability and Running Economy. <i>Journal of Strength and Conditioning Research</i> , 2004, 18, 522.	2.1	138
119	Self-reported training habits of Australian outrigger canoe paddlers. <i>Journal of Strength and Conditioning Research</i> , 2002, 16, 477-9.	2.1	1
120	The mental health benefits of regular physical activity, and its role in preventing future depressive illness. <i>Nursing (Auckland, N Z)</i> , 0, , 45.	2.0	29