## Robert Stanton, Aep

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/5594717/publications.pdf

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120 papers 4,075 citations

257450 24 h-index 57 g-index

121 all docs

121 docs citations

times ranked

121

5775 citing authors

#	Article	IF	CITATIONS
1	Depression, Anxiety and Stress during COVID-19: Associations with Changes in Physical Activity, Sleep, Tobacco and Alcohol Use in Australian Adults. International Journal of Environmental Research and Public Health, 2020, 17, 4065.	2.6	939
2	A meta-meta-analysis of the effect of physical activity on depression and anxiety in non-clinical adult populations. Health Psychology Review, 2015, 9, 366-378.	8.6	745
3	Exercise and the treatment of depression: A review of the exercise program variables. Journal of Science and Medicine in Sport, 2014, 17, 177-182.	1.3	276
4	The Effect of Short-Term Swiss Ball Training on Core Stability and Running Economy. Journal of Strength and Conditioning Research, 2004, 18, 522.	2.1	138
5	A Review of Player Monitoring Approaches in Basketball: Current Trends and Future Directions. Journal of Strength and Conditioning Research, 2017, 31, 2021-2029.	2.1	109
6	A Comparison of Training and Competition Demands in Semiprofessional Male Basketball Players. Research Quarterly for Exercise and Sport, 2018, 89, 103-111.	1.4	87
7	As the Pandemic Progresses, How Does Willingness to Vaccinate against COVID-19 Evolve?. International Journal of Environmental Research and Public Health, 2021, 18, 797.	2.6	81
8	The Association Between Training Load and Performance in Team Sports: A Systematic Review. Sports Medicine, 2018, 48, 2743-2774.	6.5	76
9	Implementing evidence-based physical activity interventions for people with mental illness: an Australian perspective. Australasian Psychiatry, 2016, 24, 49-54.	0.7	61
10	Embedding exercise interventions as routine mental health care: implementation strategies in residential, inpatient and community settings. Australasian Psychiatry, 2017, 25, 451-455.	0.7	61
11	Exercise for mental illness: A systematic review of inpatient studies. International Journal of Mental Health Nursing, 2014, 23, 232-242.	3.8	54
12	Consensus statement on the role of Accredited Exercise Physiologists within the treatment of mental disorders: a guide for mental health professionals. Australasian Psychiatry, 2016, 24, 347-351.	0.7	49
13	Validity and intra-rater reliability of MyJump app on iPhone 6s in jump performance. Journal of Science and Medicine in Sport, 2017, 20, 518-523.	1.3	46
14	Investigating the exerciseâ€prescription practices of nurses working in inpatient mental health settings. International Journal of Mental Health Nursing, 2015, 24, 112-120.	3.8	44
15	Insufficient Sleep in Young Athletes? Causes, Consequences, and Potential Treatments. Sports Medicine, 2020, 50, 461-470.	6.5	44
16	Physical health and mental illness: listening to the voice of carers. Journal of Mental Health, 2017, 26, 127-133.	1.9	39
17	A Systematic Review of the Aerobic Exercise Program Variables for People with Schizophrenia. Current Sports Medicine Reports, 2014, 13, 260-266.	1.2	38
18	The effectiveness of specialist roles in mental health metabolic monitoring: a retrospective cross-sectional comparison study. BMC Psychiatry, 2014, 14, 234.	2.6	37

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19	Barriers to exercise prescription and participation in people with mental illness: the perspectives of nurses working in mental health. Journal of Psychiatric and Mental Health Nursing, 2015, 22, 440-448.	2.1	34
20	†That red flag on your file': misinterpreting physical symptoms as mental illness. Journal of Clinical Nursing, 2016, 25, 2933-2942.	3.0	33
21	Mental Health Consumer Experiences and Strategies When Seeking Physical Health Care. Global Qualitative Nursing Research, 2016, 3, 233339361663167.	1.4	33
22	The mental health benefits of regular physical activity, and its role in preventing future depressive illness. Nursing (Auckland, N Z ), 0, , 45.	2.0	29
23	<i>My Jump</i> for vertical jump assessment. British Journal of Sports Medicine, 2015, 49, 1157-1158.	6.7	28
24	A Pilot Study of the Views of General Practitioners Regarding Exercise for the Treatment of Depression. Perspectives in Psychiatric Care, 2015, 51, 253-259.	1.9	27
25	The Role of Sport, Exercise, and Physical Activity in Closing the Life Expectancy Gap for People with Mental Illness: An International Consensus Statement by Exercise and Sports Science Australia, American College of Sports Medicine, British Association of Sport and Exercise Science, and Sport and Exercise Science New Zealand. Translational Journal of the American College of Sports Medicine, 2018,	0.6	27
26	A call to action: exercise as treatment for patients with mental illness. Australian Journal of Primary Health, 2015, 21, 120.	0.9	26
27	Validity of the Polar Team Pro Sensor for measuring speed and distance indoors. Journal of Science and Medicine in Sport, 2019, 22, 1260-1265.	1.3	26
28	The association of resilience with depression, anxiety, stress and physical activity during the COVID-19 pandemic. BMC Public Health, 2022, 22, 491.	2.9	26
29	Influence of Different Methods to Determine Maximum Heart Rate on Training Load Outcomes in Basketball Players. Journal of Strength and Conditioning Research, 2018, 32, 3177-3185.	2.1	24
30	The development of a questionnaire to investigate the views of health professionals regarding exercise for the treatment of mental illness. Mental Health and Physical Activity, 2014, 7, 177-182.	1.8	22
31	How can we increase physical activity and exercise among youth experiencing firstâ€episode psychosis? A systematic review of intervention variables. Microbial Biotechnology, 2016, 10, 435-440.	1.7	22
32	Implementation in action: how Australian Exercise Physiologists approach exercise prescription for people with mental illness. Journal of Mental Health, 2018, 27, 150-156.	1.9	22
33	Is Cardiovascular or Resistance Exercise Better to Treat Patients With Depression? A Narrative Review. Issues in Mental Health Nursing, 2013, 34, 531-538.	1.2	21
34	Cardiometabolic Health Nursing to Improve Health and Primary Care Access in Community Mental Health Consumers: Baseline Physical Health Outcomes from a Randomised Controlled Trial. Issues in Mental Health Nursing, 2014, 35, 114-121.	1.2	21
35	The Application of Accelerometer-Derived Moving Averages to Quantify Peak Demands in Basketball: A Comparison of Sample Duration, Playing Role, and Session Type. Journal of Strength and Conditioning Research, 2021, 35, S58-S63.	2.1	21
36	Participative mental health consumer research for improving physical health care: An integrative review. International Journal of Mental Health Nursing, 2016, 25, 399-408.	3.8	19

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37	Sticking to the facts: A systematic review of the effects of therapeutic tape in lateral epicondylalgia. Physical Therapy in Sport, 2019, 40, 117-127.	1.9	19
38	Knowing is not doing: The relationship between health behaviour knowledge and actual health behaviours in people with serious mental illness. Mental Health and Physical Activity, 2014, 7, 198-204.	1.8	18
39	Working Overtime: The Effects of Overtime Periods on Game Demands in Basketball Players. International Journal of Sports Physiology and Performance, 2019, 14, 1331-1337.	2.3	18
40	Social and material aspects of life and their impact on the physical health of people diagnosed with mental illness. Health Expectations, 2017, 20, 984-991.	2.6	17
41	Scoping review of research in <scp>A</scp> ustralia on the coâ€occurrence of physical and serious mental illness and integrated care. International Journal of Mental Health Nursing, 2015, 24, 421-438.	3.8	15
42	What Physical Health Means to Me: Perspectives of People with Mental Illness. Issues in Mental Health Nursing, 2016, 37, 934-941.	1.2	15
43	Use of an electronic metabolic monitoring form in a mental health service – a retrospective file audit. BMC Psychiatry, 2016, 16, 109.	2.6	15
44	Filling the gaps and finding our way: family carers navigating the healthcare system to access physical health services for the people they care for. Journal of Clinical Nursing, 2017, 26, 1917-1926.	3.0	15
45	Embedding a physical health nurse consultant within mental health services: Consumers' perspectives. International Journal of Mental Health Nursing, 2016, 25, 377-384.	3.8	14
46	Participation in and Satisfaction With an Exercise Program for Inpatient Mental Health Consumers. Perspectives in Psychiatric Care, 2016, 52, 62-67.	1.9	14
47	Exercise Interventions for the Treatment of Affective Disorders ââ,¬â€œ Research to Practice. Frontiers in Psychiatry, 2014, 5, 46.	2.6	13
48	Validation of a pouch-mounted activPAL3 accelerometer. Gait and Posture, 2014, 40, 688-693.	1.4	13
49	Applying the World Health Organization Mental Health Action Plan to evaluate policy on addressing co-occurrence of physical and mental illnesses in Australia. Australian Health Review, 2015, 39, 370.	1.1	13
50	Exploring the Views of Nurses on the Cardiometabolic Health Nurse in Mental Health Services in Australia. Issues in Mental Health Nursing, 2015, 36, 135-144.	1.2	13
51	Validity of a Smartphone-Based Application for Determining Sprinting Performance. Hindawi Publishing Corporation, 2016, 2016, 1-5.	1.1	13
52	External Activity Demands Differ Between Referees and Players During a Sub-Elite, Men's Basketball Match. Research Quarterly for Exercise and Sport, 2019, 90, 720-725.	1.4	13
53	Consumers at the centre: interprofessional solutions for meeting mental health consumers' physical health needs. Journal of Interprofessional Care, 2019, 33, 226-234.	1.7	13
54	Associations between health behaviors and mental health in Australian nursing students. Nurse Education in Practice, 2021, 53, 103084.	2.6	13

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55	Sedentary behaviour research in adults: A scoping review of systematic reviews and meta-analyses. Journal of Sports Sciences, 2021, 39, 2219-2231.	2.0	13
56	Incorporating Exercise Professionals in Mental Health Settings: An Australian Perspective. Bioengineered, 2019, 8, 21-25.	3.2	13
57	An Exercise Prescription Primer for People with Depression. Issues in Mental Health Nursing, 2013, 34, 626-630.	1.2	12
58	The Effect of Acute Exercise on Affect and Arousal in Inpatient Mental Health Consumers. Journal of Nervous and Mental Disease, 2016, 204, 658-664.	1.0	12
59	The prevalence and performance of resistance exercise training activities in an Australian population in relation to health authority guidelines. Journal of Science and Medicine in Sport, 2018, 21, 616-620.	1.3	12
60	Prevalence of Chronic Health Conditions in Australian Adults with Depression and/or Anxiety. Issues in Mental Health Nursing, 2019, 40, 902-907.	1.2	12
61	Helping People With Parkinson Disease Build Exercise Self-Efficacy. Physical Therapy, 2020, 100, 205-208.	2.4	12
62	Self-reported physical activity levels of the 2017 Royal Australian and New Zealand College of Psychiatrists (RANZCP) conference delegates and their exercise referral practices. Journal of Mental Health, 2020, 29, 565-572.	1.9	12
63	Exercise prescription for people with mental illness: an evaluation of mental health professionals' knowledge, beliefs, barriers, and behaviors. Revista Brasileira De Psiquiatria, 2020, 42, 271-277.	1.7	12
64	The Cardiometabolic Health Nurse: Physical Health Behaviour Outcomes from a Randomised Controlled Trial. Issues in Mental Health Nursing, 2014, 35, 768-775.	1.2	11
65	Cardiometabolic health nursing to improve health and primary care access in community mental health consumers: Protocol for a randomised controlled trial. International Journal of Nursing Studies, 2014, 51, 236-242.	5.6	11
66	Addressing the physical health of people with serious mental illness: A potential solution for an enduring problem. International Journal of Social Psychiatry, 2016, 62, 201-202.	3.1	11
67	"Here if you need me― exploring peer support to enhance access to physical health care. Journal of Mental Health, 2018, 27, 329-335.	1.9	11
68	Redefining mental healthcare: going multidisciplinary to manage multimorbidity. British Journal of Sports Medicine, 2021, 55, 7-8.	6.7	11
69	An exploratory study examining the core affect hypothesis of the anti-depressive and anxiolytic effects of physical activity. Mental Health and Physical Activity, 2015, 9, 55-58.	1.8	10
70	Physical activity screening to recruit inactive randomized controlled trial participants: how much is too much?. Trials, 2015, 16, 446.	1.6	10
71	Physical health nurse consultant role to improve physical health in mental health services: A carer's perspective. International Journal of Mental Health Nursing, 2016, 25, 243-250.	3.8	10
72	Developing an Evidence-Based Specialist Nursing Role to Improve the Physical Health Care of People with Mental Illness. Issues in Mental Health Nursing, 2019, 40, 832-838.	1.2	10

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73	Effects of Combined Strength and Sprint Training on Lean Mass, Strength, Power, and Sprint Performance in Masters Road Cyclists. Journal of Strength and Conditioning Research, 2019, 33, 66-79.	2.1	10
74	The Association Between Sleep and In-Game Performance in Basketball Players. International Journal of Sports Physiology and Performance, 2021, 16, 333-341.	2.3	10
75	Willingness to Vaccinate against COVID-19 Declines in Australia, Except in Lockdown Areas. Vaccines, 2021, 9, 479.	4.4	10
76	Utilization of a Cardiometabolic Health Nurse $\hat{a}\in$ a Novel Strategy to Manage Comorbid Physical and Mental Illness. Journal of Comorbidity, 2014, 4, 22-28.	3.9	9
77	A quantitative assessment of the views of mental health professionals on exercise for people with mental illness: perspectives from a low-resource setting. African Health Sciences, 2019, 19, 2172.	0.7	9
78	Associations between ability to recognise a mental health disorder and lived experience of mental illness in an Australian sample Psychiatry Research, 2019, 272, 206-208.	3.3	9
79	Exercise and mental health literacy in an Australian adult population. Depression and Anxiety, 2019, 36, 465-472.	4.1	8
80	Validity of a contact mat and accelerometric system to assess countermovement jump from flight time. Measurement in Physical Education and Exercise Science, 2019, 23, 39-46.	1.8	8
81	Do exercise trials for adults with depression account for comorbid anxiety? A systematic review. Mental Health and Physical Activity, 2020, 18, 100320.	1.8	8
82	Are acute player workloads associated with in-game performance in basketball? Biology of Sport, 2022, 39, 95-100.	3.2	8
83	The biomechanical effects of 3D printed and traditionally made foot orthoses in individuals with unilateral plantar fasciopathy and flat feet. Gait and Posture, 2022, 96, 257-264.	1.4	8
84	Decrements in knee extensor and flexor strength are associated with performance fatigue during simulated basketball game-play in adolescent, male players. Journal of Sports Sciences, 2018, 36, 852-860.	2.0	7
85	Mental health consumers' perspectives of physical health interventions: An integrative review. International Journal of Mental Health Nursing, 2022, 31, 1046-1089.	3.8	7
86	Self-Reported Health, Health Behaviors, Attitudes, and Beliefs of Regional Mental Health Consumers. Perspectives in Psychiatric Care, 2014, 50, 193-200.	1.9	6
87	Reduced Ambivalence to the Role of the Cardiometabolic Health Nurse Following a 6-Month Trial. Perspectives in Psychiatric Care, 2015, 51, 80-85.	1.9	6
88	Screening for Metabolic Syndrome in Mental Health Consumers Using an Electronic Metabolic Monitoring Form. Issues in Mental Health Nursing, 2016, 37, 239-244.	1.2	6
89	"lf they can do it, I can do it― experiences of older women who engage in powerlifting training. Journal of Women and Aging, 2022, 34, 54-64.	1.0	6
90	Development, Validation and Initial Outcomes of a Questionnaire to Investigate the Views of Nurses Working in a Mental Health Setting Regarding a Cardiometabolic Health Nursing Role. Archives of Psychiatric Nursing, 2014, 28, 123-127.	1.4	5

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91	Predictors of Nurse Support for the Introduction of the Cardiometabolic Health Nurse in the Australian Mental Health Sector. Perspectives in Psychiatric Care, 2015, 51, 162-170.	1.9	5
92	Low knowledge of physical health behaviours is associated with poor diet and chronic illness in adults. Australian Journal of Primary Health, 2016, 22, 226.	0.9	5
93	The Relationship Between Exercise Intensity and Sleep Quality in People Hospitalised Due to Affective Disorders: A Pilot Study. Issues in Mental Health Nursing, 2016, 37, 70-74.	1.2	5
94	Improving the cardiometabolic health of people with psychosis: A protocol for a randomised controlled trial of the Physical Health Nurse Consultant service. Contemporary Clinical Trials, 2018, 73, 75-80.	1.8	5
95	Embedding an exercise professional within an inpatient mental health service: A qualitative study. Mental Health and Physical Activity, 2019, 17, 100300.	1.8	5
96	How are COVIDâ€19 knowledge and concern associated with practising preventive behaviours in Australian adults?. Australian and New Zealand Journal of Public Health, 2021, 45, 523-525.	1.8	5
97	The experiences of peer-facilitators delivering a physical activity intervention for emergency service workers and their families. Mental Health and Physical Activity, 2021, 21, 100414.	1.8	5
98	Immediate comfort perception of 3D-printed foot orthoses in individuals with unilateral heel pain. Prosthetics and Orthotics International, 2022, 46, 31-36.	1.0	5
99	The need for waist circumference as a criterion for metabolic syndrome in people with mental illness. Collegian, 2017, 24, 387-390.	1.3	4
100	Forgotten first responders: Australian surf lifesavers and lifeguards. EMA - Emergency Medicine Australasia, 2021, 33, 572-574.	1.1	4
101	Lessons Learned From the Trial of a Cardiometabolic Health Nurse. Perspectives in Psychiatric Care, 2015, 51, 268-276.	1.9	3
102	Agreement between activPAL3c accelerometers placed at different thigh positions. Gait and Posture, 2016, 48, 230-236.	1.4	3
103	Quality of Life Outcomes in Community-based Mental Health Consumers: Comparisons with Population Norms and Changes over Time. Issues in Mental Health Nursing, 2016, 37, 146-152.	1.2	3
104	Individualized and Fixed Thresholds to Demarcate PlayerLoad Intensity Zones Produce Different Outcomes. Journal of Strength and Conditioning Research, 2019, Publish Ahead of Print, 2046-2052.	2.1	3
105	A Structured E-Investigation Into the Prevalence and Acceptance of Smartphone Applications by Exercise Professionals. Journal of Strength and Conditioning Research, 2020, 34, 1330-1339.	2.1	3
106	Integration of the Exercise Professional Within the Mental Health Multidisciplinary Team. , 2018, , 243-263.		2
107	Australian exercise physiology student attitudes and knowledge towards people living with mental illness. Journal of Mental Health Training, Education and Practice, 2020, 15, 193-205.	0.7	2
108	Therapeutic tape use for lateral elbow tendinopathy: A survey of Australian healthcare practitioners. Musculoskeletal Science and Practice, 2020, 48, 102160.	1.3	2

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109	Supporting better mental health services for rural Australians: Secondary analysis from the Australian National Social Survey. Australian Journal of Rural Health, 2020, 28, 122-123.	1.5	2
110	Outcome assessments used in studies examining the effect of prescribed exercise interventions for people living with severe mental illness, a scoping review. Mental Health and Physical Activity, 2022, 22, 100438.	1.8	2
111	Pain-free grip strength in individuals with lateral elbow tendinopathy: Between- and within-session reliability of one versus three trials. Physiotherapy Theory and Practice, 2022, , 1-9.	1.3	2
112	Interdevice baseline signal magnitude variability of the ActivPAL3 activity monitor. Gait and Posture, 2014, 39, 618-620.	1.4	1
113	A novel approach to standardizing landing and balancing tasks in netball using single-leg horizontal jumps. Measurement in Physical Education and Exercise Science, 2018, 22, 294-302.	1.8	1
114	PT and OT Helper Golf Elbow: a mobile app user guide for getting a grip on medial epicondylalgia. British Journal of Sports Medicine, 2018, 52, e9-e9.	6.7	1
115	Feeling states of people experiencing depression, anxiety, or comorbid depression and anxiety symptoms during a multi-day charity cycling ride: An ecological momentary assessment study. Psychology of Sport and Exercise, 2020, 47, 101489.	2.1	1
116	Exploring Resilience in Undergraduate and Early Career Paramedics. Australasian Journal of Paramedicine, 2021, 18, 1-7.	0.3	1
117	Self-reported training habits of Australian outrigger canoe paddlers. Journal of Strength and Conditioning Research, 2002, 16, 477-9.	2.1	1
118	Confusion surrounds physical activity prescription for pregnant women. Health Promotion Journal of Australia, 2015, 26, 163-164.	1.2	0
119	Fitness Test Pro: a one-stop application to assess cardiorespiratory fitness. British Journal of Sports Medicine, 2016, 50, 379-380.	6.7	0
120	Temporal trends in exercise physiology services in Australiaâ€"Implications for rural and remote service provision. Australian Journal of Rural Health, 2019, 27, 514-519.	1.5	0