

Kerstin Blom

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5593078/publications.pdf>

Version: 2024-02-01

25
papers

1,332
citations

623734

14
h-index

610901

24
g-index

25
all docs

25
docs citations

25
times ranked

1340
citing authors

#	ARTICLE	IF	CITATIONS
1	ICBT in routine care: A descriptive analysis of successful clinics in five countries. <i>Internet Interventions</i> , 2018, 13, 108-115.	2.7	273
2	Internet Treatment Addressing either Insomnia or Depression, for Patients with both Diagnoses: A Randomized Trial. <i>Sleep</i> , 2015, 38, 267-277.	1.1	148
3	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	3.2	138
4	Internet-vs. group-delivered cognitive behavior therapy for insomnia: A randomized controlled non-inferiority trial. <i>Behaviour Research and Therapy</i> , 2015, 70, 47-55.	3.1	128
5	Guided internet cognitive behavioral therapy for insomnia compared to a control treatment – A randomized trial. <i>Behaviour Research and Therapy</i> , 2015, 71, 90-100.	3.1	104
6	Efficacy of a behavioral self-help treatment with or without therapist guidance for co-morbid and primary insomnia -a randomized controlled trial. <i>BMC Psychiatry</i> , 2012, 12, 5.	2.6	99
7	Three-Year Follow-Up Comparing Cognitive Behavioral Therapy for Depression to Cognitive Behavioral Therapy for Insomnia, for Patients With Both Diagnoses. <i>Sleep</i> , 2017, 40, .	1.1	70
8	Proof of Concept for an Adaptive Treatment Strategy to Prevent Failures in Internet-Delivered CBT: A Single-Blind Randomized Clinical Trial With Insomnia Patients. <i>American Journal of Psychiatry</i> , 2019, 176, 315-323.	7.2	63
9	Telephone Versus Internet Administration of Self-Report Measures of Social Anxiety, Depressive Symptoms, and Insomnia: Psychometric Evaluation of a Method to Reduce the Impact of Missing Data. <i>Journal of Medical Internet Research</i> , 2013, 15, e229.	4.3	59
10	Three-Year Follow-Up of Insomnia and Hypnotics after Controlled Internet Treatment for Insomnia. <i>Sleep</i> , 2016, 39, 1267-1274.	1.1	57
11	Effects of cognitive behavioral therapy for insomnia (CBT-I) on quality of life: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 64, 101646.	8.5	39
12	Predicting treatment failure in regular care Internet-Delivered Cognitive Behavior Therapy for depression and anxiety using only weekly symptom measures.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 311-321.	2.0	26
13	Facilitating and hindering factors in Internet-delivered treatment for insomnia and depression. <i>Internet Interventions</i> , 2016, 4, 51-60.	2.7	24
14	A very brief self-report scale for measuring insomnia severity using two items from the Insomnia Severity Index - development and validation in a clinical population. <i>Sleep Medicine</i> , 2021, 81, 365-374.	1.6	22
15	Effectiveness of guided Internet-delivered treatment for major depression in routine mental healthcare - An open study. <i>Internet Interventions</i> , 2019, 18, 100274.	2.7	18
16	Development of a very brief scale for detecting and measuring panic disorder using two items from the Panic Disorder Severity Scale-Self Report. <i>Journal of Affective Disorders</i> , 2019, 257, 615-622.	4.1	14
17	The effects of component-specific treatment compliance in individually tailored internet-based treatment. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 298-308.	2.7	12
18	Very long-term outcome of cognitive behavioral therapy for insomnia: one- and ten-year follow-up of a randomized controlled trial. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 72-88.	3.5	10

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19	Weekly Self-Ratings of Treatment Involvement and Their Relation to Symptom Reduction in Internet Cognitive Behavioral Therapy for Insomnia. <i>Cognitive Therapy and Research</i> , 2021, 45, 262-271.	1.9	8
20	Large-scale implementation of insomnia treatment in routine psychiatric care: patient characteristics and insomnia-depression comorbidity. <i>Journal of Sleep Research</i> , 2021, , e13448.	3.2	5
21	Sleep During Pelvic-Abdominal Radiotherapy for Cancer. <i>Cancer Nursing</i> , 2021, 44, 333-344.	1.5	5
22	Initial Low Levels of Suicidal Ideation Still Improve After Cognitive Behavioral Therapy for Insomnia in Regular Psychiatric Care. <i>Frontiers in Psychiatry</i> , 2021, 12, 676962.	2.6	4
23	An open-ended primary-care group intervention for insomnia based on a self-help book "A randomized controlled trial and 4-year follow-up. <i>Journal of Sleep Research</i> , 2020, 29, e12881.	3.2	3
24	An investigation and replication of sleep-related cognitions, acceptance and behaviours as predictors of short- and long-term outcome in cognitive behavioural therapy for insomnia. <i>Journal of Sleep Research</i> , 2021, 30, e13376.	3.2	3
25	ICBT for Insomnia. , 2016, , 143-161.		0