

# Livia S A Augustin

## List of Publications by Citations

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88

papers

4,701

citations

35

h-index

68

g-index

92

ext. papers

5,457

ext. citations

4.9

avg, IF

4.78

L-index

#	Paper	IF	Citations
88	Glycemic index, glycemic load and glycemic response: An International Scientific Consensus Summit from the International Carbohydrate Quality Consortium (ICQC). <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2015</b> , 25, 795-815	4.5	309
87	Effect of a low-glycemic index or a high-cereal fiber diet on type 2 diabetes: a randomized trial. <i>JAMA - Journal of the American Medical Association</i> , <b>2008</b> , 300, 2742-53	27.4	278
86	Glycemic index in chronic disease: a review. <i>European Journal of Clinical Nutrition</i> , <b>2002</b> , 56, 1049-71	5.2	263
85	Circulating adiponectin and endometrial cancer risk. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2004</b> , 89, 1160-3	5.6	220
84	Viscous and nonviscous fibres, nonabsorbable and low glycaemic index carbohydrates, blood lipids and coronary heart disease. <i>Current Opinion in Lipidology</i> , <b>2000</b> , 11, 49-56	4.4	220
83	Effect of legumes as part of a low glycemic index diet on glycemic control and cardiovascular risk factors in type 2 diabetes mellitus: a randomized controlled trial. <i>Archives of Internal Medicine</i> , <b>2012</b> , 172, 1653-60		200
82	Physiological effects of resistant starches on fecal bulk, short chain fatty acids, blood lipids and glycemic index. <i>Journal of the American College of Nutrition</i> , <b>1998</b> , 17, 609-16	3.5	176
81	Dietary fibre, lente carbohydrates and the insulin-resistant diseases. <i>British Journal of Nutrition</i> , <b>2000</b> , 83 Suppl 1, S157-63	3.6	158
80	Dietary glycemic load and colorectal cancer risk. <i>Annals of Oncology</i> , <b>2001</b> , 12, 173-8	10.3	151
79	Glycemic index: overview of implications in health and disease. <i>American Journal of Clinical Nutrition</i> , <b>2002</b> , 76, 266S-73S	7	144
78	Dietary glycemic index and glycemic load, and breast cancer risk: a case-control study. <i>Annals of Oncology</i> , <b>2001</b> , 12, 1533-8	10.3	143
77	Effect of wheat bran on glycemic control and risk factors for cardiovascular disease in type 2 diabetes. <i>Diabetes Care</i> , <b>2002</b> , 25, 1522-8	14.6	137
76	Almonds decrease postprandial glycemia, insulinemia, and oxidative damage in healthy individuals. <i>Journal of Nutrition</i> , <b>2006</b> , 136, 2987-92	4.1	136
75	Type 2 diabetes and the vegetarian diet. <i>American Journal of Clinical Nutrition</i> , <b>2003</b> , 78, 610S-616S	7	120
74	Almonds and postprandial glycemia--a dose-response study. <i>Metabolism: Clinical and Experimental</i> , <b>2007</b> , 56, 400-4	12.7	119
73	Associations of glycemic index and load with coronary heart disease events: a systematic review and meta-analysis of prospective cohorts. <i>Journal of the American Heart Association</i> , <b>2012</b> , 1, e000752	6	102
72	Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials. <i>PLoS ONE</i> , <b>2014</b> , 9, e103376	3.7	90

71	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	87
70	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. <i>BMJ Open</i> , <b>2014</b> , 4, e004660	3	83
69	Mediterranean diet and glycaemic load in relation to incidence of type 2 diabetes: results from the Greek cohort of the population-based European Prospective Investigation into Cancer and Nutrition (EPIC). <i>Diabetologia</i> , <b>2013</b> , 56, 2405-13	10.3	77
68	Glycemic index and glycemic load in endometrial cancer. <i>International Journal of Cancer</i> , <b>2003</b> , 105, 404-7.5	7.5	77
67	High-protein diets in hyperlipidemia: effect of wheat gluten on serum lipids, uric acid, and renal function. <i>American Journal of Clinical Nutrition</i> , <b>2001</b> , 74, 57-63	7	77
66	Glycemic index, glycemic load and cancer risk. <i>Annals of Oncology</i> , <b>2013</b> , 24, 245-51	10.3	71
65	The effect of wheat bran particle size on laxation and colonic fermentation. <i>Journal of the American College of Nutrition</i> , <b>1999</b> , 18, 339-45	3.5	63
64	Glycemic index, glycemic load and risk of prostate cancer. <i>International Journal of Cancer</i> , <b>2004</b> , 112, 446-50	7.5	62
63	Dietary pulses, satiety and food intake: a systematic review and meta-analysis of acute feeding trials. <i>Obesity</i> , <b>2014</b> , 22, 1773-80	8	61
62	Effect of lowering the glycemic load with canola oil on glycemic control and cardiovascular risk factors: a randomized controlled trial. <i>Diabetes Care</i> , <b>2014</b> , 37, 1806-14	14.6	59
61	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: Assessment of Causal Relations. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	58
60	Dietary glycemic index, glycemic load and ovarian cancer risk: a case-control study in Italy. <i>Annals of Oncology</i> , <b>2003</b> , 14, 78-84	10.3	58
59	High-complex carbohydrate or lente carbohydrate foods?. <i>American Journal of Medicine</i> , <b>2002</b> , 113 Suppl 9B, 30S-37S	2.4	57
58	Glycemic index, glycemic load and risk of gastric cancer. <i>Annals of Oncology</i> , <b>2004</b> , 15, 581-4	10.3	54
57	The role of glycemic index and glycemic load in cardiovascular disease and its risk factors: a review of the recent literature. <i>Current Atherosclerosis Reports</i> , <b>2014</b> , 16, 381	6	53
56	Acute effects of pistachio consumption on glucose and insulin, satiety hormones and endothelial function in the metabolic syndrome. <i>European Journal of Clinical Nutrition</i> , <b>2014</b> , 68, 370-5	5.2	41
55	Resistant Starches and Health. <i>Journal of AOAC INTERNATIONAL</i> , <b>2004</b> , 87, 769-774	1.7	41
54	Glycemic index and load and risk of upper aero-digestive tract neoplasms (Italy). <i>Cancer Causes and Control</i> , <b>2003</b> , 14, 657-62	2.8	39

53	Viscous dietary fibre and metabolic effects. <i>Clinical Nutrition Supplements</i> , <b>2004</b> , 1, 39-49		35
52	Glycemic Index, Glycemic Load and Cancer Risk: An Updated Meta-Analysis. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	33
51	Effect of wheat bran on serum lipids: influence of particle size and wheat protein. <i>Journal of the American College of Nutrition</i> , <b>1999</b> , 18, 159-65	3.5	32
50	Association between components of the insulin-like growth factor system and endometrial cancer risk. <i>Oncology</i> , <b>2004</b> , 67, 54-9	3.6	30
49	The effect of a dietary portfolio compared to a DASH-type diet on blood pressure. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2015</b> , 25, 1132-9	4.5	28
48	Too much sugar, too much carbohydrate, or just too much?. <i>American Journal of Clinical Nutrition</i> , <b>2004</b> , 79, 711-2	7	28
47	Identification of Modulated MicroRNAs Associated with Breast Cancer, Diet, and Physical Activity. <i>Cancers</i> , <b>2020</b> , 12,	6.6	28
46	Association between components of the insulin-like growth factor system and epithelial ovarian cancer risk. <i>Oncology</i> , <b>2004</b> , 67, 225-30	3.6	27
45	Effect of almond consumption on the serum fatty acid profile: a dose-response study. <i>British Journal of Nutrition</i> , <b>2014</b> , 112, 1137-46	3.6	26
44	Low glycemic index diet, exercise and vitamin D to reduce breast cancer recurrence (DEDiCa): design of a clinical trial. <i>BMC Cancer</i> , <b>2017</b> , 17, 69	4.8	22
43	Dietary Fibre Consensus from the International Carbohydrate Quality Consortium (ICQC). <i>Nutrients</i> , <b>2020</b> , 12,	6.7	22
42	Effect of cocoa bran on low-density lipoprotein oxidation and fecal bulking. <i>Archives of Internal Medicine</i> , <b>2000</b> , 160, 2374-9		21
41	Post-prandial glucose and insulin responses of hummus alone or combined with a carbohydrate food: a dose-response study. <i>Nutrition Journal</i> , <b>2016</b> , 15, 13	4.3	20
40	Dietary glycemic index, glycemic load, and the risk of endometrial cancer: a case-control study and meta-analysis. <i>European Journal of Cancer Prevention</i> , <b>2013</b> , 22, 38-45	2	19
39	Effect of high vegetable protein diets on urinary calcium loss in middle-aged men and women. <i>European Journal of Clinical Nutrition</i> , <b>2003</b> , 57, 376-82	5.2	19
38	Nut consumption, serum fatty acid profile and estimated coronary heart disease risk in type 2 diabetes. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2014</b> , 24, 845-52	4.5	17
37	Alcohol consumption and acute myocardial infarction: a benefit of alcohol consumed with meals?. <i>Epidemiology</i> , <b>2004</b> , 15, 767-9	3.1	15
36	Mediterranean diet and quality of life in women treated for breast cancer: A baseline analysis of DEDiCa multicentre trial. <i>PLoS ONE</i> , <b>2020</b> , 15, e0239803	3.7	13

35	Glycemic index is as reliable as macronutrients on food labels. <i>American Journal of Clinical Nutrition</i> , <b>2017</b> , 105, 768-769	7	12
34	ILSI Brazil International Workshop on Functional Foods: a narrative review of the scientific evidence in the area of carbohydrates, microbiome, and health. <i>Food and Nutrition Research</i> , <b>2013</b> , 57,	3.1	11
33	Combined effect of obesity and diabetes on early breast cancer outcome: a prospective observational study. <i>Oncotarget</i> , <b>2017</b> , 8, 115709-115717	3.3	11
32	Quality of Life in Women Diagnosed with Breast Cancer after a 12-Month Treatment of Lifestyle Modifications. <i>Nutrients</i> , <b>2020</b> , 13,	6.7	11
31	Relationship between a wide range of alcohol consumptions, components of the insulin-like growth factor system and adiponectin. <i>European Journal of Clinical Nutrition</i> , <b>2007</b> , 61, 221-5	5.2	10
30	Lipid, protein and carbohydrate intake in relation to body mass index: an Italian study. <i>Public Health Nutrition</i> , <b>2007</b> , 10, 306-10	3.3	10
29	COVID-19 Emergency and Post-Emergency in Italian Cancer Patients: How Can Patients Be Assisted?. <i>Frontiers in Oncology</i> , <b>2020</b> , 10, 1571	5.3	10
28	Associations of dietary carbohydrates, glycaemic index and glycaemic load with risk of bladder cancer: a case-control study. <i>British Journal of Nutrition</i> , <b>2017</b> , 118, 722-729	3.6	9
27	Adherence to the World Cancer Research Fund/American Institute for Cancer Research Recommendations and the Risk of Breast Cancer. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	9
26	Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC). <i>British Journal of Nutrition</i> , <b>2014</b> , 111, 380-2	3.6	9
25	Body weight and risk of molecular breast cancer subtypes among postmenopausal Mediterranean women. <i>Current Research in Translational Medicine</i> , <b>2016</b> , 64, 15-20	3.7	8
24	Associations of bread and pasta with the risk of cancer of the breast and colorectum. <i>Annals of Oncology</i> , <b>2013</b> , 24, 3094-9	10.3	8
23	The glycemic index: methodology and use. <i>Nestle Nutrition Workshop Series Clinical &amp; Performance Programme</i> , <b>2006</b> , 11, 43-56		8
22	Influence of selected lifestyle factors on risk of acute myocardial infarction in subjects with familial predisposition for the disease. <i>Preventive Medicine</i> , <b>2004</b> , 38, 468-72	4.3	8
21	Risk Differences Between Prediabetes And Diabetes According To Breast Cancer Molecular Subtypes. <i>Journal of Cellular Physiology</i> , <b>2017</b> , 232, 1144-1150	7	7
20	Nonalcoholic fatty liver, nonalcoholic steatohepatitis, ectopic fat, and the glycemic index. <i>American Journal of Clinical Nutrition</i> , <b>2006</b> , 84, 3-4	7	7
19	Changes in Lifestyle and Dietary Habits during COVID-19 Lockdown in Italy: Results of an Online Survey. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	6
18	Adherence to the Mediterranean Diet and Mortality after Breast Cancer. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	5

17	Dietary Glycaemic Index Labelling: A Global Perspective. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	4
16	Dietary glycaemic index, glycaemic load and head and neck cancer risk: a pooled analysis in an international consortium. <i>British Journal of Cancer</i> , <b>2020</b> , 122, 745-748	8.7	3
15	Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. <i>BMJ Open</i> , <b>2016</b> , 6, e012220	3	3
14	Adherence to Mediterranean Diet, Physical Activity and Survival after Prostate Cancer Diagnosis. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	3
13	Diabetes risk reduction diet and the risk of breast cancer. <i>European Journal of Cancer Prevention</i> , <b>2021</b> ,	2	3
12	Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. <i>BMJ Open</i> , <b>2017</b> , 7, e015026	3	2
11	Glycemic response and the glycemic index of foods: more remains to be seen on the second-meal effect of proteins. <i>American Journal of Clinical Nutrition</i> , <b>2018</b> , 107, 845-850	7	2
10	Diabetes Risk Reduction Diet and Endometrial Cancer Risk. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	2
9	Effect of nuts on coronary heart disease and cancer risk in type 2 diabetes (825.8). <i>FASEB Journal</i> , <b>2014</b> , 28, 825.8	0.9	1
8	Glycaemic index in chronic disease. <i>Nutrafoods</i> , <b>2013</b> , 12, 117-125		0
7	Tree nuts improve criteria of the metabolic syndrome: a systematic review and meta-analysis of randomized controlled dietary trials (1025.6). <i>FASEB Journal</i> , <b>2014</b> , 28, 1025.6	0.9	0
6	Implications of the Glycemic Index in Obesity <b>2010</b> , 219-230		
5	Glycemic Index and Glycemic Load: Effects on Glucose, Insulin, and Lipid Regulation <b>2009</b> , 49-64		
4	Almonds, Glycemic Index, Dietary Antioxidants and Risk Factors for Coronary Heart Disease. <i>FASEB Journal</i> , <b>2006</b> , 20, A593	0.9	
3	Effect of tree nuts on glycemic control in diabetes: a systematic review and meta-analysis of randomized controlled dietary trials (1025.16). <i>FASEB Journal</i> , <b>2014</b> , 28, 1025.16	0.9	
2	Tree Nuts Improve Glycemic Control: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. <i>FASEB Journal</i> , <b>2015</b> , 29, 383.1	0.9	
1	Effect of a Low Glycemic Index Diet on Prostate Specific Antigen. <i>FASEB Journal</i> , <b>2015</b> , 29, 918.1	0.9	