## Livia S A Augustin

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Glycemic index, glycemic load and glycemic response: An International Scientific Consensus Summit from the International Carbohydrate Quality Consortium (ICQC). Nutrition, Metabolism and Cardiovascular Diseases, 2015, 25, 795-815.	1.1	461
2	Effect of a Low–Glycemic Index or a High–Cereal Fiber Diet on Type 2 Diabetes. JAMA - Journal of the American Medical Association, 2008, 300, 2742.	3.8	353
3	Glycemic index in chronic disease: a review. European Journal of Clinical Nutrition, 2002, 56, 1049-1071.	1.3	310
4	Effect of Legumes as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes Mellitus. Archives of Internal Medicine, 2012, 172, 1653.	4.3	288
5	Viscous and nonviscous fibres, nonabsorbable and low glycaemic index carbohydrates, blood lipids and coronary heart disease. Current Opinion in Lipidology, 2000, 11, 49-56.	1.2	266
6	Circulating Adiponectin and Endometrial Cancer Risk. Journal of Clinical Endocrinology and Metabolism, 2004, 89, 1160-1163.	1.8	247
7	Physiological Effects of Resistant Starches on Fecal Bulk, Short Chain Fatty Acids, Blood Lipids and Glycemic Index. Journal of the American College of Nutrition, 1998, 17, 609-616.	1.1	212
8	Dietary glycemic load and colorectal cancer risk. Annals of Oncology, 2001, 12, 173-178.	0.6	188
9	Dietary fibre, lente carbohydrates and the insulin-resistant diseases. British Journal of Nutrition, 2000, 83, S157-S163.	1.2	187
10	Dietary glycemic index and glycemic load, and breast cancer risk: A case-control study. Annals of Oncology, 2001, 12, 1533-1538.	0.6	179
11	Effect of Wheat Bran on Glycemic Control and Risk Factors for Cardiovascular Disease in Type 2 Diabetes. Diabetes Care, 2002, 25, 1522-1528.	4.3	177
12	Almonds Decrease Postprandial Glycemia, Insulinemia, and Oxidative Damage in Healthy Individuals. Journal of Nutrition, 2006, 136, 2987-2992.	1.3	172
13	Glycemic index: overview of implications in health and disease. American Journal of Clinical Nutrition, 2002, 76, 266S-73S.	2.2	172
14	Type 2 diabetes and the vegetarian diet. American Journal of Clinical Nutrition, 2003, 78, 610S-616S.	2.2	152
15	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. Nutrients, 2019, 11, 1280.	1.7	149
16	Almonds and postprandial glycemia—a dose-response study. Metabolism: Clinical and Experimental, 2007, 56, 400-404.	1.5	142
17	Effect of Tree Nuts on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. PLoS ONE, 2014, 9, e103376.	1.1	132
18	Associations of Glycemic Index and Load With Coronary Heart Disease Events: A Systematic Review and Metaâ€Analysis of Prospective Cohorts. Journal of the American Heart Association, 2012, 1, e000752.	1.6	123

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19	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. BMJ Open, 2014, 4, e004660-e004660.	0.8	112
20	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: Assessment of Causal Relations. Nutrients, 2019, 11, 1436.	1.7	105
21	Mediterranean diet and glycaemic load in relation to incidence of type 2 diabetes: results from the Greek cohort of the population-based European Prospective Investigation into Cancer and Nutrition (EPIC). Diabetologia, 2013, 56, 2405-2413.	2.9	96
22	Glycemic index, glycemic load and cancer risk. Annals of Oncology, 2013, 24, 245-251.	0.6	95
23	High-protein diets in hyperlipidemia: effect of wheat gluten on serum lipids, uric acid, and renal function. American Journal of Clinical Nutrition, 2001, 74, 57-63.	2.2	94
24	Glycemic index and glycemic load in endometrial cancer. International Journal of Cancer, 2003, 105, 404-407.	2.3	91
25	Dietary pulses, satiety and food intake: A systematic review and metaâ€analysis of acute feeding trials. Obesity, 2014, 22, 1773-1780.	1.5	80
26	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. Diabetes Care, 2014, 37, 1806-1814.	4.3	75
27	The Role of Glycemic Index and Glycemic Load In Cardiovascular Disease And Its Risk Factors: A Review of The Recent Literature. Current Atherosclerosis Reports, 2014, 16, 381.	2.0	73
28	Glycemic Index, Glycemic Load and Cancer Risk: An Updated Meta-Analysis. Nutrients, 2019, 11, 2342.	1.7	71
29	The Effect of Wheat Bran Particle Size on Laxation and Colonic Fermentation. Journal of the American College of Nutrition, 1999, 18, 339-345.	1.1	69
30	Dietary glycemic index, glycemic load and ovarian cancer risk:a case–control study in Italy. Annals of Oncology, 2003, 14, 78-84.	0.6	69
31	Glycemic index, glycemic load and risk of prostate cancer. International Journal of Cancer, 2004, 112, 446-450.	2.3	69
32	High–complex carbohydrate or lente carbohydrate foods?. American Journal of Medicine, 2002, 113, 30-37.	0.6	68
33	Glycemic index, glycemic load and risk of gastric cancer. Annals of Oncology, 2004, 15, 581-584.	0.6	66
34	Acute effects of pistachio consumption on glucose and insulin, satiety hormones and endothelial function in the metabolic syndrome. European Journal of Clinical Nutrition, 2014, 68, 370-375.	1.3	56
35	Resistant Starches and Health. Journal of AOAC INTERNATIONAL, 2004, 87, 769-774.	0.7	52
36	Identification of Modulated MicroRNAs Associated with Breast Cancer, Diet, and Physical Activity. Cancers, 2020, 12, 2555.	1.7	52

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37	Glycemic index and load and risk of upper aero-digestive tract neoplasms (Italy). Cancer Causes and Control, 2003, 14, 657-662.	0.8	45
38	Quality of Life in Women Diagnosed with Breast Cancer after a 12-Month Treatment of Lifestyle Modifications. Nutrients, 2021, 13, 136.	1.7	43
39	Effect of Wheat Bran on Serum Lipids: Influence of Particle Size and Wheat Protein. Journal of the American College of Nutrition, 1999, 18, 159-165.	1.1	42
40	Mediterranean diet and quality of life in women treated for breast cancer: A baseline analysis of DEDiCa multicentre trial. PLoS ONE, 2020, 15, e0239803.	1.1	42
41	Dietary Fibre Consensus from the International Carbohydrate Quality Consortium (ICQC). Nutrients, 2020, 12, 2553.	1.7	42
42	Viscous dietary fibre and metabolic effects. Clinical Nutrition Supplements, 2004, 1, 39-49.	0.0	40
43	Too much sugar, too much carbohydrate, or just too much?. American Journal of Clinical Nutrition, 2004, 79, 711-712.	2.2	35
44	Association between Components of the Insulin-Like Growth Factor System and Endometrial Cancer Risk. Oncology, 2004, 67, 54-59.	0.9	34
45	Effect of almond consumption on the serum fatty acid profile: a dose–response study. British Journal of Nutrition, 2014, 112, 1137-1146.	1.2	34
46	The effect of a dietary portfolio compared to a DASH-type diet on blood pressure. Nutrition, Metabolism and Cardiovascular Diseases, 2015, 25, 1132-1139.	1.1	33
47	Association between Components of the Insulin-Like Growth Factor System and Epithelial Ovarian Cancer Risk. Oncology, 2004, 67, 225-230.	0.9	31
48	Low glycemic index diet, exercise and vitamin D to reduce breast cancer recurrence (DEDiCa): design of a clinical trial. BMC Cancer, 2017, 17, 69.	1.1	31
49	Adherence to the World Cancer Research Fund/American Institute for Cancer Research Recommendations and the Risk of Breast Cancer. Nutrients, 2020, 12, 607.	1.7	29
50	Effect of Cocoa Bran on Low-Density Lipoprotein Oxidation and Fecal Bulking. Archives of Internal Medicine, 2000, 160, 2374.	4.3	25
51	Effect of high vegetable protein diets on urinary calcium loss in middle-aged men and women. European Journal of Clinical Nutrition, 2003, 57, 376-382.	1.3	24
52	Dietary glycemic index, glycemic load, and the risk of endometrial cancer. European Journal of Cancer Prevention, 2013, 22, 38-45.	0.6	23
53	Nut consumption, serum fatty acid profile and estimated coronary heart disease risk in type 2 diabetes. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 845-852.	1.1	23
54	Post-prandial glucose and insulin responses of hummus alone or combined with a carbohydrate food: a dose–response study. Nutrition Journal, 2015, 15, 13.	1.5	22

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55	Changes in Lifestyle and Dietary Habits during COVID-19 Lockdown in Italy: Results of an Online Survey. Nutrients, 2021, 13, 1923.	1.7	21
56	Associations of dietary carbohydrates, glycaemic index and glycaemic load with risk of bladder cancer: a case–control study. British Journal of Nutrition, 2017, 118, 722-729.	1.2	20
57	Adherence to the Mediterranean Diet and Mortality after Breast Cancer. Nutrients, 2020, 12, 3649.	1.7	20
58	Alcohol Consumption and Acute Myocardial Infarction: A Benefit of Alcohol Consumed With Meals?. Epidemiology, 2004, 15, 767-769.	1.2	18
59	Combined effect of obesity and diabetes on early breast cancer outcome: a prospective observational study. Oncotarget, 2017, 8, 115709-115717.	0.8	18
60	Dietary Glycaemic Index Labelling: A Global Perspective. Nutrients, 2021, 13, 3244.	1.7	17
61	ILSI Brazil International Workshop on Functional Foods: a narrative review of the scientific evidence in the area of carbohydrates, microbiome, and health. Food and Nutrition Research, 2013, 57, 19214.	1.2	16
62	Diabetes Risk Reduction Diet and Endometrial Cancer Risk. Nutrients, 2021, 13, 2630.	1.7	16
63	Glycemic index is as reliable as macronutrients on food labels. American Journal of Clinical Nutrition, 2017, 105, 768-769.	2.2	15
64	COVID-19 Emergency and Post-Emergency in Italian Cancer Patients: How Can Patients Be Assisted?. Frontiers in Oncology, 2020, 10, 1571.	1.3	14
65	Risk Differences Between Prediabetes And Diabetes According To Breast Cancer Molecular Subtypes. Journal of Cellular Physiology, 2017, 232, 1144-1150.	2.0	13
66	Influence of selected lifestyle factors on risk of acute myocardial infarction in subjects with familial predisposition for the disease. Preventive Medicine, 2004, 38, 468-472.	1.6	12
67	Relationship between a wide range of alcohol consumptions, components of the insulin-like growth factor system and adiponectin. European Journal of Clinical Nutrition, 2007, 61, 221-225.	1.3	12
68	Diabetes risk reduction diet and the risk of breast cancer. European Journal of Cancer Prevention, 2022, 31, 339-345.	0.6	12
69	Nonalcoholic fatty liver, nonalcoholic steatohepatitis, ectopic fat, and the glycemic index1,2. American Journal of Clinical Nutrition, 2006, 84, 3-4.	2.2	11
70	Lipid, protein and carbohydrate intake in relation to body mass index: an Italian study. Public Health Nutrition, 2007, 10, 306-310.	1.1	11
71	Associations of bread and pasta with the risk of cancer of the breast and colorectum. Annals of Oncology, 2013, 24, 3094-3099.	0.6	11
72	Adherence to Mediterranean Diet, Physical Activity and Survival after Prostate Cancer Diagnosis. Nutrients, 2021, 13, 243.	1.7	10

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73	Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC). British Journal of Nutrition, 2014, 111, 380-382.	1.2	9
74	The Glycemic Index: Methodology and Use. , 2006, 11, 43-56.		8
75	Body weight and risk of molecular breast cancer subtypes among postmenopausal Mediterranean women. Current Research in Translational Medicine, 2016, 64, 15-20.	1.2	8
76	Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. BMJ Open, 2016, 6, e012220.	0.8	6
77	Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. BMJ Open, 2017, 7, e015026.	0.8	3
78	Dietary glycaemic index, glycaemic load and head and neck cancer risk: a pooled analysis in an international consortium. British Journal of Cancer, 2020, 122, 745-748.	2.9	3
79	Glycaemic index in chronic disease. Nutrafoods, 2013, 12, 117-125.	0.5	2
80	Glycemic response and the glycemic index of foods: more remains to be seen on the second-meal effect of proteins. American Journal of Clinical Nutrition, 2018, 107, 845-846.	2.2	2
81	Effect of nuts on coronary heart disease and cancer risk in type 2 diabetes (825.8). FASEB Journal, 2014, 28, 825.8.	0.2	2
82	Adherence to a cholesterol-lowering diet and the risk of prostate cancer. Food and Function, 2022, 13, 5730-5738.	2.1	2
83	Glycemic Index and Glycemic Load: Effects on Glucose, Insulin, and Lipid Regulation. , 2009, , 49-64.		1
84	Tree nuts improve criteria of the metabolic syndrome: a systematic review and metaâ€analysis of randomized controlled dietary trials (1025.6). FASEB Journal, 2014, 28, 1025.6.	0.2	1
85	Implications of the Glycemic Index in Obesity. , 2010, , 219-230.		0
86	Effect of a low glycemic index Mediterranean diet on cardiovascular risk factors in women diagnosed with breast cancer: Preliminary data from DEDiCa study. Nutrition, Metabolism and Cardiovascular Diseases, 2019, 29, 883.	1.1	0
87	Almonds, Glycemic Index, Dietary Antioxidants and Risk Factors for Coronary Heart Disease. FASEB Journal, 2006, 20, A593.	0.2	0
88	Effect of tree nuts on glycemic control in diabetes: a systematic review and metaâ€analysis of randomized controlled dietary trials (1025.16). FASEB Journal, 2014, 28, 1025.16.	0.2	0
89	Tree Nuts Improve Glycemic Control: A Systematic Review and Metaâ€Analysis of Randomized Controlled Dietary Trials. FASEB Journal, 2015, 29, 383.1.	0.2	0
90	Effect of a Low Glycemic Index Diet on Prostate Specific Antigen. FASEB Journal, 2015, 29, 918.1.	0.2	0

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91	Determinants of Vitamin D Levels in Women Treated for Breast Cancer: a baseline analysis of data from DEDiCa trial. Bone Reports, 2022, 16, 101364.	0.2	Ο