## Beatriz Teresa Beltran De Miguel

List of Publications by Year in descending order

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## BEATRIZ TERESA BELTRAN DE

#	Article	IF	CITATIONS
1	Markers of lutein and zeaxanthin status in two age groups of men and women: dietary intake, serum concentrations, lipid profile and macular pigment optical density. Nutrition Journal, 2014, 13, 52.	3.4	44
2	Assessment of dietary vitamin A intake (retinol, <b>α</b> -carotene, <b>β</b> -carotene, <b>β</b> -cryptoxanthin) and its sources in the National Survey of Dietary Intake in Spain (2009–2010). International Journal of Food Sciences and Nutrition, 2015, 66, 706-712.	2.8	42
3	Assessment of dietary lutein, zeaxanthin and lycopene intakes and sources in the Spanish survey of dietary intake (2009–2010). International Journal of Food Sciences and Nutrition, 2016, 67, 305-313.	2.8	31
4	Dietary β-Cryptoxanthin and α-Carotene Have Greater Apparent Bioavailability Than β-Carotene in Subjects from Countries with Different Dietary Patterns. Nutrients, 2020, 12, 2639.	4.1	15
5	Software application for the calculation of dietary intake of individual carotenoids and of its contribution to vitamin A intake. Nutricion Hospitalaria, 2013, 28, 823-9.	0.3	15
6	Lutein and zeaxanthin supplied by red/orange foods and fruits are more closely associated with macular pigment optical density than those from green vegetables in Spanish subjects. Nutrition Research, 2016, 36, 1210-1221.	2.9	13
7	Extraction and Analysis by HPLC-DAD of Carotenoids in Human Faeces from Spanish Adults. Antioxidants, 2020, 9, 484.	5.1	7
8	Changes in Lutein Status Markers (Serum and Faecal Concentrations, Macular Pigment) in Response to a Lutein-Rich Fruit or Vegetable (Three Pieces/Day) Dietary Intervention in Normolipemic Subjects. Nutrients, 2021, 13, 3614.	4.1	7
9	Assessment of lutein and zeaxanthin status and dietary markers as predictors of the contrast threshold in 2 age groups of men and women. Nutrition Research, 2016, 36, 719-730.	2.9	3
10	Predictors of macular pigment and contrast threshold in Spanish healthy normolipemic subjects (45–65 years) with habitual food intake. PLoS ONE, 2021, 16, e0251324.	2.5	2