

# Alexandro Andrade

## List of Publications by Year in descending order

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Version: 2024-02-01

125  
papers

2,291  
citations

218381

26  
h-index

288905

40  
g-index

133  
all docs

133  
docs citations

133  
times ranked

2752  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of yoga on depressive symptoms, anxiety, sleep quality, and mood in patients with rheumatic diseases: Systematic review and meta-analysis. <i>PM and R</i> , 2023, 15, 899-915.	0.9	5
2	Effects of Exercise in the Treatment of Alzheimer's Disease: An Umbrella Review of Systematic Reviews and Meta-Analyses. <i>Journal of Aging and Physical Activity</i> , 2022, 30, 535-551.	0.5	8
3	Mental health of older people in social isolation: the role of physical activity at home during the COVID-19 pandemic. <i>Sport Sciences for Health</i> , 2022, 18, 597-602.	0.4	13
4	Injuries in functional fitness: an updated systematic review. <i>Journal of Sports Medicine and Physical Fitness</i> , 2022, 62, .	0.4	7
5	Clinical applicability of infrared thermography in rheumatic diseases: A systematic review. <i>Journal of Thermal Biology</i> , 2022, 104, 103172.	1.1	10
6	Home Physical Exercise Protocol for Older Adults, Applied Remotely During the COVID-19 Pandemic: Protocol for Randomized and Controlled Trial. <i>Frontiers in Psychology</i> , 2022, 13, 828495.	1.1	13
7	Both Gender and Agonistic Experience Affect Perceived Pain during the Cold Pressor Test. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2336.	1.2	5
8	Exploratory Systematic Review of Mixed Martial Arts: An Overview of Performance of Importance Factors with over 20,000 Athletes. <i>Sports</i> , 2022, 10, 80.	0.7	8
9	Effects of different protocols of physical exercise on fibromyalgia syndrome treatment: systematic review and meta-analysis of randomized controlled trials. <i>Rheumatology International</i> , 2022, 42, 1893-1908.	1.5	19
10	A Psychoeducational Intervention in Prenatal Classes: Positive Effects on Anxiety, Self-Efficacy, and Temporal Focus in Birth Attendants. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7904.	1.2	3
11	Prevalence of poor sleep quality in athletes before competition. <i>Physician and Sportsmedicine</i> , 2021, 49, 137-142.	1.0	4
12	Infographic. Effects of exercise in patients with fibromyalgia: an umbrella review. <i>British Journal of Sports Medicine</i> , 2021, 55, 279-280.	3.1	3
13	Daily submicron particle doses received by populations living in different low- and middle-income countries. <i>Environmental Pollution</i> , 2021, 269, 116229.	3.7	11
14	Psychological variables of CrossFit participants: a systematic review. <i>Sport Sciences for Health</i> , 2021, 17, 21-41.	0.4	24
15	An Exploratory Pilot Study on Choking Episodes in Archery. <i>Frontiers in Psychology</i> , 2021, 12, 585477.	1.1	10
16	Effect of Mindfulness Training on Fatigue and Recovery in Elite Volleyball Athletes: A Randomized Controlled Follow-Up Study. <i>Journal of Sports Science and Medicine</i> , 2021, 20, 1-8.	0.7	25
17	Perception of Risk, Self-Efficacy and Social Trust during the Diffusion of Covid-19 in Italy. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3427.	1.2	36
18	Acute effect of strength training on pain in women with fibromyalgia: A brief report. <i>Journal of Back and Musculoskeletal Rehabilitation</i> , 2021, 34, 313-318.	0.4	3

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19	Many medals, but few interventions: the paradox of sports psychology research and Olympic combat sports. <i>Sport Sciences for Health</i> , 2021, 17, 481-485.	0.4	1
20	Efeito agudo do exerc�cio f�sico sobre o estado de humor no ambiente de trabalho. <i>Educa�n F�sica Y Ciencia</i> , 2021, 23, e174.	0.1	2
21	Effects of resistance training on the mental health of patients with fibromyalgia: a systematic review. <i>Clinical Rheumatology</i> , 2021, 40, 4417-4425.	1.0	19
22	Outdoor Air Quality of Environments Used for Exercise and Sports Practice: An Analysis of Scientific Production through Bibliometric Analysis. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 4540.	1.3	2
23	Influence of Cognitive Orientation and Attentional Focus on Pain Perception. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7176.	1.2	12
24	Why equalising HIIT and MICT is important: attention to methodological details. <i>Trends in Endocrinology and Metabolism</i> , 2021, 32, 657-658.	3.1	3
25	Effects of air pollution on health: A mapping review of systematic reviews and meta-analyses. <i>Environmental Research</i> , 2021, 201, 111487.	3.7	104
26	The relationship between sleep quality and fibromyalgia symptoms. <i>Journal of Health Psychology</i> , 2020, 25, 1176-1186.	1.3	50
27	Does physical exercise improve quality of life in patients with fibromyalgia?. <i>Irish Journal of Medical Science</i> , 2020, 189, 341-347.	0.8	17
28	Effects of resistance training on the health-related quality of life of patients with rheumatic diseases: Systematic review with meta-analysis and meta-regression. <i>Seminars in Arthritis and Rheumatism</i> , 2020, 50, 342-353.	1.6	10
29	Effects of Physical Exercise on the Expression of MicroRNAs: A Systematic Review. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 270-280.	1.0	32
30	Nordic Walking and Free Walking Improve the Quality of Life, Cognitive Function, and Depressive Symptoms in Individuals with Parkinson�s Disease: A Randomized Clinical Trial. <i>Journal of Functional Morphology and Kinesiology</i> , 2020, 5, 82.	1.1	9
31	Preferred exercise and mental health of the patients with fibromyalgia syndrome. <i>Complementary Therapies in Clinical Practice</i> , 2020, 40, 101195.	0.7	8
32	Challenges to Athletes During the Home Confinement Caused by the COVID-19 Pandemic. <i>Strength and Conditioning Journal</i> , 2020, 42, 1-5.	0.7	57
33	Application of sport psychology to mixed martial arts. <i>Kinesiology</i> , 2020, 52, 94-102.	0.3	8
34	Effect of practice exergames on the mood states and self-esteem of elementary school boys and girls during physical education classes: A cluster-randomized controlled natural experiment. <i>PLoS ONE</i> , 2020, 15, e0232392.	1.1	23
35	Impact of Problematic Smartphone Use on Mental Health of Adolescent Students: Association with Mood, Symptoms of Depression, and Physical Activity. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2020, 23, 619-626.	2.1	38
36	What we already know about the effects of exercise in patients with fibromyalgia: An umbrella review. <i>Seminars in Arthritis and Rheumatism</i> , 2020, 50, 1465-1480.	1.6	48

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37	Motivação e tempo de reação de universitários praticantes e não praticantes de exercícios físicos. Revista Brasileira De Educação Física E Esporte: RBEFE, 2020, 34, 177-185.	0.1	1
38	THE IMPACT OF BRAZILIAN SAMBA ON PARKINSON'S DISEASE: ANALYSIS BY THE DISEASE SUBTYPES. Revista Brasileira De Medicina Do Esporte, 2020, 26, 25-29.	0.1	7
39	Feasibility of a Brazilian samba protocol for patients with Parkinson's disease: a clinical non-randomized study. Arquivos De Neuro-Psiquiatria, 2020, 78, 13-20.	0.3	8
40	Title is missing!. , 2020, 15, e0232392.		0
41	Title is missing!. , 2020, 15, e0232392.		0
42	Title is missing!. , 2020, 15, e0232392.		0
43	Title is missing!. , 2020, 15, e0232392.		0
44	Effect of yoga on the quality of life of patients with rheumatic diseases: Systematic review with meta-analysis. Complementary Therapies in Medicine, 2019, 46, 9-18.	1.3	20
45	The Psychological Effects of Exergames for Children and Adolescents with Obesity: A Systematic Review and Meta-Analysis. Cyberpsychology, Behavior, and Social Networking, 2019, 22, 724-735.	2.1	31
46	Effects of exercise in people with haemophilia: An umbrella review of systematic reviews and meta-analyses. Haemophilia, 2019, 25, 928-937.	1.0	18
47	Physical and Training Characteristics of Mixed Martial Arts Athletes: Systematic Review. Strength and Conditioning Journal, 2019, 41, 51-63.	0.7	13
48	Changes in mood states of Brazilian jiu-jitsu athletes during training and competition. Sport Sciences for Health, 2019, 15, 469-475.	0.4	8
49	Comment on: "CrossFit and rhabdomyolysis: A case series of 11 patients presenting at a single academic institution". Journal of Science and Medicine in Sport, 2019, 22, 974-975.	0.6	2
50	The Effect of Ventilation Strategies on Indoor Air Quality and Energy Consumptions in Classrooms. Buildings, 2019, 9, 110.	1.4	36
51	Modulation of Autonomic Function by Physical Exercise in Patients with Fibromyalgia Syndrome: A Systematic Review. PM and R, 2019, 11, 1121-1131.	0.9	19
52	Resistance Training Improves Quality of Life and Associated Factors in Patients With Fibromyalgia Syndrome. PM and R, 2019, 11, 703-709.	0.9	23
53	Acute Effect of Exergames on Children's Mood States During Physical Education Classes. Games for Health Journal, 2019, 8, 250-256.	1.1	20
54	SCIENTIFIC PRODUCTION IN SPORTS SCIENCE JOURNALS: BIBLIOMETRIC ANALYSIS. Revista Brasileira De Medicina Do Esporte, 2019, 25, 88-93.	0.1	10

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55	Comparisons of Mood States Associated With Outcomes Achieved by Female and Male Athletes in High-Level Judo and Brazilian Jiu-Jitsu Championships. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, 2518-2524.	1.0	10
56	Assessment of the perception of physical competence in Brazilian adolescents of different nutritional status. <i>Sport Sciences for Health</i> , 2019, 15, 115-122.	0.4	0
57	Sleep quality associated with mood in elite athletes. <i>Physician and Sportsmedicine</i> , 2019, 47, 312-317.	1.0	25
58	Aspectos psicológicos de Árbitros de futebol: revisão sistemática. <i>Caderno De Educação Física E Esporte</i> , 2019, 17, 101-110.	0.1	0
59	Mood states and self-rated health of Brazilian jiu-jitsu fighters in competition. <i>Revista De Artes Marciales Asiáticas</i> , 2019, 14, 43-46.	0.5	1
60	Self-rated sleep quality and mood states of Brazilian fighters. <i>Revista De Artes Marciales Asiáticas</i> , 2019, 14, 47-49.	0.5	0
61	Influence of exercise on oxidative stress in patients with heart failure. <i>Heart Failure Reviews</i> , 2018, 23, 225-235.	1.7	30
62	Police Officers Who Are Physically Active and Have Low Levels of Body Fat Show Better Reaction Time. <i>Journal of Occupational and Environmental Medicine</i> , 2018, 60, e1-e5.	0.9	9
63	Acute effects of physical exercises on the inflammatory markers of patients with fibromyalgia syndrome: A systematic review. <i>Journal of Neuroimmunology</i> , 2018, 316, 40-49.	1.1	31
64	Indoor air quality of environments used for physical exercise and sports practice: Systematic review. <i>Journal of Environmental Management</i> , 2018, 206, 577-586.	3.8	47
65	PERFIL SOCIODEMOGRÁFICO, SOCIOECONÔMICO E ESPORTIVO DE TENISTAS INFANTOJUVENIS BRASILEIROS DE ELITE. <i>Movimento</i> , 2018, 24, 65.	0.5	1
66	BRAZILIAN VERSION (ACSI-28BR) OF ATHLETIC COPING SKILLS INVENTORY-28. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 130-134.	0.1	10
67	A systematic review of the effects of strength training in patients with fibromyalgia: clinical outcomes and design considerations. <i>Advances in Rheumatology</i> , 2018, 58, 36.	0.8	53
68	WORKPLACE PHYSICAL ACTIVITY PROGRAM: AN INTERVENTION PROPOSAL. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 238-242.	0.1	10
69	BURNOUT IN ELITE TENNIS PLAYERS OF DIFFERENT JUNIOR CATEGORIES. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 121-124.	0.1	5
70	Infection risk in gyms during physical exercise. <i>Environmental Science and Pollution Research</i> , 2018, 25, 19675-19686.	2.7	39
71	ANÁLISE DA PRODUÇÃO CIENTÍFICA RELACIONADA À PSICOLOGIA DO ESPORTE EM PERÍODOS DAS CIÊNCIAS DO ESPORTE DE LÍNGUA PORTUGUESA. <i>Journal of Physical Education (Maringá)</i> , 2018, 29, .	0.1	8
72	Perfil de lesões em praticantes de CrossFit: revisão sistemática. <i>Fisioterapia E Pesquisa</i> , 2018, 25, 229-239.	0.3	22

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73	Physical and Physiological Profiles of Brazilian Jiu-Jitsu Athletes: a Systematic Review. Sports Medicine - Open, 2017, 3, 9.	1.3	56
74	Scientific production on indoor air quality of environments used for physical exercise and sports practice: Bibliometric analysis. Journal of Environmental Management, 2017, 196, 188-200.	3.8	52
75	Perceived Sleep Quality, Mood States, and Their Relationship With Performance Among Brazilian Elite Athletes During a Competitive Period. Journal of Strength and Conditioning Research, 2017, 31, 1033-1039.	1.0	77
76	Sources and dynamics of fluorescent particles in hospitals. Indoor Air, 2017, 27, 988-1000.	2.0	30
77	Análise dos grupos de pesquisa em psicologia do esporte e do exercício no Brasil. Revista Brasileira De Ciências Do Esporte, 2017, 39, 371-379.	0.4	9
78	What Is the Effect of Strength Training on Pain and Sleep in Patients With Fibromyalgia?. American Journal of Physical Medicine and Rehabilitation, 2017, 96, 889-893.	0.7	33
79	Does volume of physical exercise have an effect on depression in patients with fibromyalgia?. Journal of Affective Disorders, 2017, 208, 214-217.	2.0	49
80	Brazilian Samba Protocol for Individuals With Parkinson's Disease: A Clinical Non-Randomized Study. JMIR Research Protocols, 2017, 6, e129.	0.5	14
81	Effectiveness of a strength training program for patients with fibromyalgia syndrome: feasibility study. ConScientiae Saúde, 2017, 16, 169-176.	0.1	1
82	Relationship between handgrip strength, peripheral muscle strength and respiratory muscle endurance in patients with Fibromyalgia Syndrome (FMS)?. , 2017, , .		0
83	O estágio de manutenção para o exercício está associado a uma melhor percepção de diferentes indicadores de saúde na adolescência. Revista Brasileira De Atividade Física E Saúde, 2017, 22, 479-485.	0.1	1
84	Effect of Nonspecific Chronic Low Back Pain on Walking Economy: An Observational Study. Journal of Motor Behavior, 2016, 48, 218-226.	0.5	7
85	Association between mood states and performance of Brazilian elite sailors: Winners vs. non-winners. Cultura, Ciencia Y Deporte, 2016, 11, 119-125.	0.3	17
86	The Brunel Mood Scale Rating in Mental Health for Physically Active and Apparently Healthy Populations. Health, 2016, 08, 125-132.	0.1	45
87	Sleep Quality, Mood and Performance: A Study of Elite Brazilian Volleyball Athletes. Journal of Sports Science and Medicine, 2016, 15, 601-605.	0.7	31
88	What are the Benefits of Exercise for Alzheimer's Disease? A Systematic Review of the Past 10 Years. Journal of Aging and Physical Activity, 2015, 23, 659-668.	0.5	75
89	ÍNDICE DA QUALIDADE DO SONO DE PITTSBURGH PARA USO NA REABILITAÇÃO DO CARDIOPULMONAR E METABÓLICA. Revista Brasileira De Medicina Do Esporte, 2015, 21, 472-475.	0.1	20
90	Psicologia do Esporte no Brasil: Revisão em Periódicos da Psicologia. Psicologia Em Estudo, 2015, 20, 309-317.	0.2	8

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91	Virtual and augmented reality technologies in Human Performance: a review. <i>Fisioterapia Em Movimento</i> , 2015, 28, 823-835.	0.4	5
92	Indoor Air Quality in Naturally Ventilated Italian Classrooms. <i>Atmosphere</i> , 2015, 6, 1652-1675.	1.0	46
93	Possible changes in energy-minimizer mechanisms of locomotion due to chronic low back pain - a literature review. <i>Revista Brasileira De Reumatologia</i> , 2015, 55, 55-61.	0.7	3
94	A robot for verifying the precision of total reaction time measurement. <i>Motriz Revista De Educacao Fisica</i> , 2015, 21, 23-33.	0.3	2
95	Autodetermina��o de adolescentes em diferentes est�gios de mudan�sa para o exerc�cio f�sico. <i>Revista Da Educa��o F�sica</i> , 2014, 25, 211.	0.0	3
96	Treinamento mental no t�nis: revis�o sistem�tica da literatura. <i>Revista Brasileira De Ciencias Do Esporte</i> , 2014, 36, 577-586.	0.4	3
97	Sa�de mental e fatores associados em atletas durante os jogos abertos de Santa Catarina. <i>Revista Brasileira De Medicina Do Esporte</i> , 2014, 20, 276-280.	0.1	21
98	Burnout em tenistas brasileiros infanto-juvenis. <i>Motricidade</i> , 2014, 10, .	0.2	5
99	VALIDITY OF SOFTWARE FOR MEASUREMENT OF TOTAL REACTION TIME WITH SIMPLE STIMULUS -TRT_S 2012. <i>Journal of Human Growth and Development</i> , 2014, 24, 295.	0.2	4
100	Habilidades psicol�gicas de coping em atletas brasileiros. <i>Motricidade</i> , 2013, 9, .	0.2	7
101	Ansi�dade associada a fatores sociodemogr�ficos e cl�nicos de mulheres com s�ndrome da fibromialgia. <i>Revista Dor</i> , 2013, 14, 200-203.	0.1	1
102	Rela��o da pr�tica de exerc�cios f�sicos e fatores associados �s regula��es motivacionais de adolescentes brasileiros. <i>Motricidade</i> , 2012, 8, .	0.2	6
103	An�lise epistemol�gica dos estudos de conclus�o de curso nos programas de P�s-Gradua��o com Doutorado do Brasil. <i>Fisioterapia Em Movimento</i> , 2012, 25, 141-151.	0.4	1
104	Aten��o em velejadores: conceitos e aplica��es. <i>Revista Brasileira De Ciencias Do Esporte</i> , 2012, 34, 69-80.	0.4	4
105	Perfil de humor e fatores associados em participantes de um programa de reabilita��o cardiopulmonar e metab�lica. <i>Jornal Brasileiro De Psiquiatria</i> , 2012, 61, 72-77.	0.2	2
106	Question�rio nutricional simplificado de appetite (QNSA) para uso em programas de reabilita��o cardiopulmonar e metab�lica. <i>Revista Brasileira De Medicina Do Esporte</i> , 2012, 18, 313-317.	0.1	13
107	Perfil de humor de mulheres com fibromialgia. <i>Jornal Brasileiro De Psiquiatria</i> , 2011, 60, 216-220.	0.2	16
108	Praticar caminhada melhora a qualidade do sono e os estados de humor em mulheres com s�ndrome da fibromialgia. <i>Revista Dor</i> , 2011, 12, 327-331.	0.1	14

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109	A produção de conhecimento em fisioterapia: análise de periódicos nacionais (1996 a 2009). Fisioterapia Em Movimento, 2011, 24, 173-180.	0.4	10
110	Iniciação esportiva de velejadores Brasileiros: um estudo qualitativo diagnóstico. Revista Brasileira De Ciências Do Esporte, 2011, 33, 283-301.	0.4	3
111	Análise do Controle Motor com Interações usando Dispositivos Convencionais e Realidade Aumentada. Revista De Informatica Teorica E Aplicada, 2011, 17, 154.	0.2	2
112	Satisfação corporal associada a prática de atividade física na adolescência. Motriz Revista De Educacao Fisica, 2010, 16, .	0.3	3
113	Construção e validação do "CADE-Q" para educação de pacientes em programas de reabilitação cardíaca. Arquivos Brasileiros De Cardiologia, 2010, 94, 813-822.	0.3	28
114	Validação para o português do Magerl Cardiac Prevention-Questionnaire (MICRO-Q). Arquivos Brasileiros De Cardiologia, 2010, 94, 394-400.	0.3	4
115	Estresse psicológico de velejadores de alto nível esportivo em competição. Motricidade, 2010, 6, .	0.2	3
116	Nível de atividade física, estresse e saúde em bancários. Motricidade, 2010, 6, .	0.2	3
117	A Escala de Humor de Brunel (Brums): instrumento para detecção precoce da síndrome do excesso de treinamento. Revista Brasileira De Medicina Do Esporte, 2008, 14, 176-181.	0.1	91
118	Tempo de reação simples auditivo e visual em surfistas com diferentes níveis de habilidade: comparação entre atletas profissionais, amadores e praticantes. Revista Brasileira De Medicina Do Esporte, 2007, 13, 81-85.	0.1	13
119	Avaliação das características de personalidade de goleiros profissionais e amadores. Psicologia: Ciência E Profissão, 2006, 26, 270-279.	0.0	2
120	Physical activity and its link to affective response: the choices might be crucial to psychological well-being. Revista Brasileira De Atividade Física E Saúde, 0, 23, 1-2.	0.1	3
121	Estímulos de mudança de comportamento relacionados ao exercício físico em adolescentes. Revista Brasileira De Cineantropometria E Desempenho Humano, 0, , 367-374.	0.5	4
122	Rehabilitation Program for individuals with Chronic Low Back Pain: Protocol for a Randomized Clinical Trial (Preprint). JMIR Research Protocols, 0, , .	0.5	0
123	PRODUÇÃO CIENTÍFICA RELACIONADA AO BASQUETEBOL EM TESES E DISSERTAÇÕES BRASILEIRAS: ANÁLISE BIBLIOMÉTRICA. Movimento, 0, 25, e25027.	0.5	1
124	Regulações motivacionais das diferentes escolhas de atividade física no lazer de adolescentes. Revista Brasileira De Atividade Física E Saúde, 0, 24, 1-8.	0.1	0
125	Functional Fitness Training: CrossFit, HIMT, or HIFT: What Is the Preferable Terminology?. Frontiers in Sports and Active Living, 0, 4, .	0.9	4