

Selenia di Fronso

List of Publications by Year in descending order

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Version: 2024-02-01

46
papers

917
citations

430874

18
h-index

526287

27
g-index

49
all docs

49
docs citations

49
times ranked

1059
citing authors

#	ARTICLE	IF	CITATIONS
1	The effects of COVID-19 pandemic on perceived stress and psychobiosocial states in Italian athletes. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 79-91.	2.1	133
2	Proficient brain for optimal performance: the MAP model perspective. <i>PeerJ</i> , 2016, 4, e2082.	2.0	73
3	Athletes and adversities: athletic identity and emotional regulation in time of COVID-19. <i>Sport Sciences for Health</i> , 2020, 16, 609-618.	1.3	51
4	Dry EEG in Sports Sciences: A Fast and Reliable Tool to Assess Individual Alpha Peak Frequency Changes Induced by Physical Effort. <i>Frontiers in Neuroscience</i> , 2019, 13, 982.	2.8	48
5	Neural Markers of Performance States in an Olympic Athlete: An EEG Case Study in Air-Pistol Shooting. <i>Journal of Sports Science and Medicine</i> , 2016, 15, 214-22.	1.6	48
6	To Focus or Not to Focus: Is Attention on the Core Components of Action Beneficial for Cycling Performance?. <i>Sport Psychologist</i> , 2015, 29, 110-119.	0.9	47
7	Heart Rate Variability Discriminates Competitive Levels in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1719-1725.	2.1	39
8	The effects of physical activity or sport-based interventions on psychological factors in adults with intellectual disabilities: a systematic review. <i>Journal of Intellectual Disability Research</i> , 2020, 64, 69-92.	2.0	32
9	Focusing Attention on Muscle Exertion Increases EEG Coherence in an Endurance Cycling Task. <i>Frontiers in Psychology</i> , 2018, 9, 1249.	2.1	31
10	Stress and Recovery Balance in Amateur Basketball Players: Differences by Gender and Preparation Phase. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 618-622.	2.3	29
11	Well-Come Back! Professional Basketball Players Perceptions of Psychosocial and Behavioral Factors Influencing a Return to Pre-injury Levels. <i>Frontiers in Psychology</i> , 2019, 10, 222.	2.1	29
12	Promoting Physical Activity during School Closures Imposed by the First Wave of the COVID-19 Pandemic: Physical Education Teachers' Behaviors in France, Italy and Turkey. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9431.	2.6	28
13	The Impact of the COVID-19 Lockdown on Coaches' Perception of Stress and Emotion Regulation Strategies. <i>Frontiers in Psychology</i> , 2020, 11, 601743.	2.1	26
14	My heart is racing! Psychophysiological dynamics of skilled racecar drivers. <i>Journal of Sports Sciences</i> , 2015, 33, 945-959.	2.0	24
15	Hyperbrain features of team mental models within a juggling paradigm: a proof of concept. <i>PeerJ</i> , 2016, 4, e2457.	2.0	24
16	Modulation of Brain Functional Connectivity and Efficiency During an Endurance Cycling Task: A Source-Level EEG and Graph Theory Approach. <i>Frontiers in Human Neuroscience</i> , 2020, 14, 243.	2.0	23
17	Performance Optimization in Sport: A Psychophysiological Approach. <i>Motriz Revista De Educacao Fisica</i> , 2017, 23, .	0.2	21
18	Athletic performance and recovery's stress factors in cycling: An ever changing balance. <i>European Journal of Sport Science</i> , 2015, 15, 671-680.	2.7	20

#	ARTICLE	IF	CITATIONS
19	Implementing the TARGET Model in Physical Education: Effects on Perceived Psychobiosocial and Motivational States in Girls. <i>Frontiers in Psychology</i> , 2017, 8, 1517.	2.1	18
20	The influence of core affect on cyclo-ergometer endurance performance: Effects on performance outcomes and perceived exertion. <i>Journal of Sport and Health Science</i> , 2020, 9, 578-586.	6.5	17
21	Individual Alpha Peak Frequency in Ice Hockey Shooting Performance. <i>Frontiers in Psychology</i> , 2017, 8, 762.	2.1	16
22	Attentional Focus and Functional Connectivity in Cycling: An EEG Case Study. <i>IFMBE Proceedings</i> , 2014, , 137-140.	0.3	15
23	Hyperscanning of Interactive Juggling: Expertise Influence on Source Level Functional Connectivity. <i>Frontiers in Human Neuroscience</i> , 2019, 13, 321.	2.0	13
24	The Injury-Psychological Readiness to return to sport (I-PRRS) scale and the Sport Confidence Inventory (SCI): A cross-cultural validation. <i>Physical Therapy in Sport</i> , 2019, 40, 218-224.	1.9	11
25	Integrating technology in psychological skills training for performance optimization in elite athletes: A systematic review. <i>Psychology of Sport and Exercise</i> , 2021, 57, 102008.	2.1	9
26	Rebooting in sport training and competitions: Athletes' perceived stress levels and the role of interoceptive awareness. <i>Journal of Sports Sciences</i> , 2022, 40, 542-549.	2.0	9
27	The Effects of Mindfulness-Based Strategies on Perceived Stress and Psychobiosocial States in Athletes and Recreationally Active People. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7152.	2.6	9
28	Stress/recovery balance during the Girobio: profile of highly trained road cyclists. <i>Sport Sciences for Health</i> , 2013, 9, 107-112.	1.3	8
29	Comment on: "Development of a Revised Conceptual Framework of Physical Training for Use in Research". <i>Sports Medicine</i> , 2022, 52, 949-951.	6.5	8
30	Primary School Physical Education at the Time of the COVID-19 Pandemic: Could Online Teaching Undermine Teachers' Self-Efficacy and Work Engagement?. <i>Sustainability</i> , 2021, 13, 9830.	3.2	7
31	Predicting Changes in Physical Education Teachers' Behaviors Promoting Physical Activity During the COVID-19 Pandemic Using an Integrated Motivational Model. <i>Journal of Teaching in Physical Education</i> , 2021, , 1-11.	1.2	6
32	How do mood states change in a multi-stage cycling competition? Comparing high and low performers. <i>Journal of Sports Medicine and Physical Fitness</i> , 2016, 56, 336-42.	0.7	6
33	Neural Oscillation During Mental Imagery in Sport: An Olympic Sailor Case Study. <i>Frontiers in Human Neuroscience</i> , 2021, 15, 669422.	2.0	5
34	Mindfulness to performance enhancement: a systematic review of neural correlates. <i>International Review of Sport and Exercise Psychology</i> , 0, , 1-29.	5.7	5
35	The Thin Line Between Waking and Sleeping in Athletes: A Call for Yoga Nidra in the Sporting Context. <i>Frontiers in Psychology</i> , 2021, 12, 654222.	2.1	4
36	Athletes and Coaches through the COVID-19 Pandemic: A Qualitative View of Goal Management. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5085.	2.6	4

#	ARTICLE	IF	CITATIONS
37	Recovery-stress balance and psychobiosocial states monitoring of road cyclists. , 2017, , 63-73.		3
38	The Effect of tRNS on Performance: A Pilot Study with a Skilled Air-Pistol Shooter. Biofeedback, 2015, 43, 84-89.	0.3	3
39	Does the Use of a Serious Game and the Grip-Ball Decrease Discomfort in Older People When Assessing Maximal Grip-Strength?. IFMBE Proceedings, 2016, , 909-912.	0.3	2
40	Initial validation of the Italian version of the Volition in Exercise Questionnaire (VEQ-I). PLoS ONE, 2021, 16, e0249667.	2.5	2
41	ERD/ERS Patterns of Shooting Performance within the Multi-Action Plan Model. IFMBE Proceedings, 2014, , 141-144.	0.3	2
42	Using Technology for Self-regulation in Sport. , 2020, , 178-186.		2
43	Personality traits and psychobiosocial states among athletes: The mediating role of dispositional mindfulness.. Sport, Exercise, and Performance Psychology, 2022, 11, 397-411.	0.8	2
44	State of Alertness During Simulated Driving Tasks. IFMBE Proceedings, 2016, , 913-918.	0.3	1
45	Initial Validation of a 33-Item Recovery-Stress Questionnaire for Italian Athletes. The Open Sports Sciences Journal, 2021, 14, 43-50.	0.4	1
46	A cross-cultural validation of the Attention Questionnaire of Rehabilitated Athletes Returning to competition. Physical Therapy in Sport, 2020, 44, 114-120.	1.9	0