

# Cain C T Clark

## List of Publications by Citations

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248  
papers

1,405  
citations

17  
h-index

25  
g-index

289  
ext. papers

2,483  
ext. citations

3.8  
avg, IF

5.51  
L-index

#	Paper	IF	Citations
248	Globally altered sleep patterns and physical activity levels by confinement in 5056 individuals: ECLB COVID-19 international online survey.. <i>Biology of Sport</i> , <b>2021</b> , 38, 495-506	4.3	54
247	Association of Vitamin D Status with SARS-CoV-2 Infection or COVID-19 Severity: A Systematic Review and Meta-analysis. <i>Advances in Nutrition</i> , <b>2021</b> , 12, 1636-1658	10	50
246	A Meta-Analysis of Resistance Training in Female Youth: Its Effect on Muscular Strength, and Shortcomings in the Literature. <i>Sports Medicine</i> , <b>2018</b> , 48, 1661-1671	10.6	42
245	The influence of fasting and energy restricting diets on IGF-1 levels in humans: A systematic review and meta-analysis. <i>Ageing Research Reviews</i> , <b>2019</b> , 53, 100910	12	38
244	A Review of Emerging Analytical Techniques for Objective Physical Activity Measurement in Humans. <i>Sports Medicine</i> , <b>2017</b> , 47, 439-447	10.6	35
243	Sleep Quality and Physical Activity as Predictors of Mental Wellbeing Variance in Older Adults during COVID-19 Lockdown: ECLB COVID-19 International Online Survey. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	33
242	A Meta-Analysis of Plyometric Training in Female Youth: Its Efficacy and Shortcomings in the Literature. <i>Journal of Strength and Conditioning Research</i> , <b>2019</b> , 33, 1996-2008	3.2	29
241	Training/Match External Load Ratios in Professional Soccer Players: A Full-Season Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	29
240	Variations of training load, monotony, and strain and dose-response relationships with maximal aerobic speed, maximal oxygen uptake, and isokinetic strength in professional soccer players. <i>PLoS ONE</i> , <b>2019</b> , 14, e0225522	3.7	29
239	Associations Between Variations in Accumulated Workload and Physiological Variables in Young Male Soccer Players Over the Course of a Season. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 638180	4.6	25
238	The effect of green-coffee extract supplementation on obesity: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Phytomedicine</i> , <b>2019</b> , 63, 153018	6.5	22
237	Association of aspirin therapy with risk of hepatocellular carcinoma: A systematic review and dose-response analysis of cohort studies with 2.5 million participants. <i>Pharmacological Research</i> , <b>2020</b> , 151, 104585	10.2	22
236	Body mass index and risk of inflammatory bowel disease: A systematic review and dose-response meta-analysis of cohort studies of over a million participants. <i>Obesity Reviews</i> , <b>2019</b> , 20, 1312-1320	10.6	21
235	A Narrative Review of Motor Competence in Children and Adolescents: What We Know and What We Need to Find Out. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 18,	4.6	20
234	A systematic review, meta-analysis, and meta-regression of the impact of diurnal intermittent fasting during Ramadan on body weight in healthy subjects aged 16 years and above. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 2291-2316	5.2	19
233	Physical Activity and Alzheimer's Disease: A Narrative Review <b>2019</b> , 10, 1282-1292		18
232	Trace Element Status and Hypothyroidism: A Systematic Review and Meta-analysis. <i>Biological Trace Element Research</i> , <b>2020</b> , 197, 1-14	4.5	18

231	Modified alternate-day fasting vs. calorie restriction in the treatment of patients with metabolic syndrome: A randomized clinical trial. <i>Complementary Therapies in Medicine</i> , <b>2019</b> , 47, 102187	3.5	17
230	A Review of Exercise as Medicine in Cardiovascular Disease: Pathology and Mechanism <b>2020</b> , 11, 327-340		17
229	The health effects of medical nutrition therapy by dietitians in patients with diabetes: A systematic review and meta-analysis: Nutrition therapy and diabetes. <i>Primary Care Diabetes</i> , <b>2019</b> , 13, 399-408	2.4	16
228	Postmenopausal hormone therapy and Alzheimer's disease, dementia, and Parkinson's disease: A systematic review and time-response meta-analysis. <i>Pharmacological Research</i> , <b>2020</b> , 155, 104693	10.2	16
227	The effect of berberine supplementation on obesity indices: A dose- response meta-analysis and systematic review of randomized controlled trials. <i>Complementary Therapies in Clinical Practice</i> , <b>2020</b> , 39, 101113	3.5	16
226	Quercetin as an anticancer agent: Focus on esophageal cancer. <i>Journal of Food Biochemistry</i> , <b>2020</b> , 44, e13374	3.3	16
225	The effect of Aronia consumption on lipid profile, blood pressure, and biomarkers of inflammation: A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , <b>2019</b> , 33, 1981-1990	6.7	15
224	Effect of propolis supplementation on C-reactive protein levels and other inflammatory factors: A systematic review and meta-analysis of randomized controlled trials. <i>Journal of King Saud University - Science</i> , <b>2020</b> , 32, 1694-1701	3.6	15
223	The effect of metformin on biomarkers associated with breast cancer outcomes: a systematic review, meta-analysis, and dose-response of randomized clinical trials. <i>Clinical and Translational Oncology</i> , <b>2020</b> , 22, 37-49	3.6	15
222	The effect of curcumin supplementation on circulating adiponectin: A systematic review and meta-analysis of randomized controlled trials. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , <b>2019</b> , 13, 2819-2825	8.9	14
221	The effect of saffron on weight and lipid profile: A systematic review, meta-analysis, and dose-response of randomized clinical trials. <i>Phytotherapy Research</i> , <b>2019</b> , 33, 2244-2255	6.7	14
220	Analyzing the Seasonal Changes and Relationships in Training Load and Wellness in Elite Volleyball Players. <i>International Journal of Sports Physiology and Performance</i> , <b>2020</b> , 15, 731-740	3.5	14
219	Effects of zinc, vitamin D, and their co-supplementation on mood, serum cortisol, and brain-derived neurotrophic factor in patients with obesity and mild to moderate depressive symptoms: A phase II, 12-wk, 2x2 factorial design, double-blind, randomized, placebo-controlled trial. <i>Nutrition</i> , <b>2020</b> , 71, 110601	4.8	14
218	The influence of zinc supplementation on IGF-1 levels in humans: A systematic review and meta-analysis. <i>Journal of King Saud University - Science</i> , <b>2020</b> , 32, 1824-1830	3.6	13
217	A Kinematic Analysis of Fundamental Movement Skills. <i>Sport Science Review</i> , <b>2016</b> , 25, 261-275		13
216	Physical activity characterization: does one site fit all?. <i>Physiological Measurement</i> , <b>2018</b> , 39, 09TR02	2.9	13
215	Cocoa Consumption and Blood Pressure in Middle-Aged and Elderly Subjects: a Meta-Analysis. <i>Current Hypertension Reports</i> , <b>2020</b> , 22, 1	4.7	12
214	Relationship between Fundamental Movement Skills and Physical Activity in Preschool-Aged Children: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	12

213	Run, jump, throw and catch: How proficient are children attending English schools at the fundamental motor skills identified as key within the school curriculum?. <i>European Physical Education Review</i> , <b>2020</b> , 26, 814-826	2.8	12
212	The influence of metformin on IGF-1 levels in humans: A systematic review and meta-analysis. <i>Pharmacological Research</i> , <b>2020</b> , 151, 104588	10.2	12
211	Efficacy of EB supplementation in patients with psoriasis: a meta-analysis of randomized controlled trials. <i>Clinical Rheumatology</i> , <b>2019</b> , 38, 977-988	3.9	12
210	Dietary patterns and risk of non-alcoholic fatty liver disease. <i>BMC Gastroenterology</i> , <b>2021</b> , 21, 41	3	12
209	Profiling movement quality and gait characteristics according to body-mass index in children (9-11y). <i>Human Movement Science</i> , <b>2016</b> , 49, 291-300	2.4	11
208	The effect of l-arginine supplementation on lipid profile: a systematic review and meta-analysis of randomised controlled trials. <i>British Journal of Nutrition</i> , <b>2019</b> , 122, 1021-1032	3.6	11
207	The effect of nettle ( <i>Urtica dioica</i> ) supplementation on the glycemic control of patients with type 2 diabetes mellitus: A systematic review and meta-analysis. <i>Phytotherapy Research</i> , <b>2020</b> , 34, 282-294	6.7	11
206	Zinc supplements and bone health: The role of the RANKL-RANK axis as a therapeutic target. <i>Journal of Trace Elements in Medicine and Biology</i> , <b>2020</b> , 57, 126417	4.1	11
205	Comparison of the FitroDyne and GymAware Rotary Encoders for Quantifying Peak and Mean Velocity During Traditional Multijointed Exercises. <i>Journal of Strength and Conditioning Research</i> , <b>2021</b> , 35, 1760-1765	3.2	11
204	The effect of green coffee extract supplementation on serum oxidized LDL cholesterol and total antioxidant capacity in patients with dyslipidemia: A randomized, double-blind, placebo-controlled trial. <i>European Journal of Integrative Medicine</i> , <b>2019</b> , 28, 109-113	1.7	10
203	The effect of resveratrol supplementation on serum levels of asymmetric de-methyl-arginine and paraoxonase 1 activity in patients with type 2 diabetes: A randomized, double-blind controlled trial. <i>Phytotherapy Research</i> , <b>2020</b> , 34, 2023-2031	6.7	10
202	Actual vs. Perceived Motor Competence in Children (8-10 Years): An Issue of Non-Veridicality. <i>Journal of Functional Morphology and Kinesiology</i> , <b>2018</b> , 3, 20	2.4	10
201	The effect of <i>Nigella sativa</i> L. supplementation on serum C-reactive protein: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , <b>2019</b> , 45, 149-155	3.5	9
200	Relationship between body mass index, risk of venous thromboembolism and pulmonary embolism: A systematic review and dose-response meta-analysis of cohort studies among four million participants. <i>Thrombosis Research</i> , <b>2020</b> , 192, 64-72	8.2	9
199	Twenty-four-hour movement behaviours and fundamental movement skills in preschool children: A compositional and isometrical substitution analysis. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 2071-2079	3.6	9
198	Quantitative Time Profiling of Children's Activity and Motion. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 183-190	1.2	9
197	The effect of Saffron supplementation on waist circumference, HA1C, and glucose metabolism: A systematic review and meta-analysis of randomized clinical trials. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 49, 102298	3.5	9
196	The association of plasma levels of liver enzymes and risk of gestational diabetes mellitus: a systematic review and dose-response meta-analysis of observational studies. <i>Acta Diabetologica</i> , <b>2020</b> , 57, 635-644	3.9	9

195	Zinc in depression: From development to treatment: A comparative/ dose response meta-analysis of observational studies and randomized controlled trials. <i>General Hospital Psychiatry</i> , <b>2020</b> , 74, 110-110	5.6	9
194	Standardised pomegranate peel extract lavage prevents postoperative peritoneal adhesion by regulating TGF- $\beta$ and VEGF levels. <i>Inflammopharmacology</i> , <b>2021</b> , 29, 855-868	5.1	9
193	The Mechanism of Physical Activity-induced Amelioration of Parkinson's Disease: A Narrative Review <b>2021</b> , 12, 192-202		9
192	Results From Wales' 2018 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , <b>2018</b> , 15, S430-S432	2.5	9
191	Prevalence of Physical Activity and Sedentary Behavior among Chinese Children and Adolescents: Variations, Gaps, and Recommendations. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	8
190	The Influence of Fasting and Energy Restricting Diets on Blood Pressure in Humans: A Systematic Review and Meta-Analysis. <i>High Blood Pressure and Cardiovascular Prevention</i> , <b>2020</b> , 27, 271-280	2.9	8
189	Advances in accelerometry for cardiovascular patients: a systematic review with practical recommendations. <i>ESC Heart Failure</i> , <b>2020</b> , 7, 2021-2031	3.7	8
188	Profiling Movement and Gait Quality Characteristics in Pre-School Children. <i>Journal of Motor Behavior</i> , <b>2018</b> , 50, 557-565	1.4	8
187	The effect of green coffee extract supplementation on blood pressure: A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , <b>2019</b> , 33, 2918-2926	6.7	8
186	Hyperbaric oxygen therapy for the treatment of long COVID: early evaluation of a highly promising intervention. <i>Clinical Medicine</i> , <b>2021</b> , 21, e629-e632	1.9	8
185	The alternate-day fasting diet is a more effective approach than a calorie restriction diet on weight loss and hs-CRP levels. <i>International Journal for Vitamin and Nutrition Research</i> , <b>2021</b> , 91, 242-250	1.7	8
184	Does L-carnitine supplementation affect serum levels of enzymes mainly produced by liver? A systematic review and meta-analysis of randomized controlled clinical trials. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 1767-1783	5.2	8
183	fatty acids as preventive and therapeutic agents in attenuating PCOS complications. <i>EXCLI Journal</i> , <b>2019</b> , 18, 558-575	2.4	7
182	The association of plant-based dietary patterns with visceral adiposity, lipid accumulation product, and triglyceride-glucose index in Iranian adults. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 53, 102531	3.5	7
181	Change-of-Direction Performance in Elite Soccer Players: Preliminary Analysis According to Their Playing Positions. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	7
180	Bempedoic Acid and Ezetimibe for the Treatment of Hypercholesterolemia: A Systematic Review and Meta-Analysis of Randomized Phase II/III trials. <i>Clinical Drug Investigation</i> , <b>2021</b> , 41, 19-28	3.2	7
179	Is obesity actually non-communicable?. <i>Obesity Medicine</i> , <b>2017</b> , 8, 27-28	2.6	6
178	The Effects of Combined Movement and Storytelling Intervention on Motor Skills in South Asian and White Children Aged 5-6 Years Living in the United Kingdom. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	6

177	Effects of walnut intake on anthropometric characteristics: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 50, 102395	3.5	6
176	Objective profiling of varied human motion based on normative assessment of magnetometer time series data. <i>Physiological Measurement</i> , <b>2018</b> , 39, 045007	2.9	6
175	Clinical effectiveness of zinc supplementation on the biomarkers of oxidative stress: A systematic review and meta-analysis of randomized controlled trials. <i>Pharmacological Research</i> , <b>2020</b> , 161, 105166	10.2	6
174	24-hour movement behaviour and executive function in preschoolers: A compositional and isotemporal reallocation analysis. <i>European Journal of Sport Science</i> , <b>2021</b> , 21, 1064-1072	3.9	6
173	Does vitamin C supplementation exert profitable effects on serum lipid profile in patients with type 2 diabetes? A systematic review and dose-response meta-analysis. <i>Pharmacological Research</i> , <b>2021</b> , 169, 105665	10.2	6
172	Healthy Eating Index-2015 as a predictor of ulcerative colitis risk in a case-control cohort. <i>Journal of Digestive Diseases</i> , <b>2019</b> , 20, 649-655	3.3	5
171	Correlations between Repeated Use of Dry Sauna for 4 x 10 Minutes, Physiological Parameters, Anthropometric Features, and Body Composition in Young Sedentary and Overweight Men: Health Implications. <i>BioMed Research International</i> , <b>2019</b> , 2019, 7535140	3	5
170	A Network Perspective on the Relationship between Screen Time, Executive Function, and Fundamental Motor Skills among Preschoolers. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5
169	Association between Compliance with the 24-Hour Movement Guidelines and Fundamental Movement Skills in Preschoolers: A Network Perspective. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	5
168	Body mass index and risk of Parkinson, Alzheimer, Dementia, and Dementia mortality: a systematic review and dose-response meta-analysis of cohort studies among 5 million participants. <i>Nutritional Neuroscience</i> , <b>2020</b> , 1-9	3.6	5
167	The interaction between the dietary inflammatory index and MC4R gene variants on cardiovascular risk factors. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 488-495	5.9	5
166	Intake of Various Food Groups and Risk of Breast Cancer: A Systematic Review and Dose-Response Meta-Analysis of Prospective Studies. <i>Advances in Nutrition</i> , <b>2021</b> , 12, 809-849	10	5
165	Dietary intake of polyphenols and total antioxidant capacity and risk of prostate cancer: A case-control study in Iranian men. <i>European Journal of Cancer Care</i> , <b>2021</b> , 30, e13364	2.4	5
164	Calibration and Cross-Validation of Accelerometry for Estimating Movement Skills in Children Aged 8-12 Years. <i>Sensors</i> , <b>2020</b> , 20,	3.8	4
163	The effect of almonds consumption on blood pressure: A systematic review and dose-response meta-analysis of randomized control trials. <i>Journal of King Saud University - Science</i> , <b>2020</b> , 32, 1757-1763	3.6	4
162	Variations in Central Adiposity, Cardiovascular Fitness, and Objectively Measured Physical Activity According to Weight Status in Children (9-11 Years). <i>Frontiers in Physiology</i> , <b>2019</b> , 10, 936	4.6	4
161	Dietary total antioxidant capacity and risk of ulcerative colitis: A case-control study. <i>Journal of Digestive Diseases</i> , <b>2019</b> , 20, 636-641	3.3	4
160	Breakfast-Based Dietary Patterns and Obesity in Tehranian Adults. <i>Journal of Obesity and Metabolic Syndrome</i> , <b>2020</b> , 29, 222-232	4.4	4

159	Profiling movement behaviours in pre-school children: A self-organised map approach. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 150-158	3.6	4
158	The efficacy of ginseng supplementation on plasma lipid concentration in adults: A systematic review and meta-analysis. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 48, 102239	3.5	4
157	The effect of okra ( <i>Abelmoschus esculentus</i> ) on lipid profiles and glycemic indices in Type 2 diabetic adults: Randomized double blinded trials. <i>Phytotherapy Research</i> , <b>2020</b> , 34, 3325-3332	6.7	4
156	Sleep Disruption and Depression, Stress and Anxiety Levels in Women With Polycystic Ovary Syndrome (PCOS) During the Lockdown Measures for COVID-19 in the UK. <i>Frontiers in Global Women S Health</i> , <b>2021</b> , 2, 649104	8.4	4
155	Dairy products consumption and the risk of hypertension in adults: An updated systematic review and dose-response meta-analysis of prospective cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2021</b> , 31, 1962-1975	4.5	4
154	Soy intake is associated with lowering blood pressure in adults: A systematic review and meta-analysis of randomized double-blind placebo-controlled trials. <i>Complementary Therapies in Medicine</i> , <b>2021</b> , 59, 102692	3.5	4
153	Eccentric Resistance Training in Youth: Perspectives for Long-Term Athletic Development. <i>Journal of Functional Morphology and Kinesiology</i> , <b>2019</b> , 4,	2.4	4
152	The association between serum homocysteine and depression: A systematic review and meta-analysis of observational studies. <i>European Journal of Clinical Investigation</i> , <b>2021</b> , 51, e13486	4.6	4
151	Impact of Body Mass Index on the Development of Inflammatory Bowel Disease: A Systematic Review and Dose-Response Analysis of 15.6 Million Participants. <i>Healthcare (Switzerland)</i> , <b>2021</b> , 9,	3.4	4
150	Body adaptation to Dance: A Gerontological Perspective <b>2021</b> , 12, 902-913		4
149	The effect of a daytime 60-min nap opportunity on postural control in highly active individuals.. <i>Biology of Sport</i> , <b>2021</b> , 38, 683-691	4.3	4
148	Impaired Cardiorespiratory Fitness and Muscle Strength in Children with Normal-Weight Obesity. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
147	The influence of green coffee bean extract supplementation on blood glucose levels: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , <b>2020</b> , 34, 2159-2169	6.7	3
146	The effect of sour cherry consumption on blood pressure, IL-6, CRP, and TNF- $\alpha$ levels: A systematic review and meta-analysis of randomized controlled trials sour cherry consumption and blood pressure. <i>Journal of King Saud University - Science</i> , <b>2020</b> , 32, 1687-1693	3.6	3
145	Physical activity, motor competence and movement and gait quality: A principal component analysis. <i>Human Movement Science</i> , <b>2019</b> , 68, 102523	2.4	3
144	Motor Competence Among Children in the United Kingdom and Ireland: An Expert Statement on Behalf of the International Motor Development Research Consortium. <i>Journal of Motor Learning and Development</i> , <b>2022</b> , 1-20	1.4	3
143	International Standards for the 3-Minute Burpee Test: High- Intensity Motor Performance. <i>Journal of Human Kinetics</i> , <b>2019</b> , 69, 137-147	2.6	3
142	Association of dietary energy density with cardiometabolic risk factors and metabolic syndrome in Tehranian older adults. <i>Journal of Cardiovascular and Thoracic Research</i> , <b>2020</b> , 12, 97-105	1.3	3

141	Association of Dietary Patterns with Visceral Adiposity, Lipid Accumulation Product, and Triglyceride-Glucose Index in Iranian Adults. <i>Clinical Nutrition Research</i> , <b>2020</b> , 9, 145-156	1.7	3
140	The effect of cinnamon supplementation on lipid profiles in patients with type 2 diabetes: A systematic review and meta-analysis of clinical trials. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 55, 102571	3.5	3
139	Pistachios and cardiometabolic risk factors: A systematic review and meta-analysis of randomized controlled clinical trials. <i>Complementary Therapies in Medicine</i> , <b>2020</b> , 52, 102513	3.5	3
138	The effect of pre-pregnancy body mass index on breastfeeding initiation, intention and duration: A systematic review and dose-response meta-analysis. <i>Heliyon</i> , <b>2020</b> , 6, e05622	3.6	3
137	Exploring Relationships Between Anthropometry, Body Composition, Maturation, and Selection for Competition: A Study in Youth Soccer Players. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 651735	4.6	3
136	Improvement of Physical Performance Following a 6 Week Change-of-Direction Training Program in Elite Youth Soccer Players of Different Maturity Levels. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 668437	4.6	3
135	The effect of apple cider vinegar on lipid profiles and glycemic parameters: a systematic review and meta-analysis of randomized clinical trials. <i>BMC Complementary Medicine and Therapies</i> , <b>2021</b> , 21, 179	2.9	3
134	The effects of spirulina ( <i>Arthrospira platensis</i> ) supplementation on anthropometric indices, blood pressure, sleep quality, mental health, fatigue status and quality of life in patients with ulcerative colitis: A randomised, double-blinded, placebo-controlled trial. <i>International Journal of Clinical Practice</i> , <b>2021</b> , 75, e14472	2.9	3
133	How Does Fat Mass Change in the First Year After Bariatric Surgery? A Systemic Review and Meta-Analysis. <i>Obesity Surgery</i> , <b>2021</b> , 31, 3799-3821	3.7	3
132	Profiling movement and gait quality using accelerometry in children's physical activity: consider quality, not just quantity. <i>British Journal of Sports Medicine</i> , <b>2019</b> , 53, 493-494	10.3	3
131	A negative association of dietary advanced glycation end products with obesity and body composition in Iranian adults. <i>British Journal of Nutrition</i> , <b>2021</b> , 125, 471-480	3.6	3
130	Pre-pregnancy body mass index in mothers, birth weight and the risk of type I diabetes in their offspring: A dose-response meta-analysis of cohort studies. <i>Journal of Gynecology Obstetrics and Human Reproduction</i> , <b>2021</b> , 50, 101921	1.9	3
129	Active school travel is associated with fewer suicide attempts among adolescents from low-and middle-income countries. <i>International Journal of Clinical and Health Psychology</i> , <b>2021</b> , 21, 100202	5.1	3
128	The effects of resveratrol supplementation on PPAR $\alpha$ , p16, p53, p21 gene expressions, and sCD163/sTWEAK ratio in patients with type 2 diabetes mellitus: A double-blind controlled randomized trial. <i>Phytotherapy Research</i> , <b>2021</b> , 35, 3205-3213	6.7	3
127	The effects of <i>Cynara scolymus</i> L. supplementation on liver enzymes: A systematic review and meta-analysis. <i>International Journal of Clinical Practice</i> , <b>2021</b> , 75, e14726	2.9	3
126	The effect of dietary total antioxidant capacity (DTAC) and Caveolin-1 gene variant interaction on cardiovascular risk factors among overweight and obese women: A cross-sectional investigation. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 4893-4903	5.9	3
125	Effects of chromium supplementation on blood pressure, body mass index, liver function enzymes and malondialdehyde in patients with type 2 diabetes: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , <b>2021</b> , 60, 102755	3.5	3
124	Uncertainty, Anxiety and Isolation: Experiencing the COVID-19 Pandemic and Lockdown as a Woman with Polycystic Ovary Syndrome (PCOS). <i>Journal of Personalized Medicine</i> , <b>2021</b> , 11,	3.6	3



123	The effect of probiotics, paraprobiotics, synbiotics, fermented foods and other microbial forms on immunoglobulin production: a systematic review and meta-analysis of clinical trials. <i>International Journal of Food Sciences and Nutrition</i> , <b>2021</b> , 72, 632-649	3.7	2
122	Individual vs. group-based strategies for weight loss and management in adults: Pen profile perceptions. <i>Obesity Medicine</i> , <b>2020</b> , 18, 100225	2.6	2
121	The hypotensive effect of salt substitutes in stage 2 hypertension: a systematic review and meta-analysis. <i>BMC Cardiovascular Disorders</i> , <b>2020</b> , 20, 98	2.3	2
120	Maximal Oxygen Uptake Is Achieved in Hypoxia but Not Normoxia during an Exhaustive Severe Intensity Run. <i>Frontiers in Physiology</i> , <b>2017</b> , 8, 96	4.6	2
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