

Samir El Alaoui

List of Publications by Year in descending order

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Version: 2024-02-01

91
papers

4,881
citations

109137

35
h-index

102304

66
g-index

95
all docs

95
docs citations

95
times ranked

4107
citing authors

#	ARTICLE	IF	CITATIONS
1	Cognitive behavior therapy via the Internet: a systematic review of applications, clinical efficacy and cost-effectiveness. <i>Expert Review of Pharmacoeconomics and Outcomes Research</i> , 2012, 12, 745-764.	0.7	556
2	Internet-Based Cognitive Behavior Therapy vs. Cognitive Behavioral Group Therapy for Social Anxiety Disorder: A Randomized Controlled Non-inferiority Trial. <i>PLoS ONE</i> , 2011, 6, e18001.	1.1	223
3	Internet-delivered exposure and mindfulness based therapy for irritable bowel syndrome – A randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2010, 48, 531-539.	1.6	210
4	Internet administration of self-report measures commonly used in research on social anxiety disorder: A psychometric evaluation. <i>Computers in Human Behavior</i> , 2010, 26, 736-740.	5.1	184
5	Effectiveness of Internet-based cognitive behaviour therapy for depression in routine psychiatric care. <i>Journal of Affective Disorders</i> , 2014, 155, 49-58.	2.0	181
6	Internet-Delivered Exposure-Based Treatment vs. Stress Management for Irritable Bowel Syndrome: A Randomized Trial. <i>American Journal of Gastroenterology</i> , 2011, 106, 1481-1491.	0.2	170
7	Internet-based cognitive-behavioural therapy for severe health anxiety: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2011, 198, 230-236.	1.7	167
8	Internet-versus group-administered cognitive behaviour therapy for panic disorder in a psychiatric setting: a randomised trial. <i>BMC Psychiatry</i> , 2010, 10, 54.	1.1	153
9	Cost-effectiveness of Internet-based cognitive behavior therapy vs. cognitive behavioral group therapy for social anxiety disorder: Results from a randomized controlled trial. <i>Behaviour Research and Therapy</i> , 2011, 49, 729-736.	1.6	150
10	Effectiveness of Internet-based cognitive behaviour therapy for panic disorder in routine psychiatric care. <i>Acta Psychiatrica Scandinavica</i> , 2013, 128, 457-467.	2.2	114
11	A 5-Year Follow-up of Internet-Based Cognitive Behavior Therapy for Social Anxiety Disorder. <i>Journal of Medical Internet Research</i> , 2011, 13, e39.	2.1	107
12	Guided internet cognitive behavioral therapy for insomnia compared to a control treatment – A randomized trial. <i>Behaviour Research and Therapy</i> , 2015, 71, 90-100.	1.6	104
13	Acceptability, effectiveness, and cost-effectiveness of internet-based exposure treatment for irritable bowel syndrome in a clinical sample: a randomized controlled trial. <i>BMC Gastroenterology</i> , 2011, 11, 110.	0.8	102
14	Provoking symptoms to relieve symptoms: A randomized controlled dismantling study of exposure therapy in irritable bowel syndrome. <i>Behaviour Research and Therapy</i> , 2014, 55, 27-39.	1.6	102
15	Internet-Delivered Cognitive Behavior Therapy for Adolescents With Irritable Bowel Syndrome: A Randomized Controlled Trial. <i>American Journal of Gastroenterology</i> , 2017, 112, 152-162.	0.2	96
16	Long-term follow-up of internet-delivered exposure and mindfulness based treatment for irritable bowel syndrome. <i>Behaviour Research and Therapy</i> , 2011, 49, 58-61.	1.6	87
17	Internet-delivered exposure-based cognitive-behavioural therapy and behavioural stress management for severe health anxiety: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2014, 205, 307-314.	1.7	87
18	Exposure-based cognitive-behavioural therapy via the internet and as bibliotherapy for somatic symptom disorder and illness anxiety disorder: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2016, 209, 407-413.	1.7	83

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19	Predictors of Symptomatic Change and Adherence in Internet-Based Cognitive Behaviour Therapy for Social Anxiety Disorder in Routine Psychiatric Care. PLoS ONE, 2015, 10, e0124258.	1.1	80
20	Therapist guided internet based cognitive behavioural therapy for body dysmorphic disorder: single blind randomised controlled trial. BMJ, The, 2016, 352, i241.	3.0	78
21	Effectiveness of Internet-based cognitive behavior therapy for social anxiety disorder in clinical psychiatry.. Journal of Consulting and Clinical Psychology, 2015, 83, 902-914.	1.6	75
22	Mechanisms of change in an exposure-based treatment for irritable bowel syndrome.. Journal of Consulting and Clinical Psychology, 2013, 81, 1113-1126.	1.6	74
23	Clinical effectiveness and cost-effectiveness of Internet- vs. group-based cognitive behavior therapy for social anxiety disorder: 4-Year follow-up of a randomized trial. Behaviour Research and Therapy, 2014, 59, 20-29.	1.6	68
24	Exposure and mindfulness based therapy for irritable bowel syndrome – An open pilot study. Journal of Behavior Therapy and Experimental Psychiatry, 2010, 41, 185-190.	0.6	64
25	Effect of Internet vs Face-to-Face Cognitive Behavior Therapy for Health Anxiety. JAMA Psychiatry, 2020, 77, 915.	6.0	64
26	A Rome Working Team Report on Brain-Gut Behavior Therapies for Disorders of Gut-Brain Interaction. Gastroenterology, 2022, 162, 300-315.	0.6	64
27	Cost-effectiveness of internet-based cognitive behavior therapy for irritable bowel syndrome: results from a randomized controlled trial. BMC Public Health, 2011, 11, 215.	1.2	62
28	Telephone Versus Internet Administration of Self-Report Measures of Social Anxiety, Depressive Symptoms, and Insomnia: Psychometric Evaluation of a Method to Reduce the Impact of Missing Data. Journal of Medical Internet Research, 2013, 15, e229.	2.1	59
29	Optimal Cut-Off Points on the Health Anxiety Inventory, Illness Attitude Scales and Whiteley Index to Identify Severe Health Anxiety. PLoS ONE, 2015, 10, e0123412.	1.1	55
30	Clinical and Cost Effectiveness of Online Cognitive Behavioral Therapy in Children With Functional Abdominal Pain Disorders. Clinical Gastroenterology and Hepatology, 2019, 17, 2236-2244.e11.	2.4	48
31	Effectiveness and Cost Offset Analysis of Group CBT for Hypochondriasis Delivered in a Psychiatric Setting: An Open Trial. Cognitive Behaviour Therapy, 2010, 39, 239-250.	1.9	45
32	Predictors in Internet-delivered cognitive behavior therapy and behavioral stress management for severe health anxiety. Behaviour Research and Therapy, 2015, 64, 49-55.	1.6	44
33	Cost effectiveness of internet-based cognitive behaviour therapy and behavioural stress management for severe health anxiety. BMJ Open, 2016, 6, e009327.	0.8	39
34	Internet-Delivered Exposure-Based Cognitive-Behavioral Therapy for Adolescents With Functional Abdominal Pain or Functional Dyspepsia: A Feasibility Study. Behavior Therapy, 2019, 50, 177-188.	1.3	39
35	Internet-delivered treatment to promote health. Current Opinion in Psychiatry, 2011, 24, 1.	3.1	39
36	Predictors of outcome in Internet-based cognitive behavior therapy for severe health anxiety. Behaviour Research and Therapy, 2013, 51, 711-717.	1.6	38

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37	Predicting Outcome in Internet-Based Cognitive Behaviour Therapy for Major Depression: A Large Cohort Study of Adult Patients in Routine Psychiatric Care. PLoS ONE, 2016, 11, e0161191.	1.1	38
38	Emotion regulation individual therapy for adolescents with nonsuicidal self-injury disorder: a feasibility study. BMC Psychiatry, 2017, 17, 411.	1.1	37
39	Internet-delivered acceptance and commitment therapy as microlearning for chronic pain: A randomized controlled trial with 1-year follow-up. European Journal of Pain, 2021, 25, 1012-1030.	1.4	37
40	Using Early Change to Predict Outcome in Cognitive Behaviour Therapy: Exploring Timeframe, Calculation Method, and Differences of Disorder-Specific versus General Measures. PLoS ONE, 2014, 9, e100614.	1.1	36
41	Mediators in Internet-Based Cognitive Behavior Therapy for Severe Health Anxiety. PLoS ONE, 2013, 8, e77752.	1.1	36
42	A genome-wide association meta-analysis of prognostic outcomes following cognitive behavioural therapy in individuals with anxiety and depressive disorders. Translational Psychiatry, 2019, 9, 150.	2.4	35
43	Therapist-guided, Internet-based cognitive-behavioural therapy for body dysmorphic disorder (BDD-NET): a feasibility study. BMJ Open, 2014, 4, e005923-e005923.	0.8	34
44	Emotion regulation group therapy for deliberate self-harm: a multi-site evaluation in routine care using an uncontrolled open trial design. BMJ Open, 2017, 7, e016220.	0.8	33
45	The role of avoidance behavior in the treatment of adolescents with irritable bowel syndrome: A mediation analysis. Behaviour Research and Therapy, 2018, 105, 27-35.	1.6	33
46	Predictors and Moderators of Internet- and Group-Based Cognitive Behaviour Therapy for Panic Disorder. PLoS ONE, 2013, 8, e79024.	1.1	33
47	Personality Change following Internet-Based Cognitive Behavior Therapy for Severe Health Anxiety. PLoS ONE, 2014, 9, e113871.	1.1	31
48	Development and Feasibility Testing of Internet-Delivered Acceptance and Commitment Therapy for Severe Health Anxiety: Pilot Study. JMIR Mental Health, 2018, 5, e28.	1.7	30
49	Sudden gains in internet-based cognitive behaviour therapy for severe health anxiety. Behaviour Research and Therapy, 2014, 54, 22-29.	1.6	29
50	Psychometric properties of Internet-administered measures of health anxiety: An investigation of the Health Anxiety Inventory, the Illness Attitude Scales, and the Whiteley Index. Journal of Anxiety Disorders, 2015, 31, 32-37.	1.5	29
51	Long-term outcomes and predictors of internet-delivered cognitive behavioral therapy for childhood anxiety disorders. Behaviour Research and Therapy, 2017, 90, 67-75.	1.6	27
52	Internet-Delivered Cognitive Behavioral Therapy for Children With Pain-Related Functional Gastrointestinal Disorders: Feasibility Study. JMIR Mental Health, 2017, 4, e32.	1.7	27
53	Stepped care in primary care "guided self-help and face-to-face cognitive behavioural therapy for common mental disorders: a randomized controlled trial. Psychological Medicine, 2018, 48, 1644-1654.	2.7	26
54	Genetics of response to cognitive behavior therapy in adults with major depression: a preliminary report. Molecular Psychiatry, 2019, 24, 484-490.	4.1	26

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55	Internet-delivered cognitive behavior therapy for adolescents with functional gastrointestinal disorders “An open trial. <i>Internet Interventions</i> , 2014, 1, 141-148.	1.4	24
56	Mediators of Change in Cognitive Behavior Therapy for Clinical Burnout. <i>Behavior Therapy</i> , 2019, 50, 475-488.	1.3	24
57	Long-term effectiveness and outcome predictors of therapist-guided internet-based cognitive “behavioural therapy for social anxiety disorder in routine psychiatric care. <i>BMJ Open</i> , 2015, 5, e007902.	0.8	20
58	The effect of user interface on treatment engagement in a self-guided digital problem-solving intervention: A randomized controlled trial. <i>Internet Interventions</i> , 2021, 26, 100448.	1.4	20
59	Cost-Effectiveness and Cost-Utility of Internet-Delivered Exposure Therapy for Fibromyalgia: Results From a Randomized, Controlled Trial. <i>Journal of Pain</i> , 2019, 20, 47-59.	0.7	18
60	Exposure-based cognitive behavioral therapy for irritable bowel syndrome. A single-case experimental design across 13 subjects. <i>Cognitive Behaviour Therapy</i> , 2016, 45, 415-430.	1.9	17
61	Exposure-Based Therapy for Symptom Preoccupation in Atrial Fibrillation: An Uncontrolled Pilot Study. <i>Behavior Therapy</i> , 2017, 48, 808-819.	1.3	17
62	Cost-effectiveness and long-term follow-up of three forms of minimal-contact cognitive behaviour therapy for severe health anxiety: Results from a randomised controlled trial. <i>Behaviour Research and Therapy</i> , 2018, 107, 95-105.	1.6	17
63	Cost-effectiveness of internet-delivered cognitive “behavioural therapy for adolescents with irritable bowel syndrome. <i>BMJ Open</i> , 2019, 9, e023881.	0.8	17
64	Internet-delivered acceptance and commitment therapy (iACT) for chronic pain “feasibility and preliminary effects in clinical and self-referred patients. <i>MHealth</i> , 2020, 6, 27-27.	0.9	16
65	Improvement in indices of cellular protection after psychological treatment for social anxiety disorder. <i>Translational Psychiatry</i> , 2019, 9, 340.	2.4	15
66	Internet-based cognitive behavior therapy for depression, social anxiety disorder, and panic disorder: Effectiveness and predictors of response in a teaching clinic. <i>Behaviour Research and Therapy</i> , 2021, 136, 103767.	1.6	15
67	Effects of Baseline Problematic Alcohol and Drug Use on Internet-Based Cognitive Behavioral Therapy Outcomes for Depression, Panic Disorder and Social Anxiety Disorder. <i>PLoS ONE</i> , 2014, 9, e104615.	1.1	14
68	Does internet-based cognitive behaviour therapy reduce healthcare costs and resource use in treatment of social anxiety disorder? A cost-minimisation analysis conducted alongside a randomised controlled trial. <i>BMJ Open</i> , 2017, 7, e017053.	0.8	14
69	The mediating effect of mindful non-reactivity in exposure-based cognitive behavior therapy for severe health anxiety. <i>Journal of Anxiety Disorders</i> , 2017, 50, 15-22.	1.5	13
70	Health anxiety in obsessive compulsive disorder and obsessive compulsive symptoms in severe health anxiety: An investigation of symptom profiles. <i>Journal of Anxiety Disorders</i> , 2017, 45, 80-86.	1.5	12
71	Combining Time-Driven Activity-Based Costing with Clinical Outcome in Cost-Effectiveness Analysis to Measure Value in Treatment of Depression. <i>PLoS ONE</i> , 2016, 11, e0165389.	1.1	11
72	Predictors of outcome in guided self-help cognitive behavioural therapy for common mental disorders in primary care. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 455-474.	1.9	11

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73	Behavioral avoidance moderates the effect of exposure therapy for irritable bowel syndrome: A secondary analysis of results from a randomized component trial. <i>Behaviour Research and Therapy</i> , 2021, 141, 103862.	1.6	10
74	Internet-Based Biofeedback-Assisted Relaxation Training in the Treatment of Hypertension: A Pilot Study. <i>Applied Psychophysiology Biofeedback</i> , 2010, 35, 163-170.	1.0	9
75	The impact of exposure-based cognitive behavior therapy for severe health anxiety on self-rated health: Results from a randomized trial. <i>Journal of Psychosomatic Research</i> , 2017, 103, 9-14.	1.2	9
76	Face-to-Face Cognitive-Behavioral Therapy for Irritable Bowel Syndrome: The Effects on Gastrointestinal and Psychiatric Symptoms. <i>Gastroenterology Research and Practice</i> , 2017, 2017, 1-9.	0.7	9
77	Internet-Delivered Exposure-Based Therapy for Symptom Preoccupation in Atrial Fibrillation: Uncontrolled Pilot Trial. <i>JMIR Cardio</i> , 2021, 5, e24524.	0.7	8
78	Cognitive behavioral therapy for irritable bowel syndrome: the effects on state and trait anxiety and the autonomic nervous system during induced rectal distensions – An uncontrolled trial. <i>Scandinavian Journal of Pain</i> , 2018, 18, 81-91.	0.5	7
79	What are the mechanisms of psychological treatments for irritable bowel syndrome?. <i>Journal of Psychosomatic Research</i> , 2019, 118, 9-11.	1.2	7
80	Mediators of treatment effect in minimal-contact cognitive behaviour therapy for severe health anxiety: A theory-driven analysis based on a randomised controlled trial. <i>Journal of Anxiety Disorders</i> , 2020, 69, 102172.	1.5	7
81	Targeting excessive worry with internet-based extinction therapy: a randomised controlled trial with mediation analysis and economical evaluation. <i>Psychological Medicine</i> , 2021, 51, 2023-2033.	2.7	5
82	Online Education Is Non-Inferior to Group Education for Irritable Bowel Syndrome: A Randomized Trial and Patient Preference Trial. <i>Clinical Gastroenterology and Hepatology</i> , 2021, 19, 743-751.e1.	2.4	5
83	A self-guided and monitored digital problem-solving intervention for patients with symptoms of depression or anxiety on the waiting list for treatment in routine psychiatric care: feasibility study. <i>BJPsych Open</i> , 2022, 8, e43.	0.3	5
84	Predictors of improvement in an open-trial multisite evaluation of emotion regulation group therapy. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 322-336.	1.9	4
85	Review article: exclude or expose? The paradox of conceptually opposite treatments for irritable bowel syndrome. <i>Alimentary Pharmacology and Therapeutics</i> , 2022, 56, 592-605.	1.9	4
86	Practical and Emotional Problems Reported by Users of a Self-guided Digital Problem-solving Intervention During the COVID-19 Pandemic: Content Analysis. <i>JMIR Formative Research</i> , 2021, 5, e31722.	0.7	3
87	Return on investment of internet delivered exposure therapy for irritable bowel syndrome: a randomized controlled trial. <i>BMC Gastroenterology</i> , 2021, 21, 289.	0.8	2
88	Validation of child-adapted short scales for measuring gastrointestinal-specific avoidance and anxiety. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2022, , .	0.7	2
89	Exposure based cognitive behavioral group therapy for IBS at a gastroenterological clinic – a clinical effectiveness study. <i>Scandinavian Journal of Gastroenterology</i> , 2022, 57, 904-911.	0.6	1
90	A unified Internet-delivered exposure treatment for undifferentiated somatic symptom disorder: single-group prospective feasibility trial. <i>Pilot and Feasibility Studies</i> , 2022, 8, .	0.5	1

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91	ICBT for Severe Health Anxiety. , 2016, , 163-173.		0