

# Aitor Martinez Aguirre-Betolaza

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5536561/publications.pdf>

Version: 2024-02-01

14  
papers

138  
citations

1477746

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h-index

1281420

11  
g-index

15  
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15  
docs citations

15  
times ranked

308  
citing authors

#	ARTICLE	IF	CITATIONS
1	Leg fidgeting enhances blood lactate clearance following maximal anaerobic exercise. <i>International Journal of Sports Science and Coaching</i> , 2023, 18, 923-927.	0.7	0
2	Leg Fidgeting Improves Executive Function following Prolonged Sitting with a Typical Western Meal: A Randomized, Controlled Cross-Over Trial. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1357.	1.2	3
3	Level of Physical Activity, Sedentary Behavior, and Sleep in the Child and Adolescent Population in the Autonomous Community of the Basque Country (6-17 Years Old): Protocol for the Mugikertu Study. <i>JMIR Research Protocols</i> , 2022, 11, e31325.	0.5	2
4	Central and peripheral arterial stiffness responses to uninterrupted prolonged sitting combined with a high-fat meal: a randomized controlled crossover trial. <i>Hypertension Research</i> , 2021, 44, 1332-1340.	1.5	10
5	Long-Term Effects in the EXERDIET-HTA Study: Supervised Exercise Training vs. Physical Activity Advice. <i>Research Quarterly for Exercise and Sport</i> , 2020, 91, 209-218.	0.8	4
6	Physical Activity, Sedentary Behavior, and Sleep Quality in Adults with Primary Hypertension and Obesity before and after an Aerobic Exercise Program: EXERDIET-HTA Study. <i>Life</i> , 2020, 10, 153.	1.1	9
7	Impact on Health-Related Quality of Life after Different Aerobic Exercise Programs in Physically Inactive Adults with Overweight/Obesity and Primary Hypertension: Data from the EXERDIET-HTA Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9349.	1.2	9
8	Effects of different aerobic exercise programs on cardiac autonomic modulation and hemodynamics in hypertension: data from EXERDIET-HTA randomized trial. <i>Journal of Human Hypertension</i> , 2020, 34, 709-718.	1.0	10
9	A Metabolically Healthy Profile Is a Transient Stage When Exercise and Diet Are Not Supervised: Long-Term Effects in the EXERDIET-HTA Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2830.	1.2	7
10	Validity of the modified shuttle walk test to assess cardiorespiratory fitness after exercise intervention in overweight/obese adults with primary hypertension. <i>Clinical and Experimental Hypertension</i> , 2019, 41, 336-341.	0.5	3
11	Actigraphy-based sleep analysis in sedentary and overweight/obese adults with primary hypertension: data from the EXERDIET-HTA study. <i>Sleep and Breathing</i> , 2019, 23, 1265-1273.	0.9	5
12	Effects of different aerobic exercise programmes with nutritional intervention in sedentary adults with overweight/obesity and hypertension: EXERDIET-HTA study. <i>European Journal of Preventive Cardiology</i> , 2018, 25, 343-353.	0.8	63
13	Is cardiorespiratory fitness independently associated with the biochemical profile in overweight/obese adults with primary hypertension? The EXERDIET-HTA study. <i>Scandinavian Journal of Clinical and Laboratory Investigation</i> , 2018, 78, 613-620.	0.6	0
14	Effects on Cardiovascular Risk Scores and Vascular Age After Aerobic Exercise and Nutritional Intervention in Sedentary and Overweight/Obese Adults with Primary Hypertension: The EXERDIET-HTA Randomized Trial Study. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2018, 25, 361-368.	1.0	13