

# Ineke Vergeer

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5535383/publications.pdf>

Version: 2024-02-01

30  
papers

1,445  
citations

623188

14  
h-index

500791

28  
g-index

36  
all docs

36  
docs citations

36  
times ranked

2043  
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical activity and mental health in children and adolescents: An updated review of reviews and an analysis of causality. <i>Psychology of Sport and Exercise</i> , 2019, 42, 146-155.	1.1	569
2	Screen Time, Other Sedentary Behaviours, and Obesity Risk in Adults: A Review of Reviews. <i>Current Obesity Reports</i> , 2017, 6, 134-147.	3.5	141
3	How Sedentary Are University Students? A Systematic Review and Meta-Analysis. <i>Prevention Science</i> , 2020, 21, 332-343.	1.5	133
4	The descriptive epidemiology of total physical activity, muscle-strengthening exercises and sedentary behaviour among Australian adults – results from the National Nutrition and Physical Activity Survey. <i>BMC Public Health</i> , 2015, 16, 73.	1.2	125
5	Pumping Iron in Australia: Prevalence, Trends and Sociodemographic Correlates of Muscle Strengthening Activity Participation from a National Sample of 195,926 Adults. <i>PLoS ONE</i> , 2016, 11, e0153225.	1.1	78
6	Correlates of sedentary behaviour in university students: A systematic review. <i>Preventive Medicine</i> , 2018, 116, 194-202.	1.6	64
7	Multiple Uses of Mental Imagery by Professional Modern Dancers. <i>Imagination, Cognition and Personality</i> , 2001, 20, 231-255.	0.5	50
8	Participation trends in holistic movement practices: a 10-year comparison of yoga/Pilates and tai chi/qigong use among a national sample of 195,926 Australians. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 296.	3.7	38
9	Movement and stretching imagery during flexibility training. <i>Journal of Sports Sciences</i> , 2006, 24, 197-208.	1.0	27
10	Controversies in the Science of Sedentary Behaviour and Health: Insights, Perspectives and Future directions from the 2018 Queensland Sedentary Behaviour Think Tank. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4762.	1.2	27
11	Exploring the mental representation of athletic injury: A longitudinal case study. <i>Psychology of Sport and Exercise</i> , 2006, 7, 99-114.	1.1	23
12	Coaches' Decision Policies about the Participation of Injured Athletes in Competition. <i>Sport Psychologist</i> , 1999, 13, 42-56.	0.4	20
13	Participant characteristics of users of holistic movement practices in Australia. <i>Complementary Therapies in Clinical Practice</i> , 2018, 31, 181-187.	0.7	18
14	Yoga not a (physical) culture for men? Understanding the barriers for yoga participation among men. <i>Complementary Therapies in Clinical Practice</i> , 2021, 42, 101262.	0.7	17
15	Coaching experience: Examining its role in coaches' decision making. <i>International Journal of Sport and Exercise Psychology</i> , 2009, 7, 431-449.	1.1	15
16	Using the Behavior Change Wheel to Understand University Students' Prolonged Sitting Time and Identify Potential Intervention Strategies. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 360-371.	0.8	13
17	Participation motives for a holistic dance-movement practice. <i>International Journal of Sport and Exercise Psychology</i> , 2018, 16, 95-111.	1.1	12
18	Holistic movement practices – An emerging category of physical activity for exercise psychology. <i>Psychology of Sport and Exercise</i> , 2021, 53, 101870.	1.1	12

#	ARTICLE	IF	CITATIONS
19	Conscious dance: Perceived benefits and psychological well-being of participants. <i>Complementary Therapies in Clinical Practice</i> , 2021, 44, 101440.	0.7	11
20	Mixing Methods in Assessing Coaches' Decision Making. <i>Research Quarterly for Exercise and Sport</i> , 2007, 78, 225-235.	0.8	9
21	When an activity is more than just exercise: a scoping review of facilitators and barriers for yoga participation. <i>International Review of Sport and Exercise Psychology</i> , 2023, 16, 93-154.	3.1	9
22	Who Uses Action Planning in a Web-Based Computer-Tailored Intervention to Reduce Workplace Sitting and What do Action Plans Look Like? Analyses of the Start to stand Intervention among Flemish Employees. <i>Applied Psychology: Health and Well-Being</i> , 2019, 11, 543-561.	1.6	6
23	Mental health, yoga, and other holistic movement practices: A relationship worth investigating. <i>Mental Health and Physical Activity</i> , 2021, 21, 100427.	0.9	6
24	Trends in Yoga, Tai Chi, and Qigong Use: Differentiations Between Practices and the Need for Dialogue and Diffusion. <i>American Journal of Public Health</i> , 2019, 109, 662-663.	1.5	4
25	Why do people do yoga? Examining motives across different types of yoga participants. <i>International Journal of Sport and Exercise Psychology</i> , 0, , 1-21.	1.1	4
26	Feasibility of Reducing and Breaking Up University Students' Sedentary Behaviour: Pilot Trial and Process Evaluation. <i>Frontiers in Psychology</i> , 2021, 12, 661994.	1.1	3
27	Diversification of Physical Activities: An Exploration of Provision Characteristics of Holistic Movement Practices in a Large Australian City. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10365.	1.2	3
28	A brief history of exercise psychology.. , 2019, , 3-26.		3
29	For Exercise, Relaxation, or Spirituality: Exploring Participation Motives and Conformity to Masculine Norms among Male and Female Yoga Participants. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 770.	1.2	2
30	Feasibility for the Use of a Standardized Fitness Testing Protocol Among Australian Fitness Industry Professionals. <i>Research Quarterly for Exercise and Sport</i> , 2018, 89, 380-385.	0.8	0