

Juan Mielgo-Ayuso

List of Publications by Year in descending order

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Version: 2024-02-01

131
papers

2,508
citations

218381

26
h-index

276539

41
g-index

135
all docs

135
docs citations

135
times ranked

3115
citing authors

#	ARTICLE	IF	CITATIONS
1	Adherence to treatment and related factors among patients with chronic conditions in primary care: a cross-sectional study. <i>BMC Family Practice</i> , 2019, 20, 132.	2.9	151
2	Effects of dietary supplementation with epigallocatechin-3-gallate on weight loss, energy homeostasis, cardiometabolic risk factors and liver function in obese women: randomised, double-blind, placebo-controlled clinical trial. <i>British Journal of Nutrition</i> , 2014, 111, 1263-1271.	1.2	134
3	Social and Psychophysiological Consequences of the COVID-19 Pandemic: An Extensive Literature Review. <i>Frontiers in Psychology</i> , 2020, 11, 580225.	1.1	94
4	Modulation of Exercise-Induced Muscle Damage, Inflammation, and Oxidative Markers by Curcumin Supplementation in a Physically Active Population: A Systematic Review. <i>Nutrients</i> , 2020, 12, 501.	1.7	86
5	Nutrition in the Actual COVID-19 Pandemic. A Narrative Review. <i>Nutrients</i> , 2021, 13, 1924.	1.7	84
6	Liquid Biopsy as Novel Tool in Precision Medicine: Origins, Properties, Identification and Clinical Perspective of Cancer's Biomarkers. <i>Diagnostics</i> , 2020, 10, 215.	1.3	83
7	Physical Activity Patterns of the Spanish Population Are Mostly Determined by Sex and Age: Findings in the ANIBES Study. <i>PLoS ONE</i> , 2016, 11, e0149969.	1.1	75
8	Effect of Caffeine Supplementation on Sports Performance Based on Differences Between Sexes: A Systematic Review. <i>Nutrients</i> , 2019, 11, 2313.	1.7	65
9	Psychological Effects of Home Confinement and Social Distancing Derived from COVID-19 in the General Population—A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6528.	1.2	62
10	Physical activity and COVID-19. The basis for an efficient intervention in times of COVID-19 pandemic. <i>Physiology and Behavior</i> , 2022, 244, 113667.	1.0	62
11	Evidence-based post-exercise recovery strategies in basketball. <i>Physician and Sportsmedicine</i> , 2016, 44, 74-78.	1.0	60
12	Caffeine Supplementation and Physical Performance, Muscle Damage and Perception of Fatigue in Soccer Players: A Systematic Review. <i>Nutrients</i> , 2019, 11, 440.	1.7	52
13	Physical Exercise as a Multimodal Tool for COVID-19: Could It Be Used as a Preventive Strategy?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8496.	1.2	47
14	Effects of Arginine Supplementation on Athletic Performance Based on Energy Metabolism: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020, 12, 1300.	1.7	47
15	The Role of Selenium Mineral Trace Element in Exercise: Antioxidant Defense System, Muscle Performance, Hormone Response, and Athletic Performance. A Systematic Review. <i>Nutrients</i> , 2020, 12, 1790.	1.7	47
16	Dietary Intake and Food Sources of Niacin, Riboflavin, Thiamin and Vitamin B6 in a Representative Sample of the Spanish Population. The ANIBES Study. <i>Nutrients</i> , 2018, 10, 846.	1.7	40
17	Effects of Creatine Supplementation on Athletic Performance in Soccer Players: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2019, 11, 757.	1.7	39
18	Brief ideas about evidence-based recovery in team sports. <i>Journal of Exercise Rehabilitation</i> , 2018, 14, 545-550.	0.4	37

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19	Effects of Vitamin D Supplementation on Haematological Values and Muscle Recovery in Elite Male Traditional Rowers. <i>Nutrients</i> , 2018, 10, 1968.	1.7	37
20	Influence of Teaching Style on Physical Education Adolescents'™ Motivation and Health-Related Lifestyle. <i>Nutrients</i> , 2019, 11, 2594.	1.7	37
21	Dietary intake habits and controlled training on body composition and strength in elite female volleyball players during the season. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 827-834.	0.9	34
22	Knowledge on Signs and Risk Factors in Stroke Patients. <i>Journal of Clinical Medicine</i> , 2020, 9, 2557.	1.0	34
23	Effects of 120 g/h of Carbohydrates Intake during a Mountain Marathon on Exercise-Induced Muscle Damage in Elite Runners. <i>Nutrients</i> , 2020, 12, 1367.	1.7	34
24	Sedentary behavior among Spanish children and adolescents: findings from the ANIBES study. <i>BMC Public Health</i> , 2017, 17, 94.	1.2	33
25	Long COVID a New Derivative in the Chaos of SARS-CoV-2 Infection: The Emergent Pandemic?. <i>Journal of Clinical Medicine</i> , 2021, 10, 5799.	1.0	32
26	Impact of an Intervention with Wii Video Games on the Autonomy of Activities of Daily Living and Psychological' Cognitive Components in the Institutionalized Elderly. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1570.	1.2	30
27	Active Commuting, Physical Activity, and Sedentary Behaviors in Children and Adolescents from Spain: Findings from the ANIBES Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 668.	1.2	29
28	Life Satisfaction during Forced Social Distancing and Home Confinement Derived from the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1474.	1.2	28
29	Iron supplementation prevents a decline in iron stores and enhances strength performance in elite female volleyball players during the competitive season. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 615-622.	0.9	26
30	Fruit and vegetables consumption is associated with higher vitamin intake and blood vitamin status among European adolescents. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 458-467.	1.3	26
31	Effect of the Combination of Creatine Monohydrate Plus HMB Supplementation on Sports Performance, Body Composition, Markers of Muscle Damage and Hormone Status: A Systematic Review. <i>Nutrients</i> , 2019, 11, 2528.	1.7	23
32	Regular breakfast consumption is associated with higher blood vitamin status in adolescents: the HELENA (Healthy Lifestyle in Europe by Nutrition in Adolescence) Study. <i>Public Health Nutrition</i> , 2017, 20, 1393-1404.	1.1	22
33	Influence of a Physical Exercise Program in the Anxiety and Depression in Children with Obesity. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4655.	1.2	22
34	Effect of Iron Supplementation on the Modulation of Iron Metabolism, Muscle Damage Biomarkers and Cortisol in Professional Cyclists. <i>Nutrients</i> , 2019, 11, 500.	1.7	20
35	Iron and Physical Activity: Bioavailability Enhancers, Properties of Black Pepper (Bioperine®) and Potential Applications. <i>Nutrients</i> , 2020, 12, 1886.	1.7	20
36	Exercise-Induced Muscle Damage and Cardiac Stress During a Marathon Could be Associated with Dietary Intake During the Week Before the Race. <i>Nutrients</i> , 2020, 12, 316.	1.7	20

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37	Physical activity assessment in the general population; instrumental methods and new technologies. <i>Nutricion Hospitalaria</i> , 2015, 31 Suppl 3, 219-26.	0.2	20
38	Effects of 120 vs. 60 and 90 g/h Carbohydrate Intake during a Trail Marathon on Neuromuscular Function and High Intensity Run Capacity Recovery. <i>Nutrients</i> , 2020, 12, 2094.	1.7	19
39	Effect of Ten Weeks of Creatine Monohydrate Plus HMB Supplementation on Athletic Performance Tests in Elite Male Endurance Athletes. <i>Nutrients</i> , 2020, 12, 193.	1.7	19
40	Evidence-based post-exercise recovery strategies in rugby: a narrative review. <i>Physician and Sportsmedicine</i> , 2019, 47, 137-147.	1.0	18
41	Inspiratory Muscle Training Program Using the PowerBreath®: Does It Have Ergogenic Potential for Respiratory and/or Athletic Performance? A Systematic Review with Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 6703.	1.2	17
42	Changes induced by diet and nutritional intake in the lipid profile of female professional volleyball players after 11 weeks of training. <i>Journal of the International Society of Sports Nutrition</i> , 2013, 10, 55.	1.7	15
43	Can psychological well-being scales and hormone levels be used to predict acute performance of anaerobic training tasks in elite female volleyball players?. <i>Physiology and Behavior</i> , 2017, 180, 31-38.	1.0	15
44	Age-Related Risk Factors at the First Stroke Event. <i>Journal of Clinical Medicine</i> , 2020, 9, 2233.	1.0	15
45	Relationship of Forced Social Distancing and Home Confinement Derived from the COVID-19 Pandemic with the Occupational Balance of the Spanish Population. <i>Journal of Clinical Medicine</i> , 2020, 9, 3606.	1.0	15
46	Infant Cranial Deformity: Cranial Helmet Therapy or Physiotherapy?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2612.	1.2	15
47	Influence of anthropometric profile on physical performance in elite female volleyballers in relation to playing position. <i>Nutricion Hospitalaria</i> , 2014, 31, 849-57.	0.2	15
48	Effect of magnesium supplementation on muscular damage markers in basketball players during a full season. <i>Magnesium Research</i> , 2017, 30, 61-70.	0.4	14
49	What Are We Doing Wrong When Athletes Report Higher Levels of Fatigue From Traveling Than From Training or Competition?. <i>Frontiers in Psychology</i> , 2020, 11, 194.	1.1	14
50	Exploring the Occupational Balance of Young Adults during Social Distancing Measures in the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5809.	1.2	14
51	The Influence of the Trainer's Social Behaviors on the Resilience, Anxiety, Stress, Depression and Eating Habits of Athletes. <i>Nutrients</i> , 2020, 12, 2405.	1.7	13
52	Effect of Listening to Music on Wingate Anaerobic Test Performance. A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4564.	1.2	13
53	Evaluation of nutritional status and energy expenditure in athletes. <i>Nutricion Hospitalaria</i> , 2015, 31 Suppl 3, 227-36.	0.2	13
54	Impact of Magnesium Supplementation in Muscle Damage of Professional Cyclists Competing in a Stage Race. <i>Nutrients</i> , 2019, 11, 1927.	1.7	12

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55	Emotion, Psychological Well-Being and Their Influence on Resilience. A Study with Semi-Professional Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4192.	1.2	12
56	Validation of the Satisfaction Scale of Basic Psychological Needs in Physical Education with the Incorporation of the Novelty in the Spanish Context. <i>Sustainability</i> , 2019, 11, 6250.	1.6	12
57	Anthropometry and performance of top youth international male basketball players in Spanish national academy. <i>Nutricion Hospitalaria</i> , 2018, 35, 1331.	0.2	12
58	Effects of Antioxidants on Pain Perception in Patients with Fibromyalgia—A Systematic Review. <i>Journal of Clinical Medicine</i> , 2022, 11, 2462.	1.0	12
59	Electroconvulsive Therapy in Super Refractory Status Epilepticus: Case Series with a Defined Protocol. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4023.	1.2	11
60	Long-Term Effect of Combination of Creatine Monohydrate Plus β -Hydroxy β -Methylbutyrate (HMB) on Exercise-Induced Muscle Damage and Anabolic/Catabolic Hormones in Elite Male Endurance Athletes. <i>Biomolecules</i> , 2020, 10, 140.	1.8	11
61	Comparison of the Effectiveness of an Abbreviated Program versus a Standard Program in Mindfulness, Self-Compassion and Self-Perceived Empathy in Tutors and Resident Intern Specialists of Family and Community Medicine and Nursing in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4340.	1.2	11
62	Glycophosphopeptical AM3 Food Supplement: A Potential Adjuvant in the Treatment and Vaccination of SARS-CoV-2. <i>Frontiers in Immunology</i> , 2021, 12, 698672.	2.2	11
63	Relationship of long-term macronutrients intake on anabolic-catabolic hormones in female elite volleyball players. <i>Nutricion Hospitalaria</i> , 2017, 34, 1155-1162.	0.2	11
64	Effects of Probiotic Supplementation on Exercise with Predominance of Aerobic Metabolism in Trained Population: A Systematic Review, Meta-Analysis and Meta-Regression. <i>Nutrients</i> , 2022, 14, 622.	1.7	11
65	Sex differences in cardiovascular demands of refereeing during international basketball competition. <i>Physician and Sportsmedicine</i> , 2016, 44, 164-169.	1.0	10
66	Happiness vs. Wellness During the Recovery Process in High Performance Sport. <i>Frontiers in Physiology</i> , 2018, 9, 1598.	1.3	10
67	Dietetic-nutritional, physical and physiological recovery methods post-competition in team sports. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 415-428.	0.4	10
68	Electromyography: A Simple and Accessible Tool to Assess Physical Performance and Health during Hypoxia Training. A Systematic Review. <i>Sustainability</i> , 2020, 12, 9137.	1.6	10
69	Influence of the Use of Wii Games on Physical Frailty Components in Institutionalized Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2723.	1.2	10
70	Body Composition, Dietary Intake and the Risk of Low Energy Availability in Elite-Level Competitive Rhythmic Gymnasts. <i>Nutrients</i> , 2021, 13, 2083.	1.7	10
71	Impact of Optimal Timing of Intake of Multi-Ingredient Performance Supplements on Sports Performance, Muscular Damage, and Hormonal Behavior across a Ten-Week Training Camp in Elite Cyclists: A Randomized Clinical Trial. <i>Nutrients</i> , 2021, 13, 3746.	1.7	10
72	The Effects of 6 Weeks of <i>Tribulus terrestris</i> L. Supplementation on Body Composition, Hormonal Response, Perceived Exertion, and CrossFit® Performance: A Randomized, Single-Blind, Placebo-Controlled Study. <i>Nutrients</i> , 2021, 13, 3969.	1.7	10

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73	Eleven Weeks of Iron Supplementation Does Not Maintain Iron Status for an Entire Competitive Season in Elite Female Volleyball Players: A Follow-Up Study. <i>Nutrients</i> , 2018, 10, 1526.	1.7	9
74	Recovery in volleyball. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 982-993.	0.4	9
75	Physical Education Classes as a Precursor to the Mediterranean Diet and the Practice of Physical Activity. <i>Nutrients</i> , 2020, 12, 239.	1.7	9
76	Relationship of Carbohydrate Intake during a Single-Stage One-Day Ultra-Trail Race with Fatigue Outcomes and Gastrointestinal Problems: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5737.	1.2	9
77	Seasonal variation and diet quality among Spanish people aged over 55 years. <i>Journal of Physiology and Biochemistry</i> , 2018, 74, 179-188.	1.3	8
78	Linking Cooperative Learning and Emotional Intelligence in Physical Education: Transition across School Stages. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5090.	1.2	8
79	The Protective Role of Emotional Intelligence in Self-Stigma and Emotional Exhaustion of Family Members of People with Mental Disorders. <i>Sustainability</i> , 2020, 12, 4862.	1.6	8
80	A Prospective Study of Cranial Deformity and Delayed Development in Children. <i>Sustainability</i> , 2020, 12, 1949.	1.6	8
81	A Glimpse of the Sports Nutrition Awareness in Spanish Basketball Players. <i>Nutrients</i> , 2022, 14, 27.	1.7	8
82	The Spanish "Century XXI" academy for developing elite level basketballers: design, monitoring and training methodologies. <i>Physician and Sportsmedicine</i> , 2016, 44, 148-157.	1.0	7
83	Post-exercise Recovery Methods Focus on Young Soccer Players: A Systematic Review. <i>Frontiers in Physiology</i> , 2021, 12, 505149.	1.3	7
84	Anthropometric profile, body composition and somatotype in elite traditional rowers: A cross-sectional study. <i>Revista Espanola De Nutricion Humana Y Dietetica</i> , 2019, 22, 279-286.	0.1	7
85	Exploring the Quality of Life Related to Health and Vision in a Group of Patients with Diabetic Retinopathy. <i>Healthcare (Switzerland)</i> , 2022, 10, 142.	1.0	7
86	Ergo-Nutritional Intervention in Basketball: A Systematic Review. <i>Nutrients</i> , 2022, 14, 638.	1.7	7
87	Cardiovascular and perceptual stress of female basketball referees during women's International matches. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 476 - 482.	0.4	6
88	Cold Water Immersion as a Strategy for Muscle Recovery in Professional Basketball Players During the Competitive Season. <i>Journal of Sport Rehabilitation</i> , 2020, 29, 301-309.	0.4	6
89	Relationship of Body Composition with the Strength and Functional Capacity of People over 70 Years. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7767.	1.2	6
90	Explanatory Factors of Burnout in a Sample of Workers with Disabilities from the Special Employment Centres (SEC) of the Amica Association, Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5036.	1.2	6

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91	Long-Term Combined Effects of Citrulline and Nitrate-Rich Beetroot Extract Supplementation on Recovery Status in Trained Male Triathletes: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Biology</i> , 2022, 11, 75.	1.3	6
92	Effect of Acute and Chronic Oral L-Carnitine Supplementation on Exercise Performance Based on the Exercise Intensity: A Systematic Review. <i>Nutrients</i> , 2021, 13, 4359.	1.7	6
93	Impact of Physical Activity and Cardiovascular Fitness on Total Homocysteine Concentrations in European Adolescents: The HELENA Study. <i>Journal of Nutritional Science and Vitaminology</i> , 2015, 61, 45-54.	0.2	5
94	Effect of α -tocopherol megadoses on hematologic parameters and antioxidant capacity of rats in an ultraendurance probe. <i>Physiology International</i> , 2017, 104, 291-300.	0.8	5
95	Reference Values for Isometric, Dynamic, and Asymmetry Leg Extension Strength in Patients with Multiple Sclerosis. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8083.	1.2	5
96	Sarcopenia, Exercise and Quality of Life. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5156.	1.2	5
97	Relationship between Training Factors and Injuries in Stand-Up Paddleboarding Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 880.	1.2	5
98	Anemia ferropénica en el deporte e intervenciones dietético-nutricionales preventivas. <i>Revista Española De Nutrición Humana Y Dietética</i> , 2013, 17, 155.	0.1	5
99	The Recovery Umbrella in the World of Elite Sport: Do Not Forget the Coaching and Performance Staff. <i>Sports</i> , 2021, 9, 169.	0.7	5
100	Modeling Physical Activity, Mental Health, and Prosocial Behavior in School-Aged Children: A Gender Perspective. <i>Sustainability</i> , 2020, 12, 4646.	1.6	4
101	Evidence-based post exercise recovery in combat sports: a narrative review. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 386-400.	0.4	4
102	Parámetros bioquímicos básicos, hematológicos y hormonales para el control de la salud y el estado nutricional en los deportistas. <i>Revista Española De Nutrición Humana Y Dietética</i> , 2014, 18, 155-171.	0.1	4
103	Combined Effects of Citrulline Plus Nitrate-Rich Beetroot Extract Co-Supplementation on Maximal and Endurance-Strength and Aerobic Power in Trained Male Triathletes: A Randomized Double-Blind, Placebo-Controlled Trial. <i>Nutrients</i> , 2022, 14, 40.	1.7	4
104	Validation of an Academic Self-Attribution Questionnaire for Primary and Secondary School Students: Implications of Gender and Grade. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6045.	1.2	4
105	SOS to the Soccer World. Each Time the Preseason Games Are Less Friendly. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 559539.	0.9	3
106	Assessment of Attitudes Toward Physical Education by the Implementation of an Extracurricular Program for Obese Children. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5300.	1.2	3
107	Adaptation and Validation of the Multi-Dimensional Perceived Autonomy Support Scale for Physical Education to the Spanish Physical Exercise Context. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3841.	1.2	3
108	Inclusion of resistance routines in a hypoxia training program does not interfere with prevention of acute mountain sickness. <i>Physician and Sportsmedicine</i> , 2021, 49, 151-157.	1.0	3

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109	Morphological Description of Frontal EEG Interictal and Ictal Discharges in an Adult Cohort of 175 Patients. <i>Journal of Clinical Medicine</i> , 2021, 10, 1219.	1.0	3
110	Long-Term V-EEG in Epilepsy: Chronological Distribution of Recorded Events Focused on the Differential Diagnosis of Epileptic Seizures and Psychogenic Non-Epileptic Seizures. <i>Journal of Clinical Medicine</i> , 2021, 10, 2080.	1.0	3
111	Effectiveness of a Mindfulness and Self-Compassion Standard Training Program versus an Abbreviated Training Program on Stress in Tutors and Resident Intern Specialists of Family and Community Medicine and Nursing in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 10230.	1.2	3
112	Impact of Activity-Oriented Proprioceptive Antiedema Therapy on the Health-Related Quality of Life of Women with Upper-Limb Lymphedema Secondary to Breast Cancer—A Randomized Clinical Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 1884.	1.0	3
113	Migrant Caregivers of Older People in Spain: Qualitative Insights into Relatives' Experiences. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2953.	1.2	2
114	Nutrition and Muscle Recovery. <i>Nutrients</i> , 2021, 13, 294.	1.7	2
115	The Role of Hip Joint Clearance Discrepancy as Other Clinical Predictor of Reinjury and Injury Severity in Hamstring Tears in Elite Athletes. <i>Journal of Clinical Medicine</i> , 2021, 10, 1050.	1.0	2
116	Effectiveness of Community Occupational Therapy Intervention in, with and from the Community in People with Disabilities in Azrou (Morocco). <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5602.	1.2	2
117	Anthropometric profile, body composition, and somatotype in stand-up paddle (SUP) boarding international athletes: a cross-sectional study. <i>Nutricion Hospitalaria</i> , 2020, 37, 958-963.	0.2	2
118	Activity-Oriented Antiedema Proprioceptive Therapy (TAPA) for Shoulder Mobility Improvement in Women with Upper Limb Lymphedema Secondary to Breast Cancer: A Multicenter Controlled Clinical Trial. <i>Journal of Clinical Medicine</i> , 2022, 11, 2234.	1.0	2
119	Psychometric Analysis and Contribution to the Evaluation of the Exams-Related Emotions Scale in Primary and Secondary School Students. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6770.	1.2	2
120	Composición corporal y somatotipo de nadadores adolescentes federados. <i>Revista Espanola De Nutricion Humana Y Dietetica</i> , 2012, 16, 130-136.	0.1	1
121	The Effect of Different Cadence on Paddling Gross Efficiency and Economy in Stand-Up Paddle Boarding. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4893.	1.2	1
122	Explanatory Factors for Periprosthetic Infection in Total Knee Arthroplasty. <i>Journal of Clinical Medicine</i> , 2021, 10, 2315.	1.0	1
123	Healthy and Balanced Nutrition for Children through Physical Education Classes. <i>Life</i> , 2021, 11, 678.	1.1	1
124	Análisis nutricional de la ingesta dietética realizada por jugadoras de voleibol profesional durante la fase competitiva de la liga regular.. <i>Revista Espanola De Nutricion Humana Y Dietetica</i> , 2013, 17, 10.	0.1	1
125	Evaluación de la ingesta de líquido, pérdida de peso y tasa de sudoración en jóvenes triatletas. <i>Revista Espanola De Nutricion Humana Y Dietetica</i> , 2015, 19, 132-139.	0.1	1
126	Predictors of Moderate or Severe Cognitive Impairment at Six Months of the Hip Fracture in the Surgical Patient over 65 Years of Age. <i>Journal of Clinical Medicine</i> , 2022, 11, 2608.	1.0	1

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127	The ISJ 3D Brace, a Providence Brace Evolution, as a Surgery Prevention Method in Idiopathic Scoliosis. Journal of Clinical Medicine, 2021, 10, 3915.	1.0	0
128	Clinical Presentation of the SARS-CoV-2 Virus Infection and Predictive Validity of the PCR Test in Primary Health Care Worker Patients of the Spanish National Health System. Journal of Clinical Medicine, 2022, 11, 243.	1.0	0
129	Effects of ergo-nutritional strategies on recovery in combat sports disciplines. Nutricion Hospitalaria, 2022, , .	0.2	0
130	BODY COMPOSITION AND SOMATOTYPE OF PROFESSIONAL AND U23 HAND BASQUE PELOTA PLAYERS. Nutricion Hospitalaria, 2015, 32, 2208-15.	0.2	0
131	Determinants of Higher Mortality at Six Months in Patients with Hip Fracture: A Retrospective Study. Journal of Clinical Medicine, 2022, 11, 2514.	1.0	0