## Eva Blomstrand

List of Publications by Year in descending order

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Version: 2024-02-01

		840776	1058476
15	777	11	14
papers	citations	h-index	g-index
15	15	15	1135
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	Changes in plasma concentration of kynurenine following intake of branched-chain amino acids are not caused by alterations in muscle kynurenine metabolism. American Journal of Physiology - Cell Physiology, 2022, 322, C49-C62.	4.6	5
2	High-intensity leg cycling alters the molecular response to resistance exercise in the arm muscles. Scientific Reports, 2021, 11, 6453.	3.3	5
3	Effects of Tryptophan Supplementation and Exercise on the Fate of Kynurenine Metabolites in Mice and Humans. Metabolites, 2021, 11, 508.	2.9	12
4	Benefits of higher resistanceâ€training volume are related to ribosome biogenesis. Journal of Physiology, 2020, 598, 543-565.	2.9	57
5	An exploration of the methods to determine the proteinâ€specific synthesis and breakdown rates in vivo in humans. Physiological Reports, 2019, 7, e14143.	1.7	14
6	Consensus Statement Immunonutrition and Exercise. Exercise Immunology Review, 2017, 23, 8-50.	0.4	80
7	Activation of mTORC1 by leucine is potentiated by branched-chain amino acids and even more so by essential amino acids following resistance exercise. American Journal of Physiology - Cell Physiology, 2016, 310, C874-C884.	4.6	83
8	Endurance Exercise Enhances the Effect of Strength Training on Muscle Fiber Size and Protein Expression of Akt and mTOR. PLoS ONE, 2016, 11, e0149082.	2.5	58
9	Resistance exercise-induced S6K1 kinase activity is not inhibited in human skeletal muscle despite prior activation of AMPK by high-intensity interval cycling. American Journal of Physiology - Endocrinology and Metabolism, 2015, 308, E470-E481.	3.5	60
10	Leucine does not affect mechanistic target of rapamycin complex 1 assembly but is required for maximal ribosomal protein s6 kinase 1 activity in human skeletal muscle following resistance exercise. FASEB Journal, 2015, 29, 4358-4373.	0.5	34
11	Intake of branched-chain amino acids influences the levels of MAFbx mRNA and MuRF-1 total protein in resting and exercising human muscle. American Journal of Physiology - Endocrinology and Metabolism, 2012, 302, E510-E521.	3.5	71
12	Sprint exercise enhances skeletal muscle p70S6k phosphorylation and more so in females than in males. Acta Physiologica, 2011, , n/a-n/a.	3.8	0
13	The degree of p70S6k and S6 phosphorylation in human skeletal muscle in response to resistance exercise depends on the training volume. European Journal of Applied Physiology, 2010, 110, 835-843.	2.5	83
14	Changes in amino acid concentration in plasma and type I and type II fibres during resistance exercise and recovery in human subjects. Amino Acids, 2009, 37, 629-636.	2.7	25
15	Resistance exercise-induced increase in muscle mass correlates with p70S6 kinase phosphorylation in human subjects. European Journal of Applied Physiology, 2007, 102, 145-152.	2.5	190