

T-L F Mchugh

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

67

papers

985

citations

15

h-index

29

g-index

71

ext. papers

1,216

ext. citations

3.7

avg, IF

4.68

L-index

#	Paper	IF	Citations
67	Elite Athletes and Pregnancy Outcomes: A Systematic Review and Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2021 , 53, 534-542	1.2	3
66	Indigenous Youth Mentorship Program: key implementation characteristics of a school peer mentorship program in Canada. <i>Health Promotion International</i> , 2021 , 36, 913-923	3	2
65	An exploration of indigenous peoples' perspectives of physical literacy. <i>Sport, Education and Society</i> , 2021 , 26, 295-308	2.6	5
64	Participation profiles of current masters swimmers and their (lack of) retrospective associations with youth experiences. <i>Psychology of Sport and Exercise</i> , 2021 , 53, 101878	4.2	
63	Mental health protective factors among flourishing Canadian women university student-athletes. <i>Psychology of Sport and Exercise</i> , 2021 , 52, 101847	4.2	4
62	Health Outcomes after Pregnancy in Elite Athletes: A Systematic Review and Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2021 , 53, 1739-1747	1.2	2
61	The ruling of weight: An institutional ethnography investigating young people's body weight surveillance work. <i>Social Science and Medicine</i> , 2021 , 289, 114404	5.1	1
60	Conversation Cards for Adolescents' : a patient-centered communication and behavior change tool for adolescents with obesity and health care providers. <i>Journal of Communication in Healthcare</i> , 2020 , 13, 79-88	0.9	1
59	Development of a consensus statement on the role of the family in the physical activity, sedentary, and sleep behaviours of children and youth. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 74	8.4	48
58	Associations between objectively-measured and self-reported neighbourhood walkability on adherence and steps during an internet-delivered pedometer intervention. <i>PLoS ONE</i> , 2020 , 15, e0242999	3.7	4
57	It's a big adjustment coming from the reserve to living in a totally different society—Exploring the well-being of First Nations athletes playing sports in an urban mainstream context. <i>Psychology of Sport and Exercise</i> , 2020 , 47, 101614	4.2	1
56	Working with and engaging in recreation and sport research with youth who live on the margins. <i>Leisure/Loisir</i> , 2020 , 44, 569-586	0.5	1
55	Health care providers' weight management practices for adolescent obesity and alignment with clinical practice guidelines: a multi-centre, qualitative study. <i>BMC Health Services Research</i> , 2020 , 20, 850	2.9	2
54	Realtors' Perceptions of Social and Physical Neighborhood Characteristics Associated with Active Living: A Canadian Perspective. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	1
53	An exploration of the physical activity experiences of Northern Aboriginal youth: a community-based participatory research project. <i>Qualitative Research in Sport, Exercise and Health</i> , 2020 , 12, 108-124	7	8
52	Athletes' Experiences of Shifting From Self-Critical to Self-Compassionate Approaches Within High-Performance Sport. <i>Journal of Applied Sport Psychology</i> , 2020 , 32, 565-584	2	10
51	Supporting Indigenous youth activity programmes: a community-based participatory research approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2020 , 12, 319-335	7	3

50	Associations between objectively-measured and self-reported neighbourhood walkability on adherence and steps during an internet-delivered pedometer intervention 2020 , 15, e0242999		
49	Associations between objectively-measured and self-reported neighbourhood walkability on adherence and steps during an internet-delivered pedometer intervention 2020 , 15, e0242999		
48	Associations between objectively-measured and self-reported neighbourhood walkability on adherence and steps during an internet-delivered pedometer intervention 2020 , 15, e0242999		
47	Associations between objectively-measured and self-reported neighbourhood walkability on adherence and steps during an internet-delivered pedometer intervention 2020 , 15, e0242999		
46	Urban indigenous youth perspectives on access to physical activity programmes in Canada. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019 , 11, 543-558	7	8
45	Markers of Early Specialization and Their Relationships With Burnout and Dropout in Swimming. <i>Journal of Sport and Exercise Psychology</i> , 2019 , 41, 46-54	1.5	21
44	Adolescents' involvement in decision-making for pediatric weight management: A multi-centre, qualitative study on perspectives of adolescents and health care providers. <i>Patient Education and Counseling</i> , 2019 , 102, 1194-1202	3.1	6
43	The Role of Relationships in Meaningfully Engaging Youth at Risk in Recreation and Leisure Contexts. <i>Child and Youth Services</i> , 2019 , 40, 245-266	0.5	5
42	Reliability and Validity of the PLAYfun Tool with Children and Youth in Northern Canada. <i>Measurement in Physical Education and Exercise Science</i> , 2019 , 23, 47-57	1.9	24
41	It's more than just performing well in your sport. It's also about being healthy physically, mentally, emotionally, and spiritually. Indigenous women athletes' meanings and experiences of flourishing in sport. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019 , 11, 1-19	7	7
40	A narrative inquiry into becoming attentive to relational ethics in recreation practice. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019 , 11, 636-649	7	3
39	Barriers and facilitators impacting the experiences of adults participating in an internet-facilitated pedometer intervention. <i>Psychology of Sport and Exercise</i> , 2019 , 45, 101549	4.2	5
38	Feasibility, user experiences, and preliminary effect of on collaborative goal-setting and behavior change: protocol for a pilot randomized controlled trial. <i>Pilot and Feasibility Studies</i> , 2019 , 5, 149	1.9	2
37	End-user perspectives to inform policy and program decisions: a qualitative and quantitative content analysis of lifestyle treatment recommendations by adolescents with obesity. <i>BMC Pediatrics</i> , 2019 , 19, 418	2.6	3
36	"I feel like we finally matter" the role of youth-led approaches in enhancing leisure-induced meaning-making among youth at risk. <i>Leisure/Loisir</i> , 2019 , 43, 419-444	0.5	3
35	Pathways from youth to masters swimming: Exploring long-term influences of youth swimming experiences. <i>Psychology of Sport and Exercise</i> , 2019 , 41, 12-20	4.2	10
34	A Meta-Study of Qualitative Research Examining Sport and Recreation Experiences of Indigenous Youth. <i>Qualitative Health Research</i> , 2019 , 29, 42-54	3.9	12
33	Considering culturally relevant practices and knowledge-sharing when creating an activity-promoting community research agenda. <i>Sport, Education and Society</i> , 2018 , 23, 14-27	2.6	7

32	When you don't get what you want and it's really hard: Exploring motivational contributions to exercise dropout. <i>Psychology of Sport and Exercise</i> , 2018 , 37, 59-66	4.2	9
31	"Where's a Cultural Pride Through Our Games" Enhancing the Sport Experiences of Indigenous Youth in Canada Through Participation in Traditional Games. <i>Journal of Sport and Social Issues</i> , 2018 , 42, 207-226	0.9	15
30	The Centrality of Reflexivity Through Narrative Beginnings: Towards Living Reconciliation. <i>Qualitative Inquiry</i> , 2018 , 24, 413-420	1.3	5
29	Barriers and enablers for adopting lifestyle behavior changes in adolescents with obesity: A multi-centre, qualitative study. <i>PLoS ONE</i> , 2018 , 13, e0209219	3.7	7
28	Understanding Positive Youth Development in Sport Through the Voices of Indigenous Youth. <i>Journal of Sport and Exercise Psychology</i> , 2018 , 40, 293-302	1.5	4
27	Female Athletes' Experiences of Positive Growth Following Deselection in Sport. <i>Journal of Sport and Exercise Psychology</i> , 2018 , 40, 173-185	1.5	8
26	UWALK: the development of a multi-strategy, community-wide physical activity program. <i>Translational Behavioral Medicine</i> , 2017 , 7, 16-27	3.2	11
25	"We are given a body to walk this earth" the body pride experiences of young Aboriginal men and women. <i>Qualitative Research in Sport, Exercise and Health</i> , 2017 , 9, 4-17	7	6
24	Athletes and parents coping with deselection in competitive youth sport: A communal coping perspective. <i>Psychology of Sport and Exercise</i> , 2017 , 30, 1-9	4.2	22
23	You can always get what you want: expectations, outcomes, and adherence of new exercisers. <i>Qualitative Research in Sport, Exercise and Health</i> , 2017 , 9, 389-402	7	10
22	Barriers to and enablers of healthy lifestyle behaviours in adolescents with obesity: a scoping review and stakeholder consultation. <i>Obesity Reviews</i> , 2017 , 18, 1439-1453	10.6	26
21	"I Kinda Feel Like Wonder Woman": An Interpretative Phenomenological Analysis of Pole Fitness and Positive Body Image. <i>Journal of Sport and Exercise Psychology</i> , 2017 , 39, 339-351	1.5	6
20	The Deselection Process in Competitive Female Youth Sport. <i>Sport Psychologist</i> , 2016 , 30, 141-153	1	14
19	Exploring beliefs around physical activity among older adults in rural Canada. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2016 , 11, 32914	2	22
18	"Mean mugging": an exploration of young Aboriginal women's experiences of bullying in team sports. <i>Journal of Sport and Exercise Psychology</i> , 2015 , 37, 367-78	1.5	12
17	"Sport is community": An exploration of urban Aboriginal peoples' meanings of community within the context of sport. <i>Psychology of Sport and Exercise</i> , 2015 , 18, 75-84	4.2	22
16	Community-Based Sport Research with Indigenous Youth (Investigaci3n deportiva basada en la comunidad con jvenes indigenas). <i>Retos</i> , 2015 , 219-224	1.7	5
15	"I'm thankful for being Native and my body is part of that": the body pride experiences of young Aboriginal women in Canada. <i>Body Image</i> , 2014 , 11, 318-27	7.4	61

14	An exploration of the meanings of sport to urban Aboriginal youth: a photovoice approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013 , 5, 291-311	7	36
13	Developing sport-based after-school programmes using a participatory action research approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013 , 5, 332-355	7	25
12	Effects of reading health and appearance exercise magazine articles on perceptions of attractiveness and reasons for exercise. <i>PLoS ONE</i> , 2013 , 8, e61894	3.7	5
11	Dietary intake of Nova Scotia youth in grades 7 and 11. <i>Canadian Journal of Dietetic Practice and Research</i> , 2012 , 73, 14-20	1.3	4
10	Effective weight management practice: a review of the lifestyle intervention evidence. <i>International Journal of Obesity</i> , 2012 , 36, 178-85	5.5	90
9	Characterizing the obesogenic environment: the state of the evidence with directions for future research. <i>Obesity Reviews</i> , 2010 , 11, 109-17	10.6	156
8	The Role of Self-compassion in Women's Self-determined Motives to Exercise and Exercise-related Outcomes. <i>Self and Identity</i> , 2010 , 9, 363-382	1.7	99
7	Exploring Women Track and Field Athletes' Meanings of Muscularity. <i>Journal of Applied Sport Psychology</i> , 2009 , 21, 99-115	2	47
6	Physical activity of children and youth in Nova Scotia from 2001/02 and 2005/06. <i>Preventive Medicine</i> , 2009 , 49, 407-9	4.3	10
5	Young Women's Experiences of Social Physique Anxiety. <i>Feminism and Psychology</i> , 2008 , 18, 231-252	1.3	14
4	'Cul-de-sacs make you fat'—homebuyer and land developer perceptions of neighbourhood walkability, bikeability, livability, vibrancy, and health. <i>Cities and Health</i> , 1-12	2.8	0
3	Relationships of automatic associations, affect, and outcome expectations with adolescents' impulsive decision to opt into physical activity. <i>International Journal of Sport and Exercise Psychology</i> , 1-18	2.5	0
2	A qualitative exploration of exercise blog believability among emerging adult women. <i>Qualitative Research in Sport, Exercise and Health</i> , 1-13	7	
1	Research is like English as a second dialect—community members' perspectives of promising practices for physical activity-focused community-based participatory research. <i>Qualitative Research in Sport, Exercise and Health</i> , 1-17	7	