

T-L F Mchugh

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5520173/publications.pdf>

Version: 2024-02-01

69
papers

1,477
citations

430442

18
h-index

360668

35
g-index

71
all docs

71
docs citations

71
times ranked

1877
citing authors

#	ARTICLE	IF	CITATIONS
1	Characterizing the obesogenic environment: the state of the evidence with directions for future research. <i>Obesity Reviews</i> , 2010, 11, 109-117.	3.1	196
2	Development of a consensus statement on the role of the family in the physical activity, sedentary, and sleep behaviours of children and youth. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 74.	2.0	130
3	The Role of Self-compassion in Women's Self-determined Motives to Exercise and Exercise-related Outcomes. <i>Self and Identity</i> , 2010, 9, 363-382.	1.0	124
4	Effective weight management practice: a review of the lifestyle intervention evidence. <i>International Journal of Obesity</i> , 2012, 36, 178-185.	1.6	106
5	â€œIâ€™m thankful for being Native and my body is part of thatâ€ The body pride experiences of young Aboriginal women in Canada. <i>Body Image</i> , 2014, 11, 318-327.	1.9	73
6	Exploring Women Track and Field Athletes' Meanings of Muscularity. <i>Journal of Applied Sport Psychology</i> , 2009, 21, 99-115.	1.4	57
7	An exploration of the meanings of sport to urban Aboriginal youth: a photovoice approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013, 5, 291-311.	3.3	43
8	Reliability and Validity of the PLAY<i>fun</i> Tool with Children and Youth in Northern Canada. <i>Measurement in Physical Education and Exercise Science</i> , 2019, 23, 47-57.	1.3	39
9	Markers of Early Specialization and Their Relationships With Burnout and Dropout in Swimming. <i>Journal of Sport and Exercise Psychology</i> , 2019, 41, 46-54.	0.7	37
10	Athletes and parents coping with deselection in competitive youth sport: A communal coping perspective. <i>Psychology of Sport and Exercise</i> , 2017, 30, 1-9.	1.1	36
11	Barriers to and enablers of healthy lifestyle behaviours in adolescents with obesity: a scoping review and stakeholder consultation. <i>Obesity Reviews</i> , 2017, 18, 1439-1453.	3.1	32
12	Exploring beliefs around physical activity among older adults in rural Canada. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2016, 11, 32914.	0.6	31
13	Developing sport-based after-school programmes using a participatory action research approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2013, 5, 332-355.	3.3	30
14	â€œSport is community:â€An exploration of urban Aboriginal peoples' meanings of community within the context of sport. <i>Psychology of Sport and Exercise</i> , 2015, 18, 75-84.	1.1	29
15	â€œThereâ€™s a Cultural Pride Through Our Gamesâ€ Enhancing the Sport Experiences of Indigenous Youth in Canada Through Participation in Traditional Games. <i>Journal of Sport and Social Issues</i> , 2018, 42, 207-226.	2.0	27
16	Health Outcomes after Pregnancy in Elite Athletes: A Systematic Review and Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 1739-1747.	0.2	24
17	Elite Athletes and Pregnancy Outcomes: A Systematic Review and Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 534-542.	0.2	24
18	A Meta-Study of Qualitative Research Examining Sport and Recreation Experiences of Indigenous Youth. <i>Qualitative Health Research</i> , 2019, 29, 42-54.	1.0	22

#	ARTICLE	IF	CITATIONS
19	Athletes' Experiences of Shifting From Self-Critical to Self-Compassionate Approaches Within High-Performance Sport. <i>Journal of Applied Sport Psychology</i> , 2020, 32, 565-584.	1.4	19
20	Pushing for change: a qualitative study of the experiences of elite athletes during pregnancy. <i>British Journal of Sports Medicine</i> , 2022, 56, 452-457.	3.1	19
21	Young Women's Experiences of Social Physique Anxiety. <i>Feminism and Psychology</i> , 2008, 18, 231-252.	1.2	17
22	Associations between objectively-measured and self-reported neighbourhood walkability on adherence and steps during an internet-delivered pedometer intervention. <i>PLoS ONE</i> , 2020, 15, e0242999.	1.1	16
23	UWALK: the development of a multi-strategy, community-wide physical activity program. <i>Translational Behavioral Medicine</i> , 2017, 7, 16-27.	1.2	15
24	Pathways from youth to masters swimming: Exploring long-term influences of youth swimming experiences. <i>Psychology of Sport and Exercise</i> , 2019, 41, 12-20.	1.1	15
25	'Mean Mugging': An Exploration of Young Aboriginal Women's Experiences of Bullying in Team Sports. <i>Journal of Sport and Exercise Psychology</i> , 2015, 37, 367-378.	0.7	14
26	The Deselection Process in Competitive Female Youth Sport. <i>Sport Psychologist</i> , 2016, 30, 141-153.	0.4	14
27	'It's more than just performing well in your sport. It's also about being healthy physically, mentally, emotionally, and spiritually': Indigenous women athletes' meanings and experiences of flourishing in sport. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019, 11, 1-19.	3.3	14
28	Urban indigenous youth perspectives on access to physical activity programmes in Canada. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019, 11, 543-558.	3.3	14
29	Physical activity of children and youth in Nova Scotia from 2001/02 and 2005/06. <i>Preventive Medicine</i> , 2009, 49, 407-409.	1.6	13
30	You can't always get what you want: expectations, outcomes, and adherence of new exercisers. <i>Qualitative Research in Sport, Exercise and Health</i> , 2017, 9, 389-402.	3.3	13
31	Barriers and enablers for adopting lifestyle behavior changes in adolescents with obesity: A multi-centre, qualitative study. <i>PLoS ONE</i> , 2018, 13, e0209219.	1.1	13
32	Female Athletes' Experiences of Positive Growth Following Deselection in Sport. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 173-185.	0.7	12
33	An exploration of the physical activity experiences of Northern Aboriginal youth: a community-based participatory research project. <i>Qualitative Research in Sport, Exercise and Health</i> , 2020, 12, 108-124.	3.3	12
34	Mental health protective factors among flourishing Canadian women university student-athletes. <i>Psychology of Sport and Exercise</i> , 2021, 52, 101847.	1.1	11
35	'We are given a body to walk this earth': the body pride experiences of young Aboriginal men and women. <i>Qualitative Research in Sport, Exercise and Health</i> , 2017, 9, 4-17.	3.3	10
36	Considering culturally relevant practices and knowledge-sharing when creating an activity-promoting community research agenda. <i>Sport, Education and Society</i> , 2018, 23, 14-27.	1.5	10

#	ARTICLE	IF	CITATIONS
37	Adolescentsâ€™ involvement in decision-making for pediatric weight management: A multi-centre, qualitative study on perspectives of adolescents and health care providers. <i>Patient Education and Counseling</i> , 2019, 102, 1194-1202.	1.0	10
38	â€œItâ€™s a big adjustment coming from the reserve to living in a totally different societyâ€: Exploring the well-being of First Nations athletes playing sports in an urban mainstream context. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101614.	1.1	10
39	â€œI Kinda Feel Like Wonder Womanâ€: An Interpretative Phenomenological Analysis of Pole Fitness and Positive Body Image. <i>Journal of Sport and Exercise Psychology</i> , 2017, 39, 339-351.	0.7	9
40	When you don't get what you wantâ€”and it's really hard: Exploring motivational contributions to exercise dropout. <i>Psychology of Sport and Exercise</i> , 2018, 37, 59-66.	1.1	9
41	Understanding Positive Youth Development in Sport Through the Voices of Indigenous Youth. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 293-302.	0.7	9
42	Barriers and facilitators impacting the experiences of adults participating in an internet-facilitated pedometer intervention. <i>Psychology of Sport and Exercise</i> , 2019, 45, 101549.	1.1	9
43	An exploration of indigenous peoplesâ€™ perspectives of physical literacy. <i>Sport, Education and Society</i> , 2021, 26, 295-308.	1.5	8
44	The Centrality of Reflexivity Through Narrative Beginnings: Towards Living Reconciliation. <i>Qualitative Inquiry</i> , 2018, 24, 413-420.	1.0	7
45	Indigenous Youth Mentorship Program: key implementation characteristics of a school peer mentorship program in Canada. <i>Health Promotion International</i> , 2021, 36, 913-923.	0.9	7
46	Dietary Intake of Nova Scotia Youth: In Grades 7 and 11. <i>Canadian Journal of Dietetic Practice and Research</i> , 2012, 73, 14-20.	0.5	6
47	Effects of Reading Health and Appearance Exercise Magazine Articles on Perceptions of Attractiveness and Reasons for Exercise. <i>PLoS ONE</i> , 2013, 8, e61894.	1.1	6
48	The Role of Relationships in Meaningfully Engaging Youth at Risk in Recreation and Leisure Contexts. <i>Child and Youth Services</i> , 2019, 40, 245-266.	0.6	5
49	End-user perspectives to inform policy and program decisions: a qualitative and quantitative content analysis of lifestyle treatment recommendations by adolescents with obesity. <i>BMC Pediatrics</i> , 2019, 19, 418.	0.7	5
50	â€œI feel like we finally matterâ€: the role of youth-led approaches in enhancing leisure-induced meaning-making among youth at risk. <i>Leisure/ Loisir</i> , 2019, 43, 419-444.	0.6	5
51	Supporting Indigenous youth activity programmes: a community-based participatory research approach. <i>Qualitative Research in Sport, Exercise and Health</i> , 2020, 12, 319-335.	3.3	5
52	Community-Based Sport Research with Indigenous Youth (Investigaci3n deportiva basada en la Tj ETQq0 0 0 rgBT, Overlock 10 Tf 50 I	0.3	5
53	Health care providersâ€™ weight management practices for adolescent obesity and alignment with clinical practice guidelines: a multi-centre, qualitative study. <i>BMC Health Services Research</i> , 2020, 20, 850.	0.9	4
54	Realtorsâ€™ Perceptions of Social and Physical Neighborhood Characteristics Associated with Active Living: A Canadian Perspective. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9150.	1.2	4

#	ARTICLE	IF	CITATIONS
55	<i>Conversation Cards for Adolescents</i> ^{Â©} : a patient-centered communication and behavior change tool for adolescents with obesity and health care providers. <i>Journal of Communication in Healthcare</i> , 2020, 13, 79-88.	0.8	4
56	The ruling of weight: An institutional ethnography investigating young people's body weight surveillance work. <i>Social Science and Medicine</i> , 2021, 289, 114404.	1.8	4
57	A narrative inquiry into becoming attentive to relational ethics in recreation practice. <i>Qualitative Research in Sport, Exercise and Health</i> , 2019, 11, 636-649.	3.3	3
58	Feasibility, user experiences, and preliminary effect of Conversation Cards for Adolescents ^{Â©} on collaborative goal-setting and behavior change: protocol for a pilot randomized controlled trial. <i>Pilot and Feasibility Studies</i> , 2019, 5, 149.	0.5	2
59	Working with and engaging in recreation and sport research with youth who live on the margins. <i>Leisure/Loisir</i> , 2020, 44, 569-586.	0.6	2
60	Participation profiles of current masters swimmers and their (lack of) retrospective associations with youth experiences. <i>Psychology of Sport and Exercise</i> , 2021, 53, 101878.	1.1	2
61	Indigenous Youth Mentorship Program: essential characteristics of a Canadian multi-site community-university partnership with Indigenous communities. <i>Health Promotion International</i> , 2022, 37, .	0.9	2
62	Relationships of automatic associations, affect, and outcome expectations with adolescents ^{â€™} impulsive decision to opt into physical activity. <i>International Journal of Sport and Exercise Psychology</i> , 2022, 20, 1734-1751.	1.1	1
63	â€Cul-de-sacs make you fatâ€™: homebuyer and land developer perceptions of neighbourhood walkability, bikeability, livability, vibrancy, and health. <i>Cities and Health</i> , 2022, 6, 765-776.	1.6	1
64	A qualitative exploration of exercise blog believability among emerging adult women. <i>Qualitative Research in Sport, Exercise and Health</i> , 0, , 1-13.	3.3	0
65	Title is missing!. , 2020, 15, e0242999.		0
66	Title is missing!. , 2020, 15, e0242999.		0
67	Title is missing!. , 2020, 15, e0242999.		0
68	Title is missing!. , 2020, 15, e0242999.		0
69	â€Research is like English as a second dialectâ€™: community members ^{â€™} perspectives of promising practices for physical activity-focused community-based participatory research. <i>Qualitative Research in Sport, Exercise and Health</i> , 0, , 1-17.	3.3	0