

Jos Ramn Banegas

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

174
papers

9,789
citations

44
h-index

96
g-index

217
ext. papers

12,128
ext. citations

4.9
avg, IF

5.78
L-index

#	Paper	IF	Citations
174	Hypertension prevalence and blood pressure levels in 6 European countries, Canada, and the United States. <i>JAMA - Journal of the American Medical Association</i> , 2003 , 289, 2363-9	27.4	1153
173	Worldwide trends in blood pressure from 1975 to 2015: a pooled analysis of 1479 population-based measurement studies with 191 million participants. <i>Lancet, The</i> , 2017 , 389, 37-55	40	1100
172	Hypertension treatment and control in five European countries, Canada, and the United States. <i>Hypertension</i> , 2004 , 43, 10-7	8.5	814
171	Clinical features of 8295 patients with resistant hypertension classified on the basis of ambulatory blood pressure monitoring. <i>Hypertension</i> , 2011 , 57, 898-902	8.5	547
170	Relationship between Clinic and Ambulatory Blood-Pressure Measurements and Mortality. <i>New England Journal of Medicine</i> , 2018 , 378, 1509-1520	59.2	327
169	Prevalence and factors associated with circadian blood pressure patterns in hypertensive patients. <i>Hypertension</i> , 2009 , 53, 466-72	8.5	270
168	Health-related quality of life as a predictor of hospital readmission and death among patients with heart failure. <i>Archives of Internal Medicine</i> , 2005 , 165, 1274-9		205
167	Achievement of treatment goals for primary prevention of cardiovascular disease in clinical practice across Europe: the EURIKA study. <i>European Heart Journal</i> , 2011 , 32, 2143-52	9.5	197
166	Gender differences in the utilization of health-care services among the older adult population of Spain. <i>BMC Public Health</i> , 2006 , 6, 155	4.1	188
165	Road traffic noise effects on cardiovascular, respiratory, and metabolic health: An integrative model of biological mechanisms. <i>Environmental Research</i> , 2016 , 146, 359-70	7.9	165
164	Hypertension magnitude and management in the elderly population of Spain. <i>Journal of Hypertension</i> , 2002 , 20, 2157-64	1.9	151
163	Effectiveness of blood pressure control outside the medical setting. <i>Hypertension</i> , 2007 , 49, 62-8	8.5	142
162	High prevalence of masked uncontrolled hypertension in people with treated hypertension. <i>European Heart Journal</i> , 2014 , 35, 3304-12	9.5	132
161	Prevalence of overweight and obesity in elderly people in Spain. <i>Obesity</i> , 2004 , 12, 710-5		130
160	Blood pressure control and physician management of hypertension in hospital hypertension units in Spain. <i>Hypertension</i> , 2004 , 43, 1338-44	8.5	129
159	Sleep duration, general and abdominal obesity, and weight change among the older adult population of Spain. <i>American Journal of Clinical Nutrition</i> , 2008 , 87, 310-6	7	116
158	Clinical differences between resistant hypertensives and patients treated and controlled with three or less drugs. <i>Journal of Hypertension</i> , 2012 , 30, 1211-6	1.9	108

157	Validity and reproducibility of a Spanish dietary history. <i>PLoS ONE</i> , 2014 , 9, e86074	3.7	100
156	Major dietary patterns and risk of frailty in older adults: a prospective cohort study. <i>BMC Medicine</i> , 2015 , 13, 11	11.4	95
155	Usual sleep duration and cognitive function in older adults in Spain. <i>Journal of Sleep Research</i> , 2009 , 18, 427-35	5.8	94
154	Magnitude and management of hypercholesterolemia in the adult population of Spain, 2008-2010: The ENRICA Study. <i>Revista Espanola De Cardiologia</i> , 2012 , 65, 551-8	1.5	92
153	Waist circumference as a predictor of disability among older adults. <i>Obesity</i> , 2007 , 15, 233-44	8	92
152	Achievement of cardiometabolic goals in aware hypertensive patients in Spain: a nationwide population-based study. <i>Hypertension</i> , 2012 , 60, 898-905	8.5	86
151	Ambulatory blood pressure monitoring in hypertensive patients with high cardiovascular risk: a cross-sectional analysis of a 20,000-patient database in Spain. <i>Journal of Hypertension</i> , 2007 , 25, 977-84	1.9	85
150	Prevalencia, distribución y variabilidad geográfica de los principales factores de riesgo cardiovascular en España. Análisis agrupado de datos individuales de estudios epidemiológicos poblacionales: estudio ERICE. <i>Revista Espanola De Cardiologia</i> , 2008 , 61, 1030-1040	1.5	83
149	Nocturnal hypertension or nondipping: which is better associated with the cardiovascular risk profile?. <i>American Journal of Hypertension</i> , 2014 , 27, 680-7	2.3	78
148	Ambulatory blood pressure monitoring and development of cardiovascular events in high-risk patients included in the Spanish ABPM registry: the CARDIORISC Event study. <i>Journal of Hypertension</i> , 2012 , 30, 713-9	1.9	74
147	Prevalence of white-coat and masked hypertension in national and international registries. <i>Hypertension Research</i> , 2015 , 38, 1-7	4.7	72
146	Consumption of Ultra-Processed Foods and Mortality: A National Prospective Cohort in Spain. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 2178-2188	6.4	72
145	Differences between office and 24-hour blood pressure control in hypertensive patients with CKD: A 5,693-patient cross-sectional analysis from Spain. <i>American Journal of Kidney Diseases</i> , 2013 , 62, 285-94	7.4	72
144	Ethnic differences in the degree of morning blood pressure surge and in its determinants between Japanese and European hypertensive subjects: data from the ARTEMIS study. <i>Hypertension</i> , 2015 , 66, 750-6	8.5	69
143	Relationship between obesity, hypertension and diabetes, and health-related quality of life among the elderly. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2007 , 14, 456-62		68
142	Differences in quality of life between women and men in the older population of Spain. <i>Social Science and Medicine</i> , 2005 , 60, 1229-40	5.1	62
141	Change in health-related quality of life as a predictor of mortality in the older adults. <i>Quality of Life Research</i> , 2010 , 19, 15-23	3.7	61
140	Prognostic Value of Masked Uncontrolled Hypertension. <i>Hypertension</i> , 2018 , 72, 862-869	8.5	61

139	Cardiovascular health in a southern Mediterranean European country: a nationwide population-based study. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2013 , 6, 90-8	5.8	60
138	Lack of control of hypertension in primary cardiovascular disease prevention in Europe: Results from the EURIKA study. <i>International Journal of Cardiology</i> , 2016 , 218, 83-88	3.2	51
137	Self-reported sleep duration and hypertension in older Spanish adults. <i>Journal of the American Geriatrics Society</i> , 2009 , 57, 663-8	5.6	50
136	Magnitud y manejo del síndrome metabólico en España en 2008-2010: Estudio ENRICA. <i>Revista Española De Cardiología</i> , 2014 , 67, 367-373	1.5	49
135	Prevalence and treatment of atherogenic dyslipidemia in the primary prevention of cardiovascular disease in Europe: EURIKA, a cross-sectional observational study. <i>BMC Cardiovascular Disorders</i> , 2017 , 17, 160	2.3	48
134	The short-term association of road traffic noise with cardiovascular, respiratory, and diabetes-related mortality. <i>Environmental Research</i> , 2016 , 150, 383-390	7.9	43
133	Blood pressure variability increases with advancing chronic kidney disease stage: a cross-sectional analysis of 16 546 hypertensive patients. <i>Journal of Hypertension</i> , 2018 , 36, 1076-1085	1.9	41
132	Knowledge of stroke warning symptoms and intended action in response to stroke in Spain: a nationwide population-based study. <i>Cerebrovascular Diseases</i> , 2012 , 34, 161-8	3.2	41
131	Chronic kidney disease in Spain: Prevalence and impact of accumulation of cardiovascular risk factors. <i>Nefrología</i> , 2018 , 38, 606-615	1.5	40
130	Discrepancies between office and ambulatory blood pressure: clinical implications. <i>American Journal of Medicine</i> , 2009 , 122, 1136-41	2.4	37
129	Clinical characteristics of isolated clinic hypertension. <i>Journal of Hypertension</i> , 2008 , 26, 438-45	1.9	37
128	Association between awareness, treatment, and control of hypertension, and quality of life among older adults in Spain. <i>American Journal of Hypertension</i> , 2006 , 19, 686-93	2.3	37
127	Abnormalities in ambulatory blood pressure monitoring in hypertensive patients with diabetes. <i>Hypertension Research</i> , 2011 , 34, 1185-9	4.7	35
126	C-reactive protein levels in patients at cardiovascular risk: EURIKA study. <i>BMC Cardiovascular Disorders</i> , 2014 , 14, 25	2.3	34
125	Prevalence and Clinical Characteristics of Refractory Hypertension. <i>Journal of the American Heart Association</i> , 2017 , 6,	6	34
124	BMI, waist circumference, and mortality according to health status in the older adult population of Spain. <i>Obesity</i> , 2009 , 17, 2232-8	8	34
123	Serum uric acid levels are associated with cardiovascular risk score: A post hoc analysis of the EURIKA study. <i>International Journal of Cardiology</i> , 2018 , 253, 167-173	3.2	32
122	Mediterranean Diet and Health-Related Quality of Life in Two Cohorts of Community-Dwelling Older Adults. <i>PLoS ONE</i> , 2016 , 11, e0151596	3.7	32

121	Contribution of health behaviours and clinical factors to socioeconomic differences in frailty among older adults. <i>Journal of Epidemiology and Community Health</i> , 2016 , 70, 354-60	5.1	31
120	Relationship of BMI, waist circumference, and weight change with use of health services by older adults. <i>Obesity</i> , 2005 , 13, 1398-404		29
119	Prevalence and clinical characteristics of white-coat hypertension based on different definition criteria in untreated and treated patients. <i>Journal of Hypertension</i> , 2017 , 35, 2388-2394	1.9	28
118	Evolution of blood pressure control in Spain. <i>Journal of Hypertension</i> , 2007 , 25, 1975-7	1.9	28
117	Impact of Ambulatory Blood Pressure Monitoring on Reclassification of Hypertension Prevalence and Control in Older People in Spain. <i>Journal of Clinical Hypertension</i> , 2015 , 17, 453-61	2.3	27
116	Short-Term and Long-Term Reproducibility of Hypertension Phenotypes Obtained by Office and Ambulatory Blood Pressure Measurements. <i>Journal of Clinical Hypertension</i> , 2016 , 18, 927-33	2.3	26
115	Gender differences in office and ambulatory control of hypertension. <i>American Journal of Medicine</i> , 2008 , 121, 1078-84	2.4	26
114	Prevalence of Masked Hypertension in Untreated and Treated Patients With Office Blood Pressure Below 130/80 mm Hg. <i>Circulation</i> , 2018 , 137, 2651-2653	16.7	25
113	Socioeconomic variation in the magnitude of the association between self-rated health and mortality. <i>Annals of Epidemiology</i> , 2010 , 20, 395-400	6.4	25
112	Ambulatory blood pressure monitoring in daily clinical practice - the Spanish ABPM Registry experience. <i>European Journal of Clinical Investigation</i> , 2016 , 46, 92-8	4.6	24
111	Low vitamin intake is associated with risk of frailty in older adults. <i>Age and Ageing</i> , 2018 , 47, 872-879	3	23
110	Achievement of cardiometabolic goals among diabetic patients in Spain. A nationwide population-based study. <i>PLoS ONE</i> , 2013 , 8, e61549	3.7	23
109	Habitual coffee consumption and 24-h blood pressure control in older adults with hypertension. <i>Clinical Nutrition</i> , 2016 , 35, 1457-1463	5.9	23
108	Physical Activity and Association Between Frailty and All-Cause and Cardiovascular Mortality in Older Adults: Population-Based Prospective Cohort Study. <i>Journal of the American Geriatrics Society</i> , 2018 , 66, 2097-2103	5.6	23
107	Magnitude and management of metabolic syndrome in Spain in 2008-2010: the ENRICA study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2014 , 67, 367-73	0.7	22
106	Magnitude of Hypotension Based on Office and Ambulatory Blood Pressure Monitoring: Results From a Cohort of 5066 Treated Hypertensive Patients Aged 80 Years and Older. <i>Journal of the American Medical Directors Association</i> , 2017 , 18, 452.e1-452.e6	5.9	21
105	Rationale and methods of the European Study on Cardiovascular Risk Prevention and Management in Daily Practice (EURIKA). <i>BMC Public Health</i> , 2010 , 10, 382	4.1	21
104	Low rates of both lipid-lowering therapy use and achievement of low-density lipoprotein cholesterol targets in individuals at high-risk for cardiovascular disease across Europe. <i>PLoS ONE</i> , 2015 , 10, e0115270	3.7	21

103	Clinic Versus Daytime Ambulatory Blood Pressure Difference in Hypertensive Patients: The Impact of Age and Clinic Blood Pressure. <i>Hypertension</i> , 2017 , 69, 211-219	8.5	20
102	Functional status and use of health care services: longitudinal study on the older adult population in Spain. <i>Maturitas</i> , 2007 , 58, 377-86	5	20
101	Hypotension based on office and ambulatory monitoring blood pressure. Prevalence and clinical profile among a cohort of 70,997 treated hypertensives. <i>Journal of the American Society of Hypertension</i> , 2016 , 10, 714-23		20
100	Ideal Cardiovascular Health and Risk of Frailty in Older Adults. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2016 , 9, 239-45	5.8	20
99	Ambulatory blood pressure in hypertensive patients with inclusion criteria for the SPRINT trial. <i>Journal of the American Society of Hypertension</i> , 2016 , 10, 947-953.e5		19
98	Impact of the European and American guidelines on hypertension prevalence, treatment, and cardiometabolic goals. <i>Journal of Hypertension</i> , 2019 , 37, 1393-1400	1.9	19
97	The diet of diabetic patients in Spain in 2008-2010: accordance with the main dietary recommendations—a cross-sectional study. <i>PLoS ONE</i> , 2012 , 7, e39454	3.7	18
96	Consumption of meat in relation to physical functioning in the Seniors-ENRICA cohort. <i>BMC Medicine</i> , 2018 , 16, 50	11.4	17
95	Association Between High and Very High Albuminuria and Nighttime Blood Pressure: Influence of Diabetes and Chronic Kidney Disease. <i>Diabetes Care</i> , 2016 , 39, 1729-37	14.6	17
94	LDL Cholesterol Rises With BMI Only in Lean Individuals: Cross-sectional U.S. and Spanish Representative Data. <i>Diabetes Care</i> , 2018 , 41, 2195-2201	14.6	17
93	Alcohol consumption and all-cause mortality in older adults in Spain: an analysis accounting for the main methodological issues. <i>Addiction</i> , 2019 , 114, 59-68	4.6	17
92	The inflammatory potential of diet is related to incident frailty and slow walking in older adults. <i>Clinical Nutrition</i> , 2020 , 39, 185-191	5.9	16
91	Frailty, Disability, and Ambulatory Blood Pressure in Older Adults. <i>Journal of the American Medical Directors Association</i> , 2018 , 19, 433-438	5.9	15
90	A healthy lifestyle attenuates the effect of polypharmacy on total and cardiovascular mortality: a national prospective cohort study. <i>Scientific Reports</i> , 2018 , 8, 12615	4.9	15
89	Trends in hypertension control among the older population of Spain from 2000 to 2001 to 2008 to 2010: role of frequency and intensity of drug treatment. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2015 , 8, 67-76	5.8	15
88	Prevalence and incidence of hypertension in a population cohort of people aged 65 years or older in Spain. <i>Journal of Hypertension</i> , 2011 , 29, 1863-70	1.9	15
87	Dietary habits of the hypertensive population of Spain: accordance with the DASH diet and the Mediterranean diet. <i>Journal of Hypertension</i> , 2012 , 30, 1373-82	1.9	15
86	Adult men born in spring have lower blood pressure. <i>Journal of Hypertension</i> , 2000 , 18, 1763-6	1.9	15

85	Ultra-Processed Food Consumption Is Associated with Abdominal Obesity: A Prospective Cohort Study in Older Adults. <i>Nutrients</i> , 2020 , 12,	6.7	15
84	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	15
83	The association between blood pressure and lipid levels in Europe: European Study on Cardiovascular Risk Prevention and Management in Usual Daily Practice. <i>Journal of Hypertension</i> , 2016 , 34, 2155-63	1.9	15
82	Prospective Association Between Nut Consumption and Physical Function in Older Men and Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019 , 74, 1091-1097	6.4	14
81	Análisis crítico y propuestas de mejora de los sistemas de información sobre enfermedades cardiovasculares en España. <i>Medicina Clínica</i> , 2008 , 131, 302-311	1	14
80	Association of adult socioeconomic position with hypertension in older people. <i>Journal of Epidemiology and Community Health</i> , 2006 , 60, 74-80	5.1	14
79	Short-term variability and nocturnal decline in ambulatory blood pressure in normotension, white-coat hypertension, masked hypertension and sustained hypertension: a population-based study of older individuals in Spain. <i>Hypertension Research</i> , 2017 , 40, 613-619	4.7	13
78	Prospective association between added sugars and frailty in older adults. <i>American Journal of Clinical Nutrition</i> , 2018 , 107, 772-779	7	13
77	Assessment of a blood pressure measurement training programme for lay observers. <i>Blood Pressure Monitoring</i> , 2002 , 7, 251-7	1.3	13
76	Twenty four-hour activity cycle in older adults using wrist-worn accelerometers: The seniors-ENRICA-2 study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 700-708	4.6	13
75	Unhealthy eating behaviors and weight gain: A prospective study in young and middle-age adults. <i>Obesity</i> , 2016 , 24, 1178-84	8	13
74	Chronic kidney disease in Spain: Prevalence and impact of accumulation of cardiovascular risk factors. <i>Nefrología</i> , 2018 , 38, 606-615	0.4	13
73	Relación entre la red social y la hipertensión arterial en los ancianos españoles. <i>Revista Española De Cardiología</i> , 2005 , 58, 1294-1301	1.5	12
72	Effectiveness and equity of serum cholesterol and blood pressure testing: a population-based study in Spain. <i>Preventive Medicine</i> , 2003 , 37, 82-91	4.3	12
71	Food supply versus household survey data: nutrient consumption trends for Spain, 1958-1988. <i>European Journal of Epidemiology</i> , 1996 , 12, 367-71	12.1	12
70	Changes in physical activity and cardiovascular mortality in older adults. <i>Journal of Geriatric Cardiology</i> , 2017 , 14, 280-281	1.7	12
69	Has the SPRINT trial introduced a new blood-pressure goal in hypertension?. <i>Nature Reviews Cardiology</i> , 2017 , 14, 560-566	14.8	11
68	Dietary n-3 polyunsaturated fatty acids, fish intake and healthy ageing. <i>International Journal of Epidemiology</i> , 2019 , 48, 1914-1924	7.8	11

67	Combined Healthy Behaviors and Healthcare Services Use in Older Adults. <i>American Journal of Preventive Medicine</i> , 2017 , 53, 872-881	6.1	11
66	Physician perception of blood pressure control and treatment behavior in high-risk hypertensive patients: a cross-sectional study. <i>PLoS ONE</i> , 2011 , 6, e24569	3.7	11
65	Blood pressure control and management of very elderly patients with hypertension in primary care settings in Spain. <i>Hypertension Research</i> , 2014 , 37, 166-71	4.7	10
64	Frequency and Prognosis of Treated Hypertensive Patients According to Prior and New Blood Pressure Goals. <i>Hypertension</i> , 2019 , 74, 130-136	8.5	9
63	Knowledge, availability, and use of ambulatory and home blood pressure monitoring in primary care in Spain: the MAMPA study. <i>Journal of Hypertension</i> , 2018 , 36, 1051-1058	1.9	9
62	Rationale and Methods of the Study on Nutrition and Cardiovascular Risk in Spain (ENRICA). <i>Revista Espanola De Cardiologia (English Ed)</i> , 2011 , 64, 876-882	0.7	9
61	Gender Differences in Pain Risk in Old Age: Magnitude and Contributors. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 1707-1717	6.4	8
60	Impact of Ambulatory Blood Pressure Monitoring on Control of Untreated, Undertreated, and Resistant Hypertension in Older People in Spain. <i>Journal of the American Medical Directors Association</i> , 2015 , 16, 668-73	5.9	8
59	Achievement of lipoprotein goals among patients with metabolic syndrome at high cardiovascular risk across Europe. The EURIKA study. <i>International Journal of Cardiology</i> , 2013 , 166, 210-4	3.2	8
58	Contribution of lifestyle factors to educational differences in abdominal obesity among the adult population. <i>Clinical Nutrition</i> , 2014 , 33, 836-43	5.9	8
57	Isolated clinic hypertension: diagnostic criteria based on 24-h blood pressure definition. <i>Journal of Hypertension</i> , 2010 , 28, 2407-13	1.9	8
56	Social support and ambulatory blood pressure in older people. <i>Journal of Hypertension</i> , 2016 , 34, 2045-52.9		8
55	Ambulatory Blood Pressures in Hypertensive Patients Treated With One Antihypertensive Agent: Differences Among Drug Classes and Among Drugs Belonging to the Same Class. <i>Journal of Clinical Hypertension</i> , 2015 , 17, 857-65	2.3	7
54	Usefulness of ambulatory blood pressure monitoring (ABPM) in daily clinical practice: Data from the Spanish ABPM registry. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2014 , 41, 30-6	3	7
53	White-coat UnControlled Hypertension, Masked UnControlled Hypertension, and True UnControlled Hypertension, phonetic and mnemonic terms for treated hypertension phenotypes. <i>Journal of Hypertension</i> , 2018 , 36, 446-447	1.9	6
52	Association of Moderate Consumption of Alcohol With Rates of Heavy Drinking and Abstinence in Spain. <i>Alcoholism: Clinical and Experimental Research</i> , 1999 , 23, 1502-1506	3.7	6
51	Night-time heart rate cut-off point definition by resting office tachycardia in untreated hypertensive patients: data of the Spanish ABPM registry. <i>Journal of Hypertension</i> , 2014 , 32, 1016-24; discussion 1024	1.9	5
50	Control of high blood pressure in primary health care. <i>American Journal of Hypertension</i> , 2006 , 19, 146	2.3	5

49	Ultra-Processed Food Consumption is Associated with Renal Function Decline in Older Adults: A Prospective Cohort Study. <i>Nutrients</i> , 2021 , 13,	6.7	5
48	A Higher Intake of Energy at Dinner Is Associated with Incident Metabolic Syndrome: A Prospective Cohort Study in Older Adults. <i>Nutrients</i> , 2021 , 13,	6.7	5
47	24-h pulse pressure cutoff point definition by office pulse pressure in a population of Spanish older hypertensive patients. <i>Journal of Hypertension</i> , 2017 , 35, 1011-1018	1.9	4
46	Velocidad de la onda de pulso y presi3n arterial central: valores normales y de referencia en personas mayores en Espa3a. <i>Revista Espanola De Cardiologia</i> , 2018 , 71, 1084-1086	1.5	4
45	Number-needed-to-treat to prevent one death. <i>Lancet, The</i> , 1998 , 351, 1365	4.0	4
44	Chocolate and health-related quality of life: a prospective study. <i>PLoS ONE</i> , 2015 , 10, e0123161	3.7	4
43	Combined Impact of Traditional and Nontraditional Healthy Behaviors on Frailty and Disability: A Prospective Cohort Study of Older Adults. <i>Journal of the American Medical Directors Association</i> , 2020 , 21, 710.e1-710.e9	5.9	4
42	Behavioural cardiovascular risk factors and prevalence of diabetes in subjects with familial hypercholesterolaemia. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1649-1660	3.9	4
41	High Consumption of Ultra-Processed Food is Associated with Incident Dyslipidemia: A Prospective Study of Older Adults. <i>Journal of Nutrition</i> , 2021 , 151, 2390-2398	4.1	4
40	Ambulatory Blood Pressure and Mortality. <i>New England Journal of Medicine</i> , 2018 , 379, 1287-8	59.2	4
39	Association of Dairy Consumption and 24-Hour Blood Pressure in Older Adults with Hypertension. <i>American Journal of Medicine</i> , 2018 , 131, 1238-1249	2.4	4
38	Association between sleep characteristics and antihypertensive treatment in older adults. <i>Geriatrics and Gerontology International</i> , 2019 , 19, 537-540	2.9	3
37	Prevalence of office and ambulatory hypotension in treated hypertensive patients with coronary disease. <i>Hypertension Research</i> , 2020 , 43, 696-704	4.7	3
36	Control de la glucemia de pacientes diab3ticos en Espa3a mediante objetivos individualizados: un estudio de base poblacional. <i>Revista Espanola De Cardiologia</i> , 2014 , 67, 151-153	1.5	3
35	Relationship Between Social Network and Hypertension in Older People in Spain. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2005 , 58, 1294-1301	0.7	3
34	Protein Intake and Risk of Falls: A Prospective Analysis in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2019 , 67, 329-335	5.6	3
33	Antihypertensive drug use in resistant and nonresistant hypertension and in controlled and uncontrolled resistant hypertension. <i>Journal of Hypertension</i> , 2018 , 36, 1563-1570	1.9	2
32	The Strong Heart Study: adding biological plausibility to the red meat-cardiovascular disease association. <i>Journal of Hypertension</i> , 2017 , 35, 1782-1784	1.9	2

31	The burden of blood-pressure-related cardiovascular mortality in Mexico. <i>International Journal of Hypertension</i> , 2014 , 2014, 427684	2.4	2
30	Magnitude and Management of Hypercholesterolemia in the Adult Population of Spain, 2008-2010: The ENRICA Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2012 , 65, 551-558	0.7	2
29	Prevalence, Geographic Distribution, and Geographic Variability of Major Cardiovascular Risk Factors in Spain. Pooled Analysis of Data From Population-Based Epidemiological Studies: The ERICE Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2008 , 61, 1030-1040	0.7	2
28	Twenty-Four-Hour Central (Aortic) Systolic Blood Pressure: Reference Values and Dipping Patterns in Untreated Individuals. <i>Hypertension</i> , 2022 , 79, 251-260	8.5	2
27	General and central obesity operate differently as predictors of falls requiring medical care in older women: a population-based cohort study in Spain. <i>Age and Ageing</i> , 2021 , 50, 213-219	3	2
26	Pulse Wave Velocity and Central Blood Pressure: Normal and Reference Values in Older People in Spain. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2018 , 71, 1084-1086	0.7	2
25	How do ultrafine particles in urban air affect ambulatory blood pressure?. <i>Journal of Hypertension</i> , 2020 , 38, 845-849	1.9	1
24	Prognostic Relevance of Short-Term Blood Pressure Variability: The Spanish ABPM Registry. <i>Hypertension</i> , 2020 , HYPERTENSIONAHA11914508	8.5	1
23	Dairy consumption and risk of falls in 2 European cohorts of older adults. <i>Clinical Nutrition</i> , 2020 , 39, 3140-3146	5.9	1
22	Lack of association between passive smoking and blood pressure, lipids, and fasting glucose. <i>Journal of Hypertension</i> , 2017 , 35, 1952-1954	1.9	1
21	Electronic clinical decision support system and multifactorial risk factor control in patients with type 2 diabetes in primary health care. <i>European Journal of Internal Medicine</i> , 2017 , 44, e35-e37	3.9	1
20	Self-reported adherence to nonpharmacological treatment and association with mortality over 6 years: population-based study in older persons with hypercholesterolemia. <i>Journal of the American Geriatrics Society</i> , 2009 , 57, 2287-92	5.6	1
19	Epidemiología de las enfermedades cardiovasculares en España. <i>Revista Espanola De Cardiologia Suplementos</i> , 2006 , 6, 3G-12G	0.2	1
18	Number needed to treat to gain one controlled hypertensive. <i>Current Hypertension Reports</i> , 2004 , 6, 75-6	4.7	1
17	Associations of device-measured sleep, sedentariness and physical activity with growth differentiation factor 15 in older adults.. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2022 ,	10.3	1
16	Rigidez arterial y valores de referencia. <i>Revista Espanola De Cardiologia</i> , 2020 , 73, 11-13	1.5	1
15	Healthy dietary patterns are associated with lower concentrations of growth differentiation factor 15 in older adults. <i>American Journal of Clinical Nutrition</i> , 2021 , 113, 1619-1626	7	1
14	Association of Cooking Patterns with Inflammatory and Cardio-Metabolic Risk Biomarkers. <i>Nutrients</i> , 2021 , 13,	6.7	1

13	Five-color Nutri-Score labeling and mortality risk in a nationwide, population-based cohort in Spain: the Study on Nutrition and Cardiovascular Risk in Spain (ENRICA). <i>American Journal of Clinical Nutrition</i> , 2021 , 113, 1301-1311	7	1
12	Office and ambulatory blood pressure control in hypertensive patients treated with different two-drug and three-drug combinations. <i>Clinical and Experimental Hypertension</i> , 2016 , 38, 409-14	2.2	0
11	Cadmium exposure and growth differentiation factor-15 (GDF-15) levels in non-smoking older adults. <i>Environmental Research</i> , 2021 , 206, 112250	7.9	0
10	Hypertension in Latin/Hispanic Population 2018 , 15-20		0
9	Alcohol consumption patterns and unhealthy aging among older lifetime drinkers from Spain.. <i>Drug and Alcohol Dependence</i> , 2022 , 235, 109444	4.9	0
8	Objectively measured secondhand tobacco smoke and cognitive impairment in disability-free older adults.. <i>Environmental Research</i> , 2022 , 113352	7.9	0
7	Birth month, a simple demographic indicator of early environmental exposures and risk of chronic diseases. <i>Medicina Clínica (English Edition)</i> , 2017 , 148, 498-500	0.3	
6	Health Decline Is Associated with Reports of No Coffee Consumption Years After Reporting Coffee Consumption Among Older Adults in Spain. <i>Journal of Nutrition</i> , 2020 , 150, 1916-1923	4.1	
5	Are we Evaluating Correctly the Risk Accompanying Blood Pressure? The Case of White Coat and Masked Hypertension and Blood Pressure Variability. <i>Current Cardiovascular Risk Reports</i> , 2013 , 7, 431-432	0.9	
4	Habitual Chocolate Consumption and 24-Hour Blood Pressure Control in Older Adults with Hypertension. <i>Journal of the American Geriatrics Society</i> , 2015 , 63, 2637-2639	5.6	
3	Respuesta al autor. <i>Medicina Clínica</i> , 2010 , 134, 516-517	1	
2	Epidemiología de la Diabetes en España. <i>Pharmacoeconomics - Spanish Research Articles</i> , 2007 , 4, 3-9		
1	Situación epidemiológica de la insuficiencia cardiaca en España. <i>Revista Espanola De Cardiologia Suplementos</i> , 2006 , 6, 4C-9C	0.2	