

JosÃ© RamÃ³n Banegas

List of Publications by Year in descending order

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Version: 2024-02-01

187
papers

13,854
citations

38660

50
h-index

22764

112
g-index

217
all docs

217
docs citations

217
times ranked

15980
citing authors

#	ARTICLE	IF	CITATIONS
1	Worldwide trends in blood pressure from 1975 to 2015: a pooled analysis of 1479 population-based measurement studies with 19.1 million participants. <i>Lancet</i> , The, 2017, 389, 37-55.	6.3	1,667
2	Hypertension Prevalence and Blood Pressure Levels in 6 European Countries, Canada, and the United States. <i>JAMA - Journal of the American Medical Association</i> , 2003, 289, 2363.	3.8	1,460
3	Hypertension Treatment and Control in Five European Countries, Canada, and the United States. <i>Hypertension</i> , 2004, 43, 10-17.	1.3	944
4	Clinical Features of 8295 Patients With Resistant Hypertension Classified on the Basis of Ambulatory Blood Pressure Monitoring. <i>Hypertension</i> , 2011, 57, 898-902.	1.3	696
5	Relationship between Clinic and Ambulatory Blood-Pressure Measurements and Mortality. <i>New England Journal of Medicine</i> , 2018, 378, 1509-1520.	13.9	420
6	Prevalence and Factors Associated With Circadian Blood Pressure Patterns in Hypertensive Patients. <i>Hypertension</i> , 2009, 53, 466-472.	1.3	312
7	Achievement of treatment goals for primary prevention of cardiovascular disease in clinical practice across Europe: the EURIKA study. <i>European Heart Journal</i> , 2011, 32, 2143-2152.	1.0	285
8	Gender differences in the utilization of health-care services among the older adult population of Spain. <i>BMC Public Health</i> , 2006, 6, 155.	1.2	279
9	Health-Related Quality of Life as a Predictor of Hospital Readmission and Death Among Patients With Heart Failure. <i>Archives of Internal Medicine</i> , 2005, 165, 1274.	4.3	251
10	Hypertension magnitude and management in the elderly population of Spain. <i>Journal of Hypertension</i> , 2002, 20, 2157-2164.	0.3	217
11	Road traffic noise effects on cardiovascular, respiratory, and metabolic health: An integrative model of biological mechanisms. <i>Environmental Research</i> , 2016, 146, 359-370.	3.7	213
12	High prevalence of masked uncontrolled hypertension in people with treated hypertension. <i>European Heart Journal</i> , 2014, 35, 3304-3312.	1.0	186
13	Blood Pressure Control and Physician Management of Hypertension in Hospital Hypertension Units in Spain. <i>Hypertension</i> , 2004, 43, 1338-1344.	1.3	183
14	Prevalence of Overweight and Obesity in Elderly People in Spain. <i>Obesity</i> , 2004, 12, 710-715.	4.0	176
15	Effectiveness of Blood Pressure Control Outside the Medical Setting. <i>Hypertension</i> , 2007, 49, 62-68.	1.3	173
16	Major dietary patterns and risk of frailty in older adults: a prospective cohort study. <i>BMC Medicine</i> , 2015, 13, 11.	2.3	141
17	Validity and Reproducibility of a Spanish Dietary History. <i>PLoS ONE</i> , 2014, 9, e86074.	1.1	141
18	Consumption of Ultra-Processed Foods and Mortality: A National Prospective Cohort in Spain. <i>Mayo Clinic Proceedings</i> , 2019, 94, 2178-2188.	1.4	140

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19	Sleep duration, general and abdominal obesity, and weight change among the older adult population of Spain. <i>American Journal of Clinical Nutrition</i> , 2008, 87, 310-316.	2.2	135
20	Usual sleep duration and cognitive function in older adults in Spain. <i>Journal of Sleep Research</i> , 2009, 18, 427-435.	1.7	130
21	Magnitud y manejo de la hipercolesterolemia en la poblaci3n adulta de Espa±a, 2008-2010: el estudio ENRICA. <i>Revista Espanola De Cardiologia</i> , 2012, 65, 551-558.	0.6	127
22	Achievement of Cardiometabolic Goals in Aware Hypertensive Patients in Spain. <i>Hypertension</i> , 2012, 60, 898-905.	1.3	125
23	Clinical differences between resistant hypertensives and patients treated and controlled with three or less drugs. <i>Journal of Hypertension</i> , 2012, 30, 1211-1216.	0.3	122
24	Nocturnal Hypertension or Nondipping: Which Is Better Associated With the Cardiovascular Risk Profile?. <i>American Journal of Hypertension</i> , 2014, 27, 680-687.	1.0	106
25	Prevalencia de enfermedad renal cr3nica en Espa±a: impacto de la acumulaci3n de factores de riesgo cardiovascular. <i>Nefrologia</i> , 2018, 38, 606-615.	0.2	106
26	Waist Circumference as a Predictor of Disability among Older Adults. <i>Obesity</i> , 2007, 15, 233-233.	1.5	103
27	Ambulatory blood pressure monitoring in hypertensive patients with high cardiovascular risk: a cross-sectional analysis of a 20 000-patient database in Spain. <i>Journal of Hypertension</i> , 2007, 25, 977-984.	0.3	102
28	Prevalence of white-coat and masked hypertension in national and international registries. <i>Hypertension Research</i> , 2015, 38, 1-7.	1.5	100
29	Ambulatory blood pressure monitoring and development of cardiovascular events in high-risk patients included in the Spanish ABPM registry. <i>Journal of Hypertension</i> , 2012, 30, 713-719.	0.3	97
30	Ethnic Differences in the Degree of Morning Blood Pressure Surge and in Its Determinants Between Japanese and European Hypertensive Subjects. <i>Hypertension</i> , 2015, 66, 750-756.	1.3	96
31	Prognostic Value of Masked Uncontrolled Hypertension. <i>Hypertension</i> , 2018, 72, 862-869.	1.3	94
32	Differences Between Office and 24-Hour Blood Pressure Control in Hypertensive Patients With CKD: A 5,693-Patient Cross-sectional Analysis From Spain. <i>American Journal of Kidney Diseases</i> , 2013, 62, 285-294.	2.1	88
33	Relationship between obesity, hypertension and diabetes, and health-related quality of life among the elderly. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 2007, 14, 456-462.	3.1	83
34	Prevalence and treatment of atherogenic dyslipidemia in the primary prevention of cardiovascular disease in Europe: EURIKA, a cross-sectional observational study. <i>BMC Cardiovascular Disorders</i> , 2017, 17, 160.	0.7	80
35	Change in health-related quality of life as a predictor of mortality in the older adults. <i>Quality of Life Research</i> , 2010, 19, 15-23.	1.5	76
36	Lack of control of hypertension in primary cardiovascular disease prevention in Europe: Results from the EURIKA study. <i>International Journal of Cardiology</i> , 2016, 218, 83-88.	0.8	76

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37	Cardiovascular Health in a Southern Mediterranean European Country. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2013, 6, 90-98.	0.9	75
38	Differences in quality of life between women and men in the older population of Spain. <i>Social Science and Medicine</i> , 2005, 60, 1229-1240.	1.8	73
39	Blood pressure variability increases with advancing chronic kidney disease stage. <i>Journal of Hypertension</i> , 2018, 36, 1076-1085.	0.3	63
40	Self-Reported Sleep Duration and Hypertension in Older Spanish Adults. <i>Journal of the American Geriatrics Society</i> , 2009, 57, 663-668.	1.3	55
41	Prevalence and Clinical Characteristics of Refractory Hypertension. <i>Journal of the American Heart Association</i> , 2017, 6, .	1.6	54
42	Changes in Health Behaviors, Mental and Physical Health among Older Adults under Severe Lockdown Restrictions during the COVID-19 Pandemic in Spain. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7067.	1.2	53
43	The short-term association of road traffic noise with cardiovascular, respiratory, and diabetes-related mortality. <i>Environmental Research</i> , 2016, 150, 383-390.	3.7	52
44	Ultra-Processed Food Consumption Is Associated with Abdominal Obesity: A Prospective Cohort Study in Older Adults. <i>Nutrients</i> , 2020, 12, 2368.	1.7	50
45	Knowledge of Stroke Warning Symptoms and Intended Action in Response to Stroke in Spain: A Nationwide Population-Based Study. <i>Cerebrovascular Diseases</i> , 2012, 34, 161-168.	0.8	49
46	Clinical characteristics of isolated clinic hypertension. <i>Journal of Hypertension</i> , 2008, 26, 438-445.	0.3	47
47	Contribution of health behaviours and clinical factors to socioeconomic differences in frailty among older adults. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, 354-360.	2.0	47
48	Serum uric acid levels are associated with cardiovascular risk score: A post hoc analysis of the EURIKA study. <i>International Journal of Cardiology</i> , 2018, 253, 167-173.	0.8	47
49	Association Between Awareness, Treatment, and Control of Hypertension, and Quality of Life Among Older Adults in Spain. <i>American Journal of Hypertension</i> , 2006, 19, 686-693.	1.0	45
50	Rationale and Methods of the Study on Nutrition and Cardiovascular Risk in Spain (ENRICA). <i>Revista Espanola De Cardiologia (English Ed)</i> , 2011, 64, 876-882.	0.4	45
51	Abnormalities in ambulatory blood pressure monitoring in hypertensive patients with diabetes. <i>Hypertension Research</i> , 2011, 34, 1185-1189.	1.5	45
52	Low vitamin intake is associated with risk of frailty in older adults. <i>Age and Ageing</i> , 2018, 47, 872-879.	0.7	45
53	Discrepancies between Office and Ambulatory Blood Pressure: Clinical Implications. <i>American Journal of Medicine</i> , 2009, 122, 1136-1141.	0.6	43
54	Prevalence and clinical characteristics of white-coat hypertension based on different definition criteria in untreated and treated patients. <i>Journal of Hypertension</i> , 2017, 35, 2388-2394.	0.3	43

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55	BMI, Waist Circumference, and Mortality According to Health Status in the Older Adult Population of Spain. <i>Obesity</i> , 2009, 17, 2232-2238.	1.5	42
56	Alcohol consumption and all-cause mortality in older adults in Spain: an analysis accounting for the main methodological issues. <i>Addiction</i> , 2019, 114, 59-68.	1.7	41
57	Mediterranean Diet and Health-Related Quality of Life in Two Cohorts of Community-Dwelling Older Adults. <i>PLoS ONE</i> , 2016, 11, e0151596.	1.1	41
58	C-reactive protein levels in patients at cardiovascular risk: EURIKA study. <i>BMC Cardiovascular Disorders</i> , 2014, 14, 25.	0.7	40
59	Impact of Ambulatory Blood Pressure Monitoring on Reclassification of Hypertension Prevalence and Control in Older People in Spain. <i>Journal of Clinical Hypertension</i> , 2015, 17, 453-461.	1.0	40
60	Short-Term and Long-Term Reproducibility of Hypertension Phenotypes Obtained by Office and Ambulatory Blood Pressure Measurements. <i>Journal of Clinical Hypertension</i> , 2016, 18, 927-933.	1.0	38
61	Evolution of blood pressure control in Spain. <i>Journal of Hypertension</i> , 2007, 25, 1975-1977.	0.3	37
62	Magnitude and Management of Metabolic Syndrome in Spain in 2008-2010: The ENRICA Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2014, 67, 367-373.	0.4	36
63	Twenty four-hour activity cycle in older adults using wrist-worn accelerometers: The seniorsâ€ENRICAâ€2 study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 700-708.	1.3	36
64	Ultra-Processed Food Consumption is Associated with Renal Function Decline in Older Adults: A Prospective Cohort Study. <i>Nutrients</i> , 2021, 13, 428.	1.7	36
65	Magnitude and Management of Hypercholesterolemia in the Adult Population of Spain, 2008-2010: The ENRICA Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2012, 65, 551-558.	0.4	35
66	Ideal Cardiovascular Health and Risk of Frailty in Older Adults. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2016, 9, 239-245.	0.9	35
67	Ambulatory blood pressure monitoring in daily clinical practice â€“ the Spanish <sc>ABPM</sc> Registry experience. <i>European Journal of Clinical Investigation</i> , 2016, 46, 92-98.	1.7	35
68	Physical Activity and Association Between Frailty and All-Cause and Cardiovascular Mortality in Older Adults: Population-Based Prospective Cohort Study. <i>Journal of the American Geriatrics Society</i> , 2018, 66, 2097-2103.	1.3	35
69	The inflammatory potential of diet is related to incident frailty and slow walking in older adults. <i>Clinical Nutrition</i> , 2020, 39, 185-191.	2.3	35
70	Habitual coffee consumption and 24-h blood pressure control in older adults with hypertension. <i>Clinical Nutrition</i> , 2016, 35, 1457-1463.	2.3	34
71	Relationship of BMI, Waist Circumference, and Weight Change with Use of Health Services by Older Adults. <i>Obesity</i> , 2005, 13, 1398-1404.	4.0	33
72	Magnitude of Hypotension Based on Office and Ambulatory Blood Pressure Monitoring: Results From a Cohort of 5066 Treated Hypertensive Patients Aged 80 Years and Older. <i>Journal of the American Medical Directors Association</i> , 2017, 18, 452.e1-452.e6.	1.2	33

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73	Prevalence of Masked Hypertension in Untreated and Treated Patients With Office Blood Pressure Below 130/80 mmHg. <i>Circulation</i> , 2018, 137, 2651-2653.	1.6	33
74	Socioeconomic Variation in the Magnitude of the Association between Self-Rated Health and Mortality. <i>Annals of Epidemiology</i> , 2010, 20, 395-400.	0.9	32
75	Prospective association between added sugars and frailty in older adults. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 772-779.	2.2	32
76	Gender Differences in Office and Ambulatory Control of Hypertension. <i>American Journal of Medicine</i> , 2008, 121, 1078-1084.	0.6	31
77	Achievement of Cardiometabolic Goals among Diabetic Patients in Spain. A Nationwide Population-Based Study. <i>PLoS ONE</i> , 2013, 8, e61549.	1.1	30
78	Clinic Versus Daytime Ambulatory Blood Pressure Difference in Hypertensive Patients. <i>Hypertension</i> , 2017, 69, 211-219.	1.3	30
79	Impact of the European and American guidelines on hypertension prevalence, treatment, and cardiometabolic goals. <i>Journal of Hypertension</i> , 2019, 37, 1393-1400.	0.3	30
80	Trends in Hypertension Control Among the Older Population of Spain From 2000 to 2001 to 2008 to 2010. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2015, 8, 67-76.	0.9	29
81	Hypotension based on office and ambulatory monitoring blood pressure. Prevalence and clinical profile among a cohort of 70,997 treated hypertensives. <i>Journal of the American Society of Hypertension</i> , 2016, 10, 714-723.	2.3	29
82	Prevalence, Geographic Distribution, and Geographic Variability of Major Cardiovascular Risk Factors in Spain. Pooled Analysis of Data From Population-Based Epidemiological Studies: The ERICE Study. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2008, 61, 1030-1040.	0.4	28
83	LDL Cholesterol Rises With BMI Only in Lean Individuals: Cross-sectional U.S. and Spanish Representative Data. <i>Diabetes Care</i> , 2018, 41, 2195-2201.	4.3	28
84	High Consumption of Ultra-Processed Food is Associated with Incident Dyslipidemia: A Prospective Study of Older Adults. <i>Journal of Nutrition</i> , 2021, 151, 2390-2398.	1.3	28
85	Functional status and use of health care services: Longitudinal study on the older adult population in Spain. <i>Maturitas</i> , 2007, 58, 377-386.	1.0	26
86	Association Between High and Very High Albuminuria and Nighttime Blood Pressure: Influence of Diabetes and Chronic Kidney Disease. <i>Diabetes Care</i> , 2016, 39, 1729-1737.	4.3	26
87	Consumption of meat in relation to physical functioning in the Seniors-ENRICA cohort. <i>BMC Medicine</i> , 2018, 16, 50.	2.3	25
88	Low Rates of Both Lipid-Lowering Therapy Use and Achievement of Low-Density Lipoprotein Cholesterol Targets in Individuals at High-Risk for Cardiovascular Disease across Europe. <i>PLoS ONE</i> , 2015, 10, e0115270.	1.1	25
89	Unhealthy eating behaviors and weight gain: A prospective study in young and middle-age adults. <i>Obesity</i> , 2016, 24, 1178-1184.	1.5	24
90	Five-color Nutri-Score labeling and mortality risk in a nationwide, population-based cohort in Spain: the Study on Nutrition and Cardiovascular Risk in Spain (ENRICA). <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1301-1311.	2.2	24

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91	The Diet of Diabetic Patients in Spain in 2008â€“2010: Accordance with the Main Dietary Recommendationsâ€”A Cross-Sectional Study. PLoS ONE, 2012, 7, e39454.	1.1	24
92	EpidemiologÃ­a de las enfermedades cardiovasculares en EspaÃ±a. Revista Espanola De Cardiologia Suplementos, 2006, 6, 3G-12G.	0.2	23
93	Knowledge, availability, and use of ambulatory and home blood pressure monitoring in primary care in Spain. Journal of Hypertension, 2018, 36, 1051-1058.	0.3	23
94	Frailty, Disability, and Ambulatory Blood Pressure in Older Adults. Journal of the American Medical Directors Association, 2018, 19, 433-438.	1.2	23
95	Chronic kidney disease in Spain: Prevalence and impact of accumulation of cardiovascular risk factors. Nefrologia, 2018, 38, 606-615.	0.2	23
96	Adult men born in spring have lower blood pressure. Journal of Hypertension, 2000, 18, 1763-1766.	0.3	22
97	Rationale and methods of the European Study on Cardiovascular Risk Prevention and Management in Daily Practice (EURIKA). BMC Public Health, 2010, 10, 382.	1.2	22
98	Ambulatory blood pressure in hypertensive patients with inclusion criteria for the SPRINT trial. Journal of the American Society of Hypertension, 2016, 10, 947-953.e5.	2.3	22
99	SituaciÃ³n epidemiolÃ³gica de la insuficiencia cardiaca en EspaÃ±a. Revista Espanola De Cardiologia Suplementos, 2006, 6, 4C-9C.	0.2	21
100	The association between blood pressure and lipid levels in Europe. Journal of Hypertension, 2016, 34, 2155-2163.	0.3	21
101	Assessment of a blood pressure measurement training programme for lay observers. Blood Pressure Monitoring, 2002, 7, 251-257.	0.4	20
102	Prevalence and incidence of hypertension in a population cohort of people aged 65 years or older in Spain. Journal of Hypertension, 2011, 29, 1863-1870.	0.3	20
103	Dietary habits of the hypertensive population of Spain. Journal of Hypertension, 2012, 30, 1373-1382.	0.3	20
104	A healthy lifestyle attenuates the effect of polypharmacy on total and cardiovascular mortality: a national prospective cohort study. Scientific Reports, 2018, 8, 12615.	1.6	20
105	Dietary n-3 polyunsaturated fatty acids, fish intake and healthy ageing. International Journal of Epidemiology, 2019, 48, 1914-1924.	0.9	20
106	Has the SPRINT trial introduced a new blood-pressure goal in hypertension?. Nature Reviews Cardiology, 2017, 14, 560-565.	6.1	19
107	Association of adult socioeconomic position with hypertension in older people. Journal of Epidemiology and Community Health, 2006, 60, 74-80.	2.0	18
108	AnÃ¡lisis crÃ©tico y propuestas de mejora de los sistemas de informaciÃ³n sobre enfermedades cardiovasculares en EspaÃ±a. Medicina ClÃ­nica, 2008, 131, 302-311.	0.3	18

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109	Prospective Association Between Nut Consumption and Physical Function in Older Men and Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 1091-1097.	1.7	18
110	Food supply versus household survey data: Nutrient consumption trends for Spain, 1958â€“1988. <i>European Journal of Epidemiology</i> , 1996, 12, 367-371.	2.5	16
111	Combined Healthy Behaviors and Healthcare Services Use in Older Adults. <i>American Journal of Preventive Medicine</i> , 2017, 53, 872-881.	1.6	16
112	Gender Differences in Pain Risk in Old Age: Magnitude and Contributors. <i>Mayo Clinic Proceedings</i> , 2019, 94, 1707-1717.	1.4	16
113	Short-term variability and nocturnal decline in ambulatory blood pressure in normotension, white-coat hypertension, masked hypertension and sustained hypertension: a population-based study of older individuals in Spain. <i>Hypertension Research</i> , 2017, 40, 613-619.	1.5	15
114	Effectiveness and equity of serum cholesterol and blood pressure testing: a population-based study in Spain. <i>Preventive Medicine</i> , 2003, 37, 82-91.	1.6	14
115	Changes in physical activity and cardiovascular mortality in older adults. <i>Journal of Geriatric Cardiology</i> , 2017, 14, 280-281.	0.2	14
116	Physician Perception of Blood Pressure Control and Treatment Behavior in High-Risk Hypertensive Patients: A Cross-Sectional Study. <i>PLoS ONE</i> , 2011, 6, e24569.	1.1	14
117	Blood pressure control and management of very elderly patients with hypertension in primary care settings in Spain. <i>Hypertension Research</i> , 2014, 37, 166-171.	1.5	13
118	Impact of Ambulatory Blood Pressure Monitoring on Control of Untreated, Undertreated, and Resistant Hypertension in Older People in Spain. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 668-673.	1.2	13
119	Behavioural cardiovascular risk factors and prevalence of diabetes in subjects with familial hypercholesterolaemia. <i>European Journal of Preventive Cardiology</i> , 2020, 27, 1649-1660.	0.8	13
120	Twenty-Fourâ€“Hour Central (Aortic) Systolic Blood Pressure: Reference Values and Dipping Patterns in Untreated Individuals. <i>Hypertension</i> , 2022, 79, 251-260.	1.3	13
121	Achievement of lipoprotein goals among patients with metabolic syndrome at high cardiovascular risk across Europe. The EURIKA study. <i>International Journal of Cardiology</i> , 2013, 166, 210-214.	0.8	12
122	White-coat UnControlled Hypertension, Masked UnControlled Hypertension, and True UnControlled Hypertension, phonetic and mnemonic terms for treated hypertension phenotypes. <i>Journal of Hypertension</i> , 2018, 36, 446-447.	0.3	12
123	Frequency and Prognosis of Treated Hypertensive Patients According to Prior and New Blood Pressure Goals. <i>Hypertension</i> , 2019, 74, 130-136.	1.3	12
124	Ambulatory Blood Pressures in Hypertensive Patients Treated With One Antihypertensive Agent: Differences Among Drug Classes and Among Drugs Belonging to the Same Class. <i>Journal of Clinical Hypertension</i> , 2015, 17, 857-865.	1.0	11
125	Combined Impact of Traditional and Nontraditional Healthy Behaviors on Frailty and Disability: A Prospective Cohort Study of Older Adults. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 710.e1-710.e9.	1.2	11
126	A Higher Intake of Energy at Dinner Is Associated with Incident Metabolic Syndrome: A Prospective Cohort Study in Older Adults. <i>Nutrients</i> , 2021, 13, 3035.	1.7	11

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127	Relationship Between Social Network and Hypertension in Older People in Spain. <i>Revista Espanola De Cardiologia (English Ed)</i> , 2005, 58, 1294-1301.	0.4	10
128	Contribution of lifestyle factors to educational differences in abdominal obesity among the adult population. <i>Clinical Nutrition</i> , 2014, 33, 836-843.	2.3	10
129	Social support and ambulatory blood pressure in older people. <i>Journal of Hypertension</i> , 2016, 34, 2045-2052.	0.3	10
130	Association of Moderate Consumption of Alcohol With Rates of Heavy Drinking and Abstinence in Spain. <i>Alcoholism: Clinical and Experimental Research</i> , 1999, 23, 1502-1506.	1.4	9
131	Healthy dietary patterns are associated with lower concentrations of growth differentiation factor 15 in older adults. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 1619-1626.	2.2	9
132	Isolated clinic hypertension: diagnostic criteria based on 24-h blood pressure definition. <i>Journal of Hypertension</i> , 2010, 28, 2407-2413.	0.3	9
133	Usefulness of ambulatory blood pressure monitoring (ABPM) in daily clinical practice: Data from the Spanish ABPM registry. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2014, 41, 30-36.	0.9	8
134	Association of Dairy Consumption and 24-Hour Blood Pressure in Older Adults with Hypertension. <i>American Journal of Medicine</i> , 2018, 131, 1238-1249.	0.6	8
135	Association of Cooking Patterns with Inflammatory and Cardio-Metabolic Risk Biomarkers. <i>Nutrients</i> , 2021, 13, 633.	1.7	8
136	Pain Characteristics, Cardiovascular Risk Factors, and Cardiovascular Disease. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 204-213.	1.7	8
137	Chocolate and Health-Related Quality of Life: A Prospective Study. <i>PLoS ONE</i> , 2015, 10, e0123161.	1.1	8
138	Number-needed-to-treat to prevent one death. <i>Lancet, The</i> , 1998, 351, 1365.	6.3	6
139	Control of High Blood Pressure in Primary Health Care. <i>American Journal of Hypertension</i> , 2006, 19, 146-146.	1.0	6
140	Association between sleep characteristics and antihypertensive treatment in older adults. <i>Geriatrics and Gerontology International</i> , 2019, 19, 537-540.	0.7	6
141	Protein Intake and Risk of Falls: A Prospective Analysis in Older Adults. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 329-335.	1.3	6
142	Night-time heart rate cut-off point definition by resting office tachycardia in untreated hypertensive patients. <i>Journal of Hypertension</i> , 2014, 32, 1016-1024.	0.3	5
143	The Burden of Blood-Pressure-Related Cardiovascular Mortality in Mexico. <i>International Journal of Hypertension</i> , 2014, 2014, 1-9.	0.5	5
144	24-h pulse pressure cutoff point definition by office pulse pressure in a population of Spanish older hypertensive patients. <i>Journal of Hypertension</i> , 2017, 35, 1011-1018.	0.3	5

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145	Mass starvation in early life and adult hypertension in China. <i>Journal of Hypertension</i> , 2017, 35, 29-32.	0.3	5
146	Ambulatory Blood Pressure and Mortality. <i>New England Journal of Medicine</i> , 2018, 379, 1285-1288.	13.9	5
147	Rigidez arterial y valores de referencia. <i>Revista Espanola De Cardiologia</i> , 2020, 73, 11-13.	0.6	5
148	Olive oil consumption is associated with lower frailty risk: a prospective cohort study of community-dwelling older adults. <i>Age and Ageing</i> , 2022, 51, .	0.7	5
149	The Mediterranean Diet Protects Renal Function in Older Adults: A Prospective Cohort Study. <i>Nutrients</i> , 2022, 14, 432.	1.7	5
150	Alcohol consumption patterns and growth differentiation factor 15 among lifetime drinkers aged 65+ years in Spain: a cross-sectional study. <i>Addiction</i> , 2022, 117, 1647-1657.	1.7	5
151	Objectively measured secondhand tobacco smoke and cognitive impairment in disability-free older adults. <i>Environmental Research</i> , 2022, 212, 113352.	3.7	5
152	Food consumption based on the nutrient profile system underlying the Nutri-Score and renal function in older adults. <i>Clinical Nutrition</i> , 2022, 41, 1541-1548.	2.3	5
153	Control de la glucemia de pacientes diabÃ©ticos en EspaÃ±a mediante objetivos individualizados: un estudio de base poblacional. <i>Revista Espanola De Cardiologia</i> , 2014, 67, 151-153.	0.6	4
154	Antihypertensive drug use in resistant and nonresistant hypertension and in controlled and uncontrolled resistant hypertension. <i>Journal of Hypertension</i> , 2018, 36, 1563-1570.	0.3	4
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