

Michał, Awieca

List of Publications by Year in descending order

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98
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3,838
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docs citations

100
times ranked

4333
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|-----|-----------|
| 1 | Current trends in the enhancement of antioxidant activity of wheat bread by the addition of plant materials rich in phenolic compounds. <i>Trends in Food Science and Technology</i> , 2014, 40, 48-61. | 7.8 | 200 |
| 2 | The effect of different solvents and number of extraction steps on the polyphenol content and antioxidant capacity of basil leaves (<i>Ocimum basilicum</i> L.) extracts. <i>Saudi Journal of Biological Sciences</i> , 2016, 23, 628-633. | 1.8 | 170 |
| 3 | The influence of protein-flavonoid interactions on protein digestibility in vitro and the antioxidant quality of breads enriched with onion skin. <i>Food Chemistry</i> , 2013, 141, 451-458. | 4.2 | 164 |
| 4 | Bread enriched with quinoa leaves – The influence of protein-phenolics interactions on the nutritional and antioxidant quality. <i>Food Chemistry</i> , 2014, 162, 54-62. | 4.2 | 140 |
| 5 | Antioxidant and anticancer activities of <i>Chenopodium quinoa</i> leaves extracts – In vitro study. <i>Food and Chemical Toxicology</i> , 2013, 57, 154-160. | 1.8 | 137 |
| 6 | Quality and antioxidant properties of breads enriched with dry onion (<i>Allium cepa</i> L.) skin. <i>Food Chemistry</i> , 2013, 138, 1621-1628. | 4.2 | 118 |
| 7 | Effect of abiotic elicitation on main health-promoting compounds, antioxidant activity and commercial quality of butter lettuce (<i>Lactuca sativa</i> L.). <i>Food Chemistry</i> , 2014, 148, 253-260. | 4.2 | 118 |
| 8 | Protein-Phenolic Interactions as a Factor Affecting the Physicochemical Properties of White Bean Proteins. <i>Molecules</i> , 2019, 24, 408. | 1.7 | 115 |
| 9 | Effect of carob (<i>Ceratonia siliqua</i> L.) flour on the antioxidant potential, nutritional quality, and sensory characteristics of fortified durum wheat pasta. <i>Food Chemistry</i> , 2016, 194, 637-642. | 4.2 | 109 |
| 10 | Biologically active peptides obtained by enzymatic hydrolysis of Adzuki bean seeds. <i>Food Chemistry</i> , 2013, 141, 2177-2183. | 4.2 | 89 |
| 11 | Characterization of polyphenol oxidase from butter lettuce (<i>Lactuca sativa</i> var. <i>capitata</i> L.). <i>Food Chemistry</i> , 2008, 107, 129-135. | 4.2 | 87 |
| 12 | Effect of ascorbic acid postharvest treatment on enzymatic browning, phenolics and antioxidant capacity of stored mung bean sprouts. <i>Food Chemistry</i> , 2018, 239, 1160-1166. | 4.2 | 82 |
| 13 | Enhancement of yield, nutritional and nutraceutical properties of two common bean cultivars following the application of seaweed extract (<i>Ecklonia maxima</i>). <i>Saudi Journal of Biological Sciences</i> , 2018, 25, 563-571. | 1.8 | 81 |
| 14 | Impact of germination time and type of illumination on the antioxidant compounds and antioxidant capacity of <i>Lens culinaris</i> sprouts. <i>Scientia Horticulturae</i> , 2012, 140, 87-95. | 1.7 | 79 |
| 15 | In vitro digestibility and starch content, predicted glycemic index and potential in vitro antidiabetic effect of lentil sprouts obtained by different germination techniques. <i>Food Chemistry</i> , 2013, 138, 1414-1420. | 4.2 | 75 |
| 16 | Effect of bioaccessibility of phenolic compounds on in vitro anticancer activity of broccoli sprouts. <i>Food Research International</i> , 2012, 49, 469-476. | 2.9 | 73 |
| 17 | Wheat bread enriched with green coffee – In vitro bioaccessibility and bioavailability of phenolics and antioxidant activity. <i>Food Chemistry</i> , 2017, 221, 1451-1457. | 4.2 | 73 |
| 18 | Antioxidant, nutritional and functional characteristics of wheat bread enriched with ground flaxseed hulls. <i>Food Chemistry</i> , 2017, 214, 32-38. | 4.2 | 70 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 19 | Comparison of Phenolic Acids Profile and Antioxidant Potential of Six Varieties of Spelt (Triticum) Tj ETQq1 1 0.784314 rgBT /Overlock | 2.4 | 65 |
| 20 | Anticancer and Antioxidant Activity of Bread Enriched with Broccoli Sprouts. BioMed Research International, 2014, 2014, 1-14. | 0.9 | 55 |
| 21 | Elicitation and precursor feeding as tools for the improvement of the phenolic content and antioxidant activity of lentil sprouts. Food Chemistry, 2014, 161, 288-295. | 4.2 | 54 |
| 22 | Soy milk enriched with green coffee phenolics – Antioxidant and nutritional properties in the light of phenolics-food matrix interactions. Food Chemistry, 2017, 223, 1-7. | 4.2 | 54 |
| 23 | Nutritional and Antioxidant Potential of Lentil Sprouts Affected by Elicitation with Temperature Stress. Journal of Agricultural and Food Chemistry, 2014, 62, 3306-3313. | 2.4 | 52 |
| 24 | Elicitation with abiotic stresses improves pro-health constituents, antioxidant potential and nutritional quality of lentil sprouts. Saudi Journal of Biological Sciences, 2015, 22, 409-416. | 1.8 | 52 |
| 25 | Ground green coffee beans as a functional food supplement – Preliminary study. LWT - Food Science and Technology, 2015, 63, 691-699. | 2.5 | 52 |
| 26 | Effects of sprouting and postharvest storage under cool temperature conditions on starch content and antioxidant capacity of green pea, lentil and young mung bean sprouts. Food Chemistry, 2015, 185, 99-105. | 4.2 | 50 |
| 27 | Antioxidative and anti-inflammatory potential of phenolics from purple basil (<i>Ocimum basilicum</i>) Tj ETQq1 1 0.784314 rgBT /Overlock | 1.3 | 49 |
| 28 | Mechanism of action and interactions between xanthine oxidase inhibitors derived from natural sources of chlorogenic and ferulic acids. Food Chemistry, 2017, 225, 138-145. | 4.2 | 48 |
| 29 | Characterization of Active Compounds of Different Garlic (<i>Allium sativum</i> L.) Cultivars. Polish Journal of Food and Nutrition Sciences, 2018, 68, 73-81. | 0.6 | 48 |
| 30 | Influence of elicitation with H ₂ O ₂ on phenolics content, antioxidant potential and nutritional quality of <i>Lens culinaris</i> sprouts. Journal of the Science of Food and Agriculture, 2014, 94, 489-496. | 1.7 | 45 |
| 31 | Effect of fortification with parsley (<i>Petroselinum crispum</i> Mill.) leaves on the nutraceutical and nutritional quality of wheat pasta. Food Chemistry, 2016, 190, 419-428. | 4.2 | 45 |
| 32 | Influence of medicinal and aromatic plants into risk assessment of a new bioactive packaging based on polylactic acid (PLA). Food and Chemical Toxicology, 2019, 132, 110662. | 1.8 | 44 |
| 33 | Modification of Growth, Yield, and the Nutraceutical and Antioxidative Potential of Soybean Through the Use of Synthetic Biostimulants. Frontiers in Plant Science, 2018, 9, 1401. | 1.7 | 43 |
| 34 | Influence of sprouting and elicitation on phenolic acids profile and antioxidant activity of wheat seedlings. Journal of Cereal Science, 2016, 70, 221-228. | 1.8 | 41 |
| 35 | Bread enriched with Chenopodium quinoa leaves powder – The procedures for assessing the fortification efficiency. LWT - Food Science and Technology, 2015, 62, 1226-1234. | 2.5 | 40 |
| 36 | Biochemical Properties of Polyphenol Oxidases from Ready-to-Eat Lentil (<i>Lens culinaris</i> Medik.) Sprouts and Factors Affecting Their Activities: A Search for Potent Tools Limiting Enzymatic Browning. Foods, 2019, 8, 154. | 1.9 | 40 |

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|----|--|-----|-----------|
| 37 | Onion skin "Raw material for the production of supplement that enhances the health-beneficial properties of wheat bread. Food Research International, 2015, 73, 97-106. | 2.9 | 39 |
| 38 | The effect of in vitro digestion, food matrix, and hydrothermal treatment on the potential bioaccessibility of selected phenolic compounds. Food Chemistry, 2021, 344, 128581. | 4.2 | 39 |
| 39 | Improvement in sprouted wheat flour functionality: effect of time, temperature and elicitation. International Journal of Food Science and Technology, 2015, 50, 2135-2142. | 1.3 | 37 |
| 40 | Elicitation effect of <i>Saccharomyces cerevisiae</i> yeast extract on main health-promoting compounds and antioxidant and anti-inflammatory potential of butter lettuce (<i>Lactuca sativa</i>) Tj ETQq0 0 07gBT /Overlock 10 | 1.3 | 37 |
| 41 | Starch and protein analysis of wheat bread enriched with phenolics-rich sprouted wheat flour. Food Chemistry, 2017, 228, 643-648. | 4.2 | 34 |
| 42 | Potentially bioaccessible phenolics, antioxidant capacities and the colour of carrot, pumpkin and apple powders " effect of drying temperature and sample structure. International Journal of Food Science and Technology, 2020, 55, 136-145. | 1.3 | 34 |
| 43 | Yellow-coated quinoa (<i>Chenopodium quinoa</i> Willd) " physicochemical, nutritional, and antioxidant properties. Journal of the Science of Food and Agriculture, 2020, 100, 2035-2042. | 1.7 | 34 |
| 44 | Potentially bioaccessible phenolics, antioxidant activity and nutritional quality of young buckwheat sprouts affected by elicitation and elicitation supported by phenylpropanoid pathway precursor feeding. Food Chemistry, 2016, 192, 625-632. | 4.2 | 33 |
| 45 | Nutritional and pro-health quality of lentil and adzuki bean sprouts enriched with probiotic yeast <i>Saccharomyces cerevisiae</i> var. <i>boulardii</i> . LWT - Food Science and Technology, 2019, 100, 220-226. | 2.5 | 33 |
| 46 | Lipoxygenase inhibitors and antioxidants from green coffee" mechanism of action in the light of potential bioaccessibility. Food Research International, 2014, 61, 48-55. | 2.9 | 32 |
| 47 | Production of ready-to-eat lentil sprouts with improved antioxidant capacity: Optimization of elicitation conditions with hydrogen peroxide. Food Chemistry, 2015, 180, 219-226. | 4.2 | 32 |
| 48 | The phenolic content and antioxidant activity of the aqueous and hydroalcoholic extracts of hops and their pellets. Journal of the Institute of Brewing, 2013, 119, n/a-n/a. | 0.8 | 29 |
| 49 | Nutritional and health-promoting properties of bean paste fortified with onion skin in the light of phenolic-food matrix interactions. Food and Function, 2015, 6, 3560-3566. | 2.1 | 29 |
| 50 | Hydrogen Peroxide Treatment and the Phenylpropanoid Pathway Precursors Feeding Improve Phenolics and Antioxidant Capacity of Quinoa Sprouts via an Induction of L-Tyrosine and L-Phenylalanine Ammonia-Lyases Activities. Journal of Chemistry, 2016, 2016, 1-7. | 0.9 | 27 |
| 51 | Potential in vitro antioxidant, anti-inflammatory, antidiabetic, and anticancer effect of arachidonic acid-elicited basil leaves. Journal of Functional Foods, 2017, 36, 290-299. | 1.6 | 27 |
| 52 | Biological activity, phytochemical parameters, and potential bioaccessibility of wheat bread enriched with powder and microcapsules made from Saskatoon berry. Food Chemistry, 2021, 338, 128026. | 4.2 | 26 |
| 53 | Nutritional quality of fresh and stored legumes sprouts " Effect of <i>Lactobacillus plantarum</i> 299v enrichment. Food Chemistry, 2019, 288, 325-332. | 4.2 | 25 |
| 54 | Effect of foliar application of a nitrophenolate-based biostimulant on the yield and quality of two bean cultivars. Scientia Horticulturae, 2017, 214, 76-82. | 1.7 | 22 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 55 | Effect of arachidonic and jasmonic acid elicitation on the content of phenolic compounds and antioxidant and anti-inflammatory properties of wheatgrass (<i>Triticum aestivum</i> L.). <i>Food Chemistry</i> , 2019, 288, 256-261. | 4.2 | 22 |
| 56 | Influence of Drying Temperature on Phenolic Acids Composition and Antioxidant Activity of Sprouts and Leaves of White and Red Quinoa. <i>Journal of Chemistry</i> , 2019, 2019, 1-8. | 0.9 | 22 |
| 57 | Antioxidant potential of fresh and stored lentil sprouts affected by elicitation with temperature stresses. <i>International Journal of Food Science and Technology</i> , 2014, 49, 1811-1817. | 1.3 | 20 |
| 58 | Interactions of green coffee bean phenolics with wheat bread matrix in a model of simulated in vitro digestion. <i>Food Chemistry</i> , 2018, 258, 301-307. | 4.2 | 20 |
| 59 | Changes of antioxidant potential of pasta fortified with parsley (<i>Petroselinum Crispum</i> mill.) leaves in the light of protein-phenolics interactions. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2015, 14, 29-36. | 0.2 | 19 |
| 60 | <i>Lactobacillus plantarum</i> 299V improves the microbiological quality of legume sprouts and effectively survives in these carriers during cold storage and in vitro digestion. <i>PLoS ONE</i> , 2018, 13, e0207793. | 1.1 | 19 |
| 61 | Grinding and Nutritional Properties of Six Spelt (<i>Triticum aestivum</i> ssp. <i>spelta</i> L.) Cultivars. <i>Cereal Chemistry</i> , 2014, 91, 247-254. | 1.1 | 17 |
| 62 | Effects of probiotic <i>L. plantarum</i> 299v on consumer quality, accumulation of phenolics, antioxidant capacity and biochemical changes in legume sprouts. <i>International Journal of Food Science and Technology</i> , 2019, 54, 2437-2446. | 1.3 | 16 |
| 63 | Influence of Phenolic-Food Matrix Interactions on In Vitro Bioaccessibility of Selected Phenolic Compounds and Nutrients Digestibility in Fortified White Bean Paste. <i>Antioxidants</i> , 2021, 10, 1825. | 2.2 | 16 |
| 64 | Winter wheat fertilized with biogas residue and mining waste: yielding and the quality of grain. <i>Journal of the Science of Food and Agriculture</i> , 2016, 96, 3454-3461. | 1.7 | 15 |
| 65 | Nutritional potential and inhibitory activity of bread fortified with green coffee beans against enzymes involved in metabolic syndrome pathogenesis. <i>LWT - Food Science and Technology</i> , 2018, 95, 78-84. | 2.5 | 15 |
| 66 | Effect of basil leaves and wheat bran water extracts on enzymatic browning of shredded storage iceberg lettuce. <i>International Journal of Food Science and Technology</i> , 2020, 55, 1318-1325. | 1.3 | 14 |
| 67 | Potentially Bioaccessible Phenolics from Mung Bean and Adzuki Bean Sprouts Enriched with Probiotic – Antioxidant Properties and Effect on the Motility and Survival of AGS Human Gastric Carcinoma Cells. <i>Molecules</i> , 2020, 25, 2963. | 1.7 | 14 |
| 68 | Transcriptional and biochemical response of barley to co-exposure of metal-based nanoparticles. <i>Science of the Total Environment</i> , 2021, 782, 146883. | 3.9 | 13 |
| 69 | Improvement of Health-Promoting Functionality of Rye Bread by Fortification with Free and Microencapsulated Powders from <i>Amelanchier alnifolia</i> Nutt. <i>Antioxidants</i> , 2020, 9, 614. | 2.2 | 12 |
| 70 | Quality of New Functional Powdered Beverages Enriched with Lyophilized Fruits – Potentially Bioaccessible Antioxidant Properties, Nutritional Value, and Consumer Analysis. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 3668. | 1.3 | 12 |
| 71 | Impact of Interactions between Ferulic and Chlorogenic Acids on Enzymatic and Non-Enzymatic Lipids Oxidation: An Example of Bread Enriched with Green Coffee Flour. <i>Applied Sciences (Switzerland)</i> , 2019, 9, 568. | 1.3 | 11 |
| 72 | Effect of Basil Leaves and Wheat Bran Water Extracts on Antioxidant Capacity, Sensory Properties and Microbiological Quality of Shredded Iceberg Lettuce during Storage. <i>Antioxidants</i> , 2020, 9, 355. | 2.2 | 10 |

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|----|--|-----|-----------|
| 73 | Potentially Bioaccessible Phenolic and Antioxidant Potential of Fresh and Stored Lentil Sproutsâ€”Effect of <i>Lactobacillus plantarum</i> 299v Enrichment. <i>Molecules</i> , 2021, 26, 2109. | 1.7 | 10 |
| 74 | Effects of gluten-free breads, with varying functional supplements, on the biochemical parameters and antioxidant status of rat serum. <i>Food Chemistry</i> , 2015, 182, 268-274. | 4.2 | 9 |
| 75 | Interactions between antiradical and anti-inflammatory compounds from coffee and coconut affected by gastrointestinal digestion â€” InÂvitro study. <i>LWT - Food Science and Technology</i> , 2016, 69, 506-514. | 2.5 | 9 |
| 76 | Nutritional quality, phenolics, and antioxidant capacity of mung bean paste obtained from seeds soaked in sodium bicarbonate. <i>LWT - Food Science and Technology</i> , 2018, 97, 456-461. | 2.5 | 9 |
| 77 | Elicitation and treatment with precursors of phenolics synthesis improve low-molecular antioxidants and antioxidant capacity of buckwheat sprouts. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2016, 15, 17-28. | 0.2 | 9 |
| 78 | In Vitro Biological Activities of Fruits and Leaves of <i>Elaeagnus multiflora</i> Thunb. and Their Isoprenoids and Polyphenolics Profile. <i>Antioxidants</i> , 2020, 9, 436. | 2.2 | 8 |
| 79 | Phytochemical properties and heavy metal accumulation in wheat grain after three yearsâ€™ fertilization with biogas digestate and mineral waste. <i>Agricultural and Food Science</i> , 2017, 26, . | 0.3 | 7 |
| 80 | Effect of cold storage on the potentially bioaccessible isoflavones and antioxidant activities of soybean sprouts enriched with <i>Lactobacillus plantarum</i> 299v. <i>LWT - Food Science and Technology</i> , 2020, 118, 108820. | 2.5 | 6 |
| 81 | Safeness of Diets Based on Gluten-Free Buckwheat Bread Enriched with Seeds and Nutsâ€”Effect on Oxidative and Biochemical Parameters in Rat Serum. <i>Nutrients</i> , 2020, 12, 41. | 1.7 | 6 |
| 82 | Studies on the development of vegetable-based powdered beverages â€” Effect of the composition and dispersing temperature on potential bioaccessibility of main low-molecular antioxidants and antioxidant properties. <i>LWT - Food Science and Technology</i> , 2020, 131, 109822. | 2.5 | 5 |
| 83 | Antioxidant Content and Antioxidant Capacity of the Protein-Rich Powdered Beverages Enriched with Flax Seeds Gum. <i>Antioxidants</i> , 2022, 11, 582. | 2.2 | 5 |
| 84 | Sour cherry juice concentrate powdered by high and low temperature spray drying with pea protein as a carrierâ€”Physical properties, antioxidant activity and <i>in vitro</i> bioaccessibility. <i>Drying Technology</i> , 2023, 41, 444-459. | 1.7 | 5 |
| 85 | The Protein-Rich Powdered Beverages Stabilized with Flax Seeds Gumâ€”Antioxidant and Antiproliferative Properties of the Potentially Bioaccessible Fraction. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 7159. | 1.3 | 5 |
| 86 | Spicy Herb Extracts as a Potential Improver of the Antioxidant Properties and Inhibitor of Enzymatic Browning and Endogenous Microbiota Growth in Stored Mung Bean Sprouts. <i>Antioxidants</i> , 2021, 10, 425. | 2.2 | 4 |
| 87 | Long-term Interactions of Circulating Neutrophils with Titanium Implants, the Role of Platelets in Regulation of Leukocyte Function. <i>International Journal of Molecular Sciences</i> , 2021, 22, 10060. | 1.8 | 4 |
| 88 | Chemical composition of seeds of linseed (<i>Linum usitatissimum</i> L.) cultivars depending on the intensity of agricultural technology. <i>Journal of Elementology</i> , 2016, . . | 0.0 | 4 |
| 89 | Fatty acids profile, atherogenic and thrombogenic health lipid indices of lyophilized buckwheat sprouts modified with the addition of <i>Saccharomyces cerevisiae</i> var. <i>boulardii</i> . <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2020, 19, 483-490. | 0.2 | 4 |
| 90 | Cytoprotective Compounds Interfere with the Nutraceutical Potential of Bread Supplemented with Green Coffee Beans. <i>Antioxidants</i> , 2019, 8, 228. | 2.2 | 3 |

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 91 | Prospects and Applications of Natural Blood-Derived Products in Regenerative Medicine. International Journal of Molecular Sciences, 2022, 23, 472. | 1.8 | 3 |
| 92 | The content of elements and quality parameters of winter rye grain as influenced by biochar-amended soil. Zemdirbyste, 2018, 105, 11-20. | 0.3 | 2 |
| 93 | Fatty acids profile, atherogenic and thrombogenic health lipid indices of lyophilized buckwheat sprouts modified with the addition of <i>Saccharomyces cerevisiae</i> var. <i>boulardii</i> [pdf]. Acta Scientiarum Polonorum, Technologia Alimentaria, 2020, 19, 483-490. | 0.2 | 2 |
| 94 | Applying sprouts of selected legumes as carriers for <i>Lactobacillus rhamnosus</i> GG " screening studies. Å»ywnoÅ†, 2017, 113, 37-47. | 0.2 | 2 |
| 95 | Designing the Antioxidant Properties of Low-Processed Food. Antioxidants, 2020, 9, 975. | 2.2 | 1 |
| 96 | Effect of selected divalent cations on protein mobilization in lentil (<i>Lens culinaris</i>) sprouts. Journal of Elementology, 2014, , . | 0.0 | 1 |
| 97 | Strategies to reduce lipid consumption. , 2020, , 91-102. | | 0 |
| 98 | The possibilities of using elicitors in the increase of functional value of winter wheat grain under field conditions. Cereal Chemistry, 2021, 98, 1038-1048. | 1.1 | 0 |