Nicola L Barclay

List of Publications by Year in descending order

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#	Article	lF	CITATIONS
1	DIURNAL PREFERENCE AND SLEEP QUALITY: SAME GENES? A STUDY OF YOUNG ADULT TWINS. Chronobiology International, 2010, 27, 278-296.	2.0	162
2	The cortisol awakening response – Applications and implications for sleep medicine. Sleep Medicine Reviews, 2014, 18, 215-224.	8.5	128
3	Quantitative genetic research on sleep: A review of normal sleep, sleep disturbances and associated emotional, behavioural, and health-related difficulties. Sleep Medicine Reviews, 2013, 17, 29-40.	8.5	115
4	Associations between sleep quality and anxiety and depression symptoms in a sample of young adult twins and siblings. Journal of Psychosomatic Research, 2011, 71, 250-255.	2.6	106
5	Sleep quality and diurnal preference in a sample of young adults: Associations with <i>5HTTLPR</i> , <i>PER3</i> , and <i>CLOCK 3111</i> . American Journal of Medical Genetics Part B: Neuropsychiatric Genetics, 2011, 156, 681-690.	1.7	98
6	Genetic and Environmental Influences on Different Components of the Pittsburgh Sleep Quality Index and their Overlap. Sleep, 2010, 33, 659-668.	1.1	62
7	Replication of Genomeâ€Wide association studies (<scp>GWAS</scp>) loci for sleep in the British G1219 cohort. American Journal of Medical Genetics Part B: Neuropsychiatric Genetics, 2013, 162, 431-438.	1.7	57
8	Simple snoring: Not quite so simple after all?. Sleep Medicine Reviews, 2014, 18, 453-462.	8.5	50
9	The Heritability of Insomnia Progression during Childhood/Adolescence: Results from a Longitudinal Twin Study. Sleep, 2015, 38, 109-118.	1.1	48
10	Polymorphisms in the circadian expressed genes <i>PER3</i> and <i>ARNTL2</i> are associated with diurnal preference and <i>GNβ3</i> with sleep measures. Journal of Sleep Research, 2014, 23, 595-604.	3.2	45
11	The natural history of insomnia: predisposing, precipitating, coping, and perpetuating factors over the early developmental course of insomnia. Sleep, 2021, 44, .	1.1	44
12	Heritability of sleep duration and quality: A systematic review and meta-analysis. Sleep Medicine Reviews, 2021, 59, 101448.	8.5	41
13	Sleepâ€related attentional bias in poor versus good sleepers is independent of affective valence. Journal of Sleep Research, 2013, 22, 414-421.	3.2	37
14	Moderation of genetic and environmental influences on diurnal preference by age in adult twins. Chronobiology International, 2014, 31, 222-231.	2.0	36
15	Assessing the daily stability of the cortisol awakening response in a controlled environment. BMC Psychology, 2016, 4, 3.	2.1	36
16	Dependent negative life events and sleep quality: An examination of gene–environment interplay. Sleep Medicine, 2011, 12, 403-409.	1.6	34
17	ANXIETY SENSITIVITY IN ADOLESCENCE AND YOUNG ADULTHOOD: THE ROLE OF STRESSFUL LIFE EVENTS, 5HTTLPR AND THEIR INTERACTION. Depression and Anxiety, 2012, 29, 400-408.	4.1	30
18	Misperception of tiredness in young adults with insomnia. Journal of Sleep Research, 2016, 25, 466-474.	3.2	29

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19	A Longitudinal Twin and Sibling Study of Associations between Insomnia and Depression Symptoms in Young Adults. Sleep, 2016, 39, 1985-1992.	1.1	29
20	Anxiety Mediates the Relationship between Perfectionism and Insomnia Symptoms: A Longitudinal Study. PLoS ONE, 2015, 10, e0138865.	2.5	29
21	Monozygotic Twin Differences in Non-shared Environmental Factors Associated with Chronotype. Journal of Biological Rhythms, 2013, 28, 51-61.	2.6	28
22	The Association between Daytime Napping and Cognitive Functioning in Chronic Fatigue Syndrome. PLoS ONE, 2015, 10, e0117136.	2.5	23
23	Anxiety mediates the relationship between multidimensional perfectionism and insomnia disorder. Personality and Individual Differences, 2017, 104, 82-86.	2.9	23
24	The Genesis 12–19 (G1219) Study: A Twin and Sibling Study of Gene–Environment Interplay and Adolescent Development in the UK. Twin Research and Human Genetics, 2013, 16, 134-143.	0.6	22
25	Longitudinal Stability of Genetic and Environmental Influences on the Association between Diurnal Preference and Sleep Quality in Young Adult Twins and Siblings. Journal of Biological Rhythms, 2016, 31, 375-386.	2.6	21
26	Sustained wakefulness and visual attention: moderation by chronotype. Experimental Brain Research, 2017, 235, 57-68.	1.5	21
27	Anticipated nextâ€day demand affects the magnitude of the cortisol awakening response, but not subjective or objective sleep. Journal of Sleep Research, 2018, 27, 47-55.	3.2	20
28	Nonshared Environmental Influences on Sleep Quality: A Study of Monozygotic Twin Differences. Behavior Genetics, 2012, 42, 234-244.	2.1	19
29	Externalizing Behaviors and Callous-Unemotional Traits: Different Associations With Sleep Quality. Sleep, 2017, 40, .	1.1	19
30	Preferential attention towards the eyeâ€region amongst individuals with insomnia. Journal of Sleep Research, 2017, 26, 84-91.	3.2	17
31	The heritability of insomnia: A <scp>metaâ€analysis</scp> of twin studies. Genes, Brain and Behavior, 2021, 20, e12717.	2.2	12
32	Sleep-related attentional bias for tired faces in insomnia: Evidence from a dot-probe paradigm. Behaviour Research and Therapy, 2018, 103, 18-23.	3.1	10
33	Sleep duration, sleep variability, and impairments of visual attention. Quarterly Journal of Experimental Psychology, 2020, 73, 868-880.	1.1	10
34	Sleep in Childhood and Adolescence: Age-Specific Sleep Characteristics, Common Sleep Disturbances and Associated Difficulties. Current Topics in Behavioral Neurosciences, 2013, 16, 337-365.	1.7	9
35	Sleep in Childhood and Adolescence: Age-Specific Sleep Characteristics, Common Sleep Disturbances and Associated Difficulties. Current Topics in Behavioral Neurosciences, 2013, , 337-365.	1.7	9
36	Cognitive Behavior Therapy for Insomnia: state of the science or a stated science?. Sleep Medicine, 2014, 15, 849-850.	1.6	7

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37	Sleep-Related Attentional Bias in Insomnia: Time to Examine Moderating Factors?. Frontiers in Psychology, 2018, 9, 2573.	2.1	7
38	Association between symptoms of sleep apnea and problem behaviors in young adult twins and siblings. Psychological Medicine, 2021, 51, 1175-1182.	4.5	3
39	Genetic Influences Contribute To Neurobehavioral Response To Acute Sleep Deprivation. Sleep, 2012, 35, 1191-1192.	1.1	2
40	The therapeutic potential of attentional bias modification training for insomnia: study protocol for a randomised controlled trial. Trials, 2018, 19, 567.	1.6	2
41	Experienced Demand Does Not Affect Subsequent Sleep and the Cortisol Awakening Response. Nature and Science of Sleep, 2020, Volume 12, 537-543.	2.7	2
42	Sleep and Psychopathology: Quantitative and Molecular Genetic Research on Comorbidity. , 2014, , 121-152.		0
43	Genetic Research on Sleep, Sleep Disturbances and Associated Difficulties. , 2016, , 185-204.		0