

# Jill M Newby

## List of Publications by Year in descending order

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Version: 2024-02-01

111  
papers

6,415  
citations

126907

33  
h-index

82547

72  
g-index

120  
all docs

120  
docs citations

120  
times ranked

7133  
citing authors

#	ARTICLE	IF	CITATIONS
1	Computer therapy for the anxiety and depression disorders is effective, acceptable and practical health care: An updated meta-analysis. <i>Journal of Anxiety Disorders</i> , 2018, 55, 70-78.	3.2	729
2	School-based depression and anxiety prevention programs for young people: A systematic review and meta-analysis. <i>Clinical Psychology Review</i> , 2017, 51, 30-47.	11.4	509
3	Systematic review and meta-analysis of transdiagnostic psychological treatments for anxiety and depressive disorders in adulthood. <i>Clinical Psychology Review</i> , 2015, 40, 91-110.	11.4	411
4	Internet-Based Cognitive Behavioral Therapy for Depression. <i>JAMA Psychiatry</i> , 2021, 78, 361.	11.0	398
5	Acute mental health responses during the COVID-19 pandemic in Australia. <i>PLoS ONE</i> , 2020, 15, e0236562.	2.5	339
6	Do guided internet-based interventions result in clinically relevant changes for patients with depression? An individual participant data meta-analysis. <i>Clinical Psychology Review</i> , 2018, 63, 80-92.	11.4	239
7	Physical activity in the treatment of Post-traumatic stress disorder: A systematic review and meta-analysis. <i>Psychiatry Research</i> , 2015, 230, 130-136.	3.3	224
8	Public Perceptions of COVID-19 in Australia: Perceived Risk, Knowledge, Health-Protective Behaviors, and Vaccine Intentions. <i>Frontiers in Psychology</i> , 2020, 11, 551004.	2.1	212
9	Health anxiety in Australia: prevalence, comorbidity, disability and service use. <i>British Journal of Psychiatry</i> , 2013, 202, 56-61.	2.8	204
10	The neural correlates and role of D1 dopamine receptors in renewal of extinguished alcohol-seeking. <i>Neuroscience</i> , 2007, 146, 525-536.	2.3	175
11	Transdiagnostic computerised cognitive behavioural therapy for depression and anxiety: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2016, 199, 30-41.	4.1	150
12	Treatment-as-usual (TAU) is anything but usual: A meta-analysis of CBT versus TAU for anxiety and depression. <i>Journal of Affective Disorders</i> , 2015, 175, 152-167.	4.1	148
13	Internet cognitive behavioural therapy for mixed anxiety and depression: a randomized controlled trial and evidence of effectiveness in primary care. <i>Psychological Medicine</i> , 2013, 43, 2635-2648.	4.5	144
14	Does Internet-based guided-self-help for depression cause harm? An individual participant data meta-analysis on deterioration rates and its moderators in randomized controlled trials. <i>Psychological Medicine</i> , 2016, 46, 2679-2693.	4.5	129
15	The impact of COVID-19 on the lives and mental health of Australian adolescents. <i>European Child and Adolescent Psychiatry</i> , 2022, 31, 1465-1477.	4.7	129
16	Dismantling, optimising, and personalising internet cognitive behavioural therapy for depression: a systematic review and component network meta-analysis using individual participant data. <i>Lancet Psychiatry</i> , 2021, 8, 500-511.	7.4	105
17	A randomized controlled trial of MUMentum Pregnancy™: Internet-delivered cognitive behavioral therapy program for antenatal anxiety and depression. <i>Journal of Affective Disorders</i> , 2019, 243, 381-390.	4.1	94
18	Internet Cognitive Behavioral Therapy for Depression in Older Adults With Knee Osteoarthritis: A Randomized Controlled Trial. <i>Arthritis Care and Research</i> , 2018, 70, 61-70.	3.4	88

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19	DSM-5 illness anxiety disorder and somatic symptom disorder: Comorbidity, correlates, and overlap with DSM-IV hypochondriasis. <i>Journal of Psychosomatic Research</i> , 2017, 101, 31-37.	2.6	86
20	School-based depression and anxiety prevention programs: An updated systematic review and meta-analysis. <i>Clinical Psychology Review</i> , 2021, 89, 102079.	11.4	78
21	Internet-delivered psychological interventions for clinical anxiety and depression in perinatal women: a systematic review and meta-analysis. <i>Archives of Women's Mental Health</i> , 2019, 22, 737-750.	2.6	74
22	Effectiveness of transdiagnostic internet cognitive behavioural treatment for mixed anxiety and depression in primary care. <i>Journal of Affective Disorders</i> , 2014, 165, 45-52.	4.1	72
23	Web-Based Cognitive Behavior Therapy for Depression in People With Diabetes Mellitus: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017, 19, e157.	4.3	71
24	Characteristics of intrusive memories in a community sample of depressed, recovered depressed and never-depressed individuals. <i>Behaviour Research and Therapy</i> , 2011, 49, 234-243.	3.1	59
25	Transdiagnostic versus disorder-specific internet-delivered cognitive behaviour therapy for anxiety and depression in primary care. <i>Journal of Anxiety Disorders</i> , 2017, 46, 25-34.	3.2	58
26	A randomised controlled trial of "MUMentum postnatal": Internet-delivered cognitive behavioural therapy for anxiety and depression in postpartum women. <i>Behaviour Research and Therapy</i> , 2019, 116, 94-103.	3.1	55
27	Internet-based cognitive behavioral therapy versus psychoeducation control for illness anxiety disorder and somatic symptom disorder: A randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 89-98.	2.0	53
28	Digital Technologies in the Treatment of Anxiety: Recent Innovations and Future Directions. <i>Current Psychiatry Reports</i> , 2018, 20, 44.	4.5	49
29	Transdiagnostic internet-delivered CBT and mindfulness-based treatment for depression and anxiety: A randomised controlled trial. <i>Internet Interventions</i> , 2020, 20, 100310.	2.7	49
30	Reductions in negative repetitive thinking and metacognitive beliefs during transdiagnostic internet cognitive behavioural therapy (iCBT) for mixed anxiety and depression. <i>Behaviour Research and Therapy</i> , 2014, 59, 52-60.	3.1	48
31	The Worry Behaviors Inventory: Assessing the behavioral avoidance associated with generalized anxiety disorder. <i>Journal of Affective Disorders</i> , 2016, 203, 256-264.	4.1	46
32	The effectiveness of unguided internet cognitive behavioural therapy for mixed anxiety and depression. <i>Internet Interventions</i> , 2017, 10, 47-53.	2.7	46
33	A clinical audit of changes in suicide ideas with internet treatment for depression. <i>BMJ Open</i> , 2012, 2, e001558.	1.9	44
34	A systematic review of psychological treatments for clinical anxiety during the perinatal period. <i>Archives of Women's Mental Health</i> , 2018, 21, 481-490.	2.6	43
35	The impact of internet-delivered cognitive behavioural therapy for health anxiety on cyberchondria. <i>Journal of Anxiety Disorders</i> , 2020, 69, 102150.	3.2	41
36	Internet-Delivered Cognitive Behavior Therapy for Anxiety Disorders Is Here to Stay. <i>Current Psychiatry Reports</i> , 2015, 17, 533.	4.5	37

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37	Internet cognitive-behavioural treatment for panic disorder: randomised controlled trial and evidence of effectiveness in primary care. <i>BJPsych Open</i> , 2016, 2, 154-162.	0.7	37
38	The uptake and effectiveness of online cognitive behaviour therapy for symptoms of anxiety and depression during COVID-19. <i>Journal of Affective Disorders</i> , 2021, 292, 197-203.	4.1	36
39	How might childhood adversity predict adult psychological distress? Applying the Identity Disruption Model to understanding depression and anxiety disorders. <i>Journal of Affective Disorders</i> , 2020, 265, 112-119.	4.1	34
40	Help from home for depression: A randomised controlled trial comparing internet-delivered cognitive behaviour therapy with bibliotherapy for depression. <i>Internet Interventions</i> , 2017, 9, 25-37.	2.7	32
41	Reboot Online: A Randomized Controlled Trial Comparing an Online Multidisciplinary Pain Management Program with Usual Care for Chronic Pain. <i>Pain Medicine</i> , 2019, 20, 2385-2396.	1.9	32
42	Negative intrusive memories in depression: The role of maladaptive appraisals and safety behaviours. <i>Journal of Affective Disorders</i> , 2010, 126, 147-154.	4.1	30
43	A comparison of the content, themes, and features of intrusive memories and rumination in major depressive disorder. <i>British Journal of Clinical Psychology</i> , 2012, 51, 197-205.	3.5	29
44	Impact of Capsulectomy Type on Post-Explantation Systemic Symptom Improvement: Findings From the ASERF Systemic Symptoms in Women-Biospecimen Analysis Study: Part 1. <i>Aesthetic Surgery Journal</i> , 2022, 42, 809-819.	1.6	29
45	Internet-delivered cognitive behavioral therapy for panic disorder with or without agoraphobia: a systematic review and meta-analysis. <i>Cognitive Behaviour Therapy</i> , 2020, 49, 270-293.	3.5	28
46	Intrusive memories of negative events in depression: Is the centrality of the event important?. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2011, 42, 277-283.	1.2	27
47	Online physical activity interventions for mental disorders: A systematic review. <i>Internet Interventions</i> , 2015, 2, 214-220.	2.7	27
48	The uptake and outcomes of Internet-based cognitive behavioural therapy for health anxiety symptoms during the COVID-19 pandemic. <i>Journal of Anxiety Disorders</i> , 2021, 84, 102494.	3.2	25
49	The temporal stability of the Kessler Psychological Distress Scale. <i>Australian Psychologist</i> , 2021, 56, 38-45.	1.6	24
50	The upside: coping and psychological resilience in Australian adolescents during the COVID-19 pandemic. <i>Child and Adolescent Psychiatry and Mental Health</i> , 2021, 15, 77.	2.5	23
51	Memory category fluency, memory specificity, and the fading affect bias for positive and negative autobiographical events: Performance on a good day-bad day task in healthy and depressed individuals.. <i>Journal of Experimental Psychology: General</i> , 2020, 149, 198-206.	2.1	22
52	Understanding Breast Implant Illness. <i>Aesthetic Surgery Journal</i> , 2021, 41, 1367-1379.	1.6	21
53	Integrating internet CBT into clinical practice: a practical guide for clinicians. <i>Clinical Psychologist</i> , 2021, 25, 164-178.	0.8	21
54	Repetitive Negative Thinking and Its Role in Perinatal Mental Health. <i>Psychopathology</i> , 2018, 51, 161-166.	1.5	19

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55	Online mindfulness-enhanced cognitive behavioural therapy for anxiety and depression: Outcomes of a pilot trial. <i>Internet Interventions</i> , 2018, 13, 41-50.	2.7	19
56	A randomised wait-list controlled pilot trial of one-session virtual reality exposure therapy for blood-injection-injury phobias. <i>Journal of Affective Disorders</i> , 2020, 276, 636-645.	4.1	19
57	The HARMONIC trial: study protocol for a randomised controlled feasibility trial of Shaping Healthy Minds—a modular transdiagnostic intervention for mood, stressor-related and anxiety disorders in adults. <i>BMJ Open</i> , 2018, 8, e024546.	1.9	18
58	Alleviating distressing intrusive memories in depression: A comparison between computerised cognitive bias modification and cognitive behavioural education. <i>Behaviour Research and Therapy</i> , 2014, 56, 60-67.	3.1	17
59	Pilot trial of a therapist-supported internet-delivered cognitive behavioural therapy program for health anxiety. <i>Internet Interventions</i> , 2016, 6, 71-79.	2.7	17
60	Acceptability of an internet cognitive behavioural therapy program for people with early-stage cancer and cancer survivors with depression and/or anxiety: thematic findings from focus groups. <i>Supportive Care in Cancer</i> , 2017, 25, 2129-2136.	2.2	17
61	Internet-based cognitive behavioural therapy (iCBT) for perinatal anxiety and depression versus treatment as usual: study protocol for two randomised controlled trials. <i>Trials</i> , 2018, 19, 56.	1.6	17
62	Mental health informed physical activity for first responders and their support partner: a protocol for a stepped-wedge evaluation of an online, codesigned intervention. <i>BMJ Open</i> , 2019, 9, e030668.	1.9	16
63	Do Negative Appraisals and Avoidance of Intrusive Memories Predict Depression at Six Months?. <i>International Journal of Cognitive Therapy</i> , 2011, 4, 178-186.	2.2	15
64	Psychometric Properties of the Worry Behaviors Inventory: Replication and Extension in a Large Clinical and Community Sample. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 84-100.	1.2	15
65	The effectiveness of internet-delivered cognitive behavioural therapy for health anxiety in routine care. <i>Journal of Affective Disorders</i> , 2020, 264, 535-542.	4.1	15
66	Social media interventions targeting exercise and diet behaviours in people with noncommunicable diseases (NCDs): A systematic review. <i>Internet Interventions</i> , 2022, 27, 100497.	2.7	15
67	A Mental Health-Informed Physical Activity Intervention for First Responders and Their Partners Delivered Using Facebook: Mixed Methods Pilot Study. <i>JMIR Formative Research</i> , 2021, 5, e23432.	1.4	14
68	Mental Health Screening in General Practices as a Means for Enhancing Uptake of Digital Mental Health Interventions: Observational Cohort Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e28369.	4.3	13
69	Internet-based cognitive behavioural therapy for treating symptoms of obsessive compulsive disorder in routine care. <i>Journal of Obsessive-Compulsive and Related Disorders</i> , 2020, 26, 100561.	1.5	12
70	Maladaptive Behaviours Associated with Generalized Anxiety Disorder: An Item Response Theory Analysis. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 479-496.	1.2	11
71	Pilot Trial of the Reboot Online Program: An Internet-Delivered, Multidisciplinary Pain Management Program for Chronic Pain. <i>Pain Research and Management</i> , 2018, 2018, 1-11.	1.8	11
72	Internet-delivered cognitive behaviour therapy for depression in people with diabetes: study protocol for a randomised controlled trial. <i>BMJ Open Diabetes Research and Care</i> , 2015, 3, e000144.	2.8	10

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73	Do intrusive memory characteristics predict depression at 6 months?. <i>Memory</i> , 2011, 19, 538-546.	1.7	9
74	Intensive one-week internet-delivered cognitive behavioral therapy for panic disorder and agoraphobia: A pilot study. <i>Internet Interventions</i> , 2020, 20, 100315.	2.7	9
75	The Mediating Relationship Between Maladaptive Behaviours, Cognitive Factors, and Generalised Anxiety Disorder Symptoms. <i>Behaviour Change</i> , 2018, 35, 123-138.	1.3	8
76	Reducing behavioral avoidance with internet-delivered cognitive behavior therapy for generalized anxiety disorder. <i>Internet Interventions</i> , 2019, 15, 105-109.	2.7	8
77	Content and Themes of Repetitive Thinking in Postnatal First-Time Mothers. <i>Frontiers in Psychology</i> , 2021, 12, 586538.	2.1	8
78	Evaluating Real-World Adherence and Effectiveness of the "Reboot Online" Program for the Management of Chronic Pain in Routine Care. <i>Pain Medicine</i> , 2021, 22, 1784-1792.	1.9	8
79	A pilot study of intensive 7-day internet-based cognitive behavioral therapy for social anxiety disorder. <i>Journal of Anxiety Disorders</i> , 2021, 84, 102473.	3.2	8
80	Reductions in the internalising construct following internet-delivered treatment for anxiety and depression in primary care. <i>Behaviour Research and Therapy</i> , 2014, 63, 132-138.	3.1	7
81	A randomised controlled trial of computerised interpretation bias modification for health anxiety. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2020, 66, 101518.	1.2	7
82	The Building Educators' Skills in Adolescent Mental Health Training Program for Secondary School Educators: Protocol for a Cluster Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2021, 10, e25870.	1.0	7
83	Managing rumination and worry: A pilot study of an internet intervention targeting repetitive negative thinking in Australian adults. <i>Journal of Affective Disorders</i> , 2021, 294, 483-490.	4.1	7
84	Computerised cognitive behaviour therapy for major depression: a reply to the REEACT trial. <i>Evidence-Based Mental Health</i> , 2016, 19, 43-45.	4.5	6
85	The uptake and outcomes of an online self-help mindfulness programme during COVID-19. <i>Clinical Psychologist</i> , 2022, 26, 255-268.	0.8	6
86	Internet-based cognitive behavioural therapy (iCBT) for posttraumatic stress disorder versus waitlist control: study protocol for a randomised controlled trial. <i>Trials</i> , 2015, 16, 544.	1.6	5
87	A Qualitative Study on the Experiences of Women With Breast Implant Illness. <i>Aesthetic Surgery Journal</i> , 2022, 42, 381-393.	1.6	5
88	Uptake of an online psychological therapy program (iCanADAPT-Early) when implemented within a clinical pathway in cancer care centres. <i>Psycho-Oncology</i> , 2021, , .	2.3	5
89	Repetitive negative thinking and interpretation bias in pregnancy. <i>Clinical Psychology in Europe</i> , 2020, 2, .	1.1	5
90	The Effect of Adjunct Telephone Support on Adherence and Outcomes of the Reboot Online Pain Management Program: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e30880.	4.3	5

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91	The non-medical out-of-pocket costs to attend a free anxiety disorders treatment clinic in Australia. <i>Australasian Psychiatry</i> , 2016, 24, 261-263.	0.7	4
92	An open trial of the RECONNECT exercise program for NSW Police Officers with posttraumatic stress disorder or psychological injury. <i>Health Promotion Journal of Australia</i> , 2020, , .	1.2	4
93	Providing on-line support to families of people with brain injury and challenging behaviour: A feasibility study. <i>Neuropsychological Rehabilitation</i> , 2021, 31, 392-413.	1.6	4
94	Internet-delivered exposure therapy versus internet-delivered cognitive behavioral therapy for panic disorder: A pilot randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2021, 79, 102382.	3.2	4
95	Letter to the Editor: Affordable virtual reality tools for the treatment of mental health problems. <i>Psychological Medicine</i> , 2018, 48, 1220-1220.	4.5	3
96	Predictors of health anxiety in cancer patients' loved ones: A controlled comparison. <i>Psycho-Oncology</i> , 2020, 29, 1874-1882.	2.3	3
97	Trajectory of post-traumatic stress and depression among children and adolescents following single-incident trauma. <i>European Journal of Psychotraumatology</i> , 2022, 13, 2037906.	2.5	3
98	Mediators of symptom improvement in transdiagnostic internet cognitive behavioural therapy for mixed anxiety and depression. <i>Clinical Psychologist</i> , 2022, 26, 167-180.	0.8	3
99	Transdiagnostic Approaches to the Treatment of Anxiety Disorders in Children and Adolescents. , 2019, , 226-247.		2
100	Day at the museum. A benchmarking and feasibility study for large group, one-session exposure treatment for spider phobia. <i>Australian Psychologist</i> , 2020, 55, 121-131.	1.6	2
101	Comorbid personality difficulties are not associated with poorer outcomes for online cognitive behaviour therapy for symptoms of anxiety and depression. <i>Personality and Mental Health</i> , 2021, 15, 173-185.	1.2	2
102	Correlates of repetitive negative thinking in postnatal first time mothers. <i>Journal of Reproductive and Infant Psychology</i> , 2023, 41, 53-64.	1.8	2
103	Why medically unexplained symptoms and health anxiety don't need to make your heart sink. <i>Medical Journal of Australia</i> , 2017, 206, 472-473.	1.7	1
104	Looking on the bright side reduces worry in pregnancy: Training interpretations in pregnant women. <i>Clinical Psychology in Europe</i> , 2021, 3, .	1.1	1
105	The Essential Network (TEN): Protocol for an Implementation Study of a Digital-First Mental Health Solution for Australian Health Care Workers During COVID-19. <i>JMIR Research Protocols</i> , 2022, 11, e34601.	1.0	1
106	Repetitive negative thinking in the perinatal period and its relationship with anxiety and depression. <i>Journal of Affective Disorders</i> , 2022, 311, 446-462.	4.1	1
107	A complex intervention to improve anxiety in people with systemic sclerosis during COVID-19. <i>Lancet Rheumatology</i> , The, 2021, 3, e397-e398.	3.9	0
108	Acute mental health responses during the COVID-19 pandemic in Australia. , 2020, 15, e0236562.		0

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109	Acute mental health responses during the COVID-19 pandemic in Australia. , 2020, 15, e0236562.		0
110	Acute mental health responses during the COVID-19 pandemic in Australia. , 2020, 15, e0236562.		0
111	Acute mental health responses during the COVID-19 pandemic in Australia. , 2020, 15, e0236562.		0