

Fiona B Gillison

List of Publications by Year in descending order

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Version: 2024-02-01

64
papers

2,729
citations

236612

25
h-index

189595

50
g-index

67
all docs

67
docs citations

67
times ranked

3986
citing authors

#	ARTICLE	IF	CITATIONS
1	Waste the waist: a pilot randomised controlled trial of a primary care based intervention to support lifestyle change in people with high cardiovascular risk. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 1.	2.0	307
2	A meta-analysis of techniques to promote motivation for health behaviour change from a self-determination theory perspective. <i>Health Psychology Review</i> , 2019, 13, 110-130.	4.4	297
3	Predicting Students' Physical Activity and Health-Related Well-Being: A Prospective Cross-Domain Investigation of Motivation Across School Physical Education and Exercise Settings. <i>Journal of Sport and Exercise Psychology</i> , 2012, 34, 37-60.	0.7	229
4	Relationships among adolescents' weight perceptions, exercise goals, exercise motivation, quality of life and leisure-time exercise behaviour: a self-determination theory approach. <i>Health Education Research</i> , 2006, 21, 836-847.	1.0	216
5	Identifying change processes in group-based health behaviour-change interventions: development of the mechanisms of action in group-based interventions (MAGI) framework. <i>Health Psychology Review</i> , 2019, 13, 227-247.	4.4	111
6	Students' motivational responses toward school physical education and their relationship to general self-esteem and health-related quality of life. <i>Psychology of Sport and Exercise</i> , 2007, 8, 704-721.	1.1	107
7	Can it be harmful for parents to talk to their child about their weight? A meta-analysis. <i>Preventive Medicine</i> , 2016, 93, 135-146.	1.6	103
8	Processes of behavior change and weight loss in a theory-based weight loss intervention program: a test of the process model for lifestyle behavior change. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 2.	2.0	100
9	Sex Differences in Exercise Behavior During Adolescence: Is Biological Maturation a Confounding Factor?. <i>Journal of Adolescent Health</i> , 2008, 42, 480-485.	1.2	78
10	Exploring the experience of introjected regulation for exercise across gender in adolescence. <i>Psychology of Sport and Exercise</i> , 2009, 10, 309-319.	1.1	78
11	Changes in quality of life and psychological need satisfaction following the transition to secondary school. <i>British Journal of Educational Psychology</i> , 2008, 78, 149-162.	1.6	77
12	Multiple lifestyle behaviours and overweight and obesity among children aged 9-11 years: results from the UK site of the International Study of Childhood Obesity, Lifestyle and the Environment. <i>BMJ Open</i> , 2016, 6, e010677.	0.8	55
13	Stopping smoking can cause constipation. <i>Addiction</i> , 2003, 98, 1563-1567.	1.7	49
14	Motivation and Body-Related Factors as Discriminators of Change in Adolescents' Exercise Behavior Profiles. <i>Journal of Adolescent Health</i> , 2011, 48, 44-51.	1.2	49
15	Aerobic and Strength Training in Concomitant Metabolic Syndrome and Type 2 Diabetes. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 1293-1301.	0.2	49
16	The relationship between smoking cessation and mouth ulcers. <i>Nicotine and Tobacco Research</i> , 2004, 6, 655-659.	1.4	47
17	Dependence potential of nicotine replacement treatments: Effects of product type, patient characteristics, and cost to user. <i>Preventive Medicine</i> , 2007, 44, 230-234.	1.6	45
18	A Systematic Review to Quantitatively Evaluate "Stepping Stones": A Participatory Community-based HIV/AIDS Prevention Intervention. <i>AIDS and Behavior</i> , 2013, 17, 1025-1039.	1.4	44

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19	Exploring the basis for parents' negative reactions to being informed that their child is overweight. <i>Public Health Nutrition</i> , 2014, 17, 987-997.	1.1	37
20	A theoretical investigation of the development of physical activity habits in retirement. <i>British Journal of Health Psychology</i> , 2010, 15, 663-679.	1.9	35
21	How appropriate is the WHOQOL-BREF for assessing the quality of life of adolescents?. <i>Psychology and Health</i> , 2014, 29, 297-317.	1.2	33
22	What motivates girls to take up exercise during adolescence? Learning from those who succeed. <i>British Journal of Health Psychology</i> , 2012, 17, 536-550.	1.9	31
23	"Waste the waist": The development of an intervention to promote changes in diet and physical activity for people with high cardiovascular risk. <i>British Journal of Health Psychology</i> , 2012, 17, 327-345.	1.9	28
24	Correlates of intensity-specific physical activity in children aged 9-11 years: a multilevel analysis of UK data from the International Study of Childhood Obesity, Lifestyle and the Environment. <i>BMJ Open</i> , 2018, 8, e018373.	0.8	28
25	Biological maturity status, body size, and exercise behaviour in British youth: A pilot study. <i>Journal of Sports Sciences</i> , 2009, 27, 677-686.	1.0	27
26	The effects of manipulating goal content and autonomy support climate on outcomes of a PE fitness class. <i>Psychology of Sport and Exercise</i> , 2013, 14, 342-352.	1.1	26
27	"Are you still on that stupid diet?": Women's experiences of societal pressure and support regarding weight loss, and attitudes towards health policy intervention. <i>Journal of Health Psychology</i> , 2014, 19, 1536-1546.	1.3	26
28	Cigarette craving and withdrawal symptoms during temporary abstinence and the effect of nicotine gum. <i>Psychopharmacology</i> , 2013, 229, 209-218.	1.5	25
29	Sleep characteristics and health-related quality of life in 9- to 11-year-old children from 12 countries. <i>Sleep Health</i> , 2020, 6, 4-14.	1.3	24
30	Nurses as role models in health promotion: a concept analysis. <i>British Journal of Nursing</i> , 2017, 26, 982-988.	0.3	22
31	Mixed method evaluation of a community-based physical activity program using the RE-AIM framework: Practical application in a real-world setting. <i>BMC Public Health</i> , 2015, 15, 1102.	1.2	20
32	Physical Activity, Physical Self-Concept, and Health-Related Quality of Life of Extreme Early and Late Maturing Adolescent Girls. <i>Journal of Early Adolescence</i> , 2012, 32, 269-292.	1.1	19
33	The systematic identification of content and delivery style of an exercise intervention. <i>Psychology and Health</i> , 2016, 31, 605-621.	1.2	19
34	Life transitions and relevance of healthy living in late adolescence. <i>Journal of Health Psychology</i> , 2016, 21, 1085-1095.	1.3	18
35	Assessing the impact of adjusting for maturity in weight status classification in a cross-sectional sample of UK children. <i>BMJ Open</i> , 2017, 7, e015769.	0.8	17
36	Is children's weight a public health or a private family issue? A qualitative analysis of online discussion about National Child Measurement Programme feedback in England. <i>BMC Public Health</i> , 2018, 18, 1295.	1.2	17

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37	Development and Validation of the Adolescent Psychological Need Support in Exercise Questionnaire. <i>Journal of Sport and Exercise Psychology</i> , 2016, 38, 505-520.	0.7	16
38	Exploring response shift in the quality of life of healthy adolescents over 1 year. <i>Quality of Life Research</i> , 2008, 17, 997-1008.	1.5	15
39	“Coveting Thy Neighbour’s Legs”: A Qualitative Study of Exercisers’ Experiences of Intrinsic and Extrinsic Goal Pursuit. <i>Journal of Sport and Exercise Psychology</i> , 2013, 35, 308-321.	0.7	15
40	Biological maturation as a confounding factor in the relation between chronological age and health-related quality of life in adolescent females. <i>Quality of Life Research</i> , 2011, 20, 237-242.	1.5	13
41	Study protocol: the effectiveness and cost effectiveness of an employer-led intervention to increase walking during the daily commute: the Travel to Work randomised controlled trial. <i>BMC Public Health</i> , 2015, 15, 154.	1.2	13
42	Does parental support moderate the effect of children’s motivation and self-efficacy on physical activity and sedentary behaviour?. <i>Psychology of Sport and Exercise</i> , 2017, 32, 153-161.	1.1	13
43	Pragmatic evaluation of a coproduced physical activity referral scheme: a UK quasi-experimental study. <i>BMJ Open</i> , 2020, 10, e034580.	0.8	13
44	A cluster randomized controlled trial of the be the best you can be intervention: effects on the psychological and physical well-being of school children. <i>BMC Public Health</i> , 2013, 13, 666.	1.2	12
45	Effects of a Web-Based, Evolutionary Mismatch-Framed Intervention Targeting Physical Activity and Diet: a Randomised Controlled Trial. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 645-657.	0.8	12
46	Preliminary effects and acceptability of a co-produced physical activity referral intervention. <i>Health Education Journal</i> , 2019, 78, 869-884.	0.6	12
47	Evaluation of an intervention to promote walking during the commute to work: a cluster randomised controlled trial. <i>BMC Public Health</i> , 2019, 19, 427.	1.2	11
48	The impact of COVID-19 on the eating habits of families engaged in a healthy eating pilot trial: a thematic analysis. <i>Health Psychology and Behavioral Medicine</i> , 2022, 10, 241-261.	0.8	11
49	Military veteran athletes’ experiences of competing at the 2016 Invictus Games: a qualitative study. <i>Disability and Rehabilitation</i> , 2021, 43, 3552-3561.	0.9	10
50	Preparing student nurses to be healthy role models: A qualitative study. <i>Nurse Education in Practice</i> , 2019, 40, 102630.	1.0	8
51	Parents’ Perceptions and Responses to the UK Soft Drinks Industry Levy. <i>Journal of Nutrition Education and Behavior</i> , 2020, 52, 626-631.	0.3	8
52	Parents’ perceptions of reasons for excess weight loss in obese children: a peer researcher approach. <i>Research Involvement and Engagement</i> , 2017, 3, 22.	1.1	7
53	Developing and applying a framework to understand mechanisms of action in group-based, behaviour change interventions: the MAGI mixed-methods study. <i>Efficacy and Mechanism Evaluation</i> , 2019, 6, 1-162.	0.9	7
54	A workplace-based intervention to increase levels of daily physical activity: the Travel to Work cluster RCT. <i>Public Health Research</i> , 2019, 7, 1-128.	0.5	6

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55	A systematic review of the evidence on the effect of parental communication about health and health behaviours on children's health and wellbeing. <i>Preventive Medicine</i> , 2022, 159, 107043.	1.6	6
56	Opportunities and challenges in physical activity research in young people. <i>Journal of Science and Medicine in Sport</i> , 2009, 12, 515-517.	0.6	5
57	Support for obesity-related policy and its association with motivation for weight control.. <i>Psychology, Public Policy, and Law</i> , 2013, 19, 321-330.	0.9	5
58	Can media images of obese people undermine health messages? An experimental study of visual representation and risk perception. <i>European Journal of Public Health</i> , 2014, 24, 930-935.	0.1	3
59	Using narrative messages to improve parents' experience of learning that a child has overweight. <i>British Journal of Child Health</i> , 2020, 1, 220-230.	0.1	3
60	Perceived barriers and facilitators of physical activity in adults living in activity-friendly urban environments: A qualitative study in Sri Lanka. <i>PLoS ONE</i> , 2022, 17, e0268817.	1.1	3
61	Can evolutionary mismatch help generate interest in health promotion messages?. <i>Health Education Journal</i> , 2018, 77, 515-526.	0.6	2
62	Comparing and contrasting responses to tobacco control and obesity policies: a qualitative study. <i>Public Health Nutrition</i> , 2019, 22, 927-935.	1.1	2
63	Influence of obesity prevalence on social norms and weight control motivation: a cross-sectional comparison of the Netherlands and the UK. <i>Psychology, Health and Medicine</i> , 2022, 27, 987-998.	1.3	2
64	Does adjusting for biological maturity when calculating child weight status improve the accuracy of predicting future health risk?. <i>BMC Public Health</i> , 2021, 21, 1979.	1.2	2