

# Peter M. Clifton

## List of Publications by Year in Descending Order

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**Version:** 2024-04-20

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

343  
papers

19,242  
citations

75  
h-index

126  
g-index

384  
ext. papers

21,495  
ext. citations

5.2  
avg, IF

7.03  
L-index

#	Paper	IF	Citations
343	The effect of cognitive behavioral stress management on perceived stress, biological stress markers and weight loss/regain, from a diet-induced weight loss program: A randomized controlled trial. <i>Comprehensive Psychoneuroendocrinology</i> , <b>2022</b> , 10, 100124	1.1	
342	Effect of a moderate dose of fructose in solid foods on TAG, glucose and uric acid before and after a 1-month moderate sugar-feeding period. <i>British Journal of Nutrition</i> , <b>2021</b> , 126, 837-843	3.6	
341	Gaps in the Care of Familial Hypercholesterolaemia in Australia: First Report From the National Registry. <i>Heart Lung and Circulation</i> , <b>2021</b> , 30, 372-379	1.8	6
340	The effect of intermittent energy restriction on weight loss and diabetes risk markers in women with a history of gestational diabetes: a 12-month randomized control trial. <i>American Journal of Clinical Nutrition</i> , <b>2021</b> , 114, 794-803	7	5
339	Synopsis of an integrated guidance for enhancing the care of familial hypercholesterolaemia: an Australian perspective. <i>American Journal of Preventive Cardiology</i> , <b>2021</b> , 6, 100151	1.9	0
338	Practical Guidance for Food Consumption to Prevent Cardiovascular Disease. <i>Heart Lung and Circulation</i> , <b>2021</b> , 30, 163-179	1.8	8
337	Integrated Guidance for Enhancing the Care of Familial Hypercholesterolaemia in Australia. <i>Heart Lung and Circulation</i> , <b>2021</b> , 30, 324-349	1.8	20
336	A safety, tolerability, and pharmacokinetic study of a novel simvastatin silica-lipid hybrid formulation in healthy male participants. <i>Drug Delivery and Translational Research</i> , <b>2021</b> , 11, 1261-1272	6.2	6
335	Consumption of a Beverage Containing Aspartame and Acesulfame K for Two Weeks Does Not Adversely Influence Glucose Metabolism in Adult Males and Females: A Randomized Crossover Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
334	Visceral Fat Is a Negative Determinant of Bone Health in Obese Postmenopausal Women. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	7
333	Differential Effects of Dietary Patterns on Advanced Glycation end Products: A Randomized Crossover Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	7
332	Impact of intermittent vs. continuous energy restriction on weight and cardiometabolic factors: a 12-month follow-up. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 1236-1242	5.5	7
331	Energy Intake and Satiety Responses of Eggs for Breakfast in Overweight and Obese Adults-A Crossover Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4
330	Women's Barriers to Weight Loss, Perception of Future Diabetes Risk and Opinions of Diet Strategies Following Gestational Diabetes: An Online Survey. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
329	Predictors of Lifestyle Intervention Attrition or Weight Loss Success in Women with Polycystic Ovary Syndrome Who Are Overweight or Obese. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	12
328	The effect of intermittent compared with continuous energy restriction on glycaemic control in patients with type 2 diabetes: 24-month follow-up of a randomised noninferiority trial. <i>Diabetes Research and Clinical Practice</i> , <b>2019</b> , 151, 11-19	7.4	19
327	Flash glucose monitoring for the safe use of a 2-day intermittent energy restriction in patients with type 2 diabetes at risk of hypoglycaemia: An exploratory study. <i>Diabetes Research and Clinical Practice</i> , <b>2019</b> , 151, 138-145	7.4	1

326	Metabolic Syndrome-Role of Dietary Fat Type and Quantity. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	18
325	Elevated Serum 25-Hydroxyvitamin D Levels Are Associated with Improved Bone Formation and Micro-Structural Measures in Elderly Hip Fracture Patients. <i>Journal of Clinical Medicine</i> , <b>2019</b> , 8,	5.1	7
324	Non-nutritive Sweeteners and Glycaemic Control. <i>Current Atherosclerosis Reports</i> , <b>2019</b> , 21, 49	6	7
323	Does Nut Consumption Reduce Mortality and/or Risk of Cardiometabolic Disease? An Updated Review Based on Meta-Analyses. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	9
322	Effects of Weight Loss on FGF-21 in Human Subjects: An Exploratory Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	2
321	A whey/guar "preload" improves postprandial glycaemia and glycated haemoglobin levels in type 2 diabetes: A 12-week, single-blind, randomized, placebo-controlled trial. <i>Diabetes, Obesity and Metabolism</i> , <b>2019</b> , 21, 930-938	6.7	16
320	Effect of intermittent compared to continuous energy restriction on weight loss and weight maintenance after 12 months in healthy overweight or obese adults. <i>International Journal of Obesity</i> , <b>2019</b> , 43, 2028-2036	5.5	29
319	Diet, exercise and weight loss and dyslipidaemia. <i>Pathology</i> , <b>2019</b> , 51, 222-226	1.6	15
318	Longitudinal nutritional changes in aging Australian women. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2019</b> , 28, 139-149	1	7
317	Effects of Different Weight Loss Approaches on CVD Risk. <i>Current Atherosclerosis Reports</i> , <b>2018</b> , 20, 27	6	17
316	Relationship Between Changes in Fat and Lean Depots Following Weight Loss and Changes in Cardiovascular Disease Risk Markers. <i>Journal of the American Heart Association</i> , <b>2018</b> , 7,	6	2
315	An 18-mo randomized, double-blind, placebo-controlled trial of DHA-rich fish oil to prevent age-related cognitive decline in cognitively normal older adults. <i>American Journal of Clinical Nutrition</i> , <b>2018</b> , 107, 754-762	7	26
314	Probiotics, prebiotics, synbiotics and insulin sensitivity. <i>Nutrition Research Reviews</i> , <b>2018</b> , 31, 35-51	7	105
313	Cholesterol-Lowering Effects of Plant Sterols in One Serve of Wholegrain Wheat Breakfast Cereal Biscuits-a Randomised Crossover Clinical Trial. <i>Foods</i> , <b>2018</b> , 7,	4.9	6
312	Effect of Intermittent Energy Restriction on Flow Mediated Dilatation, a Measure of Endothelial Function: A Short Report. <i>International Journal of Environmental Research and Public Health</i> , <b>2018</b> , 15,	4.6	9
311	Effect of Intermittent Compared With Continuous Energy Restricted Diet on Glycemic Control in Patients With Type 2 Diabetes: A Randomized Noninferiority Trial. <i>JAMA Network Open</i> , <b>2018</b> , 1, e180756	10.4	72
310	Dietary patterns and Amyloid deposition in aging Australian women. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , <b>2018</b> , 4, 535-541	6	12
309	Nuts and Cardio-Metabolic Disease: A Review of Meta-Analyses. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	28

308	Curcumin, Cardiometabolic Health and Dementia. <i>International Journal of Environmental Research and Public Health</i> , <b>2018</b> , 15,	4.6	31
307	The Role of Choice in Weight Loss Strategies: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	6
306	Dietary quality and carotid intima media thickness in type 1 and type 2 diabetes: Follow-up of a randomised controlled trial. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2018</b> , 28, 830-838	4.5	7
305	Consumption of red and processed meat and refined grains for 4weeks decreases insulin sensitivity in insulin-resistant adults: A randomized crossover study. <i>Metabolism: Clinical and Experimental</i> , <b>2017</b> , 68, 173-183	12.7	14
304	Vegetarian Diets and the Risk of Type 2 Diabetes <b>2017</b> , 355-367		2
303	The Influence of Dairy Consumption on the Risk of Type 2 Diabetes, Metabolic Syndrome, and Impaired Glucose Tolerance or Insulin Resistance <b>2017</b> , 411-422		
302	Design of the Familial Hypercholesterolaemia Australasia Network Registry: Creating Opportunities for Greater International Collaboration. <i>Journal of Atherosclerosis and Thrombosis</i> , <b>2017</b> , 24, 1075-1084	4	23
301	A systematic review of the effect of dietary saturated and polyunsaturated fat on heart disease. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2017</b> , 27, 1060-1080	4.5	85
300	Effects of Two Different Dietary Patterns on Inflammatory Markers, Advanced Glycation End Products and Lipids in Subjects without Type 2 Diabetes: A Randomised Crossover Study. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	21
299	Benefits of Nut Consumption on Insulin Resistance and Cardiovascular Risk Factors: Multiple Potential Mechanisms of Actions. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	71
298	Changes in Lipids and Inflammatory Markers after Consuming Diets High in Red Meat or Dairy for Four Weeks. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	14
297	Effects of Weight Loss on Advanced Glycation End Products in Subjects with and without Diabetes: A Preliminary Report. <i>International Journal of Environmental Research and Public Health</i> , <b>2017</b> , 14,	4.6	16
296	Assessing the evidence for weight loss strategies in people with and without type 2 diabetes. <i>World Journal of Diabetes</i> , <b>2017</b> , 8, 440-454	4.7	5
295	Association between dairy intake, lipids and vascular structure and function in diabetes. <i>World Journal of Diabetes</i> , <b>2017</b> , 8, 202-212	4.7	6
294	Clinical and dietary predictors of common carotid artery intima media thickness in a population with type 1 and type 2 diabetes: A cross-sectional study. <i>World Journal of Diabetes</i> , <b>2017</b> , 8, 18-27	4.7	
293	Postprandial insulin and glucose levels are reduced in healthy subjects when a standardised breakfast meal is supplemented with a filtered sugarcane molasses concentrate. <i>European Journal of Nutrition</i> , <b>2016</b> , 55, 2365-2376		11
292	The effects of intermittent compared to continuous energy restriction on glycaemic control in type 2 diabetes; a pragmatic pilot trial. <i>Diabetes Research and Clinical Practice</i> , <b>2016</b> , 122, 106-112	7.4	86
291	Dairy foods and the risk of type 2 diabetes. <i>Current Opinion in Lipidology</i> , <b>2016</b> , 27, 539-40	4.4	

290	Long-term effects of a very-low-carbohydrate weight-loss diet and an isocaloric low-fat diet on bone health in obese adults. <i>Nutrition</i> , <b>2016</b> , 32, 1033-6	4.8	14
289	Effect of weight loss induced by energy restriction on measures of arterial compliance: A systematic review and meta-analysis. <i>Atherosclerosis</i> , <b>2016</b> , 247, 7-20	3.1	20
288	Acute effect of red meat and dairy on glucose and insulin: a randomized crossover study. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 103, 71-6	7	7
287	High-Density Lipoprotein-Associated miR-223 Is Altered after Diet-Induced Weight Loss in Overweight and Obese Males. <i>PLoS ONE</i> , <b>2016</b> , 11, e0151061	3.7	29
286	Intermittent energy restriction in type 2 diabetes: A short discussion of medication management. <i>World Journal of Diabetes</i> , <b>2016</b> , 7, 627-630	4.7	12
285	Plasma Free Amino Acid Responses to Intraduodenal Whey Protein, and Relationships with Insulin, Glucagon-Like Peptide-1 and Energy Intake in Lean Healthy Men. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	20
284	Polyphenols and Glycemic Control. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	252
283	Weight-Loss Outcomes: A Systematic Review and Meta-Analysis of Intermittent Energy Restriction Trials Lasting a Minimum of 6 Months. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	63
282	Effect of Improving Dietary Quality on Arterial Stiffness in Subjects with Type 1 and Type 2 Diabetes: A 12 Months Randomised Controlled Trial. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	6
281	Differential Effects of Red Meat/Refined Grain Diet and Dairy/Chicken/Nuts/Whole Grain Diet on Glucose, Insulin and Triglyceride in a Randomized Crossover Study. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	19
280	Long-Term Effects of a Randomised Controlled Trial Comparing High Protein or High Carbohydrate Weight Loss Diets on Testosterone, SHBG, Erectile and Urinary Function in Overweight and Obese Men. <i>PLoS ONE</i> , <b>2016</b> , 11, e0161297	3.7	47
279	Response to the comment by Kuipers and Pruiboom. <i>Metabolism: Clinical and Experimental</i> , <b>2016</b> , 65, e5	12.7	
278	Fructose acute effects on glucose, insulin, and triglyceride after a solid meal compared with sucralose and sucrose in a randomized crossover study. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 103, 1453-7	7	16
277	Effect of carbohydrate restriction in the first meal after an overnight fast on glycemic control in people with type 2 diabetes: a randomized trial. <i>American Journal of Clinical Nutrition</i> , <b>2016</b> , 104, 1285-1291	7	7
276	Reply to: "Effect of weight loss induced by energy restriction on measures of arterial compliance: A systematic review and meta-analysis". <i>Atherosclerosis</i> , <b>2016</b> , 252, 203-204	3.1	1
275	Salt Restriction in Diabetes. <i>Current Diabetes Reports</i> , <b>2015</b> , 15, 58	5.6	2
274	Attitudes and beliefs of Australian adults on reality television cooking programmes and celebrity chefs. Is there cause for concern? Descriptive analysis presented from a consumer survey. <i>Appetite</i> , <b>2015</b> , 91, 7-12	4.5	13
273	Effect of sodium and potassium supplementation on vascular and endothelial function: a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 101, 939-46	7	15

272	The role of protein in weight loss and maintenance. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 101, 1320S-1329S	7	218
271	Characteristics of Indigenous adults with poorly controlled diabetes in north Queensland: implications for services. <i>BMC Public Health</i> , <b>2015</b> , 15, 325	4.1	4
270	Red meat, dairy, and insulin sensitivity: a randomized crossover intervention study. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 101, 1173-9	7	45
269	Sustained effects of a protein preload on glycaemia and gastric emptying over 4 weeks in patients with type 2 diabetes: A randomized clinical trial. <i>Diabetes Research and Clinical Practice</i> , <b>2015</b> , 108, e31-47	4.4	43
268	A review of potential metabolic etiologies of the observed association between red meat consumption and development of type 2 diabetes mellitus. <i>Metabolism: Clinical and Experimental</i> , <b>2015</b> , 64, 768-79	12.7	85
267	Indications for Omega-3 Long Chain Polyunsaturated Fatty Acid in the Prevention and Treatment of Cardiovascular Disease. <i>Heart Lung and Circulation</i> , <b>2015</b> , 24, 769-79	1.8	102
266	Effect of improving dietary quality on carotid intima media thickness in subjects with type 1 and type 2 diabetes: a 12-mo randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 102, 771-9	7	16
265	Steroidal contraceptive use is associated with lower bone mineral density in polycystic ovary syndrome. <i>Endocrine</i> , <b>2015</b> , 50, 811-5	4	5
264	Comparative effects of intraduodenal whey protein hydrolysate on antropyloroduodenal motility, gut hormones, glycemia, appetite, and energy intake in lean and obese men. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 102, 1323-31	7	26
263	Influence of Food Matrix on Sterol and Stanol Activity. <i>Journal of AOAC INTERNATIONAL</i> , <b>2015</b> , 98, 677-678	1.8	5
262	Acute load-dependent effects of oral whey protein on gastric emptying, gut hormone release, glycemia, appetite, and energy intake in healthy men. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 102, 1574-84	7	46
261	Dietary predictors of arterial stiffness in a cohort with type 1 and type 2 diabetes. <i>Atherosclerosis</i> , <b>2015</b> , 238, 175-81	3.1	17
260	Effect of weight loss on pulse wave velocity: systematic review and meta-analysis. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , <b>2015</b> , 35, 243-52	9.4	68
259	Sodium and potassium excretion are related to bone mineral density in women with coeliac disease. <i>Clinical Nutrition</i> , <b>2015</b> , 34, 265-8	5.9	4
258	A systematic review of vascular and endothelial function: effects of fruit, vegetable and potassium intake. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2015</b> , 25, 253-66	4.5	26
257	Dietary intake in adults with type 1 and type 2 diabetes: validation of the Dietary Questionnaire for Epidemiological Studies version 2 FFQ against a 3-d weighed food record and 24-h urinalysis. <i>British Journal of Nutrition</i> , <b>2015</b> , 114, 2056-63	3.6	13
256	Recurrent nocturnal hypoglycaemia as a cause of morning fatigue in treated Addison's disease--favourable response to dietary management: a case report. <i>BMC Endocrine Disorders</i> , <b>2015</b> , 15, 61	3.3	13
255	Chromosomal DNA damage in APOE e4 carriers and noncarriers does not appear to be different. <i>Environmental and Molecular Mutagenesis</i> , <b>2015</b> , 56, 694-708	3.2	1

254	Weight Loss, Dietary Intake and Pulse Wave Velocity. <i>Pulse</i> , <b>2015</b> , 3, 134-40	1.6	7
253	From sodium intake restriction to nitrate supplementation: Different measures with converging mechanistic pathways?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2015</b> , 25, 1079-86	4.5	1
252	Dairy consumption and insulin sensitivity: a systematic review of short- and long-term intervention studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2015</b> , 25, 3-8	4.5	49
251	Dietary quality in people with type 1 and type 2 diabetes compared to age, sex and BMI matched controls. <i>Diabetes Research and Clinical Practice</i> , <b>2015</b> , 107, e7-10	7.4	9
250	Effects of Lifestyle (Diet, Plant Sterols, Exercise) and Glycemic Control on Lipoproteins in Diabetes. <i>Contemporary Diabetes</i> , <b>2014</b> , 315-327	0	
249	Long term weight maintenance after advice to consume low carbohydrate, higher protein diets--a systematic review and meta analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2014</b> , 24, 224-35	4.5	98
248	Weight loss on a structured hypocaloric diet with or without exercise improves emotional distress and quality of life in overweight and obese patients with type 2 diabetes. <i>Journal of Diabetes Investigation</i> , <b>2014</b> , 5, 94-8	3.9	17
247	The association between carotid intima media thickness and individual dietary components and patterns. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2014</b> , 24, 495-502	4.5	26
246	Impact of different biopolymer networks on the digestion of gastric structured emulsions. <i>Food Hydrocolloids</i> , <b>2014</b> , 36, 102-114	10.6	70
245	Effect of docosahexaenoic acid and furan fatty acids on cytokines block micronucleus cytome assay biomarkers in astrocytoma cell lines under conditions of oxidative stress. <i>Environmental and Molecular Mutagenesis</i> , <b>2014</b> , 55, 573-90	3.2	5
244	Attitudes and beliefs of health risks associated with sodium intake in diabetes. <i>Appetite</i> , <b>2014</b> , 83, 97-103	3.5	9
243	Long-term effects of a very low-carbohydrate weight loss diet on exercise capacity and tolerance in overweight and obese adults. <i>Journal of the American College of Nutrition</i> , <b>2014</b> , 33, 267-73	3.5	9
242	Patient freedom to choose a weight loss diet in the treatment of overweight and obesity: a randomized dietary intervention in type 2 diabetes and pre-diabetes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 64	8.4	8
241	High protein weight loss diets in obese subjects with type 2 diabetes mellitus. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2014</b> , 24, 554-62	4.5	18
240	Postprandial effects of potassium supplementation on vascular function and blood pressure: a randomised cross-over study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2014</b> , 24, 148-54	4.5	12
239	Tailoring the digestion of structured emulsions using mixed monoglyceride-baseinate interfaces. <i>Food Hydrocolloids</i> , <b>2014</b> , 36, 151-161	10.6	49
238	Effects of acute and longer-term dietary restriction on upper gut motility, hormone, appetite, and energy-intake responses to duodenal lipid in lean and obese men. <i>American Journal of Clinical Nutrition</i> , <b>2014</b> , 99, 24-34	7	19
237	Do dipeptidyl peptidase IV (DPP-IV) inhibitors cause heart failure?. <i>Clinical Therapeutics</i> , <b>2014</b> , 36, 2072-2079	3.9	42

236	Digestion of microencapsulated oil powders: in vitro lipolysis and in vivo absorption from a food matrix. <i>Food and Function</i> , <b>2014</b> , 5, 2905-12	6.1	19
235	Protein pre-loads in type 2 diabetes: what do we know and what do we need to find out?. <i>Diabetologia</i> , <b>2014</b> , 57, 2603-4	10.3	
234	Cognitive performance in older adults is inversely associated with fish consumption but not erythrocyte membrane n-3 fatty acids. <i>Journal of Nutrition</i> , <b>2014</b> , 144, 311-20	4.1	33
233	Effect of a low dose whey/guar preload on glycemic control in people with type 2 diabetes--a randomised controlled trial. <i>Nutrition Journal</i> , <b>2014</b> , 13, 103	4.3	14
232	Effects of intermittent compared to continuous energy restriction on short-term weight loss and long-term weight loss maintenance. <i>Clinical Obesity</i> , <b>2014</b> , 4, 150-6	3.6	40
231	Effect of high potassium diet on endothelial function. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2014</b> , 24, 983-9	4.5	17
230	Postprandial effects of a high salt meal on serum sodium, arterial stiffness, markers of nitric oxide production and markers of endothelial function. <i>Atherosclerosis</i> , <b>2014</b> , 232, 211-6	3.1	39
229	Utility of Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equations in obese diabetic individuals before and after weight loss. <i>American Journal of Kidney Diseases</i> , <b>2014</b> , 64, 159-61	7.4	1
228	A reduction of 3 g/day from a usual 9 g/day salt diet improves endothelial function and decreases endothelin-1 in a randomised cross-over study in normotensive overweight and obese subjects. <i>Atherosclerosis</i> , <b>2014</b> , 233, 32-8	3.1	42
227	The Epidemiologic Evidence and Potential Biological Mechanisms for a Protective Effect of Dietary Fiber on the Risk of Colorectal Cancer. <i>Current Nutrition Reports</i> , <b>2013</b> , 2, 63-70	6	5
226	Comparison of the effects of weight loss from a high-protein versus standard-protein energy-restricted diet on strength and aerobic capacity in overweight and obese men. <i>European Journal of Nutrition</i> , <b>2013</b> , 52, 317-25	5.2	27
225	Psychological well-being response to high protein and high carbohydrate weight loss diets in overweight and obese men: A randomised trial. <i>E-SPEN Journal</i> , <b>2013</b> , 8, e235-e240		6
224	Comparison of 2 weight-loss diets of different protein content on bone health: a randomized trial. <i>American Journal of Clinical Nutrition</i> , <b>2013</b> , 98, 1343-52	7	30
223	Changes in endothelial function and depression scores are associated following long-term dietary intervention: a secondary analysis. <i>Nutrition</i> , <b>2013</b> , 29, 1271-4	4.8	8
222	Mediterranean Diet and Cardiovascular Risk [Are We There Yet?]. <i>Current Cardiovascular Risk Reports</i> , <b>2013</b> , 7, 520-526	0.9	1
221	Remission of diabetes in patients with long-standing type 2 diabetes following placement of adjustable gastric band: a retrospective case control study. <i>Diabetes, Obesity and Metabolism</i> , <b>2013</b> , 15, 383-5	6.7	13
220	Food label education does not reduce sodium intake in people with type 2 diabetes mellitus. A randomised controlled trial. <i>Appetite</i> , <b>2013</b> , 68, 147-51	4.5	23
219	We need more data before rejecting the saturated fat hypothesis. <i>BMJ, The</i> , <b>2013</b> , 347, f6847	5.9	3



218	Weight-loss diets in people with type 2 diabetes and renal disease: a randomized controlled trial of the effect of different dietary protein amounts. <i>American Journal of Clinical Nutrition</i> , <b>2013</b> , 98, 494-501	7	54
217	Foods contributing to sodium intake and urinary sodium excretion in a group of Australian women. <i>Public Health Nutrition</i> , <b>2013</b> , 16, 1837-42	3.3	12
216	Sex hormone binding globulin, but not testosterone, is associated with the metabolic syndrome in overweight and obese women with polycystic ovary syndrome. <i>Journal of Endocrinological Investigation</i> , <b>2013</b> , 36, 1004-10	5.2	15
215	Sodium intake and excretion in individuals with type 2 diabetes mellitus: a cross-sectional analysis of overweight and obese males and females in Australia. <i>Journal of Human Nutrition and Dietetics</i> , <b>2012</b> , 25, 129-39	3.1	21
214	Self-reported facilitators of, and impediments to maintenance of healthy lifestyle behaviours following a supervised research-based lifestyle intervention programme in patients with type 2 diabetes. <i>Diabetic Medicine</i> , <b>2012</b> , 29, 632-9	3.5	21
213	Weight loss and vascular inflammatory markers in overweight women with and without polycystic ovary syndrome. <i>Reproductive BioMedicine Online</i> , <b>2012</b> , 25, 500-3	4	7
212	Increased thiamine intake may be required to maintain thiamine status during weight loss in patients with type 2 diabetes. <i>Diabetes Research and Clinical Practice</i> , <b>2012</b> , 98, e40-2	7.4	6
211	Effects of energy-restricted high-protein, low-fat compared with standard-protein, low-fat diets: a meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , <b>2012</b> , 96, 1281-98	7	345
210	Effect of beetroot juice on lowering blood pressure in free-living, disease-free adults: a randomized, placebo-controlled trial. <i>Nutrition Journal</i> , <b>2012</b> , 11, 106	4.3	91
209	A new model of care for familial hypercholesterolaemia: what is the role of cardiology?. <i>Heart Lung and Circulation</i> , <b>2012</b> , 21, 543-50	1.8	15
208	The influence of folate and methionine on intestinal tumour development in the Apc(Min/+) mouse model. <i>Mutation Research - Reviews in Mutation Research</i> , <b>2012</b> , 751, 64-75	7	7
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