

Souzana K Papadopoulou

List of Publications by Year in descending order

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39
papers

1,005
citations

686830

13
h-index

454577

30
g-index

41
all docs

41
docs citations

41
times ranked

1180
citing authors

#	ARTICLE	IF	CITATIONS
1	The Key Role of Nutritional Elements on Sport Rehabilitation and the Effects of Nutrients Intake. Sports, 2022, 10, 84.	0.7	3
2	The Specific Impact of Nutrition and Physical Activity on Adolescents' Body Composition and Energy Balance. Research Quarterly for Exercise and Sport, 2021, 92, 736-746.	0.8	8
3	Dietary Cysteine Intake is Associated with Blood Glutathione Levels and Isometric Strength. International Journal of Sports Medicine, 2021, 42, 441-447.	0.8	9
4	Association Between Malnutrition and Sarcopenia During Hospitalisation in Older People: A Challenge in Rehabilitation. Complex Psychiatry, 2021, 1, 51-52.	1.3	0
5	The Christian Orthodox Church Fasting Diet Is Associated with Lower Levels of Depression and Anxiety and a Better Cognitive Performance in Middle Life. Nutrients, 2021, 13, 627.	1.7	10
6	Vitamin D status, vitamin D intake, and sunlight exposure in adults adhering or not to periodic religious fasting for decades. International Journal of Food Sciences and Nutrition, 2021, 72, 1-8.	1.3	4
7	The importance of protein intake in master marathon runners. Nutrition, 2021, 86, 111154.	1.1	9
8	Comparison of short-term hypocaloric high-protein diets with a hypocaloric Mediterranean diet: Effect on body composition and health-related blood markers in overweight and sedentary young participants. Nutrition, 2021, 91-92, 111365.	1.1	8
9	Effects of Periodic Religious Fasting for Decades on Nutrient Intakes and the Blood Biochemical Profile. Nutrients, 2021, 13, 3963.	1.7	3
10	Exercise and Nutrition Impact on Osteoporosis and Sarcopenia—The Incidence of Osteosarcopenia: A Narrative Review. Nutrients, 2021, 13, 4499.	1.7	60
11	Differences in the Prevalence of Sarcopenia in Community-Dwelling, Nursing Home and Hospitalized Individuals. A Systematic Review and Meta-Analysis. Journal of Nutrition, Health and Aging, 2020, 24, 83-90.	1.5	128
12	Bone status of young adults with periodic avoidance of dairy products since childhood. European Journal of Pediatrics, 2020, 179, 645-651.	1.3	9
13	Rehabilitation Nutrition for Injury Recovery of Athletes: The Role of Macronutrient Intake. Nutrients, 2020, 12, 2449.	1.7	37
14	Gender and Exercise in Relation to Obesity in Greek Elderly Population. International Journal of Environmental Research and Public Health, 2020, 17, 6575.	1.2	8
15	Dietary protein intake from different animal and plant sources plays a minor role in the bone health of adults with or without intermittent fasting for decades. International Journal of Food Sciences and Nutrition, 2020, 72, 1-9.	1.3	2
16	Sarcopenia: A Contemporary Health Problem among Older Adult Populations. Nutrients, 2020, 12, 1293.	1.7	195
17	The significant effect on musculoskeletal metabolism and bone density of the Eastern Mediterranean Christian Orthodox Church fasting. European Journal of Clinical Nutrition, 2020, 74, 1736-1742.	1.3	4
18	Can Bioelectrical Impedance Analysis and BMI Be a Prognostic Tool in Head and Neck Cancer Patients? A Review of the Evidence. Cancers, 2020, 12, 557.	1.7	6

#	ARTICLE	IF	CITATIONS
19	Sex Differences and Adverse Effects between Chemotherapy and Immunotherapy for Non-Small Cell Lung Cancer. <i>Journal of Cancer</i> , 2020, 11, 3407-3415.	1.2	13
20	Effect of periodic abstinence from dairy products for approximately half of the year on bone health in adults following the Christian Orthodox Church fasting rules for decades. <i>Archives of Osteoporosis</i> , 2019, 14, 68.	1.0	13
21	Exercise-Associated Hyponatremia in Endurance and Ultra-Endurance Performance—Aspects of Sex, Race Location, Ambient Temperature, Sports Discipline, and Length of Performance: A Narrative Review. <i>Medicina (Lithuania)</i> , 2019, 55, 537.	0.8	29
22	Validity of Prediction Equations of Maximal Heart Rate in Physically Active Female Adolescents and the Role of Maturation. <i>Medicina (Lithuania)</i> , 2019, 55, 735.	0.8	4
23	Relative Age Effect on Youth Female Volleyball Players: A Pilot Study on Its Prevalence and Relationship With Anthropometric and Physiological Characteristics. <i>Frontiers in Psychology</i> , 2019, 10, 2737.	1.1	11
24	Nutrition strategies before and during ultra-endurance event: A significant gap between science and practice. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 881-892.	1.3	14
25	Nutritional Routine of Tae Kwon Do Athletes Prior to Competition: What Is the Impact of Weight Control Practices?. <i>Journal of the American College of Nutrition</i> , 2017, 36, 448-454.	1.1	6
26	Metabolic syndrome in retired soccer players: A pilot study. <i>Obesity Medicine</i> , 2017, 8, 15-22.	0.5	3
27	Relationships Between Alcohol Consumption, Smoking Status and Food Habits in Greek Adolescents. Vascular Implications for the Future. <i>Current Vascular Pharmacology</i> , 2017, 15, 167-173.	0.8	10
28	Smoking and vascular risk: are all forms of smoking harmful to all types of vascular disease?. <i>Public Health</i> , 2013, 127, 435-441.	1.4	53
29	Association of physical activity and sedentary lifestyle patterns with obesity and cardiometabolic comorbidities in Greek adults: Data from the National Epidemiological Survey. <i>Hormones</i> , 2013, 12, 265-274.	0.9	14
30	Body Composition and Dietary Intake of Elite Cross-country Skiers Members of the Greek National Team. <i>Asian Journal of Sports Medicine</i> , 2012, 3, 257-66.	0.1	20
31	Marital status and educational level associated to obesity in Greek adults: data from the National Epidemiological Survey. <i>BMC Public Health</i> , 2010, 10, 732.	1.2	90
32	Nutritional status of top team sport athletes according to body fat. <i>Nutrition and Food Science</i> , 2010, 40, 64-73.	0.4	6
33	Sociodemographic, ethnic and dietary factors associated with childhood obesity in Thessaloniki, Northern Greece. <i>Hormones</i> , 2009, 8, 53-59.	0.9	27
34	Validation of a questionnaire assessing food frequency and nutritional intake in Greek adolescents. <i>International Journal of Food Sciences and Nutrition</i> , 2008, 59, 148-154.	1.3	20
35	The nutritional value and health issues of in-flight meals offered by Greek airlines—a preliminary study. <i>Journal of Foodservice</i> , 2007, 18, 87-92.	0.5	7
36	Energy Intake, Diet Composition, Energy Expenditure, and Body Fatness of Adolescents in Northern Greece*. <i>Obesity</i> , 2006, 14, 855-862.	1.5	96

#	ARTICLE	IF	CITATIONS
37	Dietary Intake of Free-Living Elderly in Northern Greece. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2006, 26, 131-146.	1.0	8
38	Relation of smoking, physical activity and living residence to body fat and fat distribution in elderly men in Greece. <i>International Journal of Food Sciences and Nutrition</i> , 2005, 56, 561-566.	1.3	4
39	Macro- and Micro-nutrient Intake of Adolescent Greek Female Volleyball Players. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2002, 12, 73-80.	1.0	54