

Souzana K Papadopoulou

List of Publications by Year in descending order

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39
papers

1,005
citations

686830

13
h-index

454577

30
g-index

41
all docs

41
docs citations

41
times ranked

1180
citing authors

#	ARTICLE	IF	CITATIONS
1	Sarcopenia: A Contemporary Health Problem among Older Adult Populations. <i>Nutrients</i> , 2020, 12, 1293.	1.7	195
2	Differences in the Prevalence of Sarcopenia in Community-Dwelling, Nursing Home and Hospitalized Individuals. A Systematic Review and Meta-Analysis. <i>Journal of Nutrition, Health and Aging</i> , 2020, 24, 83-90.	1.5	128
3	Energy Intake, Diet Composition, Energy Expenditure, and Body Fatness of Adolescents in Northern Greece*. <i>Obesity</i> , 2006, 14, 855-862.	1.5	96
4	Marital status and educational level associated to obesity in Greek adults: data from the National Epidemiological Survey. <i>BMC Public Health</i> , 2010, 10, 732.	1.2	90
5	Exercise and Nutrition Impact on Osteoporosis and Sarcopenia—The Incidence of Osteosarcopenia: A Narrative Review. <i>Nutrients</i> , 2021, 13, 4499.	1.7	60
6	Macro- and Micro-nutrient Intake of Adolescent Greek Female Volleyball Players. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2002, 12, 73-80.	1.0	54
7	Smoking and vascular risk: are all forms of smoking harmful to all types of vascular disease?. <i>Public Health</i> , 2013, 127, 435-441.	1.4	53
8	Rehabilitation Nutrition for Injury Recovery of Athletes: The Role of Macronutrient Intake. <i>Nutrients</i> , 2020, 12, 2449.	1.7	37
9	Exercise-Associated Hyponatremia in Endurance and Ultra-Endurance Performance—Aspects of Sex, Race Location, Ambient Temperature, Sports Discipline, and Length of Performance: A Narrative Review. <i>Medicina (Lithuania)</i> , 2019, 55, 537.	0.8	29
10	Sociodemographic, ethnic and dietary factors associated with childhood obesity in Thessaloniki, Northern Greece. <i>Hormones</i> , 2009, 8, 53-59.	0.9	27
11	Validation of a questionnaire assessing food frequency and nutritional intake in Greek adolescents. <i>International Journal of Food Sciences and Nutrition</i> , 2008, 59, 148-154.	1.3	20
12	Body Composition and Dietary Intake of Elite Cross-country Skiers Members of the Greek National Team. <i>Asian Journal of Sports Medicine</i> , 2012, 3, 257-66.	0.1	20
13	Association of physical activity and sedentary lifestyle patterns with obesity and cardiometabolic comorbidities in Greek adults: Data from the National Epidemiological Survey. <i>Hormones</i> , 2013, 12, 265-274.	0.9	14
14	Nutrition strategies before and during ultra-endurance event: A significant gap between science and practice. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 881-892.	1.3	14
15	Effect of periodic abstinence from dairy products for approximately half of the year on bone health in adults following the Christian Orthodox Church fasting rules for decades. <i>Archives of Osteoporosis</i> , 2019, 14, 68.	1.0	13
16	Sex Differences and Adverse Effects between Chemotherapy and Immunotherapy for Non-Small Cell Lung Cancer. <i>Journal of Cancer</i> , 2020, 11, 3407-3415.	1.2	13
17	Relative Age Effect on Youth Female Volleyball Players: A Pilot Study on Its Prevalence and Relationship With Anthropometric and Physiological Characteristics. <i>Frontiers in Psychology</i> , 2019, 10, 2737.	1.1	11
18	The Christian Orthodox Church Fasting Diet Is Associated with Lower Levels of Depression and Anxiety and a Better Cognitive Performance in Middle Life. <i>Nutrients</i> , 2021, 13, 627.	1.7	10

#	ARTICLE	IF	CITATIONS
19	Relationships Between Alcohol Consumption, Smoking Status and Food Habits in Greek Adolescents. Vascular Implications for the Future. <i>Current Vascular Pharmacology</i> , 2017, 15, 167-173.	0.8	10
20	Bone status of young adults with periodic avoidance of dairy products since childhood. <i>European Journal of Pediatrics</i> , 2020, 179, 645-651.	1.3	9
21	Dietary Cysteine Intake is Associated with Blood Glutathione Levels and Isometric Strength. <i>International Journal of Sports Medicine</i> , 2021, 42, 441-447.	0.8	9
22	The importance of protein intake in master marathon runners. <i>Nutrition</i> , 2021, 86, 111154.	1.1	9
23	Dietary Intake of Free-Living Elderly in Northern Greece. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2006, 26, 131-146.	1.0	8
24	Gender and Exercise in Relation to Obesity in Greek Elderly Population. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6575.	1.2	8
25	The Specific Impact of Nutrition and Physical Activity on Adolescents' Body Composition and Energy Balance. <i>Research Quarterly for Exercise and Sport</i> , 2021, 92, 736-746.	0.8	8
26	Comparison of short-term hypocaloric high-protein diets with a hypocaloric Mediterranean diet: Effect on body composition and health-related blood markers in overweight and sedentary young participants. <i>Nutrition</i> , 2021, 91-92, 111365.	1.1	8
27	The nutritional value and health issues of in-flight meals offered by Greek airlines – a preliminary study. <i>Journal of Foodservice</i> , 2007, 18, 87-92.	0.5	7
28	Nutritional status of top team sport athletes according to body fat. <i>Nutrition and Food Science</i> , 2010, 40, 64-73.	0.4	6
29	Nutritional Routine of Tae Kwon Do Athletes Prior to Competition: What Is the Impact of Weight Control Practices?. <i>Journal of the American College of Nutrition</i> , 2017, 36, 448-454.	1.1	6
30	Can Bioelectrical Impedance Analysis and BMI Be a Prognostic Tool in Head and Neck Cancer Patients? A Review of the Evidence. <i>Cancers</i> , 2020, 12, 557.	1.7	6
31	Relation of smoking, physical activity and living residence to body fat and fat distribution in elderly men in Greece. <i>International Journal of Food Sciences and Nutrition</i> , 2005, 56, 561-566.	1.3	4
32	Validity of Prediction Equations of Maximal Heart Rate in Physically Active Female Adolescents and the Role of Maturation. <i>Medicina (Lithuania)</i> , 2019, 55, 735.	0.8	4
33	The significant effect on musculoskeletal metabolism and bone density of the Eastern Mediterranean Christian Orthodox Church fasting. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 1736-1742.	1.3	4
34	Vitamin D status, vitamin D intake, and sunlight exposure in adults adhering or not to periodic religious fasting for decades. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 1-8.	1.3	4
35	Metabolic syndrome in retired soccer players: A pilot study. <i>Obesity Medicine</i> , 2017, 8, 15-22.	0.5	3
36	Effects of Periodic Religious Fasting for Decades on Nutrient Intakes and the Blood Biochemical Profile. <i>Nutrients</i> , 2021, 13, 3963.	1.7	3

#	ARTICLE	IF	CITATIONS
37	The Key Role of Nutritional Elements on Sport Rehabilitation and the Effects of Nutrients Intake. Sports, 2022, 10, 84.	0.7	3
38	Dietary protein intake from different animal and plant sources plays a minor role in the bone health of adults with or without intermittent fasting for decades. International Journal of Food Sciences and Nutrition, 2020, 72, 1-9.	1.3	2
39	Association Between Malnutrition and Sarcopenia During Hospitalisation in Older People: A Challenge in Rehabilitation. Complex Psychiatry, 2021, 1, 51-52.	1.3	0