

# Amy T Hutchison

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

29  
papers

586  
citations

16  
h-index

24  
g-index

31  
ext. papers

822  
ext. citations

5.5  
avg, IF

4.16  
L-index

#	Paper	IF	Citations
29	Time-restricted eating improves glycemic control and dampens energy-consuming pathways in human adipose tissue.. <i>Nutrition</i> , <b>2022</b> , 96, 111583	4.8	2
28	Carbohydrate intake and circadian synchronicity in the regulation of glucose homeostasis. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , <b>2021</b> , 24, 342-348	3.8	2
27	An update to the study protocol for a randomized controlled trial comparing daily calorie restriction versus intermittent fasting to improve glycaemia in individuals at increased risk of developing type 2 diabetes. <i>Obesity Research and Clinical Practice</i> , <b>2021</b> , 15, 306	5.4	0
26	Effects of Intermittent Fasting or Calorie Restriction on Markers of Lipid Metabolism in Human Skeletal Muscle. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2021</b> , 106, e1389-e1399	5.6	3
25	Early or delayed time-restricted feeding prevents metabolic impact of obesity in mice. <i>Journal of Endocrinology</i> , <b>2021</b> , 248, 75-86	4.7	6
24	Eight weeks of intermittent fasting versus calorie restriction does not alter eating behaviors, mood, sleep quality, quality of life and cognitive performance in women with overweight. <i>Nutrition Research</i> , <b>2021</b> , 92, 32-39	4	2
23	Eating architecture in adults at increased risk of type 2 diabetes: associations with body fat and glycaemic control. <i>British Journal of Nutrition</i> , <b>2021</b> , 1-28	3.6	2
22	Rationale and protocol for a randomized controlled trial comparing daily calorie restriction versus intermittent fasting to improve glycaemia in individuals at increased risk of developing type 2 diabetes. <i>Obesity Research and Clinical Practice</i> , <b>2020</b> , 14, 176-183	5.4	3
21	Intermittent Fasting Does Not Uniformly Impact Genes Involved in Circadian Regulation in Women with Obesity. <i>Obesity</i> , <b>2020</b> , 28 Suppl 1, S63-S67	8	2
20	Time-Restricted Feeding Improves Glucose Tolerance in Men at Risk for Type 2 Diabetes: A Randomized Crossover Trial. <i>Obesity</i> , <b>2019</b> , 27, 724-732	8	87
19	Intermittent fasting increases energy expenditure and promotes adipose tissue browning in mice. <i>Nutrition</i> , <b>2019</b> , 66, 38-43	4.8	18
18	Proteomic Analysis of Human Plasma during Intermittent Fasting. <i>Journal of Proteome Research</i> , <b>2019</b> , 18, 2228-2240	5.6	29
17	Small-protein Enrichment Assay Enables the Rapid, Unbiased Analysis of Over 100 Low Abundance Factors from Human Plasma. <i>Molecular and Cellular Proteomics</i> , <b>2019</b> , 18, 1899-1915	7.6	25
16	Markers of adipose tissue inflammation are transiently elevated during intermittent fasting in women who are overweight or obese. <i>Obesity Research and Clinical Practice</i> , <b>2019</b> , 13, 408-415	5.4	14
15	Plasma Free Amino Acid Responses to Whey Protein and Their Relationships with Gastric Emptying, Blood Glucose- and Appetite-Regulatory Hormones and Energy Intake in Lean Healthy Men. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	6
14	Effects of Intermittent Versus Continuous Energy Intakes on Insulin Sensitivity and Metabolic Risk in Women with Overweight. <i>Obesity</i> , <b>2019</b> , 27, 50-58	8	56
13	Dose-Dependent Effects of Randomized Intraduodenal Whey-Protein Loads on Glucose, Gut Hormone, and Amino Acid Concentrations in Healthy Older and Younger Men. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	22

12	Effect of gender on the acute effects of whey protein ingestion on energy intake, appetite, gastric emptying and gut hormone responses in healthy young adults. <i>Nutrition and Diabetes</i> , <b>2018</b> , 8, 40	4.7	11
11	Matching Meals to Body Clocks-Impact on Weight and Glucose Metabolism. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	20
10	Effect of Age on Blood Glucose and Plasma Insulin, Glucagon, Ghrelin, CCK, GIP, and GLP-1 Responses to Whey Protein Ingestion. <i>Nutrients</i> , <b>2017</b> , 10,	6.7	36
9	Skeletal muscle extracellular matrix remodeling after short-term overfeeding in healthy humans. <i>Metabolism: Clinical and Experimental</i> , <b>2017</b> , 67, 26-30	12.7	17
8	Selenoprotein P is elevated in individuals with obesity, but is not independently associated with insulin resistance. <i>Obesity Research and Clinical Practice</i> , <b>2017</b> , 11, 227-232	5.4	23
7	Metabolic impacts of altering meal frequency and timing - Does when we eat matter?. <i>Biochimie</i> , <b>2016</b> , 124, 187-197	4.6	42
6	Contributions of upper gut hormones and motility to the energy intake-suppressant effects of intraduodenal nutrients in healthy, lean men - a pooled-data analysis. <i>Physiological Reports</i> , <b>2016</b> , 4, e12943	3.6	8
5	Plasma Free Amino Acid Responses to Intraduodenal Whey Protein, and Relationships with Insulin, Glucagon-Like Peptide-1 and Energy Intake in Lean Healthy Men. <i>Nutrients</i> , <b>2016</b> , 8,	6.7	20
4	Lesser suppression of energy intake by orally ingested whey protein in healthy older men compared with young controls. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , <b>2015</b> , 309, R845-54	3.2	31
3	Comparative effects of intraduodenal whey protein hydrolysate on antropyloroduodenal motility, gut hormones, glycemia, appetite, and energy intake in lean and obese men. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 102, 1323-31	7	26
2	Acute load-dependent effects of oral whey protein on gastric emptying, gut hormone release, glycemia, appetite, and energy intake in healthy men. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 102, 1574-84	7	46
1	Effects of intraduodenal protein on appetite, energy intake, and antropyloroduodenal motility in healthy older compared with young men in a randomized trial. <i>American Journal of Clinical Nutrition</i> , <b>2014</b> , 100, 1108-15	7	27