

# Rani Polak

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5439903/publications.pdf>

Version: 2024-02-01

27  
papers

580  
citations

759233

12  
h-index

642732

23  
g-index

27  
all docs

27  
docs citations

27  
times ranked

721  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Impact of a Culinary Coaching Telemedicine Program on Home Cooking and Emotional Well-Being during the COVID-19 Pandemic. <i>Nutrients</i> , 2021, 13, 2311.	4.1	12
2	Culinary Medicine: Paving the Way to Health Through Our Forks. <i>American Journal of Lifestyle Medicine</i> , 2020, 14, 51-53.	1.9	9
3	A nationwide assessment of lifestyle medicine counseling: knowledge, attitudes, and confidence of Israeli senior family medicine residents. <i>BMC Family Practice</i> , 2020, 21, 186.	2.9	2
4	Nutrition Education Services Described on National Cancer Institute (NCI)-Designated Cancer Center Websites. <i>Journal of Cancer Education</i> , 2019, 34, 860-864.	1.3	1
5	Improving the quality of foods available in a rural kibbutz cafeteria in Israel to align with a freshly prepared Mediterranean-style diet through a community culinary coaching programme. <i>Public Health Nutrition</i> , 2019, 22, 3229-3237.	2.2	5
6	Effect of diabetes-specific nutrition formulas on satiety and hunger hormones in patients with type 2 diabetes. <i>Nutrition and Diabetes</i> , 2019, 9, 26.	3.2	8
7	Cooking Online With a Chef: Health Professionals' Evaluation of a Live Culinary Coaching Module. <i>Nutrition and Metabolic Insights</i> , 2019, 12, 117863881988739.	1.9	9
8	Preventing Type 2 Diabetes with Home Cooking: Current Evidence and Future Potential. <i>Current Diabetes Reports</i> , 2018, 18, 99.	4.2	15
9	Innovation in medical education: a culinary coaching tele-nutrition training program. <i>Medical Education Online</i> , 2018, 23, 1510704.	2.6	13
10	Improving Adherence to Mediterranean-Style Diet With a Community Culinary Coaching Program. <i>Journal of Ambulatory Care Management</i> , 2018, 41, 181-193.	1.1	4
11	"Practice What You Teach" Public Health Nurses Promoting Healthy Lifestyles (PHeeL-PHiNe): Program Evaluation. <i>Journal of Ambulatory Care Management</i> , 2018, 41, 171-180.	1.1	9
12	Improving patients' home cooking – A case series of participation in a remote culinary coaching program. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 893-896.	1.9	16
13	Lifestyle medicine course for family medicine residents: preliminary assessment of the impact on knowledge, attitudes, self-efficacy and personal health. <i>Postgraduate Medical Journal</i> , 2017, 93, 549-554.	1.8	12
14	Practice patterns, counseling and promotion of physical activity by sports medicine physicians. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 123-127.	1.3	22
15	Medical students as health coaches: Implementation of a student-initiated Lifestyle Medicine curriculum. <i>Israel Journal of Health Policy Research</i> , 2017, 6, 42.	2.6	15
16	Time for food - training physiatrists in nutritional prescription. <i>Journal of Rehabilitation Medicine</i> , 2017, 49, 106-112.	1.1	3
17	Family physicians prescribing lifestyle medicine: feasibility of a national training programme. <i>Postgraduate Medical Journal</i> , 2016, 92, 312-317.	1.8	13
18	Time for Food – Including Nutrition on Physiatrists' Tables. <i>PM and R</i> , 2016, 8, 388-390.	1.6	1

#	ARTICLE	IF	CITATIONS
19	Health-related Culinary Education: A Summary of Representative Emerging Programs for Health Professionals and Patients. <i>Global Advances in Health and Medicine</i> , 2016, 5, 61-68.	1.6	68
20	Legumes: Health Benefits and Culinary Approaches to Increase Intake. <i>Clinical Diabetes</i> , 2015, 33, 198-205.	2.2	118
21	Public Health Nurses Promoting Healthy Lifestyles (PHeeL-PHiNe). <i>Journal of Ambulatory Care Management</i> , 2015, 38, 164-177.	1.1	10
22	Including lifestyle medicine in undergraduate medical curricula. <i>Medical Education Online</i> , 2015, 20, 26150.	2.6	44
23	Lifestyle Medicine Education. <i>American Journal of Lifestyle Medicine</i> , 2015, 9, 361-367.	1.9	47
24	Credentialed Chefs as Certified Wellness Coaches: Call for Action. <i>Eating Behaviors</i> , 2015, 19, 65-67.	2.0	6
25	Bridging the gap - planning Lifestyle Medicine fellowship curricula: A cross sectional study. <i>BMC Medical Education</i> , 2014, 14, 1045.	2.4	14
26	Physical activity counseling in medical school education: a systematic review. <i>Medical Education Online</i> , 2014, 19, 24325.	2.6	89
27	Innovation in Diabetes Care: Improving Consumption of Healthy Food through a "Chef Coaching" Program: A Case Report. <i>Global Advances in Health and Medicine</i> , 2014, 3, 42-48.	1.6	15