

Anna LeÅ›

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5419827/publications.pdf>

Version: 2024-02-01

10
papers

26
citations

2258059

3
h-index

2053705

5
g-index

10
all docs

10
docs citations

10
times ranked

39
citing authors

#	ARTICLE	IF	CITATIONS
1	Changes in the Static Balance of Older Women Participating in Regular Nordic Walking Sessions and Nordic Walking Combined with Cognitive Training. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5617.	2.6	0
2	Selected Tools for Assessing the Risk of Falls in Older Women. <i>BioMed Research International</i> , 2020, 2020, 1-6.	1.9	5
3	Changes in perceived quality of life and subjective age in older women participating in Nordic Walking classes and memory training. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1783-1790.	0.7	2
4	Changes in the quality of life of female participants from the University of the Third Age and their predictors. <i>Advances in Rehabilitation</i> , 2019, 2019, 19-25.	0.6	3
5	Efficiency of the elderly physical recreation programme aimed at improving functional efficiency and quality of life. <i>Health Problems of Civilization</i> , 2018, 12, 110-117.	0.1	0
6	Correlates and Predictors of Self-Assessments of Health and Physical Fitness Among Female Participants of University of the Third Age Classes. <i>Polish Journal of Sport and Tourism</i> , 2018, 25, 27-32.	0.4	0
7	Quality of Life and Its Correlates in Students of a University of the Third Age. <i>Polish Journal of Sport and Tourism</i> , 2017, 24, 35-41.	0.4	7
8	Analysis of the effectiveness of ActivLife training in people over 60 years of age: A pilot study. <i>Gerontechnology</i> , 2017, 16, 189-195.	0.1	2
9	Perceptive ability of female students of the University of the Third Age and its links with physical fitness and mood. <i>Baltic Journal of Health and Physical Activity</i> , 2016, 8, 136-146.	0.5	2
10	Quality of life and functional fitness of the elderly. <i>Biomedical Human Kinetics</i> , 2011, 3, 57-60.	0.6	5