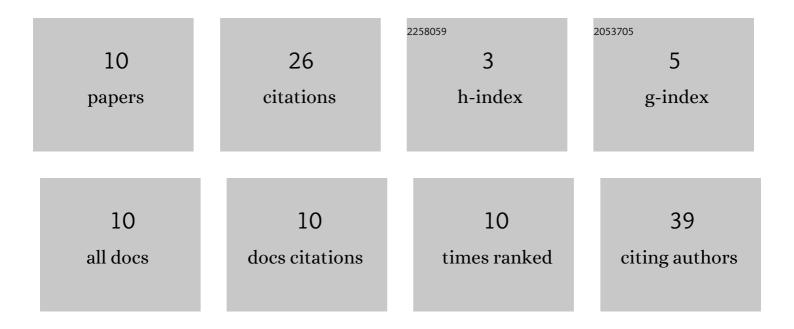


List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/5419827/publications.pdf Version: 2024-02-01



ΔΝΝΑΙΕΔ

#	Article	IF	CITATIONS
1	Quality of Life and Its Correlates in Students of a University of the Third Age. Polish Journal of Sport and Tourism, 2017, 24, 35-41.	0.4	7
2	Quality of life and functional fitness of the elderly. Biomedical Human Kinetics, 2011, 3, 57-60.	0.6	5
3	Selected Tools for Assessing the Risk of Falls in Older Women. BioMed Research International, 2020, 2020, 1-6.	1.9	5
4	Changes in the quality of life of female participants from the University of the Third Age and their predictors. Advances in Rehabilitation, 2019, 2019, 19-25.	0.6	3
5	Changes in perceived quality of life and subjective age in older women participating in Nordic Walking classes and memory training. Journal of Sports Medicine and Physical Fitness, 2019, 59, 1783-1790.	0.7	2
6	Perceptive ability of female students of the University of the Third Age and its links with physical fitness and mood. Baltic Journal of Health and Physical Activity, 2016, 8, 136-146.	0.5	2
7	Analysis of the effectiveness of ActivLife training in people over 60 years of age: A pilot study. Gerontechnology, 2017, 16, 189-195.	0.1	2
8	Efficiency of the elderly physical recreation programme aimed at improving functional efficiency and quality of life. Health Problems of Civilization, 2018, 12, 110-117.	0.1	0
9	Changes in the Static Balance of Older Women Participating in Regular Nordic Walking Sessions and Nordic Walking Combined with Cognitive Training. International Journal of Environmental Research and Public Health, 2020, 17, 5617.	2.6	0
10	Correlates and Predictors of Self-Assessments of Health and Physical Fitness Among Female Participants of University of the Third Age Classes. Polish Journal of Sport and Tourism, 2018, 25, 27-32.	0.4	0