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List of Publications by Year in descending order

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Version: 2024-02-01

18
papers

347
citations

1040056

9
h-index

888059

17
g-index

18
all docs

18
docs citations

18
times ranked

749
citing authors

#	ARTICLE	IF	CITATIONS
1	Circulating inflammatory miRNA signature in response to different doses of aerobic exercise. <i>Journal of Applied Physiology</i> , 2015, 119, 124-134.	2.5	109
2	Bone Mass and Bone Metabolism Markers during Adolescence: The HELENA Study. <i>Hormone Research in Paediatrics</i> , 2010, 74, 339-350.	1.8	49
3	Circulating microRNAs as emerging cardiac biomarkers responsive to acute exercise. <i>International Journal of Cardiology</i> , 2018, 264, 130-136.	1.7	37
4	Vitamin D status and physical activity interact to improve bone mass in adolescents. The HELENA Study. <i>Osteoporosis International</i> , 2012, 23, 2227-2237.	3.1	35
5	Influence of the Menstrual Cycle on Blood Markers of Muscle Damage and Inflammation Following Eccentric Exercise. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1618.	2.6	18
6	Contribution of bone turnover markers to bone mass in pubertal boys and girls. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2011, 24, 971-4.	0.9	16
7	Transient Increase in Homocysteine but Not Hyperhomocysteinemia during Acute Exercise at Different Intensities in Sedentary Individuals. <i>PLoS ONE</i> , 2012, 7, e51185.	2.5	14
8	Hepcidin and interleukin-6 responses to endurance exercise over the menstrual cycle. <i>European Journal of Sport Science</i> , 2022, 22, 218-226.	2.7	14
9	Basal Values of Biochemical and Hematological Parameters in Elite Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3059.	2.6	12
10	Exercise dose affects the circulating microRNA profile in response to acute endurance exercise in male amateur runners. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1896-1907.	2.9	11
11	Hepcidin response to interval running exercise is not affected by oral contraceptive phase in endurance-trained women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 643-652.	2.9	7
12	Analysis of Effectiveness of a Supplement Combining <i>Harpagophytum procumbens</i> , <i>Zingiber officinale</i> and <i>Bixa orellana</i> in Healthy Recreational Runners with Self-Reported Knee Pain: A Pilot, Randomized, Triple-Blind, Placebo-Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5538.	2.6	7
13	Association between blood marker analyses regarding physical fitness levels in Spanish older adults: A cross-sectional study from the PHYSMED project. <i>PLoS ONE</i> , 2018, 13, e0206307.	2.5	6
14	Serum iron availability, but not iron stores, is lower in naturally menstruating than in oral contraceptive athletes. <i>European Journal of Sport Science</i> , 2023, 23, 231-240.	2.7	5
15	Muscular contraction frequency does not affect plasma homocysteine concentration in response to energy expenditure- and intensity-matched acute exercise in sedentary males. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 107-112.	1.9	3
16	Exercise-Induced Hyperhomocysteinemia Is Not Related to Oxidative Damage or Impaired Vascular Function in Amateur Middle-Aged Runners under Controlled Nutritional Intake. <i>Nutrients</i> , 2021, 13, 3033.	4.1	3
17	Rehydration during exercise prevents the increase of homocysteine concentrations. <i>Amino Acids</i> , 2019, 51, 193-204.	2.7	1
18	Activación de la coagulación y fibrinólisis inducida por un ejercicio de larga duración (carrera de 100 km). <i>Revista de Fisiología y Nutrición</i> , 2010, 30, 10-15.	0.1	0