

Christopher Kirk

List of Publications by Year in descending order

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11
papers

162
citations

1162889

8
h-index

1281743

11
g-index

11
all docs

11
docs citations

11
times ranked

122
citing authors

#	ARTICLE	IF	CITATIONS
1	Measuring the Workload of Mixed Martial Arts using Accelerometry, Time Motion Analysis and Lactate. International Journal of Performance Analysis in Sport, 2015, 15, 359-370.	0.5	37
2	Effects of High-Intensity Interval Training in Combat Sports: A Systematic Review with Meta-Analysis. Journal of Strength and Conditioning Research, 2020, 34, 888-900.	1.0	27
3	Quantification of training load distribution in mixed martial arts athletes: A lack of periodisation and load management. PLoS ONE, 2021, 16, e0251266.	1.1	22
4	The physical demands of mixed martial arts: A narrative review using the ARMSS model to provide a hierarchy of evidence. Journal of Sports Sciences, 2020, 38, 2819-2841.	1.0	19
5	Does anthropometry influence technical factors in competitive mixed martial arts?. Human Movement, 2018, 19, 46-59.	0.5	14
6	Worth the Weight? Post Weigh-In Rapid Weight Gain is Not Related to Winning or Losing in Professional Mixed Martial Arts. International Journal of Sport Nutrition and Exercise Metabolism, 2020, 30, 357-361.	1.0	12
7	Does Stature or Wingspan Length Have a Positive Effect on Competitor Rankings or Attainment of World Title Bouts in International and Elite Mixed Martial Arts?. Sport Science Review, 2016, 25, 334-349.	0.2	11
8	Comparison of the Training Loads of Mixed Martial Arts Techniques in Isolated Training and Open Sparring. Journal of Combat Sports and Martial Arts, 2015, 6, 15-20.	0.1	8
9	Pre-competition body mass loss characteristics of Brazilian jiu-jitsu competitors in the United Kingdom. Nutrition and Health, 2021, 27, 387-394.	0.6	6
10	The pacing of mixed martial arts sparring bouts: A secondary investigation with new analyses of previous data to support accelerometry as a potential method of monitoring pacing. Human Movement, 2020, 21, 88-96.	0.5	3
11	THE RELATIONSHIP BETWEEN AGE AND DIVISIONAL RANK IN PROFESSIONAL MIXED MARTIAL ARTS. Facta Universitatis Series Physical Education and Sport, 2018, 16, 073.	0.2	3