

# Brooke Aggarwal

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5362933/publications.pdf>

Version: 2024-02-01

36  
papers

1,276  
citations

471509

17  
h-index

377865

34  
g-index

36  
all docs

36  
docs citations

36  
times ranked

1583  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Variable Eating Patterns: A Potential Novel Risk Factor for Systemic Inflammation in Women. <i>Annals of Behavioral Medicine</i> , 2023, 57, 93-97.  | 2.9 | 4         |
| 2  | Research Goes Red: Early Experience With a Participant-Centric Registry. <i>Circulation Research</i> , 2022, 130, 343-351.   | 4.5 | 6         |
| 3  | Intuitive and mindful eating to improve physiological health parameters: a short narrative review of intervention studies. <i>Journal of Complementary and Integrative Medicine</i> , 2022, .  | 0.9 | 4         |
| 4  | Adverse Changes in Body Composition During the Menopausal Transition and Relation to Cardiovascular Risk: A Contemporary Review. <i>Women S Health Reports</i> , 2022, 3, 573-581.   | 0.8 | 12        |
| 5  | Go Red for Women Strategically Focused Research Network: Summary of Findings and Network Outcomes. <i>Journal of the American Heart Association</i> , 2021, 10, e019519.   | 3.7 | 8         |
| 6  | Evening Chronotype Is Associated with Poorer Habitual Diet in US Women, with Dietary Energy Density Mediating a Relation of Chronotype with Cardiovascular Health. <i>Journal of Nutrition</i> , 2021, 151, 1150-1158.   | 2.9 | 18        |
| 7  | History of Weight Cycling Is Prospectively Associated With Shorter and Poorer-Quality Sleep and Higher Sleep Apnea Risk in Diverse US Women. <i>Journal of Cardiovascular Nursing</i> , 2021, Publish Ahead of Print, 573-581.   | 1.1 | 4         |
| 8  | Variability in Daily Eating Patterns and Eating Jetlag Are Associated With Worsened Cardiometabolic Risk Profiles in the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2021, 10, e022024. | 3.7 | 23        |
| 9  | Sleep, Sedentary Behavior, Physical Activity, and Cardiovascular Health: MESA. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 724-731.   | 0.4 | 20        |
| 10 | A Mediterranean Dietary Pattern Predicts Better Sleep Quality in US Women from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Nutrients</i> , 2020, 12, 2830.  | 4.1 | 29        |
| 11 | Habitual Nightly Fasting Duration, Eating Timing, and Eating Frequency are Associated with Cardiometabolic Risk in Women. <i>Nutrients</i> , 2020, 12, 3043.   | 4.1 | 20        |
| 12 | Menopause Transition and Cardiovascular Disease Risk: Implications for Timing of Early Prevention: A Scientific Statement From the American Heart Association. <i>Circulation</i> , 2020, 142, e506-e532.  | 1.6 | 366       |
| 13 | Sleep Regularity and Cardiometabolic Health: Is Variability in Sleep Patterns a Risk Factor for Excess Adiposity and Glycemic Dysregulation?. <i>Current Diabetes Reports</i> , 2020, 20, 38.  | 4.2 | 65        |
| 14 | Associations of Inflammation, Physical Activity, and Sleep in a Diverse Population of Women. <i>Journal of Women's Health</i> , 2020, 29, 1007-1016.   | 3.3 | 4         |
| 15 | Mild sleep restriction increases 24-hour ambulatory blood pressure in premenopausal women with no indication of mediation by psychological effects. <i>American Heart Journal</i> , 2020, 223, 12-22.  | 2.7 | 17        |
| 16 | Evening chronotype is associated with poor cardiovascular health and adverse health behaviors in a diverse population of women. <i>Chronobiology International</i> , 2020, 37, 673-685.  | 2.0 | 76        |
| 17 | Measures of Poor Sleep Quality Are Associated With Higher Energy Intake and Poor Diet Quality in a Diverse Sample of Women From the Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2020, 9, e014587.                  | 3.7 | 60        |
| 18 | Variability in Sleep Patterns: an Emerging Risk Factor for Hypertension. <i>Current Hypertension Reports</i> , 2020, 22, 19.   | 3.5 | 38        |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 19 | Mediterranean diet components are linked to greater endothelial function and lower inflammation in a pilot study of ethnically diverse women. <i>Nutrition Research</i> , 2020, 75, 77-84.   | 2.9 | 17        |
| 20 | Association of sleep characteristics with cardiovascular health among women and differences by race/ethnicity and menopausal status: findings from the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Sleep Health</i> , 2019, 5, 501-508. | 2.5 | 45        |
| 21 | Quantity, Quality, and Timing of Carbohydrate Intake and Blood Pressure. <i>Current Nutrition Reports</i> , 2019, 8, 270-280.  | 4.3 | 5         |
| 22 | Napping: is it really a means by which short sleepers can have their cake and eat it too?. <i>Journal of Emergency and Critical Care Medicine</i> , 2019, 3, 24-24.  | 0.7 | 0         |
| 23 | Associations of weight cycling with cardiovascular health using American Heart Association's Life's Simple 7 in a diverse sample of women. <i>Preventive Medicine Reports</i> , 2019, 16, 100991.  | 1.8 | 7         |
| 24 | Abstract P281: Psychosocial Factors Are Strongly Associated With Sleep Disturbances and Evening Chronotype Among Diverse Women: Evidence From the AHA Go Red for Women Strategically Focused Research Network. <i>Circulation</i> , 2019, 139, .                                   | 1.6 | 2         |
| 25 | Information on Bedtimes and Wake Times Improves the Relation Between Self-Reported and Objective Assessments of Sleep in Adults. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 1031-1036.  | 2.6 | 6         |
| 26 | Plant-Based Diets: Reducing Cardiovascular Risk by Improving Sleep Quality?. <i>Current Sleep Medicine Reports</i> , 2018, 4, 74-78.   | 1.4 | 31        |
| 27 | Gender Differences in Associations Between Stress and Cardiovascular Risk Factors and Outcomes. , 2018, 2, 111-122.  | 0.8 | 15        |
| 28 | Lifestyle Modifications for Preventing and Treating Heart Failure. <i>Journal of the American College of Cardiology</i> , 2018, 72, 2391-2405.   | 2.8 | 87        |
| 29 | Sleep Extension in Short Sleepers: An Evaluation of Feasibility and Effectiveness for Weight Management and Cardiometabolic Disease Prevention. <i>Frontiers in Endocrinology</i> , 2018, 9, 392.  | 3.5 | 23        |
| 30 | Effects of Inadequate Sleep on Blood Pressure and Endothelial Inflammation in Women: Findings From the American Heart Association Go Red for Women Strategically Focused Research Network. <i>Journal of the American Heart Association</i> , 2018, 7, .                           | 3.7 | 52        |
| 31 | Plant-based diets: Reducing cardiovascular risk by improving sleep quality?. <i>Current Sleep Medicine Reports</i> , 2018, 4, 74-78.   | 1.4 | 16        |
| 32 | Integrative Medicine for Cardiovascular Disease and Prevention. <i>Medical Clinics of North America</i> , 2017, 101, 895-923.  | 2.5 | 41        |
| 33 | Gender Differences in Associations between Insufficient Sleep and Cardiovascular Disease Risk Factors and Endpoints: A Contemporary Review. , 2017, 1, 80-88.  | 0.8 | 11        |
| 34 | Sleep Duration, Snoring Habits, and Cardiovascular Disease Risk Factors in an Ethnically Diverse Population. <i>Journal of Cardiovascular Nursing</i> , 2012, 27, 263-269.   | 1.1 | 13        |
| 35 | Lifestyle and Psychosocial Risk Factors Predict Non-adherence to Medication. <i>Annals of Behavioral Medicine</i> , 2010, 40, 228-233.   | 2.9 | 71        |
| 36 | Influence of Caregiving on Lifestyle and Psychosocial Risk Factors Among Family Members of Patients Hospitalized with Cardiovascular Disease. <i>Journal of General Internal Medicine</i> , 2009, 24, 93-98.   | 2.6 | 60        |