

# Ruth Blanco-Rojo

## List of Publications by Year in descending order

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Version: 2024-02-01

27  
papers

951  
citations

516215

16  
h-index

552369

26  
g-index

27  
all docs

27  
docs citations

27  
times ranked

1768  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of <i>Loigolactobacillus coryniformis</i> K8 CECT 5711 on the Immune Response of Elderly Subjects to COVID-19 Vaccination: A Randomized Controlled Trial. <i>Nutrients</i> , 2022, 14, 228.	1.7	18
2	Effects of a Combination of Extracts from Olive Fruit and Almonds Skin on Oxidative and Inflammation Markers in Hypercholesterolemic Subjects: A Randomized Controlled Trial. <i>Journal of Medicinal Food</i> , 2021, 24, 479-486.	0.8	9
3	Evaluation of the Effect of <i>Limosilactobacillus fermentum</i> CECT5716 on Gastrointestinal Infections in Infants: A Systematic Review and Meta-Analysis. <i>Microorganisms</i> , 2021, 9, 1412.	1.6	8
4	Effects of a Combination of Elderberry and Reishi Extracts on the Duration and Severity of Respiratory Tract Infections in Elderly Subjects: A Randomized Controlled Trial. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 8259.	1.3	8
5	Invited commentary in response to: Vitamin D3 supplementation for 8 weeks leads to improved haematological status following the consumption of an iron-fortified breakfast cereal: a double-blind randomised controlled trial in iron-deficient women. <i>British Journal of Nutrition</i> , 2019, 122, 603-604.	1.2	1
6	Consumption of Ultra-Processed Foods and Mortality: A National Prospective Cohort in Spain. <i>Mayo Clinic Proceedings</i> , 2019, 94, 2178-2188.	1.4	140
7	Association of Sleep Duration and Quality With Subclinical Atherosclerosis. <i>Journal of the American College of Cardiology</i> , 2019, 73, 134-144.	1.2	145
8	Postprandial endotoxemia may influence the development of type 2 diabetes mellitus: From the CORDIOPREV study. <i>Clinical Nutrition</i> , 2019, 38, 529-538.	2.3	25
9	Iron bioavailability from food fortification to precision nutrition. A review. <i>Innovative Food Science and Emerging Technologies</i> , 2019, 51, 126-138.	2.7	102
10	Beneficial effect of CETP gene polymorphism in combination with a Mediterranean diet influencing lipid metabolism in metabolic syndrome patients: CORDIOPREV study. <i>Clinical Nutrition</i> , 2018, 37, 229-234.	2.3	23
11	Effect of Dietary Lipids on Endotoxemia Influences Postprandial Inflammatory Response. <i>Journal of Agricultural and Food Chemistry</i> , 2017, 65, 7756-7763.	2.4	32
12	Interaction of an S100A9 gene variant with saturated fat and carbohydrates to modulate insulin resistance in 3 populations of different ancestries. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 508-517.	2.2	11
13	A dysregulation of glucose metabolism control is associated with carotid atherosclerosis in patients with coronary heart disease (CORDIOPREV-DIAB study). <i>Atherosclerosis</i> , 2016, 253, 178-185.	0.4	14
14	The insulin resistance phenotype (muscle or liver) interacts with the type of diet to determine changes in disposition index after 2 years of intervention: the CORDIOPREV-DIAB randomised clinical trial. <i>Diabetologia</i> , 2016, 59, 67-76.	2.9	66
15	Genetic contribution to iron status: SNPs related to iron deficiency anaemia and fine mapping of CACNA2D3 calcium channel subunit. <i>Blood Cells, Molecules, and Diseases</i> , 2015, 55, 273-280.	0.6	9
16	Influence of Diet, Menstruation and Genetic Factors on Iron Status: A Cross-Sectional Study in Spanish Women of Childbearing Age. <i>International Journal of Molecular Sciences</i> , 2014, 15, 4077-4087.	1.8	38
17	Low iron status as a factor of increased bone resorption and effects of an iron and vitamin D-fortified skimmed milk on bone remodelling in young Spanish women. <i>European Journal of Nutrition</i> , 2014, 53, 441-448.	1.8	38
18	A simple and feasible questionnaire to estimate menstrual blood loss: relationship with hematological and gynecological parameters in young women. <i>BMC Women's Health</i> , 2014, 14, 71.	0.8	26

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19	Bone remodelling is reduced by recovery from iron-deficiency anaemia in premenopausal women. <i>Journal of Physiology and Biochemistry</i> , 2013, 69, 889-896.	1.3	32
20	Relationship between vitamin D deficiency, bone remodelling and iron status in iron-deficient young women consuming an iron-fortified food. <i>European Journal of Nutrition</i> , 2013, 52, 695-703.	1.8	47
21	Effects of an Iron or Iron and Vitamin D-Fortified Flavored Skim Milk on Iron Metabolism: A Randomized Controlled Double-Blind Trial in Iron-Deficient Women. <i>Journal of the American College of Nutrition</i> , 2013, 32, 312-320.	1.1	40
22	Changes in Blood Pressure and Lipid Levels in Young Women Consuming a Vitamin D-Fortified Skimmed Milk: A Randomised Controlled Trial. <i>Nutrients</i> , 2013, 5, 4966-4977.	1.7	24
23	Identification of a Novel Quantitative Trait Nucleotide Related to Iron Status in a Calcium Channel Gene. <i>Disease Markers</i> , 2013, 34, 121-129.	0.6	6
24	Identification of a novel quantitative trait nucleotide related to iron status in a calcium channel gene. <i>Disease Markers</i> , 2013, 34, 121-9.	0.6	4
25	Four variants in transferrin and HFE genes as potential markers of iron deficiency anaemia risk: an association study in menstruating women. <i>Nutrition and Metabolism</i> , 2011, 8, 69.	1.3	28
26	Efficacy of a microencapsulated iron pyrophosphate-fortified fruit juice: a randomised, double-blind, placebo-controlled study in Spanish iron-deficient women. <i>British Journal of Nutrition</i> , 2011, 105, 1652-1659.	1.2	54
27	Beneficial Effects of <i>Limosilactobacillus fermentum</i> CECT 5716 Administration to Infants Delivered by Cesarean Section. <i>Frontiers in Pediatrics</i> , 0, 10, .	0.9	3