

# Taotao Ru

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

15  
papers

95  
citations

5  
h-index

9  
g-index

16  
ext. papers

157  
ext. citations

3.8  
avg, IF

2.83  
L-index

#	Paper	IF	Citations
15	Influence of daytime blue-enriched bright light on heart rate variability in healthy subjects.. <i>Chronobiology International</i> , <b>2022</b> , 1-10	3.6	
14	Effects of bright light and an afternoon nap on task performance depend on the cognitive domain. <i>Journal of Sleep Research</i> , <b>2021</b> , 30, e13242	5.8	1
13	Investigation of the Optimum Display Luminance of an LCD Screen under Different Ambient Illuminances in the Evening. <i>Applied Sciences (Switzerland)</i> , <b>2021</b> , 11, 4108	2.6	3
12	Does Bright Light Counteract the Post-lunch Dip in Subjective States and Cognitive Performance Among Undergraduate Students?. <i>Frontiers in Public Health</i> , <b>2021</b> , 9, 652849	6	2
11	Effects of illuminance and correlated color temperature of indoor light on emotion perception. <i>Scientific Reports</i> , <b>2021</b> , 11, 14351	4.9	4
10	6: How to Optimize Performance, Well-bing and Nocturnal Sleep with Dynamic Lighting. <i>Digest of Technical Papers SID International Symposium</i> , <b>2021</b> , 52, 17-19	0.5	
9	How does the COVID-19 affect mental health and sleep among Chinese adolescents: a longitudinal follow-up study. <i>Sleep Medicine</i> , <b>2021</b> , 85, 246-258	4.6	9
8	Temporal Dynamics of Subjective and Objective Alertness During Exposure to Bright Light in the Afternoon for 5 h.. <i>Frontiers in Physiology</i> , <b>2021</b> , 12, 771605	4.6	1
7	The effects of ambient light on task switching depend on the chronotype. <i>Lighting Research and Technology</i> , <b>2019</b> , 51, 544-556	2	5
6	Non-image forming effects of illuminance and correlated color temperature of office light on alertness, mood, and performance across cognitive domains. <i>Building and Environment</i> , <b>2019</b> , 149, 253-263	6.5	4 <sup>1</sup>
5	Effects of a short midday nap on habitual nappersbalertness, mood and mental performance across cognitive domains. <i>Journal of Sleep Research</i> , <b>2019</b> , 28, e12638	5.8	10
4	Does red light induce people to be riskier? Exploring the colored light effect on the Balloon Analogue Risk Task (BART). <i>Journal of Environmental Psychology</i> , <b>2018</b> , 57, 73-82	6.7	5
3	Effects of Afternoon Nap Deprivation on Adult Habitual NappersbInhibition Functions. <i>BioMed Research International</i> , <b>2018</b> , 2018, 5702646	3	3
2	What is beautiful brings out what is good in you: The effect of facial attractiveness on individualsb honesty. <i>International Journal of Psychology</i> , <b>2017</b> , 52, 197-204	1.9	8
1	Diurnal effects of illuminance on performance: Exploring the moderating role of cognitive domain and task difficulty. <i>Lighting Research and Technology</i> ,147715352199064	2	3