Taotao Ru

List of Publications by Year in descending order

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1307594 1058476 16 232 7 14 citations h-index g-index papers 16 16 16 149 citing authors all docs docs citations times ranked

#	Article	IF	CITATIONS
1	Non-image forming effects of illuminance and correlated color temperature of office light on alertness, mood, and performance across cognitive domains. Building and Environment, 2019, 149, 253-263.	6.9	93
2	How does the COVID-19 affect mental health and sleep among Chinese adolescents: a longitudinal follow-up study. Sleep Medicine, 2021, 85, 246-258.	1.6	28
3	Effects of illuminance and correlated color temperature of indoor light on emotion perception. Scientific Reports, 2021, 11, 14351.	3.3	20
4	Effects of a short midday nap on habitual nappers' alertness, mood and mental performance across cognitive domains. Journal of Sleep Research, 2019, 28, e12638.	3.2	19
5	What is beautiful brings out what is good in you: The effect of facial attractiveness on individuals' honesty. International Journal of Psychology, 2017, 52, 197-204.	2.8	15
6	Diurnal effects of illuminance on performance: Exploring the moderating role of cognitive domain and task difficulty. Lighting Research and Technology, 2021, 53, 727-747.	2.7	11
7	Does Bright Light Counteract the Post-lunch Dip in Subjective States and Cognitive Performance Among Undergraduate Students?. Frontiers in Public Health, 2021, 9, 652849.	2.7	9
8	Investigation of the Optimum Display Luminance of an LCD Screen under Different Ambient Illuminances in the Evening. Applied Sciences (Switzerland), 2021, 11, 4108.	2.5	8
9	Effects of Afternoon Nap Deprivation on Adult Habitual Nappers' Inhibition Functions. BioMed Research International, 2018, 2018, 1-9.	1.9	7
10	Does red light induce people to be riskier? Exploring the colored light effect on the Balloon Analogue Risk Task (BART). Journal of Environmental Psychology, 2018, 57, 73-82.	5.1	6
11	The effects of ambient light on task switching depend on the chronotype. Lighting Research and Technology, 2019, 51, 544-556.	2.7	6
12	Effects of bright light and an afternoon nap on task performance depend on the cognitive domain. Journal of Sleep Research, 2021, 30, e13242.	3.2	4
13	Temporal Dynamics of Subjective and Objective Alertness During Exposure to Bright Light in the Afternoon for 5 h. Frontiers in Physiology, 2021, 12, 771605.	2.8	3
14	Effects of an afternoon nap on sustained attention and working memory: The role of physiological arousal and sleep variables. International Journal of Psychophysiology, 2022, 179, 21-29.	1.0	3
15	6: How to Optimize Performance, Wellâ€bing and Nocturnal Sleep with Dynamic Lighting. Digest of Technical Papers SID International Symposium, 2021, 52, 17-19.	0.3	O
16	Influence of daytime blue-enriched bright light on heart rate variability in healthy subjects. Chronobiology International, 2022, , 1-10.	2.0	O